Digital Passport Session

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Coláiste na hOllscoile Corcaigh
University College Cork, Ireland

Skills Centre

ACCESS+ UCC
FURTHER EDUCATION SUPPORTS

Digital Passport Workshop Schedule

TIME	ACTIVITY
9:00-9:15	Introductions
9:15-11:15	
11:15-11:30	
11:30-1:00	
1:00-1:30	
1:30-2:15	
2.15-3:15	

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Today's topic: Internet Safety

Session Overview

- Learn why internet safety and conducting yourself only properly and safely is essential
- Identify Phishing attempts and other cybercrimes and scams
- Learn how to protect your data online
- Information about cyberbullying and cyber mobbing
- Learn how what great password hygiene means

Internet Safety

Group discussion:

What risks are we exposed to on the internet?

Conducting Yourself Online

Your data/privacy:

- Your personal information should always stay private
- Ask yourself: Who can see your posts, and do you want them to see it?
- Be aware and critical who you are interacting with on the web: are they who they say they are?
- Ask yourself: how will today’s online actions affect your future? Act accordingly!

Others:

- Respect other’s ideas and privacy!
- Always ask permission if you want to post a picture of someone online
- Be aware and act against cyber bullying

Sources:

- Question the source of information
- Acknowledge the source of information you take from the internet (e.g. photos, ideas)

Good Password Hygiene

- **Use a strong password:**
  - An English uppercase character (A-Z)
  - An English lowercase character (a-z)
  - A number (0-9) and/or symbol (such as !, #, or %)
  - Ten or more characters total.
  - Avoid anything that can be easily guessed based on common “safety questions”
  - Never re-use your passwords
  - Update your passwords once a year
  - For additional safety, use 2-Factor authentication whenever offered
  - Use a “password manager” to keep all of your passwords straight
  - Keep in mind that most passwords should be easily usable on a computer and phone keyboard

Value Your Privacy

- Resist the urge to share personal data publicly
- Anything you share will likely be impossible to remove, so choose wisely!
- Be aware that you may be sharing more than you intend to!
- Keep in mind that over-sharing can also affect your online reputation

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SOCIAL ENGINEERING ATTACK EXPLAINED

DO NOT provide others with sensitive information unless you are certain that they are indeed who they claim to be and that they should have access to the information

1

Fraudster obtains legitimate

2

Fraudster calls victim pretending to

3

Fraudster convinces victim that

4

Victim logs into bank account while

5

Victim completes

Learn to Identify Phishing Scams

College scams:

- Upfront fees for something
- Behavior blackmail
- Housing scams, etc.

Another example: Tuition

Scammers may inform a student that he or she is behind on their tuition and if a credit card payment is not made immediately, the student will be expelled

Source: www.coltechzone.com

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Learn to Identify Phishing Scams (2)

Potential identifiers:

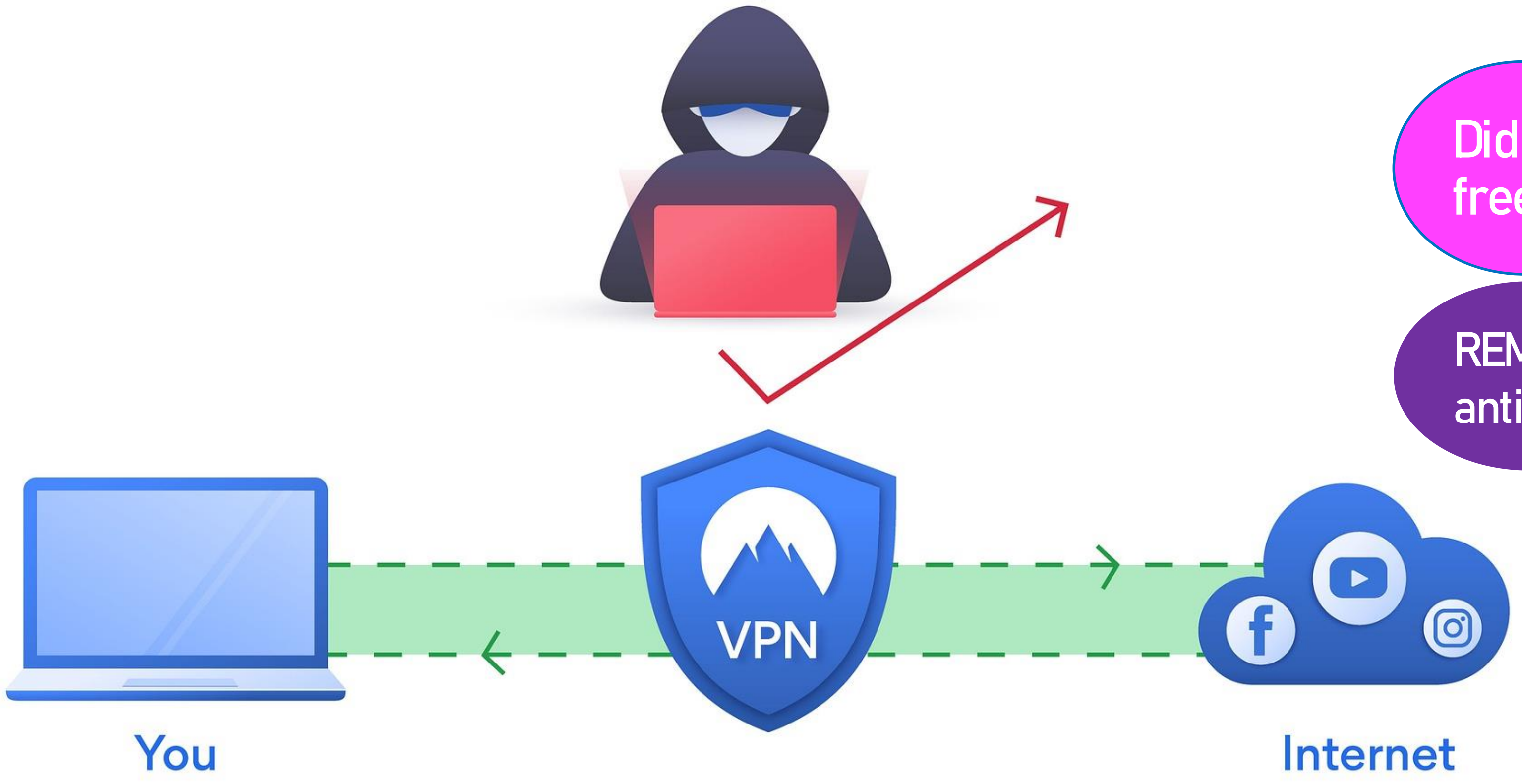
- Grammatical errors
- Threatening language
- Misspelled domain names
- Suspicious attachments and links
- The message asks for personal details

Other examples:

- Credit cards
- Jobs
- Housing

Source: www.coltechzone.com

VPN & Antivirus Software



Did you know? UCC students have free access to F-secure!

REMEMBER: Regularly update your antivirus programme!

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Cyberbullying & Cyberstalking

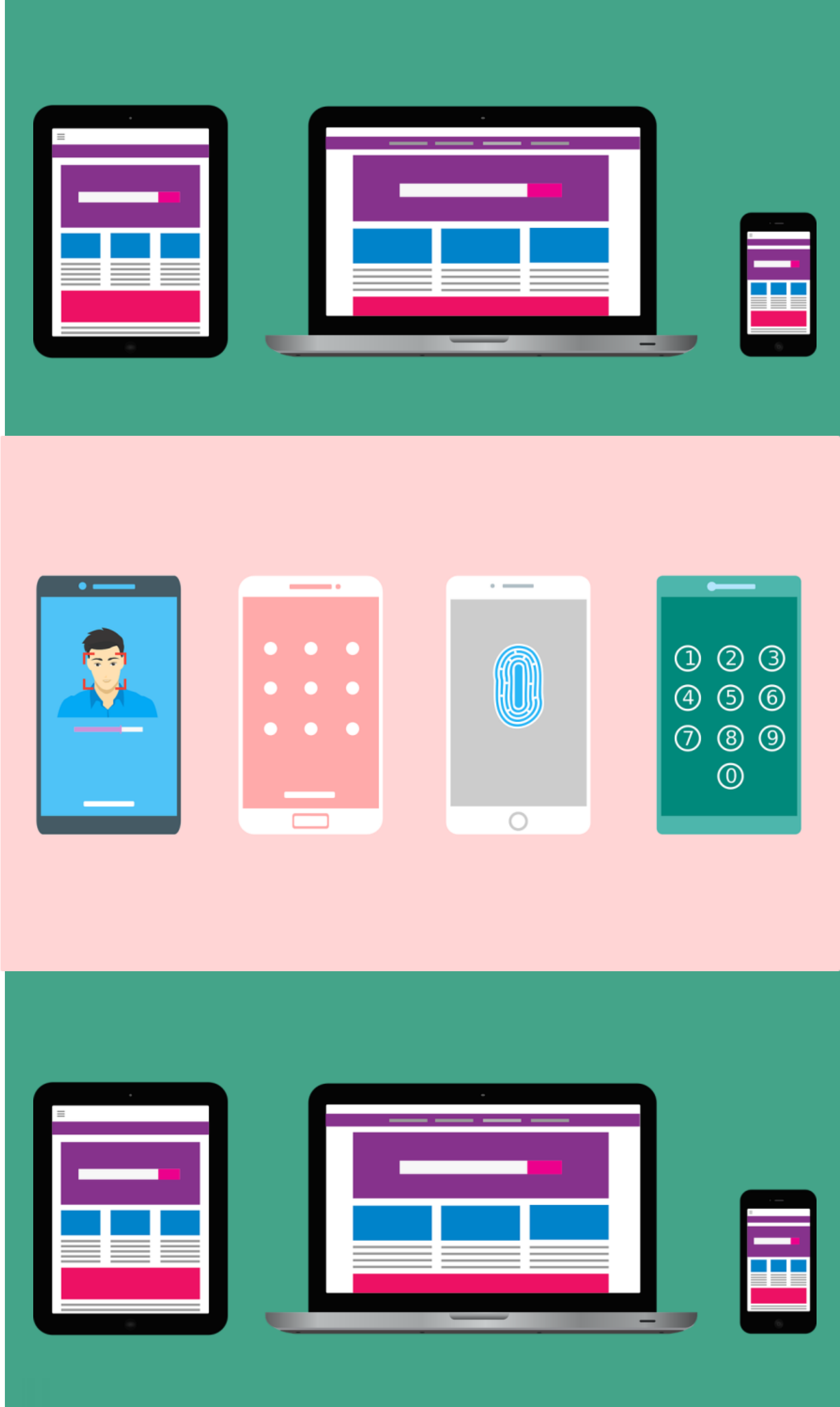
- Cyberbullying is a new form of bullying and cyberstalking is harassment
- Do not engage with or confront a cyberbully or cyberstalker!
- Take screenshots, retain all evidence, and report immediately!

→ If you encounter cyberbullying or cyberstalking, always confide in a trusted parent, friend, lecturer, tutor, or other college staff

→ Contact the Skills Centre, the Students Union, Health Services, and Counselling Services for help, support and advice!

Keep Your Devices Safe

- Don’t leave them on café tables or hang your open bag on the back of a chair
- Take care when you’re downloading apps: Have other users highlighted any security issues?
- Be suspicious if you receive a link via text or a messaging service “out of the blue,” from a source you’ve never heard of!



Stay Alert, Stay Safe!

- Be alert while surfing the internet!
- Keep your eyes, ears open and your wits about you!
- Use common sense: What applies offline also applies online
- Think twice before clicking a link
- Be aware of suspicious messages!
- Stay up to date and make sure you know about potential threats and challenges

Any Questions?

Contact the Skills Centre for a Presentation Practice or if you need other help with your academic communication!

Email: skillscentre@ucc.ie

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