UCC Student Budgeting Advice Service
Helping to make your money stretch.

UCC Budgetary Advisor - daily spending record

Use this spending diary for just one week; it will highlight unnecessary expenses and help you to manage your money effectively. Keep your receipts of your daily expenses and keep a record of your daily spend - you will be surprised at what you "waste" your money on!

Item	Mon €	Tue €	Wed €	Thur €	Fri €	Sat €	Sun €	Total €
Food for home								
Food at college								
breakfast								
lunch								
coffee								
dinner								
Confectionary								
Travel costs								
bus								
train								
taxi								
petrol/diesel								
parking								
Social life								
cinema								
food								
clubs and pubs								
alcohol								
cigarettes								
Sporting pursuits								
Clothes								
Medicines								
Personal items								
Academic								
books etc.								
printing								
copying								
lab equipment								
fieldtrips								
Other								
Total								