

Online HEA Odyssey Programme

Day 1

9-9.30am: Personal Introductions (Mary Kate O'Regan/Dr Jay Chopra)

- Getting to know each other: Interactive, fun approach
- Getting to know Mary Kate – Mary Kate's Career Story
- Getting to know Jay - Jay's story: PhD to Postdoc to Industrial Researcher to Corporate Leader to Entrepreneur

9.30-10.00am: Why Are You Here? Expectations (Dr Jay Chopra)

- Facilitated group expectations exercise to understand participants' reasons for attending.
- Interactive group exercise to understand the current career ambitions of each participant.

10-10.30am: Researcher Career Trajectory - The Facts (Mary Kate O'Regan)

- What does it look like on the ground? The numbers

10.30am-11.30am: Impact on Your Career Ambition? (Dr Jay Chopra)

- Debrief discussion of the research career trajectory facts - what does this mean for your future career ambition?
- Discuss Fear and Personal change
- Set-up break personal activity on fear and personal change

11.30am-12.30am: Opportunities for PhD's Beyond Academia (Mary Kate O'Regan)

BREAK (+ Self-directed activity)

1.45 - 2.00pm (Dr Jay Chopra)

- Welcome back & check-in

2.00 -3.45 pm: Organisational Cultures Beyond Academia – Skills and Success Measures (Dr Jay Chopra)

- Describes skills, attitudes and behaviours valued in other organisations
- Describes success measures in other organisations (Uses whole-brain, Herrmann Brain Dominance Instrument to facilitate this discussion)
- Brainstorm potential personal careers options based on personal skills/interests
- Develop personal skills development plan

3.45 – 4.00pm: Break

4.00 to 4.30pm: Speaker 1 Who Made Successful Transition Beyond Academia (Q&A Interview Approach)

- From Science or Medicine & Health area

4.30 – 5.00pm: Provide Instructions for Overnight Assignment (Dr Jay Chopra) and Day 1 close-out discussion (all)

Day 2

9.15 to 10.00 am: Where Are We Now....? (Dr Jay Chopra)

- Activity to facilitate day 1 reflection
- Debrief overnight activity
- Revisit your career ambition – has it changed?

10.00 am-12.30pm: That's the Job! (Fionnan O'Sullivan)

- Understanding how the recruitment process works - story from the other side. A day in the life of a HR professional/recruitment consultant receiving, screening, grading your CV
- Technology – how applications are won and lost
- Branding – banish the fear, LinkedIn, social media one small part of the process
- Networking...it's not all cocktail parties - do you like coffee?
- Working with a recruitment partner - what's real?
- Interviews techniques - fail to prepare, prepare to fail!
- Q&A

12.30 -1.00 pm: Enterprise Ireland – **Brian Murphy & Maria Salto Galdon** PhD Start Enterprise Ireland

1:00 – 1.45 pm: BREAK

1.45 -2.45 Speaker Talent Acquisition Manager

- Global Business Solutions Eli Lilly (Q&A)

2.45 – 3.30

- Interview techniques (Dr Anne Gannon)

3.30 to 3.45 pm: Break

3.45 to 4.15 pm: Speaker 2 Who Made Successful Transition Beyond Academia (Q&A Interview Approach)

- From Humanities

4.15 to 5.00pm: Bringing it all together and Action Plan (Dr Jay Chopra)

- Develop a personalised career action plan for each participant.
- Uses whole-brain approach