

## UCC Budgetary Advisor - daily spending record

Use this spending diary for just one week; it will highlight unnecessary expenses and help you to manage your money effectively. Keep your receipts of your daily expenses and keep a record of your daily spend - you will be surprised at what you "waste" your money on!

Item	Mon €	Tue €	Wed €	Thur €	Fri €	Sat €	Sun €
Food for home							
Food at college							
breakfast							
lunch							
coffee							
dinner							
Confectionary							
Travel costs							
bus							
train							
taxi							
petrol/diesel							
Personal items							
Social life							
alcohol							
cigarettes							
Sporting pursuits							
Clothes							
Medicines							
Academic							
books etc.							
printing							
copying							
Other							
<b>Total</b>							