

## Track your Journey!

### Mentorship Goals:

At the outset of your mentoring journey, write down three goals or outcomes that you aim to get out of the programme:

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

### Meeting 1:

Date & Time: \_\_\_\_\_

Location: \_\_\_\_\_

Actions:

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Notes & Reflections:

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## Meeting 2:

Date & Time: \_\_\_\_\_

Location: \_\_\_\_\_

Actions:

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Notes & Reflections:

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## Meeting 3:

Date & Time: \_\_\_\_\_

Location: \_\_\_\_\_

Actions:

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Notes & Reflections:

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[illegible]