

How to turn off your Screen Saver

Studies show that a monitor in screen saving mode uses significantly more energy than one in standby mode. The power saved by doing this alone is quite significant. A typical 'TFT' screen will consume approximately 24 watts of power when in use and drops back to 1-2 watts only in standby mode.

When there are more than 6000 computers used in UCC, you can imagine how much energy can be saved. To increase energy savings even further, reduce the time delay before your computer reverts to a power saving mode.

We recommend that screen savers are not used and that the monitor be set to revert to stand by mode after 10 minutes of inactivity.

This can be set by a Control Panel option, In Windows XP go to Start - Control Panel - Performance and Maintenance – Power Options .

Any open applications will not be affected and to resume the monitor from standby just move the mouse or press a key on the keyboard.