

## **Toilet Training Policy**

Crèche Cois Laoi is committed to assisting parents to toilet train children.

### **Aim**

- To assist children and parents to toilet train in a supportive manner

Crèche Cois Laoi staff are all experienced in helping parents decide if their child is ready to toilet train.

Typically, children who are ready to toilet train are:

- Able to follow simple directions
- Remain dry for at least two hours at a time during the day
- Interested in the toilet
- Able to recognise when their nappy is wet or soiled
- Uncomfortable in a wet or soiled nappy

When parents feel their child is ready to toilet train, we ask parents to begin teaching their child at home during the week end or while on holidays. After a few days, crèche staff can begin to assist children to toilet train once parents have successfully started training at home.

### **Useful guidelines to bear in mind:**

- The child should wear clothes that are easy to pull on and off
- It is advisable to leave two extra sets of spare clothes, including socks, in the crèche
- Parents should Inform staff, if there are any special words that their child uses to express the need to go to the toilet
- The toilets in the crèche are miniature children's toilets which make it easier for children to use the toilet
- At the beginning of toilet training, children will be encouraged, on a very regular basis, to just go to the toilet.
- Staff concentrate on praising success, even if children are just happy to sit on the toilet
- Children are given star stickers every time they go to the toilet, which they enjoy getting
- Some children may need a nappy to go to sleep in
- It is not unusual for children to regress after a while and to have accidents. If this does happen, staff will carry on encouraging and praising them for the times they use the toilet
- Good hygiene practices are always followed at the crèche and children are shown how to use the toilet and how to wash their hands each time they use toilet