

Kit Contents – Saliva tubes and Healgen Anterior Nasal Swab SARS-CoV-2 Rapid Antigen Test

Pack Contents

1. Antigen **Kit** in foil
 2. Nasal **Swab**
 3. Antigen Kit **Buffer tube**
 4. Antigen Kit Tube **Caps**
 5. **Package Insert/instructions**
 6. Buffer Tube **holder** (pack box)
- Each Pack is enough for 1 test.*

- **Barcoded Saliva Tubes (x5)** and return bags

These Antigen Tests will be self-performed at home.

You should not attend UCC if you do not obtain a Green **Pass.**

For a Video Guide For the Antigen Test Scan this

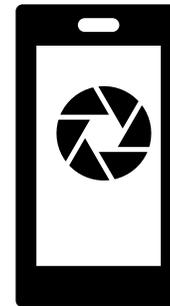


For further information please follow this QR code to the UCC UniCov Webpage



Also Required (not in kit)

1. Clean Flat surface (table /counter)
2. Tissue if you are feeling blocked up
3. Waste bins, recycling & general waste (for Test & Swab).
4. Mobile phone to photograph your result



How to Collect an Anterior Nasal Swab specimen for the SARS-CoV-2 Rapid Antigen Test -a

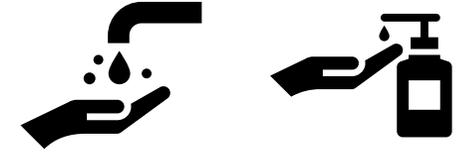
Set-up

1. Disinfect the surface where you will open the collection kit. Remove and lay out contents of kit on a clean surface. Read instructions before starting specimen collection.



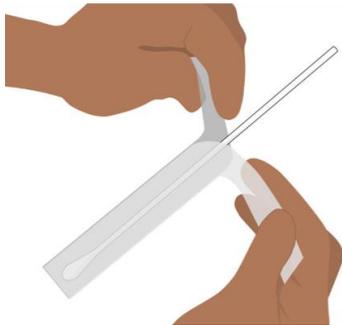
2. Blow your nose if you feel blocked up and discard the tissue.

Wash your hands with soap and water or disinfect with alcohol gel.



Specimen Collection

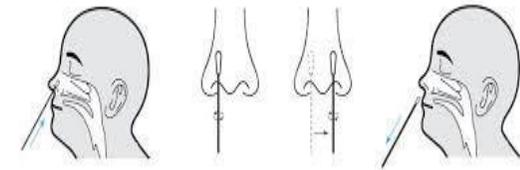
3. Remove the Swab from the package. Do not touch the soft ends with your hands or anything else



4. Insert the soft end of the swab into your nostril. **Insert about 2cm/1 inch** until you meet gentle resistance.

Rotate the swab slowly 5 times for about 15 seconds against the nasal wall and remove and **repeat in the other nostril**.

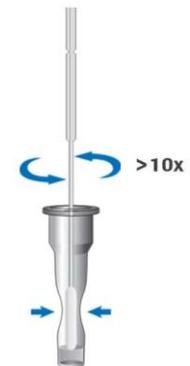
Note. The same swab is used for both nostrils



4. A

4. B

5. Remove the Swab from your nostril and place in the extraction buffer tube



2.



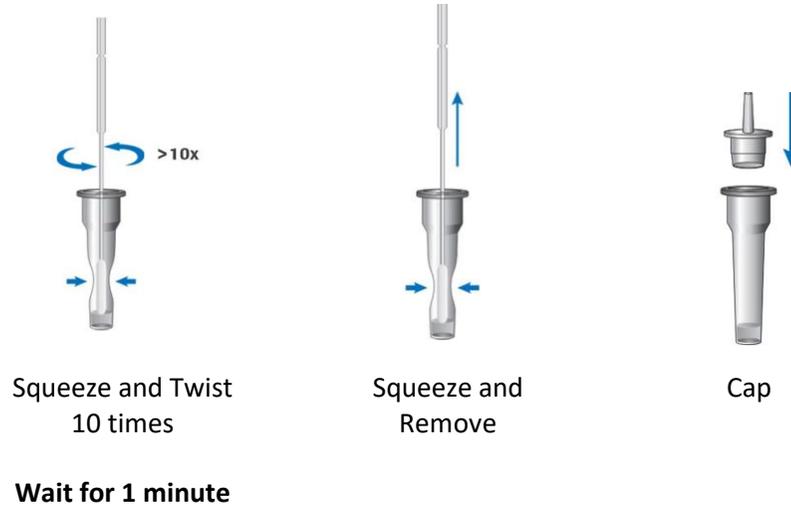
How to Collect an Anterior Nasal Swab specimen for the SARS-CoV-2 Rapid Antigen Test - b

Preparing the sample (extraction)

6. Once the swab is in the extraction buffer tube, **squeeze the tube and twist the swab 10 times & wait for 1 minute.**

Remove the swab while squeezing the sides of the tube. Dispose of the swab in the waste.

Place the **nozzle cap tightly** onto the tube.



Performing the Test

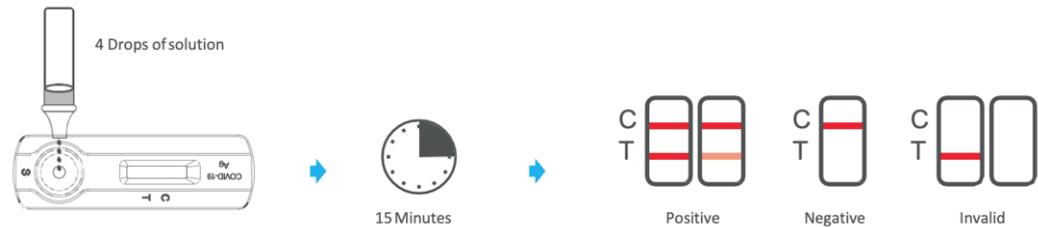
7. Place the Test device on a flat surface.

Apply **4 drops** from the sample at an angle of 90° into the specimen well of the Test device.

Read the result after **15 to 30 minutes.**

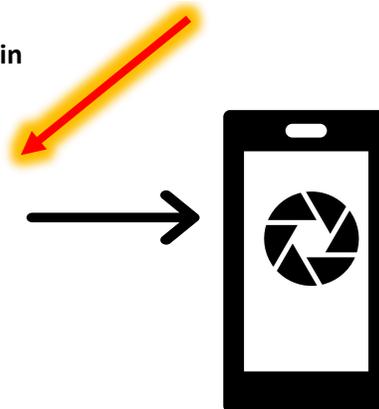
WARNING! After 30 minutes any results are incorrect

Wash your hands with soap and water or disinfect with alcohol gel.



15-30 min

Login to the UCC App and Upload the Image



3.

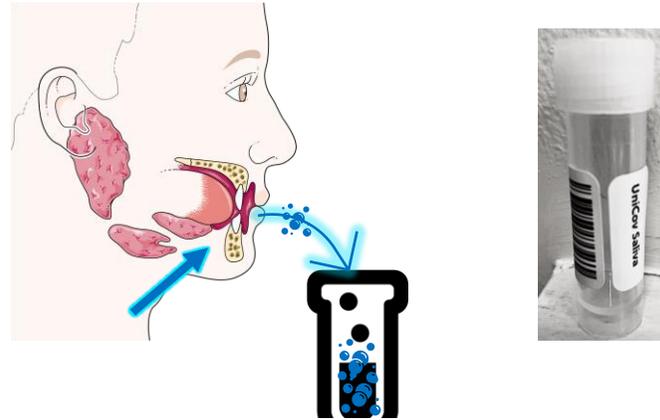
How to provide a Saliva sample



Preparing the sample (extraction)

Please do not brush your teeth, eat, drink, smoke or chew gum for 30 minutes before giving your saliva (spit) sample

1. **Uncap the barcoded tube** and hold the tube to your lips.
2. **Slowly produce saliva** from under your tongue (sublingual) and drool into the tube
(2 to 3 drools/deliveries is sufficient)
3. **Recap the tube**
4. **Barcode Scan** the tube using **the App** (after the Antigen test)
5. Place the tube in the provided zip lock bag
6. Drop the bag to the **Drop box** at the Annexe, at the back in Student Health (Ardpatrick , College Road)
7. Wash your hands with soap and water or disinfect with alcohol gel.



For a Video Guide
For the Saliva Tube Scan
this



If you find it hard to produce Saliva you can;

- *Squeeze your cheeks together*
- *Gently rub the outside of your cheeks*
- *Making chewing motions with your mouth*
- *Smelling or imagining sour foods such as lemons*
- *Think of your favourite food*

Quick Guide - Rapid Antigen Self Test - **UCC Feasibility study with App**

1. Pick up Kit



These Antigen Tests will be self-performed at home.

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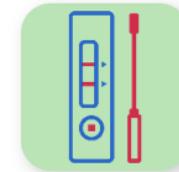
2. Download Power Apps



- Sign in with UCC email
- Go to My Details, click edit

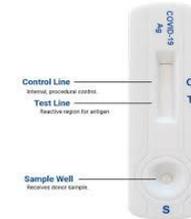
3. Sign into the UCC COVID Tracker and Day Pass Antigen App

- Click Request Pass/Log Test Status
- Accept & Fill out Symptom Checker
- Proceed to Antigen Test (if required)



4. Perform Antigen Self Test

- Read at 15-30 min



5. Upload the Photo of the Antigen Test

6. Provide Saliva Sample into tube provided



7.- Scan the barcode on the tube

- Drop off Saliva tube to drop box @ Student Health (*only if you receive a **green status!***)

8. Obtain **Green status** or contact **Student Health**

