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Welcome To Your Community

On behalf of University College Cork, we warmly welcome you to the 2025/2026 edition of our Community Booklet. UCC is proud to be part of such a vibrant and caring neighbourhood. This area is not just where we live, learn, and work, it's a shared space shaped by connection, culture, and mutual respect.

Every year, the collaboration between students, residents, staff, and local organisations continues to grow stronger. These relationships remind us of the strength that comes from community, one built on kindness, cooperation, and shared purpose. As you turn these pages, we hope you'll be reminded of the richness of our shared environment.

Whether it's a quiet conversation on a doorstep, a local event, or a new friendship forged over coffee, our neighbourhood continues to thrive through the everyday moments that bring us together.

Here's to another year of connection, creativity, and community spirit.

-1010 Harres

John O'Halloran **UCC President**

Kate Moriarty

Accommodation & Community Life Officer







Welcome to the Office of Accommodation & Community Life

You'll find our office in the South Lodge on the main UCC campus, just behind the Boole Library. Our door is always open to UCC students and to residents in our local community.

We're here to help all UCC students through our Accommodation Advisory & Advocacy Service, whether you're looking for somewhere to live or need support during your time as a tenant. We run UCC StudentPad, our online accommodation search tool, where you can browse private rentals and digs, and where landlords or local residents can advertise rooms to rent. If you have questions about accommodation or your rights as a tenant, our team is happy to guide you.

We care about creating a safe, welcoming, and respectful community for everyone. We work closely with the UCC Neighbourhood Forum and other local groups to build

positive connections. Our Neighbourhood Support Officer, is on hand to chat through any neighbourhood or community concerns you might have.

We also look after the intake of Campus Watch complaints, which looks after any potential breaches of UCC Student Rules. If you have any questions about Campus Watch, Kate, our Accommodation & Community Life Officer, will be happy to talk them through with you.

Find out more about Campus Watch <u>here</u>



Contact the Office of Accommodation & Community Life



Get In Touch

Kate Moriarty

Accommodation & Community Life Officer

- 021 490 1924
- resservices@ucc.ie
- campuswatch@ucc.ie

Dr Therese O'Connell

Senior Executive Assistant

- Accommodation
- 021 490 3849
- resservices@ucc.ie
- studentpad@ucc.ie

Community Support Officer

- 021 490 2059
- 086 4406030
- cso@ucc.ie



For More Information Check Out the Link below: www.ucc.ie/en/accommodation



Living in Your Community

The area around UCC is a well-established and muchloved neighbourhood, shaped over decades by a spirit of pride, respect, and mutual support. It is home to a diverse mix of people, all sharing the wish to live peacefully and happily in this vibrant part of the city.

As you settle in, please remember:

- A friendly hello to your neighbours can make a big difference.
- You are a valued and welcome part of this community.
- This is a lively area, and many of your neighbours are not students. There are also young families, professionals, and retirees living nearby.
- If you have any concerns or experience difficulties, our office is here to help. You can contact us at cso@ucc.ie.

This is a shared home for everyone. Please treat it with care and respect for vourself and for those around vou.

Your Community Support Officer

The Community Support Officer plays a key role in building and maintaining positive connections between UCC and our surrounding neighbourhoods. This role works closely with students, residents, and local groups to help create a safe, respectful, and welcoming environment for everyone.

The Community Support Officer is here to listen, offer advice, and help address any neighbourhood questions or concerns. They also work with community groups and the University to encourage open communication and cooperation.

This position is currently being advertised, and we look forward to welcoming our new team member soon. We will update this page with their details once they arrive.

Get In Touch

Community Support Officer



BOTHOR NOOMH FONNBORRO ST FINBARRS ROAD

BOTHOR NO BONDON
BANDON ROAD

021 490 2059

086 4406036

cso@ucc.ie











Your UCC Students' Union

UCC Students' Union is the chief representative body for UCC students, located on 54 College Road, UCC Students' Union Executive is made up of 6 full-time sabbatical officers, 11 part time officers and the UCC Clubs and Societies Presidents. All of the positions on this 19 person executive have been elected by the student body to represent, protect, engage and entertain the students of UCC!

So what does UCCSU do?

We work to represent the student voice and support student needs. We provide academic assistance, financial and wellbeing support as well as top class entertainment and fundraising events. We lobby the university and the government on the issues directly affecting our members and amplify the student voice by organising and facilitating student-led campaigns and actions. Members of the UCCSU Executive represent students on a wide range of committees and forums throughout UCC such as Governing Authority, Academic Board and Academic Council where key decisions are made. We also represent UCC students on various national bodies; every UCC student is a member of Aontas na Mac Léinn in Éirin (AMLÉ) and we work closely with the officers of AMLÉ and Student Unions' around the country to better the lives of students nationally.

We are always available to have a chat or help out in any way we can. If you need assistance, have an idea for how to improve an aspect of student life or want UCCSU to campaign on a specific issue you can contact any of our officers!

The Main Campus Students' Union Common Room is located behind the O'Rahilly Building and is attached to the Students' Union Offices on 54 College Road. It is a great place for all students to go and chat, have lunch and just generally relax.

The Common Room is a large open plan area with sofas. a pool table, and a kitchen with free tea/coffee making facilities and a microwave. There is also a common room located on Brookfield campus on the left before the main entrance which also is equipped with microwaves and a kettle.

Upstairs in the Main Campus Common Room is the Seomra na Gaeilge! An Irish language common space for students.



Get In Touch

Alex Angland (He/Him) President



president@uccsu.ie

Alex Fuertes Roper (He/Him) Communications and **Engagement Officer**

+353 86 184 2658

engagement@uccsu.ie

Anna Hrabovska (She/Her) **Education Officer**

+353 86 184 2699

education@uccsu.ie

Fergal Crowlev (He/Him) Welfare Officer

+353 86 184 2697

welfare@uccsu.ie

Niamh Domonev (She/Thev) Commercial and

Fundraising Officer +353 86 184 2700

comms@uccsu.ie

Connor Taylor (He/Him) **Entertainment Officer**

+353 86 184 2701

ents@uccsu.ie









Student Community Support (SCS):

Student Community Support (SCS) is a support/pastoral care service with the primary aim of providing care to students who may find themselves in vulnerable or unsafe situations or who simply need a helping hand on a night out! SCS also seeks to build positive relationships among the wider University Community and all who live in our surrounding areas.

SCS is run by UCC Students' Union during big Union run events such as Freshers' Week, College Christmas and Raise and Give Week. If you encounter a person in need of help, anti-social behaviour or damage of property during these event weeks please contact the SCS coordinator at 083 3526678. Students who work SCS are given a series of routes around the college area and walk around equipped with any items that might be needed by students on their night out.

What do SCS do?

Water

Condoms & Lube

Flip-Flops & Sliders

Chocolate & Sweets

Plasters and bandages

SCS team members also have radios which keep them connected to the **UCCSU Communications & Engagement** Officer who, in turn, liaises with St. John's Ambulance and the Emergency Services should they be needed.

SCS members are also there for a chat. offer directions and also accompany you on your walk home. The function of SCS is to ensure students feel safe and protected, your union is here for you and we want you to be able to enjoy the events we run safely and comfortably.

Key Dates to Remember

Sept 8 - 12: Freshers Week

Nov 20: College Christmas

lan 12 - 16: ReFreshers

Feb 16 - 20: Raise and Give Week





Parking

Parking is limited in the neighbourhood and surrounding areas. Park mindfully, respectfully and responsibly to avoid conflict.

- If you do need to park your car in the local area. be respectful to all residents and stick within the law.
- Avoid blocking the pavement as it may force wheelchair users or people with prams on to a main road, putting them at risk from oncoming traffic.
- Make sure you don't block a driveway. Allow access for all road users, especially emergency services and bin trucks.
- Avoid the hassle of parking, take the bus or the train.

Please note there are active ticket wardens in the area. park lawfully and safely to avoid tickets and fines

Please consider not bringing the car to UCC in the first place.



Cycling, Park & Ride

A TFI Young Adult and Student Leap Card

Is a prepaid travel card that provides up to 50% off public transport fares in Ireland. Eligible students and young adults(19-25 year olds) must apply online at www.leapcard.ie. After making an application, students must wait up to 5 working days for a confirmation email, before collecting their Student Leap card at the UCC Students' Union building. Note: Young Adults Leap Cards cannot be collected from a Leap Card Agent. These cards are sent directly to the applicant's address.

TFI Bikes

TEL Bikes is a self-service bike rental available to everyone. With stations conveniently located throughout Cork City, TFI Bikes make it easy to commute to work, study, or meet friends. Annual registration fee €10.



TFI Leap Card

A TFI leapcard is a prepaid travel card that is the easiest way to pay your fare on public transport around Ireland.



- Young Adult (19-25 years)
- Student

Parking Apps





There are three car parks available for UCC Park and Ride:

- Pouladuff Road (near the N40 South Ring Road, Togher exit)
- Dennehy's Cross (PCB sports grounds, single shuttle services only)
- Black Ash (near N40, at Kinsale Rd roundabout, Term time only)

Shuttle buses operate frequent services from the Main Campus (Boole entrance) on College Road and Brookfield (outside gate). In the morning and evening peaks, the service also includes UCC's Lee Maltings Complex (Tyndall) on Dyke Parade / Prospect Row (using the bus stop on Dyke Parade/Mardyke St., opposite the Granary Theatre).

Both Pouladuff and Dennehy's Cross car parks are open all year, while Dennehy's Cross operates during the summer months as a Park & Walk facility only (approx 5 mins walk to Brookfield, 10-15 minutes to Main Campus). Black Ash is linked to UCC only during Term times.

P+R facilities are open to all UCC students (ID spot checks by security staff may occur). Parking and the use of the shuttle buses are free of charge.









Don't forget to bring the bins back in - bins block the pavement for passers-by!



What Goes in My Recycling Bin?

- Clean Mixed Paper, newspaper, magazines and brochures
- Clean cardboard
- Washed drink cans (Aluminium)
- (Milk & juice cartons)
- Washed plastic bottles/containers



Compost

- Coffee grounds
- Tea leaves
- Fruit and vegetable waste (cooked
- Bread, pasta & rice,
- Cut & dead flowers
- Manure from any vegetarian pets
- Grass cuttings and green leaves
- Weeds (avoid weed seeds)
- Old plants (not diseased)
- Seaweed or garden-pond cleanings

Cork City Council introduced new regulations that waste shall not be put out for collection before 6.00pm the evening before collection day and shall be removed no later than **7.00pm** on collection day.



Glass

- Green Glass
- Blue Glass
- Brown Glass
- Clear Glass



Rubbish



Deposit Return Scheme

Bottle and can recycling system: When you a small refundable deposit. Return the empty container to reclaim the deposit. On the reception area of the Student Centre.







Meet the Campus Services Security Operative (SSO) Team

Who are we?

The SSO team is a dedicated group of 49 professionals who serve as the first line of response for every incident on campus. Whether it's administering first aid, responding to emergencies, or assisting with general safety concerns, the SSO team is always ready to help. The team is split into two groups of 14, providing coverage across both campuses from 07:00 to 23:30, every day of the year.

What Does the Campus SSO's Do?

The role of the General Services team has evolved over the years, and in addition to security services the team now handles a wide range of incidents, acting as the first responders on a campus that operates like a small town.

Key Responsibilities:

- First Response: The team performs a first responder role, coordinating with emergency services like the Gardaí, ambulance, and fire brigade to ensure that help is provided quickly and efficiently to our student/staff community.
- Emergency Expertise: Many members have prior experience in emergency services, bringing a wealth of knowledge and expertise to the team.

How Can the General Services Team Help You?

The SSO team is committed to the safety and wellbeing of students, staff, and visitors. For students, this includes:







- Personal Safety: Providing advice on personal safety on campus.
- Support Services: SSO team will help to direct you to the appropriate resources when dealing with issues such as sexual harassment, assault, stalking, domestic violence, hate crimes. mental health, and substance abuse.
- First Aid: The team also offers a first responder service to staff and students on main campus.
- Personal Property: Advising on how to keep your belongings safe on campus.

Get In Touch

Contact the General Services team

The Campus Security team is available 24/7, including weekends, bank holidays, and during university closures.

- **Emergencies:** 0214903111
- Non-urgent: 021 4902266
- generalservisesadmin@ucc.ie /gsdo@ucc.ie

In-Person Appointments: Visit the Reception Centre inside the main gate on College Road (Main Campus) from 9:00 AM to 11:00 PM. Outside of these hours. please call the emergency number.



Community Garda

Message from Laura O'Connor

I am the local community Garda who has responsibility for the area of University College Cork and its surrounding areas. Lam based out of the Bridewell Garda Station and it's my role and responsibility to be focused on community engagement, crime prevention and law enforcement. Another significant part of our role is to address issues affecting our community and to enhance quality of life.

An Garda Síochána delivers an effective community policing service, responsive to the needs of a modern and diverse community under the following 6 principles:

- Community Engagement
- Community Partnerships
- **Problem Solving**
- Crime Prevention
- Law Enforcement
- Accountability

I would like to help build a stronger, safer community and be a point of contact for the students and residents surrounding UCC.



Get In Touch

Garda Emergency number:

999/112 (mobile only)

Anglesea Street Garda Station

- Anglesea Street, Cork City
- 021 452 2000

Bridewell Garda Station

- Kyrl's Street, Bridewell, Cork City
- +353 (0)21 494 3330

Togher Garda Station

- Tramore Road, Togher, Cork City
- +353 (0)21 494 7120

Bishopstown Garda Station

- Bishopstown,
- +353 (0)21 454 1012



An Garda Síochána

UCC Studentpad

StudentPad is the UCC Student accommodation search engine. If you are a current or prospective student, you are eligible to register for an account with UCC Student Pad. You can apply with your UCC Student Number. CAO Number or UCC Student Application number. Once verified by our office, you are free to view adverts and contact landlords and/or residents directly.

Landlords or homeowners wishing to rent a room/ house can also register with StudentPad to connect with UCC Students. Our office can guide and support you in renting a room to a UCC Student.



Do You Have a Room To Rent To a UCC Student?

- Simple and Easy Process!

Contact us at:

- 021 490 3091
- studentpad.ucc.ie
- studentpad@ucc.ie



Where to Eat

UCC offers a wide range of food options to suit different tastes, dietary needs, and schedules. Whether you're looking for a quick snack between lectures. a sit-down lunch, or simply a good cup of coffee, there are numerous outlets available both on campus and in the surrounding area.

UCC Central (Main Restaurant)

Hot Food, Salad Bar, Coffee, Tea and Sandwiches

Opening Hours:

Mon-Thu: 8am-4pm Fri: 8am-3pm

Staff Restaurant (beside Main)

Hot Food, Salad Bar, Tea & Coffee

Opening Hours:

Weekdays: 8am-4pm

Staff Common Room

(North Wing, Main Quad)

Filled Sandwiches, Soup,

Tea & Coffee

Opening Hours:

Weekdays: 8am-4pm

Seomra Caidrimh (O'Rahilly Building)

Tea & Coffee

Opening Hours:

Weekdays: 10:30am-12pm 3:30pm-4:45pm

Lee Maltings (Tyndall Institute) Pre-Packed Sandwiches, Coffee, Tea

Opening Hours:

Weekdays: 8am-3pm

Enterprise Centre

Pre-Packed Sandwiches, Coffee & Tea **Opening Hours:**

Weekdays: 8am-3pm

Elements West (Western Gateway Building)

Soup, Sandwiches, Salads, Snacks, Tea & Coffee

Opening Hours:

Weekdays: 8am-2:30pm

Elements Café (Ground floor, Kane Building)

Soup, Sandwiches, Salads, Snacks, Tea & Coffee

Opening Hours:

Mon-Thu: 8am-8pm Fri: 8am-5pm

Coffee Dock (O'Rahilly Building)

Pre-Packed Sandwiches, Baked Confectionaries, Tea & Coffee

Opening Hours:

Mon-Thu: 8am-5pm Fri: 8am-4pm

Café Oasis (Ground Floor, Áras Na Mac Léinn) Filled Sandwiches, Soup, Tea & Coffee

Opening Hours: Mon-Fri: 8am - 6pm

Sat: 9.30am - 4pm

Brookfield Café

(Brookfield Health Sciences)

Filled Rolls/Wraps/Sandwiches, Paninis, Soup, Pre-Packed Sandwiches, Tea & Coffee

Opening Hours:

Weekdays: 8am-4pm

Bio Café (Biosciences)

Filled Rolls/Wraps/Sandwiches. Paninis, Soup, Pre-Packed Sandwiches, Tea & Coffee

Opening Hours:

Weekdays: 8am-3:30pm

Club Áras (New Bar)

(1st Floor, Áras Na Mac Léinn

Pre-Packed Sandwiches, Full Irish Breakfast, Full Carvery Lunch, Evening Hot Food, Full Bar. Tea & Coffee

Opening Hours:

Mon-Thu: 10am-11.30pm

Fri: 10am-9pm



Student Media at University College Cork - Created by Students, For Everyone

Student media at UCC is a dynamic hub of creativity. curiosity, and community. Through UCC 98.3FM, Motley magazine, and University Express, students produce independent, innovative work that defies the corporate constraints of mainstream media. Here, long-form features, arts criticism, and fearless storytelling thrive because creative control rests with the creators.

UCC's student media is a space where ideas collide and expression is not just encouraged but expected. Content is diverse: from bold interviews with cultural or political figures to opinion pieces challenging policy, or late-night radio mixes introducing new music.

What sets UCC's student media apart is its constant renewal. Each year brings fresh voices and perspectives. producing content that reflects the student experience while reaching beyond campus, connecting with Cork, Ireland, alumni, and a global audience.

This year, University Express is rethinking its role, aiming to reconnect with UCC's legacy in student print journalism. Motley will expand its arts and culture coverage, filling a gap in today's media landscape. UCC student media is for everyone, welcoming all students to participate, share ideas, and help shape

the space. It's not just a training ground, but a platform for experimentation and a public square for the next generation of storytellers and creatives.





Manager: rayburke@ucc.ie

Radio Station:

PR: radio@ucc.ie

Production Team: radio.tech@ucc.ie

Motley:

Motley Editor: motleyeditor@ucc.ie

News, Current Affairs and Politics: motlevcurrentaffairs@ucc.ie

Other Queries: motleyfeatures@ucc.ie

The Mardyke Sports Grounds & Arena

The Mardyke Sports Grounds is just a short five-minute walk from the main campus. This historical sports ground is home to many UCC sports clubs, as well as being a focal point for all students, staff and supporters of UCC. All UCC students have access to the Mardyke.

The site consists of:

- The Prunty pitch soccer/rugby pitch
- The Synthetic pitch
- The Sonia O'Sullivan Athletics track
- The GAA Pitch
- The Mardvke Pavilion

The Mardyke Arena is home to many UCC club activities. This state of art facility consists of:

- 25m swimming pool
- Weights & Cardio gyms
- Aerobic and dance studios
- Climbing wall
- Physio services
- **Human Performance Lab**

Human Performance Lab is a special feature of the UCC Sports facilities. The service is headed up by Exercise Physiologist, Trevor Woods (T.Woods@ucc.ie). All UCC staff and students can avail of the services. to have their fitness and health status professionally assessed. To book any facilities:

- UCC Clubs must do so via the Clubs Portal calendar
- All other users please email sport@ucc.ie
- **Book online University College Cork Sports Facilities**



Supports On Campus

The "Acorn to Mighty Oak" has come to symbolise students' academic, personal and professional development journey throughout their time at UCC.

In alignment with this rich metaphor, the support services available to students are presented in the form of a **Support Tree.**

This tree depicts the support services currently available to students and provides links to further information about each service.



www.ucc.ie/en/studentexperience

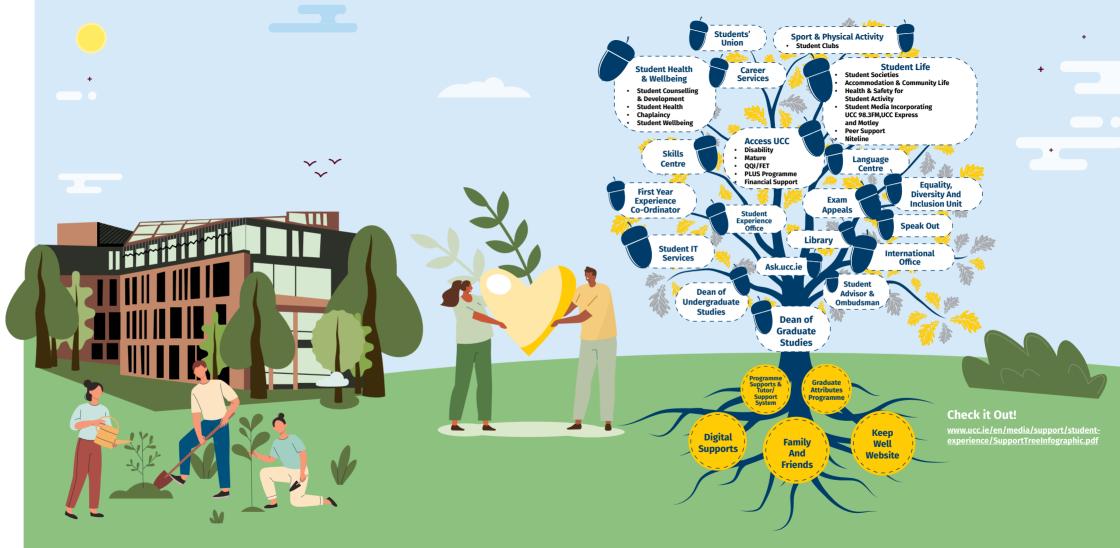
UCC Crisis Text Line

Community members can text "UCC" to 50808 to chat anonymously with a trained volunteer 24/7. Any issue, any time!

Niteline

Niteline is a dedicated phone and instant messaging service provided to UCC students during term time. Students can contact Niteline between 9pm and 2.30am, 7 days a week. The Niteline number is **1800 793 793**. Further details can be found at **Niteline University College Cork**

UCC Niteline was funded thanks to philanthropic support from alumni, friends, and staff of University College Cork. Learn more at UCC Alumni Fund | University College Cork



UCC Student Health

To arrange a telephone consultation/appointment with us at Student Health please call

Q 021-4902311 from 9.15am – 16.15pm

Visits to the Student Health Doctor and Nurse are usually free but there are charges for some of the services offered. Please contact us for further fee information.

Services available from the Student **Health Department include:**

- Contraception service
- Screening and immunisation against infectious diseases
- Consultant Psychiatrist Service
- Sexual Transmitted Infection diagnosis and treatment
- Health Promotion Programmes
- Ante Natal Care
- Accident and Emergency
- Physiotherapy Service
- ✓ And more...



Get In Touch

Student Health Centre

UCC Crow's Nest. Victoria Cross Carrigrohane Rd, Cork. T12 HXW4

021 490 2311 www.ucc.ie/en/ studenthealth/

Out of Hours Support

Samaritans:

Emotional support: (24 hours) Freephone **116 123** (www.samaritans.org)

Pieta House:

Support for people at risk of self-harm: (24 hours) Freephone 1800 247 247

UCC Security: (24 hours)

021 490 3111

Anglesea Street Gardaí HQ: (24 hours)

021 431 3031

A+E Cork University Hospital: (24 hours)

021 492 0230

South Doc: (Evenings and weekends)

1850 335 999

Cork Sexual Assault Treatment Unit:

021 4926100

Student Counselling & Development

University College Cork provides a free confidential counselling service to help you with any concern which may affect your personal and/or academic progress while in UCC.

Counselling offers a supportive, private space that can help you get a new perspective on an issue you feel stuck with, help you cope with an unexpected crisis and help you to develop healthy strategies to manage ongoing difficulties.

As well as one-to one counselling (available Online or In-Person), Student Counselling & Development provides various workshops and programmes throughout the year including

- Managing Stress/Anxiety
- Mindfulness
- Coping with Distress
- Harm Reduction & Alcohol Awareness
- Decider Skills
- Bereavement

Make an Appointment

www.ucc.ie/en/studentcounselling/devandtraining/

Self Help Resources & workshops

www.ucc.ie/en/studentcounselling/info/

Get In Touch

Student Counselling & Development

- counselling@ucc.ie
- www.ucc.ie/en/studentcounselling
- Student Counselling and Development, Student Mental Health and Wellbeing Hub. **Brighton Villas 2-4** University College Cork, Western Road. Cork, T12 PY88



Drug Use and Harm Reduction

A Message from the Students' Union

UCC Students' Union does not condone illegal drug use. It is always safer to not do drugs, however if you are going to engage in drug use it is important that you know what supports are available to you. Our main concern is the welfare of students. Ensure you read up on drug harm reduction measures before you take any drugs and reach out for help if you need it.

Get In Touch

Drugs and Alcohol Information & Support:

www.drugs.ie

Cork Local Drug & Alcohol Task Force:

- 021 493 0100
- enquires@corkdrugandalcohol.ie
- www.corkdrugandalcohol.ie

UCC FLAC Society

for legal advice, free of charge.

flac@uccsocieties.ie

UCC Student Union Welfare Officer

for help with all non-academic issues affecting student experience and wellbeing.

welfare@uccsu.ie



Chaplaincy

UCC Chaplaincy's primary concern is for the spiritual, religious and faith formation of all of our students on campus. The Chaplaincy is an inclusive service that offers a space for community, conversation, support, guidance, and enrichment for all students and staff at UCC. We support all UCC students and staff regardless of gender, age, ethnicity, disability, family status, sexual orientation, marital status, religious/non-religious background, or spirituality.

The Chaplaincy is open from 8am each day, for students and staff to drop in.

The Hearth, our kitchen and student lounge, is a great place to study, relax with friends, have a chat, and enjoy free tea/coffee. Many of our events are hosted in this space. We also have a microwave that you can use!

Chaplaincy offers a confidential listening and guidance service, pastoral support, bereavement support, opportunities for spiritual accompaniment and direction. retreats and study.



Get In Touch

Chaplaincy

- O "Iona" College Road Cork, T12 PY24
- 021 490 2459
- chaplaincv@ucc.ie
- www.ucc.ie/en/chaplaincy
- ucc chaplaincy
- UCC Chaplaincy



UCC now has a Sexual Violence and Harassment Prevention and Response Manager to enact the objectives of the National Consent Framework, as part of a sector wide movement to end sexual violence at third level institutions. Visit our ESVH Hub (Ending Sexual Violence and Harassment) on the UCC website to find out more. ESVH Hub | University College Cork. Incidents of sexual misconduct are addressed through the Student Rules. You will be listened to, and you will be supported.

Find out more here:

Sexual Violence and Harassment Framework | University College Cork (ucc.ie)

Contact:

esvh@ucc.ie

The Safe and Sound project provides sex positive and inclusive messaging on sexual violence and sexual wellness across campus and on social media. We love to collaborate with students, staff, and external organisations - keep an eve out for us and our freebies!

Find us at: @ucc safeandsound

Get In Touch

Sexual Assault Treatment Unit (SATU) in the **South Infirmary Hospital (SIVUH):**

021 492 6297

Out of hours phone the hospital at 021 492 6100 and ask for Nurse Manager on duty for hospital.

Sexual Violence Centre Cork:

1800 496 496

Speak out:

www.ucc.ie/en/edi/speakout/

Women's Aid:

Supporting women subjected to abuse from a partner or ex-partner

1800 341 900

www.womensaid.ie

Men's Aid:

Supporting men and their families experiencing Domestic Violence

01 554 3811

www.mensaid.ie

Sexual Health Centre:

Provides information, support and education in the areas of sexual health, wellbeing, sexuality and healthy relationships

021 427 6676

www.sexualhealthcentre.com

Mental Health Supports in Our Community

Need to talk?

Help is just a phone call away.

If you are in crisis please contact your local GP. Out of hours please contact SouthDoc on 0818 355 999 Or your nearest emergency department.

UCC Crisis Text Line

Text UCC to:

50808

Get in Touch

Your Mental Health,ie

1800 111 888

www.vourmentalhealth.ie

LGBT+ helpline

www.lgbt.ie

01 685 9280

Pieta House

1800 247 247

info@pieta.ie

Samaritans

Freephone 24/7

116 123

io@samaritans.ie

Childline:

Freephone 24/7

1800 666 666

Text "Talk" to:

50101

www.childline.ie

In an emergency, you can also call 999 or 112

UCC General Services Security: (24 hours)

021 490 3111

Anglesea Street Gardaí HO: (24 hours)

021 431 3031



UCC 180th Anniversary 180 years of excellence

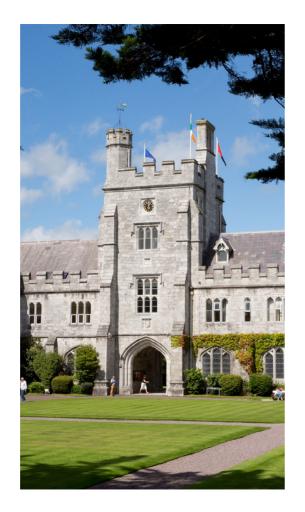
Founded in 1845, University College Cork has been a beacon of academic excellence, research and innovation for the last 180 years. As we honour our past, we celebrate a legacy of transformative education, global impact, and community engagement.

Driving Positive Impact

UCC has stood at the forefront of education, innovation. and impact - enriching communities both locally and around the world. The 180th Anniversary presents a unique opportunity to celebrate the university's rich history, achievements and future aspirations.

Join us as we celebrate 180 years of excellence and look forward to the next chapter - you too can get involved in the celebrations. Visit https://www.ucc.ie/en/ucc180/ to find out more about UCC's vibrant past and key milestones, including the exciting initiatives taking place.

If you have an event and would like to include it in the 180th Anniversary calendar of events, please get in contact with Kate McSweeney, Chair of the 180th Anniversary Working Group - kate.mcsweeney@ucc.ie











The climate and biodiversity crises are systemic, but individual actions have cultural impact. There are many easy and accessible ways to live more sustainably during your time at UCC.

Living Sustainably:

Transport

Cycling: UCC has excellent bike infrastructure and is serviced by TFI Bike Share stations. (see www.bikeshare.ie)

Energy

- Switch off lights, appliances, and devices when not in use
- Air-dry clothes instead of using a dryer

Nature

- Spending time in nature is proven to benefit wellbeing.
- Enjoy UCC's many green spaces
- Advocate for and garden for biodiversity

Waste

- Choose reusables and support UCC's single-use plastic-free
- Minimise food waste by planning meals
- Recycle by waste collectors' instructions & use Re-turn machines on and near campus

Shopping

- Be critical of fast fashion and advertising
- Buy second-hand where possible

Action

We need system change to save the planet – join us!

- UCC has won numerous awards for its sustainability achievements
- The university has a dedicated **Sustainability** and Climate Action Plan
- **UCC's Green Campus** Committee involves collaboration between staff and students
- **⊘** The Green Campus Greenshoots Programme, coordinated by Irene Ní Shúilleabháin, engages students in action for sustainability and nature-connectedness
- ✓ Learn more at www.ucc.ie/en/greencampus/



Irene Ní Shúilleabháin **UCC Green Campus Greenshoots Coordinator** inishuilleabhain@ucc.ie



ACE Programme

ADULT CONTINUING EDUCATION (ACE)

Adult Continuing Education provides opportunities in lifelong learning for all adults, irrespective of age and previous educational achievements. At Adult Continuing Education you can choose from an extensive range of part-time accredited programmes across a wide selection of disciplines for adult learners. We offer programmes from levels 6-9. Our part-time programmes are the perfect opportunity to upskill or reskill in a flexible way. In addition to our in-person and blended delivery programmes, we also offer online programmes so that you can study remotely from work, home or even a different country.

Get In Touch

- 021 4904 700
- ace@ucc.ie
- www.ucc.ie/en/ace/





Equality, Diversity & Inclusion (EDI)

UCC seeks to embed fairness, inclusivity, equal opportunities and equity for all students and staff, foster a positive working environment for all in the UCC community, and provide a diverse, equitable and inclusive place of work and study where all staff and students feel they belong and can flourish.

The EDI Unit

The EDI Unit in UCC was established to assist the university in achieving just that; to enable students and staff to be proactive about equality issues, to fight discrimination, and to celebrate differences. The Unit works with other EDI-related units such as Access, DSS, UCC Plus+, Inclusive UCC, the University of Sanctuary Working Group, student clubs and societies and the UCCSU, and across both staff and student bodies, to raise awareness, develop policy and drive equity initiatives, such as the Athena SWAN Project, the Speak Out reporting tool, the Race Equality Forum and the Sanctuary Scholarships.

Speak Out:

Speak Out is an online tool which provides a safe and secure platform for both staff and students to anonymously report incidents they have experienced or witnessed including bullying, cyber bullying, harassment, discrimination, coercive behaviour, control, stalking, assault, sexual harassment, sexual assault or rape.

www.ucc.ie/en/edi/speakout/

Get In Touch

Read about these and more on our website or email us at

ediunit@ucc.ie



UCC Bystander Programme

Being a part of the university community and the local community means doing our part to keep it safe for us all. We can do this by being respectful, compassionate, and socially responsible. We can influence and change others' behaviours by calling out actions or language which are inappropriate, to highlight unacceptable behaviour, to challenge unwanted behaviour, as well as verbal and physical advances, to effect pro-social behaviour and cultural change.

Golden Rule

Only intervene when it is safe for you to do so. If it is not safe, in an emergency, call 112, or 999.

Bystander training is available for everyone: UCC students and staff can enrol here:

www.ucc.ie/en/bystander/

Bystander CPD training option for anyone outside UCC, contact:

bystander@ucc.ie

Spread the word and follow us on our social media at:

@BystanderUCC





Volunteering & Employagility

Volunteering is not just about giving back; it's a transformative experience that enriches lives, builds networks, and creates a positive impact. It can be a great way to enhance your University experience, providing opportunities to support your community while developing personally and professionally. As well as being fun, volunteering can significantly enhance your CV. Employers value volunteering experience because it demonstrates essential transferable skills such as project management. communication, and teamwork.

How Can UCC Help You With Volunteering?

UCC offers a Volunteering Pathway as part of the UCC EmployAgility Awards.

To receive an award through this pathway, students must complete a period of unpaid volunteering in an on- or offcampus organisation. Participants must dedicate a minimum of 20 hours between May and March.

How to find a volunteering opportunity?

You can search and register for student volunteering opportunities at studentvolunteer.ie/ucc - the national volunteering database tailored for UCC students. In addition, the Career Service and Graduate Attributes will host a Volunteering Fair on October 16th, 11am-2pm in the Hub Atrium.

A great chance to meet organisations and find a role that suits your interests. For more information on the UCC EmployAgility Awards, visit: www.ucc.ie/careers/award



Graduate Attributes

Find out more about the UCC **Graduate Attributes Programme**

www.ucc.ie/en/graduateattributes

www.ucc.ie/en/graduateattributes/proudally/

UCC's unique Graduate Attributes Programme will help students to successfully navigate their transition into, through and out of university to enable them to begin, belong and become the person they want to be!

The Graduate Attributes Programme prepares students to live, learn and lead in a shared cocreated future and enables them to take an active role in advancing the just and sustainable evolution of our communities, our society, and our local and global economies. It empowers students to create more value than they consume and facilitates their acquisition of key graduate attributes and values that support them in becoming world-ready, work-ready graduates.

ATTRIBUTES

UCC's core values and graduate attributes are the bedrock of our student experience. Graduate attributes refer to the skills, knowledge and abilities of our graduates beyond disciplinary knowledge, that are applicable in a range of contexts in their lives.



Creators, evaluators and communicators of knowledge





Independent and creative thinkers



Digitally

VALUES

UCC graduates will be recognised for their distinct core values and graduate attributes. As well-rounded, curious, self-aware individuals, they will be known for their appetite to continually learn new skills, embrace new ideas and make things happen.





Aims high, displays exemplary work ethicand



Empathetic, demonstrates care for self and others



RESILIENCE

Perseveres, shows capacity for problem solving and personal wellbeing



INTEGRITY: Trustworthy, ethical and dependable

International Office

UCC welcomes over 4000 international students (non-EU) each year from across the globe. They come from a wide variety of backgrounds and cultures enhancing and enriching life at UCC. These students are enrolled in full degree. Erasmus, study abroad programmes, joint degree programmes or postgraduate programmes. The International Office supports and advises international students in all aspects of life away from home.

We have a dedicated student support team who advise on welfare issues, UCC supports, immigration and other gueries relating to international students. We have an open-door policy for students and are available for advice and problem solving on a variety of issues.

We also run our own Swap Shop which is open for students to take and donate preloved items in September and January every year.



Get In Touch

- International Office Roseleigh, Western Road, Cork T12 R229
- +353 (0)21 490 4725
- internationalsupport@ucc.ie
- www.ucc.ie/en/international



UCC Access

Access UCC is committed to creating an accessible. inclusive, and supportive learning environment for all students. The Access UCC team are here to support you on your journey through UCC.

Disability Support

Disability Support works with students and staff to ensure that appropriate support is put in place to enable students with a disability to achieve their full academic potential. The service supports a wide range of disabilities including physical, mental health, sensory difficulties and specfic learning difficulties. Students can register with Disability Support when completing their overall online university registration.

PLUS Programme

The PLUS Programme provides a variety of personal, practical, academic, and financial support to students who have entered UCC as part of the Higher Education Access Route (HEAR) Scheme.





Mature Student and QQI Support

We are here to support you through your undergraduate journey. We can advise and direct you as you settle into student life, so make sure to reach out to us. We strive to make the transition to UCC as smooth as possible.

Calm Zone

There is a calm zone on campus. It is a safe space designed to be a place of respite and calm for students and in particular students on the autism spectrum.

Check it out:

www.ucc.ie/en/autismfriendly/thecalmzone/

Get In Touch

- 021 490 4807
- 1.45 First Floor, The Hub, Main Campus
- www.ucc.ie/access









Student Charter

The University requires its students to conduct themselves in a respectful and responsible manner at all times to ensure:

- O Dignity, honesty and integrity;
- Respect for all members of staff:
- Respect for fellow students:
- Respect for and adherence to the Rules. Regulations and Policies of the University;
- O Compliance with the academic processes of the University:
- That the University is not brought into disrepute;
- Respect for local residents and other members of the general public:
- That the views, values and beliefs of others are respected:
- That no damage or injury is caused to any person or property;
- That the University community is free from intimidation and discrimination.

Please consult the current Student Rules for UCC for more information at: www.ucc.ie/en/studentexperience/policies/



Campus Watch

University College Cork is committed to creating a safe and secure environment for UCC students and to foster a positive relationship between our students and the wider community. Campus Watch will respond to formal complaints from students, members of the community and other stakeholders, in relation to alleged breaches of the UCC Standards of Conduct.

Kev Action Areas:

- Working with local Resident's Association groups. Gardai. Students and stakeholders in in area of common interest.
- Promoting student safety on campus, out and about and at home.
- Responding quickly to complaints and concerns in relation to student behaviour.
- O Developing strong links with community groups.
- When necessary, initiating formal student disciplinary procedures.
- Providing mediation where necessary.



Get In Touch with Kate

Kate Moriarty Accommodation & Community Life Officer

- O UCC Campus Watch, South Lodge, College Road, Cork, T12 RXA9
- +353 21 490 1924
- campuswatch@ucc.ie

Please Note:

Meetings by appointment only please

Clubs

The Clubs' Executive oversees the day-to-day admin and running of our 47 clubs, working in collaboration with the Department of Sport and Physical Activity. Club Activities are varied and diverse, with a vast array of training sessions, social events and intervarsity competitions happening on and off campus every week of the year. Central to all of this sporting activity are our state-ofthe-art training facilities. The Mardyke Arena boasts a 25m swimming pool, 3 sports halls, an indoor climbing wall and a variety of gym and studio spaces. The outdoor facilities at the Mardyke also include fully floodlit soccer/rugby and GAA pitches, along with a synthetic pitch for hockey and other sports. In addition to these fantastic amenities, we have 52 acres of playing field at our other sports ground in Curraheen, affectionately known as "The Farm". Much of these facilities are utilised by clubs week-in, week-out to provide training and competition opportunities for their members.

If you wish to find out more about clubs, you can join us for Clubs' Day on the 18th of September in the Hub or click this link.



Tomasz Mrowca (He/Him) Clubs President 25/26

086 137 4166

president@uccclubs.ie

www.ucc.ie/en/sport/clubs/

Societies

The Societies Executive is composed of eight elected students who oversee the day-to-day operations of UCC's 116 diverse Societies. Society life at UCC is vibrant and wide-ranging, with hundreds of events taking place throughout the academic year - from film screenings and panel discussions to weekend-long conventions and themed social nights. These activities provide students with opportunities to explore their interests. connect with like-minded peers, and build lasting friendships beyond the classroom. At the centre of it all is the UCC Societies Office, located on the first floor of the Hub, just above the red stairs. This space features dedicated work areas for Society committee members and is home to our administrative team, who are always on hand to support the smooth running of Society life and assist with any queries students may have.

Click this link or attend Societies Day on September 17th in the Hub to sign up and learn more about what societies are up to!



Caoimhe Collins (She/Her) Societies President 25/26

083 365 1023

president@uccsocieties.ie www.ucc.ie/en/societies/



Peer Support

Peer Support - Listen, Inform, Link

Every new student in UCC is provided with a Peer Support Leader (PSL) at the beginning of the year. Your PSL is fully trained to assist in your transition to university life. They can be the first point of contact for any queries you may have. We listen, we inform of services and we link students to the service they require, when appropriate.

You will be contacted after you register with details of who your PSL is. In most cases, your PSL will be a student who is on your course and has already gone through what you are about to!

All of our PSL's volunteer their time to support you and you will also get a chance to apply to be a Peer Support Leader. We open applications in January each year.

Damian Butler is the Peer Support Coordinator and he can be contacted at **peersupport@ucc.ie** if you have any questions about the service.

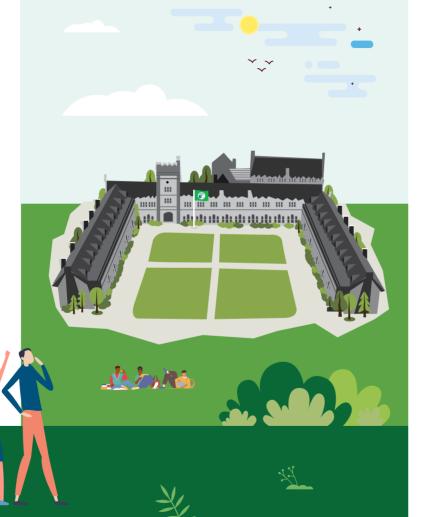




UCC Visitor Services

Visitor Services is your welcome point to UCC. We provide guided tours of the university, telling the rich story and history of UCC to many different audiences. We also house UCC's official gifts and merchandise. But our work doesn't stop there. Visitor Services is also a place of support and orientation. If you're new to campus. unsure of where to go, or simply need a friendly face to ask for help, we're here for you. Our team fields a myriad of queries every year from students, parents, staff, and members of the public. Whether you're lost, curious, or just in need of directions, our office in the North Wing of the Main Quadrangle is open seven days a week. At the heart of what we do is a belief in hospitality, knowledge. and connection. So if you find yourself wandering the Quad or looking for a bit of advice, come say hello. We'll do our best to point you in the right direction.

For more information on our tours or events, contact us at visitorservices@ucc.ie, (021) 490 1876, or visit www.ucc.ie/en/visitorservice



UCC Library

UCC Library, A Resource For Campus and Community

UCC Library is at the heart of academic life on campus, supporting over 23,000 students and thousands of staff in their learning, teaching, and research. It consists of the Boole Library on the main campus and the Boston Scientific Health Sciences branch Library at Brookfield.

While the Library primarily serves UCC students and staff, it also plays an important role in the broader community through public events, exhibitions, and collaborations that are open and welcoming to all.

A Place of Learning, Innovation and Connection

The Library offers much more than books. Students have access to advanced digital tools and creative spaces through our Digital Scholarship Studio, including virtual reality, 3D printing, and podcasting facilities, helping to prepare the next generation of professionals and researchers with realworld skills.

Inside, zoned study areas support everything from quiet individual study to group collaboration. Students can also borrow equipment, book study rooms, and access millions of electronic resources , all helping them make the most of their time at university.

Supporting Student Wellbeing

The Library is a quiet and structured space where students can focus, reflect, and engage in their academic work.

Wellbeing initiatives, social spaces (including a board game area), and a supportive environment help students thrive beyond the classroom.

Connecting with the Public

UCC Library regularly hosts talks, exhibitions, performances, and public events that invite the wider community to explore the university's collections and ideas. Everyone is welcome to attend, and many events highlight local culture, history, and creativity.

If you'd like to hear about upcoming public events, email librarypublicevents@ucc.ie and ask to be added to our mailing list.

At a Glance

- Over **500,000** print books on site
- Access to more than 1 million e-books and 141,500+ e-journals
- A Podcast and Digital Media Studio
- A Social Space and Wellbeing Zones

Get In Touch

O UCC Library, University College Cork, T12 ND89

+353 (0)21 490 2292

UCC Library Website | Instagram | Facebook | Bluesky

Tenancy And Rent Information

Before You Move In

Use trusted search engines, such as UCC Studentpad (studentpad.ucc.ie) to search for accommodation for the academic year.

Scams

There are many scams targeting students through social media sites such as Facebook.

A few things to be aware of to avoid accommodation scams:

- Make sure you view the property in person and meet with the landlord before you pay a deposit
- Use online maps to make sure that the property exists and the exterior matches the photographs provided
- The rental costs and the description seem too good to be true

If you are offered a room and are unsure as to the legitimacy of the listing or the contract, you can send all communication with the landlord and any photographs to **resservices@ucc.ie** for further advice.



Types Of Tenancy

1. Private tenancy (House share with other tenants)

If you have been offered a room in a house share with other tenants then you should:

Be provided with a written contract (Lease)

terms in the lease so make sure to read this document carefully before signing. This is often a fixed term lease which is an agreement for a fixed period of time. The length of the academic year should be a factor before signing a lease i.e. 9 months rather than 12 months.

Check that the lease has all the Information that you need:

- Name address and contact number(s) of landlord/agent and of the tenants.
- the address of the house/apartment you looked at.
- (if a fixed-term contract).
- Reasons why the contract may end. Can you sublet the room if you need to leave early?

- when payable, and how it is paid.
- ☑ Tenant obligations and landlord obligations.
- moving in.

Deposits

Students should not pay any deposit that is more than one month's rent. Students do not have to pay more than one month's rent in advance to secure a tenancy.

Tenants may forfeit some or all of their deposit:

- before the end of the fixed-term agreement. (Find more information on page 45)
- and above the normal wear and tear.

Please see the 'Once you have moved in' on page 44 section for further information.

There may be other stipulations in your rental agreement. Read this carefully before you sign it and pay your deposit.





Types Of Tenancy (Cont.)

2. Student Specific **Accommodation (student complex)**

Students residing in student complexes often also have a fixed term lease. With a fixed term lease you may not be able to give notice if you want to leave your contract early. The complex may allow you to find another student to take over the lease of the room if you need to leave your contract early.

Similar to a room in a private tenancy, a lease will be provided to you with all the terms and conditions before you move in.

Under new tenancy laws, you are only required to pay more than one month's rent in advance if you wish to do so.



If you have been offered a room in an owneroccupied house, then you should agree to the following in advance:

- accommodation agreement going to last?
- (one month's deposit should be sufficient)
- How much notice is required from each side to end the arrangement?
- (weekly, monthly)?
- Will this rent be paid in cash or through the bank?
- gas, phone, broadband, TV, waste charges) For owner-occupied accommodation, it is recommended that the price including all bills.

- meals? If excluding, you should have access to cooking facilities.

- Will you be permitted to stay at weekends or is the letting for 5 days only (7 day letting is recommended)?

You can request a sample 'Agreement for Living Arrangements' from our office by emailing resservices@ **ucc.ie** if the owner of the property does not provide one.







Once You Have Moved In

- item or piece of equipment, you should raise this in writing to your landlord/agent at the commencement of the tenancy.
- O Check that the locks on the windows and doors are working.
- vou've moved in - vou should then date the photos and e-mail them to your landlord or have them sign the photos. Keep the photos in case of disputes arising when you are claiming back your deposit.
- Don't pay by cash, if possible.

Landlord Responsibilities

Landlord and Tenants rights are set out in the Residential Tenancies Act (2004, as amended). If you are in doubt about a particular clause in your lease, you can seek information from the UCC Accommodation & Community Life Office.

Your Landlord Should:

- Tenancies Board within one month of the start of the tenancy. You can check if your tenancy is registered with the RTB under the following site:
- www.rtb.ie/check/index.html
- Provide tenants with a receipt or statement or rent book that acknowledges payments made for rent and any other payments (e.g. utilities) received by the landlord
- maintain the property to the standard it was in at the start of the tenancy.

- carried out on the structure. Please get agreement with the landlord before carrying out any work.
- or issues.
- at the end of the tenancy.
- Carry out regular inspections of their properties.
- the tenant.











Tenant Rights And Responsibilities

Rights:

- - Structurally sound
 - Have hot and cold water
 - Adequate heating
 - Electricity and gas supply must be in good repair
 - All appliances must be working. A full list of minimum standards for rented accommodation can be found on the RTB website: https://rtb.ie/renting/rights-responsibilities/ minimum-standards-for-rental-properties/
- with the tenants' permission unless every attempt has been made to contact the tenant.
- ⊙ To receive a receipt of rent payment from the landlord if paid in cash.
- Be told about any increase in rent.
- Be able to contact the landlord or their authorised agent at any reasonable time.



Responsibilities:

- Paving their rent in full and on time
- Keeping the property in good order and telling the landlord when repairs are needed. Tenants must give the landlord and those carrying out repairs access to fix the maintenance issues
- clothes inside without proper ventilation as this may cause damp to spread.
- property at reasonable intervals on an agreed date and at an agreed time with the tenant.
- Letting the landlord know who is living in the property.
- ✓ Not engaging in anti-social behaviour
- Complying with the terms of the tenancy agreement, whether written or verbal.
- tenancy (see https://rtb.ie/renting/ending-atenancy/how-a-tenant-can-end-a-tenancy/ for further information)
- with the landlord
- insurance premium on the property e.g. engaging in hazardous acts

What to do if problems arise:

- 1) Discuss them promptly. Keep lines of communication open, listen and be respectful to each other's requirements. Make any requests in writing and keep records.
- 2) If you are unable to resolve the dispute, then you can contact the Accommodation & Community Life Office to discuss your options.
- 3) Visit the rtb.ie website for further information on tenants and landlords' rights and responsibilities. The RTB can facilitate mediation between the landlord and the tenant or appoint an adjudicator if they are not able to resolve this themselves.



Helpful Contacts

Residential Tenancies Board

Is an independent, public body whose role is to register tenancies, operate a dispute resolution service, and regulate the residential rental sector in Ireland.

- 0818 30 30 37
- **O** 01 702 8100.

Dispute Resolution:

□ disputes@rtb.ie

Student Specific Accommodation gueries:

ssa@rtb.ie

Threshold

Provides free, independent, confidential advice to anyone in Ireland with tenancy problems.

- Freephone Helpline 1800 454 454
- advice@threshold.ie

Ending Your Tenancy

When it's time to move out, it's important to follow the correct legal process. This will help you avoid disputes and ensure you get your deposit back in full.

1. Student Specific Accommodation (SSA)

- Notice: Minimum 28 days' written notice, signed, dated, and stating both the send date and end date.
- any reason between 1 May and 1 October. Outside this. vou need a valid legal reason (e.g., landlord breach).
- are capped at 41 weeks unless you request longer.
- After 1 Oct: You may be asked to help find a replacement tenant if leaving early.

More info:

- **⊘** RTB Ending a Tenancy as a Student
- **⊘** RTB Notice of Termination Templates

2. Private Fixed-Term Accommodation (Non-Student Specific)

2. Private Fixed-Term Accommodation

- Ending Early: You generally cannot end a fixed-term tenancy early unless your landlord agrees in writing or you have a valid legal reason (such as a breach of the tenancy agreement).
- Landlord Ending Tenancy: Landlords can only end a tenancy for specific legal grounds under the Residential Tenancies Act 2004 (for example, property sale, own use, significant refurbishment, or tenant breach). They must give the correct notice period and follow all RTB requirements.
- Part 4 Rights: After 6 months, most tenants gain security of tenure under Part 4, meaning they can only be asked to leave for specific legal reasons.
- Notice Requirements: Notices must be in writing, signed. dated, and include the termination date and reason (if applicable). Using RTB templates helps ensure the notice is valid.

More info:

- RTB Ending a Tenancy (Private Rentals)

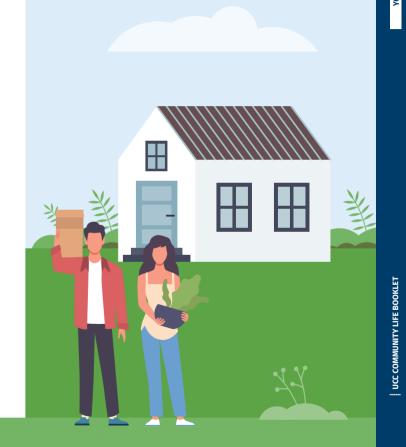
3. Vacating Checklist

- Pav all rent/bills and take meter readings.
- Replace any missing or damaged inventory items.
- Oclean all rooms and remove belongings.
- Return kevs.
- O Do a final inspection with your landlord/agent.

Deposits can only be withheld for unpaid rent, bills, damage beyond normal wear and tear, or losses from early termination.

More info: RTB - Deposits and Returning Your Deposit

Any queries in relation to any of the above can be asked to our team, contact us resservices@ucc.ie or call 021 490 3849



Once you have emptied the house of your belongings, vou could consider donating unwanted clothes and goods to a charity shop. Some examples of items that are accepted are clothing, CDs, DVDs, books, shoes, curtains, towels, sheets, blankets, crockery, cutlery, glassware. You can check the website of the charity in guestion for items that they will accept.

UCC International office has a Swap Shop, which is open all year round for students to donate their preloved items to us, instead of throwing them out.

Venue: International Office UCC, Roseleigh, Western Road



Useful Contacts

Your Community

Accommodation & **Community Life Office**

- 021 490 3849
- resservices@ucc.ie
- www.ucc.ie/en/accommodation/
- South Lodge, College Road

South Central Safety Forum

Peace Commissioner John O'Rourke

087 933 3219

Magazine Road Residents Association

- magroadres@icloud.com
- www.magazineroadresidents.com

Connaught Avenue Residents Association

Liam Ronaine

liamronayne22@protonmail.com

Angelsea Street Garda Station

021 431 3031

Bridewell Garda Station

021 454 1012

Your Wellbeing

Student Counselling & Development

- 021 490 3565
- counselling@ucc.ie www.ucc.ie/en/studentcounselling
- Brighton Villas, Western Rd

Student Health

- 021 490 2311
- www.ucc.ie/en/studenthealth
- Crows Nest, Victoria Cross Rd

Chaplaincy

- 021 490 2459
- chaplaincy@ucc.ie
- www.ucc.ie/en/chaplaincy
- Chaplaincy Centre, College Road.

Niteline

- 1800 32 32 42
- committee.uccniteline@gmail.com
- www.ucc.ie/en/peersupportniteline/



Useful Contacts

Your Wellbeing

Cork Sexual Violence Centre

021 450 5577 Text: 087 1533393 Helpline Freephone: 1800 496 496

info@sexualviolence.ie

www.sexualviolence.ie

5 Camden Palace, Cork city

MABS

Money advice & budgetary service

(0818) 072 090

www.mabs.ie

Your Mental Health.ie

1800 111 888

www.vourmentalhealth.ie

Pieta House

1800 247 247

info@pieta.ie

Samaritans

Freephone 24/7

01 685 9280

LGBT+ helpline

01 685 9280 www.lgbt.ie/contact-us/

Cork Local Drug & **Alcohol Task Force:**

021 493 0100



Useful Contacts

Your University

Student IT Services

021 490 1886

sit@ucc.ie

www.ucc.ie/en/sit Boole basement, UCC.

UCC Budgetary Advisor

021 490 4850

studentbudgetingadvice@ucc.ie

www.ucc.ie/en/sfsa

Room 1.51, First Floor, The Hub. UCC

Disability Support Services

021 490 4843

disabilitysupport@ucc.ie

www.ucc.ie/en/dss

Room 1.43, Access & Participation, First Floor, The Hub, UCC

Campus Watch

021 490 3849

campuswatch@ucc.ie

www.ucc.ie/en studentexperience campuswatch/

South Lodge. College Road.

UCC Campus Security

021 490 2266 Emergency: 021 490 3111

www.ucc.ie/en/build/ generalservices/security/

Your Tenancy

RTB (Residential Tenancies Board)

0818 30 30 37

registration@rtb.ie www.rtb.ie

PO Box 47, Clonakilty. Cork.

Threshold Advice Centre (Housing Rights Agency)

Freephone helpline 1800 454 454

advice@threshold.ie www.threshold.ie

22 South Mall, Cork.



