

THE HEALTH
CLUB
AT THE KINGSLEY



GOLD RATE CARD

Catering for those in pursuit of excellence in sport or health, The Health Club at The Kingsley has specially designed treatments and massages for sports enthusiasts, as well as holistic relaxation and pampering for the health conscious. The Health Club has a fully equipped and spacious gym, with a large indoor heated swimming pool, relaxation area and children's swimming pool.

Overleaf you will find specific details of The Health Club at The Kingsley membership, including privileges, terms and conditions and costs. Should you need any further assistance or further information, please do not hesitate to call **021 4800 500** or email healthclub@thekingsley.ie and we will endeavour to assist you.

GOLD MEMBERSHIP FEES & CATEGORIES

GOLD MEMBERSHIP CATEGORY	RATE	DD (IF APPLICABLE)
12 Month Single	€650	€65 per month
12 Month Couple	€1,200	€115 per month
12 Month Family (2 Adults & 2 Children under 15)	€1,300	€120 per month
Golden Years (Over 55)	€575	€55 per month
12 Month Corporate (Group of 8 or more required)	€575	€55 per month
6 Month Single	€350	Not available
6 Month Couple	€600	Not available
3 Month Single	€200	Not available
3 Month Couple	€375	Not available

Prices are reviewed annually and may be subject to change.

OPENING TIMES

Monday to Friday 6:00 am - 10:00 pm
Weekends & Bank Holidays 8:00 am - 8:00 pm

Children's Pool Times:

Daily 9:00 am - 6:00 pm
School Holidays 9:00 am - 7:00 pm

FITNESS CLASSES

Large selection and variety of free classes for members. Non members also welcome. Please refer to fitness timetable for further details.

TOWEL HIRE

Rental charge of €1 per towel rental.

FITNESS ASSESSMENTS

Complimentary fitness assessments and re-assessments for all health club members.

MEMBERSHIP BENEFITS

- 10% Off in The Springboard (Sun to Thur from 12 noon to 10pm). Not valid for groups greater than 8 people and not in conjunction with any other offer
- 20% treatment discount in the Spa
- Free health club members welcome pack
- Regular social events & challenges
- Plus many more

Please note: Terms & conditions apply to all of the above.