


Digital Passport Session



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Today's topic:
Flashcards

Session Overview



Today:

- Introduction to flashcards
- Dos and don'ts of flashcard creation
- Demonstration of online flashcard options



How Do Flashcards Work?

- Flashcards engage “active recall”
 - You need to actively engage with the material while learning with flashcards
- Flashcards engage your metacognition
 - Tells you how well you know the material (self-reflection)
- Flashcards allow for confidence-based repetition
 - The lesser-known material will be repeated more often than the well known material (spaced repetition)
- Creating the flashcards is a way of engaging with the information
 - Distilling and discerning the relevant material

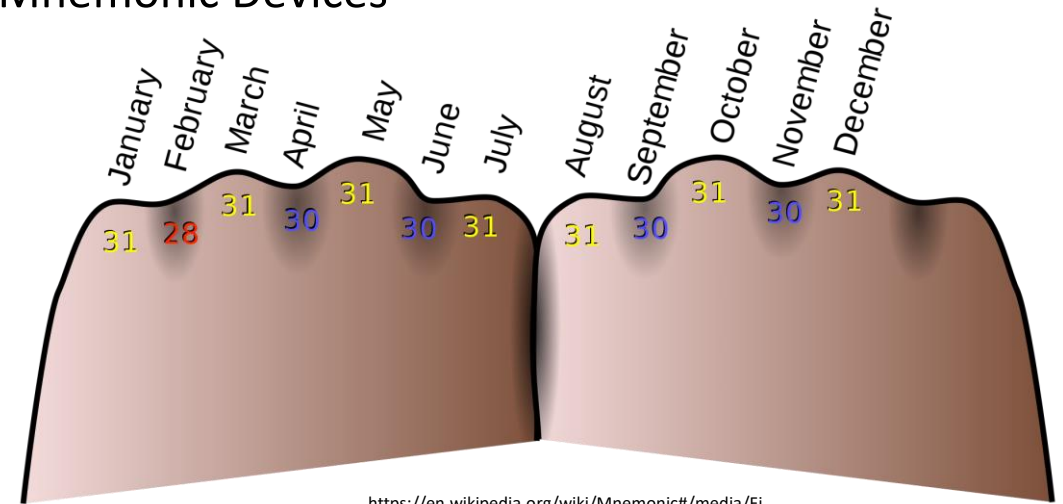




The Dos of Flashcards

- Make your own flashcards
- Mix pictures and words
- Make use of “mnemonic devices”
- One question/concept per card
- Saying answers out loud while studying (if possible)
- Study flashcards in both directions

Mnemonic Devices



[https://en.wikipedia.org/wiki/Mnemonic#/media/File:Month_-_Knuckles_\(en\).svg](https://en.wikipedia.org/wiki/Mnemonic#/media/File:Month_-_Knuckles_(en).svg)

My **V**ery **E**ducated **M**other **J**ust **S**erved **U**s **N**oodles
Mercur **V**enus **E**arth **M**ars **J**upiter **S**aturn **U**ranus
Neptune



The Don'ts of Flashcards



- Create cards that improve recognition instead of recall
- Use it for rote repetition
- Use them when other methods are better suited
- Make too complex cards



Demonstration

Quizlet



www.quizlet.com



Brainscape

www.brainscape.com



Additional Resources

- Various apps for different operating systems are also available
- Example: Google Docs can be used to create “cards” for a group approach
- NOTE: Most software has a limited free version and a paid version with additional features



Any Questions?



Contact the Skills Centre for a Presentation Practice or if you need other help with your academic communication!

Email: skillscentre@ucc.ie



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Coláiste na hOllscoile Corcaigh
University College Cork, Ireland

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