

Sessional Student Counsellor(s) Panel (part-time; during academic semester)

Contact: Fiona Kennedy, Head of Student Counselling and Development, University College Cork fionakennedy@ucc.ie

Student Counsellor Sessional Pay Scale: €59.93 per hour

Student Counselling and Development, University College Cork, (SCD), wish to recruit a number of sessional student counsellors to join our sessional panel. This recruitment is intended to add clinical capacity and reduce waiting times for students at peak times during the academic year.

SCD is a busy, embedded, professional student counselling service. Located in the Student Mental Health and Wellbeing HUB at University College Cork, SCD is a valued element of the Student Experience Area, supporting students with their emotional, personal, psychological and academic development. SCD is a values-led service, committed to the delivery of high-quality, responsive and student-centered support, equity of access, and providing a place of sanctuary for all students.

The main purpose of this post is the provision of individual counselling sessions to a diverse student population during the academic year. Candidates may also engage in delivery of targeted skills groups and workshops. Experience in delivering quality psychological support including case formulation and risk management, as well as working collaboratively with other professional colleagues, are essential.

Minimum Qualifications:

A recognised clinical training (Minimum level 9/ Master's degree) in Clinical Psychology, Counselling Psychology or Psychotherapy
and

Psychologists must possess or be eligible for chartered membership with a relevant professional body e.g. the Psychological Society of Ireland.

Psychotherapists must hold fully accredited membership with IACP or IAHIP.

Candidates must also clear Garda vetting and hold clinical insurance.

Essential Criteria & Competencies

- Minimum 3 years post qualification
- Extensive experience of working in an organisational setting, such as student counselling, mental health, or primary care
- Experience in assessment, case formulation, and the delivery of clinical interventions appropriate to a third level student population
- Demonstrable experience of risk assessment, risk management and referral skills
- A proven record of managing a large clinical caseload.
- Experience working in a brief therapy model.

- Demonstrable experience / Interest in issues of diversity, multicultural competence and equality, including mental health stigma reduction, non-traditional students, international students, gender and cultural diversity etc.
- Knowledge of ethical responsibilities pertaining to child protection/GDPR/ information management/ data processing etc.
- IT-proficient and experienced in utilising Microsoft and client database software packages.
- Strong communication and interpersonal skills
- Ability to work effectively as part of a team, in a professional, evolving service.
- Strong ethical decision-making skills
- Flexible and creative with a solution-focused outlook
- Proven commitment to clinical supervision and CPD

Desirable Criteria

- Experience of collaborative interprofessional / multidisciplinary working.
- Experience in supporting with the development of clinical governance structures/policy writing.
- Experience in neuro-affirming practice
- Accredited Supervisor
- Experience in group facilitation/ workshop delivery

Standard Duties & Responsibilities of the Post(s)

The successful candidates' duties will include the following:

- To provide in-person and online counselling sessions to students experiencing emotional, psychological, social, academic issues which may impede their academic success and / or personal development while in University
- To provide comprehensive intake assessments and deliver clinically informed interventions, appropriate in the context of an embedded student counselling service.
- Identify and manage issues of risk which may require collaboration and referral
- To ensure anti-discriminatory practice and cultural competence at individual and service levels and promote a culture that values equality, diversity and respect.
- To adhere to service and university policy and procedures, and work in compliance with relevant legislation and ethical frameworks.
- To liaise with university staff and other stakeholders, engaging with other student support services as required (inc. Psychiatrists, GPs, Access office, Disability Service, Careers Service, Chaplaincy, etc).
- To manage external referrals where required
- To participate in service level team meetings and meetings with other key stakeholders

- To maintain accurate, confidential, electronic case records and statistical data.
- To meet supervision and other criteria as required for professional registration with relevant bodies.
- Maintain professional insurance and registration with either IACP, IAHIP, PSI or equivalent professional bodies.
- Additional tasks as designated by Head of Service or their nominee.

Application:

Email CV, Cover letter and Certificate of Accreditation to fionakennedy@ucc.ie.

Your application should demonstrate how you fulfill the essential and desirable criteria. Closing date for applications is 5pm Friday August 14th.

Shortlisted candidates will be contacted and invited to interview in late August.

<https://www.ucc.ie/en/studentcounselling/>