# Digital Passport Session



Skills Centre





### **Digital Passport Workshop Schedule**

TIME	ACTIVITY
9:00-9:15	Introductions
9:15-11:15	
11:15-11:30	
11:30-1:00	
1:00-1:30	
1:30-2:15	
2.15-3:15	





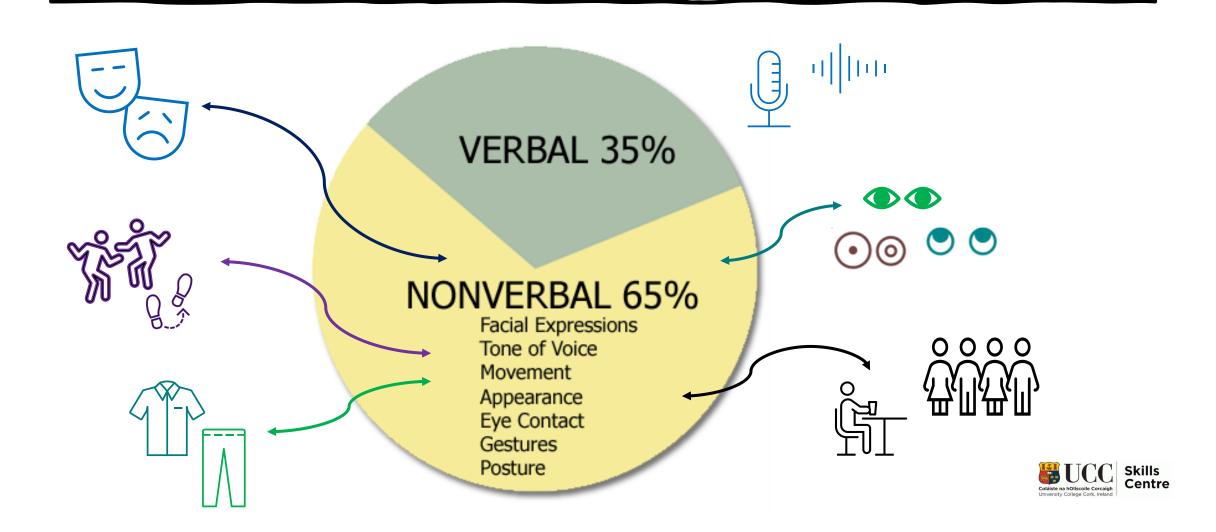
# Session Overview



- Learn how to record with PowerPoint
- Learn how to communicate properly when presenting
- Learn what to check before you record



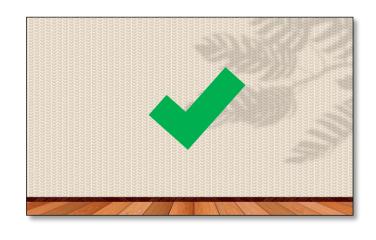
## Presentation Communication



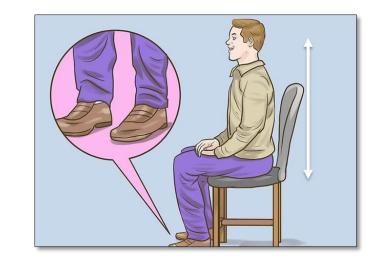
# Camera Check (1)

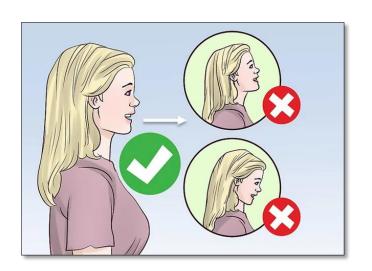
Check behind you





Check your posture

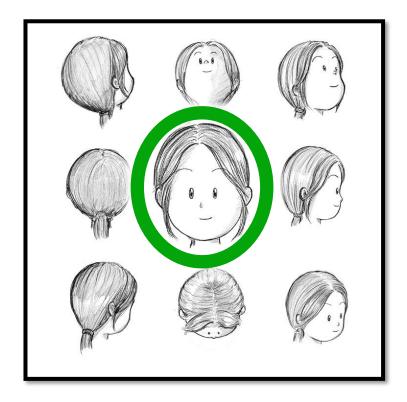




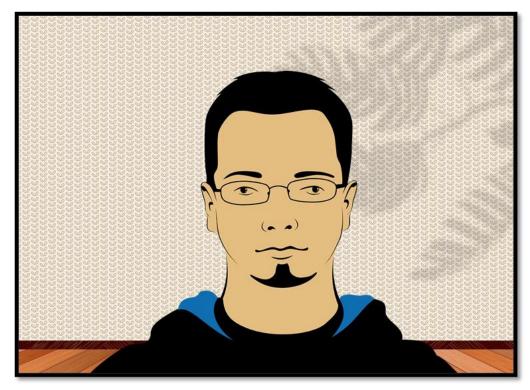


# Camera Check (2)

### Check your angle



### Check your position







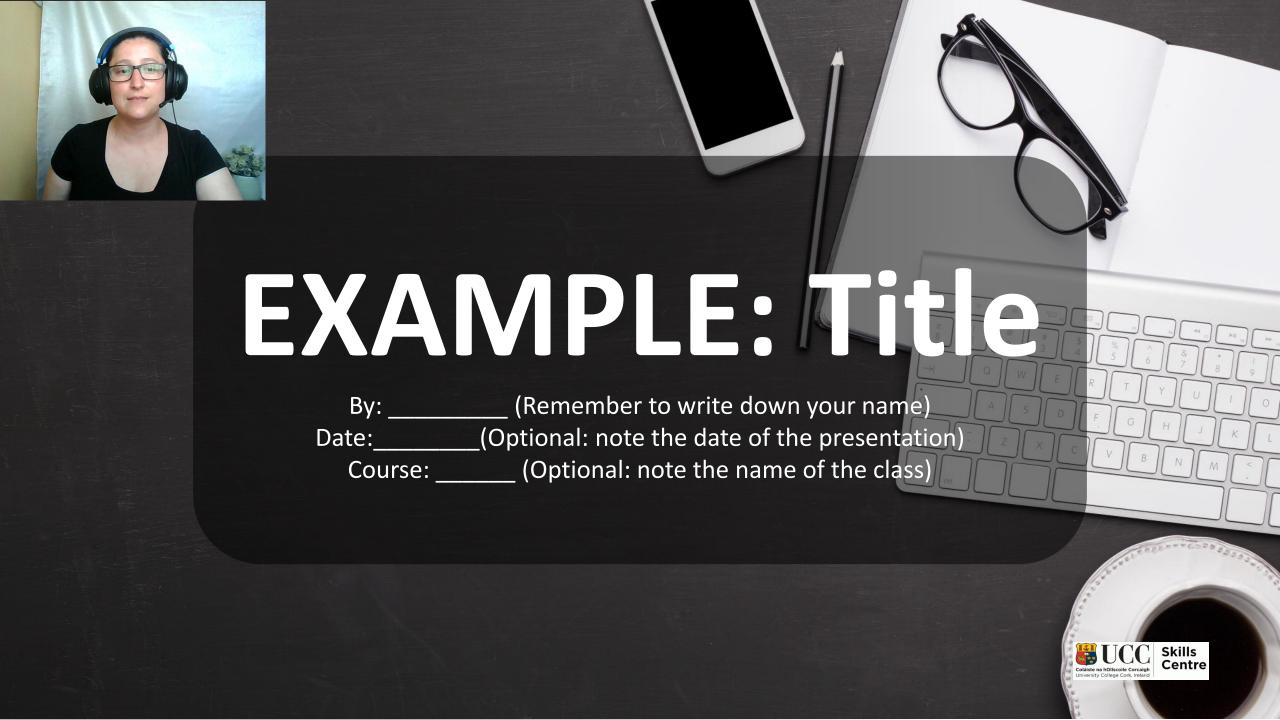
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# **Activity**

Now, using your **Slide Template**, practice
recording your title slide
by introducing yourself!







# Pre-Presentation Advice

Breathe out more that you breathe in!

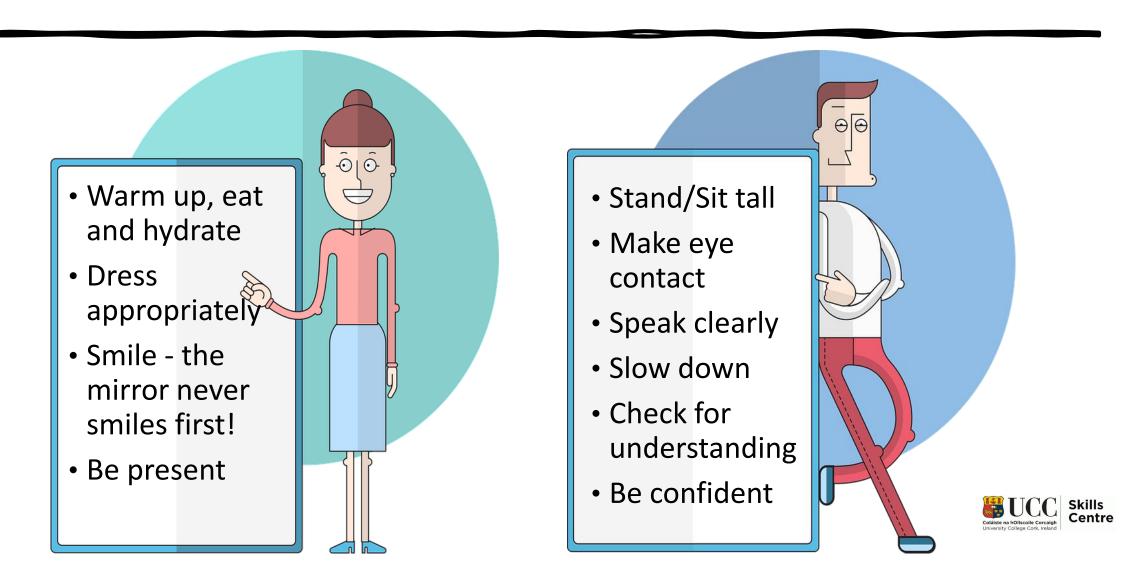
In for 4 Hold for 4 Out for 8

- Quivery voice:
  - Warm up
  - Clear your throat
  - Water, no milk or bananas!
- Assume a positive response from the audience
- 90% of nervous signs can be hidden!





# Things to Keep in Mind





# Any Questions?





Contact the Skills Centre for a Presentation Practice or if you need other help with your academic communication!

Email: skillscentre@ucc.ie

