

Manual Handling Policy

Crèche Cois Laoi is committed to ensuring that all lifting practices carried in the crèche are carried in a safe manner.

Manual Handling can be defined as lifting, lowering, pushing, pulling, carrying, moving, holding or restraining any object, animal or person.

Research has shown that a systematic approach which aims to assess the whole range of possible causes of injury during manual handling is the most successful way of reducing hazards in the workplace.

Crèche Cois Laoi abides by “The Safety, Health & Welfare at Work Act, 2005” which states

*(40) Requirements to be imposed with respect to the safe lifting
Or handling by persons at work of any load likely to cause injury to
a person so lifting or handling it;*

It is the policy in Crèche Cois Laoi to ensure that all staff has under gone suitable Manual Handling training at regular intervals during their time working in the Crèche.

Due to the nature of the job which requires a lot of lifting and changing of nappies it is deemed to be of huge importance that Manual Handling training is undergone and that the principles learned during the course are adhered to during the general working day in the crèche.

Regular Manual Handling Risk Assessments are carried out by the Crèche Manager who sees risks, identifies solutions and writes out new procedures on how to carry out certain tasks. These new procedures are then shown to staff that must then use the new methods to carry out the tasks.