FIRST YEAR
GUIDE
TO
SUCCESS
2019/2020
**IMPORTANT DATES**

In UCC the academic year is divided into two semesters. The following timetable shows the teaching periods, study weeks and holidays for first year students.

<table>
<thead>
<tr>
<th>Event</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SEMESTER 1</strong></td>
<td></td>
<td></td>
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<tr>
<td><strong>STUDY/REVIEW WEEK</strong></td>
<td>02 December 2019</td>
<td>06 December 2019</td>
</tr>
<tr>
<td><strong>WINTER EXAMINATIONS</strong></td>
<td>09 December 2019</td>
<td>20 December 2019</td>
</tr>
<tr>
<td><strong>CHRISTMAS HOLIDAYS</strong></td>
<td>21 December 2019</td>
<td>12 January 2020</td>
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<tr>
<td><strong>SEMESTER 2</strong></td>
<td></td>
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<tr>
<td><strong>EASTER HOLIDAYS</strong></td>
<td>13 January 2020</td>
<td>03 April 2020</td>
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<tr>
<td><strong>STUDY/REVIEW WEEK</strong></td>
<td>04 April 2020</td>
<td>19 April 2020</td>
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<tr>
<td><strong>SUMMER EXAMINATIONS</strong></td>
<td>20 April 2020</td>
<td>24 April 2020</td>
</tr>
<tr>
<td><strong>TRIMESTER 1</strong></td>
<td>02 September 2019</td>
<td>13 December 2019</td>
</tr>
<tr>
<td><strong>CHRISTMAS HOLIDAYS</strong></td>
<td>14 December 2019</td>
<td>05 January 2020</td>
</tr>
<tr>
<td><strong>TRIMESTER 2</strong></td>
<td>06 January 2020</td>
<td>20 March 2020</td>
</tr>
<tr>
<td><strong>TRIMESTER 3</strong></td>
<td>23 March 2020</td>
<td>05 June 2020</td>
</tr>
</tbody>
</table>

**Get Social**

Here are some UCC social media sites to connect you to UCC and other students.

- [www.facebook.com/universitycollegecork](http://www.facebook.com/universitycollegecork)
- [https://twitter.com/ucc](https://twitter.com/ucc)
- [www.youtube.com/user/UCCIreland](http://www.youtube.com/user/UCCIreland)
- [www.instagram.com/universitycollegecork](http://www.instagram.com/universitycollegecork)
- Snapchat
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→ Standards of Conduct
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You belong here.
A big thank you to Tomás Tyner, UCC Audio Visual Media Services and UCC Societies for the photographs used in this publication.

Check out our YouTube channel!
youtube.com/user/UCCIreland
for a fantastic archive of lectures, events, research discoveries, and much more!
HOTLINE TELEPHONE NUMBERS

FIRST YEAR HOTLINE

WE’RE HERE FOR YOU

FOR MORE INFO CALL:

HELPDESK
(OPEN 12 AUGUST - 13 SEPTEMBER,
09.00HRS - 17.00HRS, MON - FRI)

+353 (0)21 490 1807
+353 (0)21 490 1808
+353 (0)21 490 1809

ORIENTATION & FRESHERS FEST

+353 (0)21 490 3561
+353 (0)21 490 2780

ACCOMMODATION

Studentpad  +353 (0)21 481 8459
            +353 (0)87 194 0975
Victoria Lodge +353 (0)21 494 1200
Castlewhite  +353 (0)21 490 2867
Áras Uí Thuama +353 (0)21 490 2314
Victoria Mills +353 (0)21 486 7615

http://failtefest.ucc.ie

You belong here.
To welcome all our new 2019 students to UCC, we’ve put together a really exciting and comprehensive programme of welcome events.

**UCC Fáilte Fest**
http://failtefest.ucc.ie

Both events UCC Freshers Fest & Open Door Welcome take place on 7th September 2019.
Congratulations on achieving your place in University College Cork. You belong in UCC because you can bring something new and exciting to this diverse learning community.

My job is to ensure that you have the best possible experience and that you successfully complete your first year.

If you are finding it difficult to adjust to UCC or to settle into your degree programme you should make an appointment to see me as early as you can. I guarantee you we will find a solution together. The entire community will rally around to offer you support and guidance, if necessary.

You are coming to UCC because you want to be successful. You can only make this happen by meeting new people and by tapping into resources. To make a successful start, you should attend the following events.

• Your Orientation Day. Please check page 16 of this Guide to find out when you must attend

• Freshers Fest on the 7 September. You will have an opportunity to attend lots of workshops to help you to succeed in first year. You will meet with your class mates again before the start of the first semester and enjoy an action packed day!

• Open Door Welcome for Family & Friends is also taking place on the 7 September. This is a fantastic opportunity for you and your family to learn about the supports available for you in UCC. Tour the campus and facilities and meet UCC staff who will give presentations on student life.

• Clubs Day is the 10 September

• Societies Day is the 11 September

Register for all workshops on www.ucc.ie/en/study/undergrad/orientation

The benefits of getting involved in activities on campus will follow you forever. Absorb everything, have fun and very quickly you will feel that you belong here!

Best of luck in the year ahead. I look forward to meeting you at Orientation!

Nóirín Deady
First Year Experience Coordinator

Contact
Nóirín Deady
First Year Experience Coordinator
T: +353 (0)21 490 2780
E: n.deady@ucc.ie
WHAT YOU NEED TO KNOW NOW

THIS SECTION COVERS

- “Don't Forget” Checklist
- Registration Part 1
- Fees and Grants
- Student Vetting
- Fitness to Practise
- Orientation & Registration Part 2
- Health Screening
- Student ID
- Costs of Living
- Public Transport
Don’t Forget Checklist

Before you Arrive
- Check your E-mail for instructions on how to complete Registration Part 1
- Complete Registration Part 1
- Complete the HEA Equal Access Survey during Registration Part 1
- Pay your Capitation Fee of €250
- Pay your Student Contribution Fee (if you are not in receipt of a grant)
- Print your Confirmation of Registration
- Refer to the ‘Checklist’ to know what documents to bring to Registration Part 2
- Complete the online ePub Survey
- Find suitable accommodation

When you Arrive
- Attend orientation
- Tour the library & sign up for library workshops
- Attend an IT workshop
- Take an academic tour (find out where your lectures will be held)
- Meet your Peer Support Leader and get their contact details
- Have your Confirmation of Registration Part 1 with you
- Complete Registration Part 2 (which is the same day as your orientation)
- Have the original or certified copy of your Birth Certificate, or Passport or NDLS Driving Licence, or Learner Permit or GNIB Card with you
- Have your PPS number with you (if you have not submitted it already to CAO)
- Get your photograph taken for your Student ID Card
- If you previously registered in UCC know your old student number
- Go to your class party after orientation

ORIENTATION is compulsory for all new students!
The First Week
09 September - 13 September
- Start attending Lectures – and keep going
- Go to Clubs day on 10th September
- Go to Societies day on the 11th September
- If you have a laptop, connect it to the wireless network
- Participate in activities organised during Freshers Week
- Contact the First Year Experience Coordinator if you think that you are in the wrong degree programme, or if you are finding it difficult to adjust. Email: n.deady@ucc.ie

The Second Week
16 September - 20 September
- Attend a workshop in the library/register to attend if you haven’t done so already
- Make sure you know your lecturers names and know how to contact them
- Know your academic mentor and know how to contact him/her
- Have a budget plan/make an appointment with a Budgetary Advisor to put a plan together www.ucc.ie/en/studentbudget
- Keep in touch with your Peer Support Leader.

The Third Week
23 September - 27 September
- Visit the First Year Experience Coordinator if you think that you are in the wrong degree programme, or if you are finding it difficult to adjust. Email: n.deady@ucc.ie (closing date for Change of Course is the 27 September)

The Fourth Week
30 September - 4 October
- Attend at least one Club and Society meeting/event
- Attend a workshop on academic writing/study skills/time management in the Skills Centre, Boole Library
- Know the executive members of your Students’ Union
- Elect a Class Representative
- Attend lectures, labs and tutorials regularly.

The Fifth Week
7 October - 11 October
- Make an appointment with Nóirín Deady if you are finding it difficult to settle in to UCC.

Contact
Nóirín Deady
First Year Experience Coordinator
T: +353 (0)21 490 2780
E: n.deady@ucc.ie
Getting Started - Registration Part 1

Registration involves officially enrolling on your degree programme, paying fees, presenting specific documentation and receiving your Student ID Card. This is essentially your first step to becoming a UCC student. In UCC, First Year Registration has two parts:

Registration Part 1
This is when you register online for your programme and modules, complete the HEA Survey (only if you have not previously completed it), provide biographical information, complete fee payment, and print Confirmation of Registration.*

Registration Part 2
(Kampus Kitchen)
This will take place during Orientation, when students present Confirmation of Registration* and additional documentation.

Registration Part 1 - Online Registration
You will need your Student IT password to complete Registration Part 1. Your password and full instructions on how to complete Registration Part 1 will be emailed to you within 3-4 days of you accepting your CAO offer. You should complete Registration Part 1 as soon as you receive your password. Your Student IT password provides you with single sign-on access to your student online services accounts.

Registration Part 1, otherwise known as Online Registration, is the first essential step to registering for your degree programme. It must be completed before you complete Registration Part 2. Once you complete Online Registration please print Confirmation of Registration* before you log off, as this document must be presented at Registration Part 2.

Registration Part 2 will take place during Orientation. Please refer to page 16 to find out which day you must attend Orientation. This is the day you officially become a student of UCC and receive your student ID card.

Check List for Registration Part 2:
The following is a list of documents that you must bring with you to Orientation and Registration Part 2:

1. Confirmation of Online Registration (which you must print after completing Registration Part 1)
2. PPS Number (if not previously submitted) available from www.welfare.ie
3. Original or certified copy of Birth Certificate (long or short version) (if not previously presented) OR Passport OR NDLS Driving Licence OR Learner Permit OR GNIB Card
4. Marriage Certificate, if you wish to register in your married name
5. Previous UCC number (if applicable).

NOTE
* Confirmation of Registration must be printed by you once you complete Registration Part 1. The Confirmation of Registration must then be presented by you when you attend Registration Part 2.

NOTE
Only original/certified true copies are accepted (a certified true copy is a photocopy of a document that has been authenticated by a Solicitor or Garda). No other form of identification is accepted.
Fees

Refund of Registration Fees:

a. If you complete Registration Part 1 only, your full Student Contribution charge and Capitation fee will be refunded.

b. If you complete Registration Part 1 and Part 2 and then transfer to another 3rd level institution as a result of a higher offer, your full Student Contribution charge and Capitation fee will be refunded.

c. A student who completes Registration Part 1 and Part 2 will be refunded the Student Contribution amount paid if s/he withdraws before Friday 11th October 2019. The Capitation fee will not be refunded.

Fees

Tuition: Students entering 3rd level education for the first time are eligible for free tuition fees.

The Higher Education Authority pays this fee on your behalf. Students who have already attended a 3rd level institution for any period of time may be liable for tuition fees. You will need to contact the Fees Office to check your eligibility for tuition fees or check the Fees Office website: www.ucc.ie/en/financeoffice/fees

Student Contribution charge: This is €3,000 for all undergraduate programmes. This is payable by all students unless you are in receipt of a Student Universal Support Ireland (SUSI) grant. For details on how to apply for a SUSI grant please refer to: www.susi.ie

Capitation fee: The fee is €250 for the 2019/20 academic year and is payable by all students. This fee is for student facilities and services.

UCC Student Fee Policies:
All students should familiarise themselves with the University Student Debtor Policy. www.ucc.ie/en/financeoffice/fees

UCC Resit Exam Fee: Students repeating exams in August 2020 will be subject to resit examination fees of €35 for every 5 credit module being repeated, up to a maximum of €245. https://www.ucc.ie/en/financeoffice/fees/schedules

Payment of Fees is part of Registration Part 1 and can be made during Online Registration, either by; Visa Debit Card, Credit Card (Visa, or Master Card). Your account is updated immediately when you pay online.
How do I know how much I need to pay?

Is this your first year in a 3rd level institution?  

NO

• You are repeating your first year in UCC  
• You have previous 3rd level attendance  
• You have a degree already  
• You have changed course

YES

Have you applied for a SUSI Grant?

NO

You have qualified for SUSI Grant.  
See Note 1

YES

Your application is being processed at time of registration.  
See Note 1

Pay the Capitation Fee €250 when completing Registration Part 1 (online).

Ineligible for SUSI Grant.  
Pay €1,500 on notice of ineligibility. 2nd Instalment: €1,500 due before 31st January 2020.*

GRANT NOT AWARDED

* If you are unable to meet the scheduled payments please contact the Fees Office as soon as possible by email: fees@ucc.ie. You should familiarise yourself with the UCC Student Debtor Policy as failure to pay your fees may result in your ID Card being withheld or late fee penalties being applied.

NOTE 1:
If you have applied for or have been awarded a SUSI grant you must enter your SUSI Application number at Registration Part 1.

You belong here.
**Student Assistance Fund**
The Student Assistance Fund provides financial assistance for full-time higher education students who are experiencing financial difficulties whilst attending university. The Student Assistance Fund provides a further source of funding for higher education students in addition to the Student Grant. All full-time registered students (subject to EU status), for the 2019/20 academic year are eligible to apply for assistance from the fund. Students may be supported for one repeat year only. Further information: [www.ucc.ie/en/saf](http://www.ucc.ie/en/saf)

**Student Grant**
Student Universal Support Ireland (SUSI) is the single awarding authority for all new grant applications. The student grant application system is an online application system on: [www.susi.ie](http://www.susi.ie) If you have applied for a SUSI grant and are still awaiting a decision at the time of registration:
- Capitation Fees of €250 must be paid as part of Registration Part 1 (online).
- If you have applied to SUSI, you will be asked to enter your SUSI application number so please have this to hand when completing Registration Part 1.

**Students not eligible for a Grant**
Students eligible for free tuition fees, but not eligible for a SUSI grant are liable for the Student Contribution charge and Capitation fee of €3,250. Students may pay in two instalments. The first instalment of €1,750 must be paid when completing Registration Part 1 (online) and the second instalment of €1,500 is payable in January 2020.

If you pay the Student Contribution fee and Capitation fee and you are subsequently awarded a SUSI grant, any refund due to you will be issued by the university once payment has been received from SUSI.

Repeat students, students who have changed courses and students who already hold a degree are liable for Tuition, Student Contribution and Capitation fees. Repeat fees are calculated on a pro-rata basis. For further details, please refer to the Fees Office: [www.ucc.ie/en/financeoffice/fees](http://www.ucc.ie/en/financeoffice/fees)

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If you're running into difficulties or if you have any queries make sure to contact the Helpdesk

**HELPDESK**

+353 (O)21 490 1807
+353 (O)21 490 1808
+353 (O)21 490 1809

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If you belong here.
Registration Part 2 will take place during orientation. This is the day you officially become a student of UCC and receive your student ID card.

Check your Timetables on www.ucc.ie/en/study/undergrad/orientation

<table>
<thead>
<tr>
<th>Degree Programmes</th>
<th>Dates</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Architecture</td>
<td>Thursday, 29 August</td>
<td>Centre for Architectural Education, Douglas Street</td>
</tr>
<tr>
<td>Nutritional Sciences • Food Sciences</td>
<td>Thursday, 29 August</td>
<td>Cavanagh Pharmacy Building</td>
</tr>
<tr>
<td>Engineering • Nursing and Midwifery • Children’s &amp; Mental Health Nursing • Intellectual Disability Nursing</td>
<td>Thursday, 29 August</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Law Pathways • Law International • Law and Business</td>
<td>Thursday, 29 August</td>
<td>Aras na Laol</td>
</tr>
<tr>
<td>Dental Hygiene • Dental Nursing (Registration only)</td>
<td>Thursday, 29 August</td>
<td>Kampus Kitchen, Kane Science Building</td>
</tr>
<tr>
<td>Graduate Entry to Medicine</td>
<td>Friday, 30 August</td>
<td>Kampus Kitchen, Kane Science Building</td>
</tr>
<tr>
<td>BA (CK101)</td>
<td>Friday, 30 August</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Arts with Music • Film &amp; Screen Media • Theatre and Performance Practices • Geography &amp; Archaeological Sciences • Arts International • English • Criminology • Sports Studies &amp; Physical Education • World Languages • Digital Humanities and Information Technology • Social Science • Government and Political Sciences • Youth and Community Work • Social Work</td>
<td>Monday, 2 September</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Food Marketing • International Development and Food Policy • Accounting • Finance • Business Information Systems • Commerce • Commerce International • Economics (TTL)</td>
<td>Tuesday, 3 September</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Computer Science • Biological, Earth and Environmental Sciences • Agricultural Sciences • Mathematical Sciences • Physics &amp; Astrophysics • Industrial Physics • Data Science &amp; Analytics • Biological &amp; Chemical Sciences • Genetics • Chemical Sciences • Biomedical Sciences</td>
<td>Wednesday, 4 September</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Applied Psychology • Psychology and Computing • Early Years and Childhood Studies</td>
<td>Thursday, 5 September</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Medicine • Dentistry • Pharmacy • Medical &amp; Health Sciences • Occupational Therapy • Speech &amp; Language Therapy • Public Health Sciences • Dental Hygiene • Dental Nursing (Orientation)</td>
<td>Thursday, 5 September</td>
<td>Brookfield Health Sciences Complex, College Road</td>
</tr>
</tbody>
</table>
Fitness to Practise
All students in the first year of certain programmes in UCC will be required to comply with the Fitness to Practise Policy and meet the relevant Fitness to Practise standards in order to progress to the next year of their programme.

The programmes in question are ones which involve interaction with patients, clients, service users and that lead to registration with a professional body. Further information including the full list of the programmes subject to this Fitness to Practise requirement is available at www.ucc.ie/en/academicgov/policies/fitnesstopractise

Freshers Fest & Open Door Welcome for Family & Friends
7th September

Graduate Entry to Medicine
If you have any queries related to your programme please contact: gem@ucc.ie
Orientation and Registration Part 2
www.ucc.ie/en/study/undergrad/orientation

Orientation and Registration Part 2 will take place on the same day. It involves a one day commitment from each student.

So what happens during Orientation?

During Orientation you will be assigned to a small group led by a Peer Support Leader. Peer Support Leaders are trained to help you navigate your way around UCC. They will provide you with information on various supports and services and introduce you to your classmates.

Schedule for Orientation and Registration Part 2
1. Welcome to University College Cork
2. Complete Registration Part 2 and get your student ID Card
3. Attend academic information sessions on your programme of study
4. Meet members of the Students’ Union, Clubs and Societies
5. Attend the Bystander Intervention Presentation
6. Meet your Peer Support Leader
7. Find out about Student Support Services
8. Understand your academic timetable
9. Locate your College/School/Department offices and key personnel
10. Take a guided tour of the Library and Campus
11. Attend an interactive IT workshop
12. Get tips and hear stories from current students
13. Attend your class party. This is a great way to make new friends and have some fun.

Complete the HEA student survey during online registration
Print your Confirmation of Registration when you complete Registration Part 1

NOTE
You will be required to attend from 9am to 5pm on your allocated day. You should return for the evening events. This is a great way to wind down after a long day. Enjoy the entertainment and food. Meet with other students and have some fun.

If you’re running into difficulties or if you have any queries make sure to contact the Helpdesk

HELPDESK
+353 (0)21 490 1807
+353 (0)21 490 1808
+353 (0)21 490 1809

WE’RE HERE FOR YOU
ORIENTATION is compulsory for all new students!

You belong here.
Health Screening
It is a requirement for registration at University College Cork for students of the College of Medicine and Health that they be screened for and immunised against Hepatitis B. All students are also screened for immunity to other infectious illnesses and recommended to be immunised against these illnesses if not immune. These illnesses include Measles, Mumps, Rubella, Varicella Zoster, and Tuberculosis.

This infectious disease screening and immunisation programme is provided by the Student Health Department, which is responsible for certifying your immunity status prior to entry into the clinical component of your course. It is essential that you fully comply with all aspects of the programme, to protect you, your future patients and the clinics and hospitals you will be attached to.

The Fee for this service is €250. This fee will cover the cost of all future Hepatitis B, Varicella Zoster, TB/BCG, MMR screening, primary courses and booster vaccines as required as well as provision of personal certificates of immunity and personal and class reports of immunity status. This fee must be paid by students when completing Registration Part 2 for the following programmes: Medicine, Pharmacy, Occupational Therapy and Speech & Language Therapy. In the case of students in Dentistry, Dental Hygiene, Dental Nursing the fee for this service is €300. Facilities for payment by cash, credit card or debit card are not available. This fee is payable in the form of Bank Draft or Cheque only. Please make cheque or bank draft payable to: University College Cork Student Health Department.

Nursing students are screened and immunised by the HSE, and do not have to pay the fee.

The Fáilte Fest is on Saturday 7th September.
Sign up for workshops that will help you to succeed in your first year www.ucc.ie/en/study/undergrad/orientation/signup

Students who have been partially or fully immunised prior to entry will be entitled to apply for partial refund, payable on certification of their immune status by the Student Health Department.

The Open Door Welcome for Family and Friends on Saturday, 7th September - no need to book just turn up on the day!
GETTING STARTED - REGISTRATION

Student ID
Academic Year 2019/2020

You will receive your Student ID Card once you complete registration Part 2 and pay your fees. Look after your Student ID card as there is a replacement fee of €20.00 (you can request the replacement at the Student Records and Examinations Office).

This card will be your official identification card during your time in University College Cork.

Should you decide to withdraw from UCC before completing your degree programme, please return your card to the Admissions Office.

Costs of Living
(estimated on a monthly basis)

<table>
<thead>
<tr>
<th>COST OF LIVING</th>
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<tbody>
<tr>
<td><strong>Accommodation</strong></td>
<td></td>
</tr>
<tr>
<td>Room</td>
<td>€455</td>
</tr>
<tr>
<td>Security Deposit</td>
<td>€455</td>
</tr>
<tr>
<td>Food</td>
<td>€275</td>
</tr>
<tr>
<td>Heat &amp; Light</td>
<td>€60</td>
</tr>
<tr>
<td>(based on 3 people sharing)</td>
<td></td>
</tr>
<tr>
<td><strong>Course Materials</strong></td>
<td>€75</td>
</tr>
<tr>
<td>(dependent upon course)</td>
<td></td>
</tr>
<tr>
<td><strong>Personal Expenses</strong></td>
<td>€250</td>
</tr>
<tr>
<td>(social functions, phone, medical, clothes, transport, technology)</td>
<td></td>
</tr>
<tr>
<td><strong>Total per month</strong></td>
<td>€1,000 - €1,200 avg</td>
</tr>
</tbody>
</table>

Extra costs can occur
On-campus accommodation is usually payable in 2 instalments, in September and December. While it is possible to pay some accommodation on a monthly basis particularly in private rental, all require deposits. There are costs such as printing, photocopying and books depending on your course. However, there may be additional costs specific to your course. Potential reasons for additional costs: College of Arts, Celtic Studies and Social Science: Field trips, Coaching costs; College of Business and Law: Placement costs**, ECDL; College of Science, Engineering and Food Sciences: Lab equipment, Field trips, Placement costs; College of Medicine and Health: Immunisations, Dental kits, Placement costs.

Cost of Living (estimated on a monthly basis)

*refundable
**travel, accommodation etc.

For further information visit: www.ucc.ie/en/studentbudget/studentcost/undergradcosts

You belong here.
Public Transport

UCC is well served by several City bus routes: The No. 205 (every 15 minutes) connects Campus to the City Centre and Kent Train Station, and to CIT and Bishopstown to the west.

Bus route 208 (every 10 minutes) serves Western Road and connects Campus to Patrick St, St. Luke’s and Mayfield (to the east), and to CUH Wilton and Bishopstown/Currahene to the west. Also along Western Rd, the 220 (+ hourly 220X express) offers links every 30mins to Ballincollig or Carrigaline/Crosshaven via City Centre, and Douglas.

Bus route 216 also offers links towards the Douglas Road area, and stops near the UCC main campus, at short walking distance. A single ticket in the city is €2.30 (cash), but reduces to €1.61 if you pay by LeapCard (www.leapcard.ie), which generally saves you 30% on fares. Avail of week or monthly tickets if you are traveling on a regular basis.

You can also save money on transport with a Student Travel Card. www.studenttravelcard.ie Plan your trip by bus, train or bike: www.a-b.ie Journey Planner.

Park+Ride

UCC offers a free Park+Ride service, from its own P+R site at Pouladuff Road (all year) and Black Ash P+R (Term only). Shuttles run every 30mins (peak: every 15mins). See map for details. All information on commuting to UCC can be found at http://commuting.ucc.ie

Coca-Cola Zero Bikes

Public rental bikes are available at over 30 stations across the central parts of the city. The nearest stations are opposite the UCC Main Gates (at the Coffee Station), at the Gaol Walk entrance (close to Castletown) and on Mardyke Walk (eastern entrance to Fitzgerald Park) and outside the Connolly Building. Annual subscription is €10, and the first 30mins of each trip is free: www.bikeshare.ie The Student Centre (Aras na MacLeinn) also offer free bikes for hourly use.

Bike Parking at UCC

There are numerous locations for safe bicycle parking at most Campus buildings, and further extension of bike parking in UCC is in preparation. Changing facilities are available e.g. in the basement of the Kane building. See http://commuting.ucc.ie for more information.

GoCar car-sharing

If you need a car for short-term use, sign up for GoCar and rent a car on an hourly basis. There are four GoCar stations in Cork, one is just outside Main Campus. www.gocar.ie
STUDENT SERVICES

THIS SECTION COVERS

- Accommodation
- ePub
- Career Services
- Chaplaincy
- Counselling & Development
- Disability Support Services
- Budgetary Advisor
- First Year Experience Coordinator
- Student Health Department
- Information Services
  (Library & IT Services)
- International Education Office
- Mature Student Office
- Skills Centre
- Student Wellbeing
- UCC PLUS+
- UCC Peer Support
- Niteline
Accommodation & Alcohol Free Housing

Campus Accommodation for First Year Students

<table>
<thead>
<tr>
<th>Name</th>
<th>Telephone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Victoria Lodge</td>
<td>+353 (0)21 - 494 1200</td>
<td><a href="mailto:victorialodge@ucc.ie">victorialodge@ucc.ie</a></td>
</tr>
<tr>
<td>Castlewhite Apartments</td>
<td>+353 (0)21 - 490 2867</td>
<td><a href="mailto:castlewhite@ucc.ie">castlewhite@ucc.ie</a></td>
</tr>
<tr>
<td>Áras Uí Thúama (University Hall)</td>
<td>+353 (0)21 - 490 2314</td>
<td><a href="mailto:G.Labh@ucc.ie">G.Labh@ucc.ie</a></td>
</tr>
<tr>
<td>Victoria Mills</td>
<td>+353 (0)21 - 486 7615</td>
<td><a href="mailto:info@victoriamills.ie">info@victoriamills.ie</a></td>
</tr>
</tbody>
</table>

Accommodation and Community Life
The Office of Accommodation and Community Life provides an information service for incoming, or current, UCC students who are seeking safe and affordable accommodation throughout their academic journey. We provide up-to-date advice on all types of accommodation i.e. purpose built student accommodation (apartment style), private house shares (with other students) and digs (owner-occupied homes) in the local and surrounding areas.

To help with your search, or to understand your rights as a tenant, please check out our website www.ucc.ie/en/accommodation

Contacts
T: +353 (0)21 490 3849/2103/3091
E: resservices@ucc.ie

Alcohol Free & Substance Awareness Housing
We are delighted to announce that students attending UCC can now avail of Alcohol Free/Substance Awareness and Quiet Housing options at UCC Victoria Lodge, UCC Castlewhite and UCC Victoria Mills. These very successful accommodation initiatives have been developed to cater for the diversity of the student body at UCC.

Students who wish to live in Alcohol Free/Substance Awareness and Quiet Housing must agree to adhere to Campus Accommodation UCC regulations for these housing options in advance of occupancy commencing.

ePub
Every first year student at UCC is expected to complete the Alcohol E-Personal Use Barometer (ePubUCC), an online alcohol-behavioural change and information programme.

By completing this you will be empowered to make well informed decisions about alcohol and other related issues. It is critical for your success to monitor your drinking patterns and identify risk factors.

University College Cork is committed to supporting all students regardless of circumstances, so be aware of the resources and the supports that are available for you.

Please log on to complete the programme at: https://www.ucc.ie/en/studenthealth/epub

You belong here.
Career Services

1. UCC Career Services offers all UCC students easy online bookings. Book your appointment online to see a careers advisor in UCC. Log on to www.ucc.ie/careers and click on “Book an Appointment” – just use your student ID number and your UCC password.

2. We have Careers Advisors and Information Staff to help with:
   • **Subject Choice**: Discuss ambitions, plans and opportunities available through your degree-years - it's never too early! Find out what employers want, and let us advise you on how to develop those skills.
   • **CV Reviews**: Get one to one feedback on preparing a top CV.
   • **Interview Advice and Practice**: You can get information on the techniques to help you succeed at interviews and help you practice.

3. We post Jobs Online:
   View our various job portals to help with work experience, part time jobs, internships, graduate roles etc.
   • [https://careersconnect.ucc.ie/](https://careersconnect.ucc.ie/) - graduate roles, national and international internships.
   • [https://www.studentvolunteer.ie/ucc/](https://www.studentvolunteer.ie/ucc/) - volunteering opportunities in non-profit organisations.

4. We Manage Events: Engage with us at various employability events - look out for our Facebook feeds and Tweets about upcoming careers events.
   [www.ucc.ie/careers](http://www.ucc.ie/careers)

5. We Manage Work Placement for a number of Accredited Degree Programmes
   See [www.ucc.ie/careers](http://www.ucc.ie/careers) for a full list of programmes we manage.

6. We co-ordinate the UCC WORKS AWARD: The UCC Works Award enables students to receive formal recognition for taking part in extra-curricular activities both inside and outside of UCC. The four pathways are: Internship Pathway; Student Life Pathway; Volunteering Pathway and the Entrepreneurship and Innovation Pathway.

7. Always find us in our Virtual World: [www.ucc.ie/careers](http://www.ucc.ie/careers)
   Your initial portal to the world of careers, occupations and also news and events.

8. We are Social: Interact with us on Facebook, Twitter, LinkedIn, YouTube & Instagram
   [www.instagram.com/ucccareers](http://www.instagram.com/ucccareers)

Contact
UCC Career Services
3/4 Brighton Villas
Western Road
(beside Castlewhite apartments)
Cork
T: +353 (0)21 490 2500
E: careers@ucc.ie
W: www.ucc.ie/careers
Twitter, Facebook
YouTube, Instagram

You belong here.
UCC Works Award

The UCC Works Award enables students to receive formal recognition for the learning gained from their involvement in extra-curricular activities inside and outside of UCC. The activities are categorised into four pathways.

• Internship Pathway - Unpaid working Internships with a campus organisation (minimum of 40 hours)
• Student Life Pathway - Contribution to enhancing student life in UCC by involvement in a variety of clubs, societies and groups (minimum of 40 hours)
• Volunteering Pathway - Volunteering in organisations external to UCC (minimum of 40 hours plus training)
• Entrepreneurship and Innovation Pathway - The Entrepreneurship and Innovation Pathway (in partnership with Blackstone Launchpad UCC) gives participants that entrepreneurial and innovative edge for which employers increasingly search.

Who can apply?
The award is open to all undergraduate and postgraduate students of UCC. See www.ucc.ie/careers/uccworks for further details on the FOUR award pathways.

Why you should apply
The award is designed to prepare you for the challenges you face in making the transition to work. To succeed after university you should focus on developing the employability skills employers value like working as part of a team or communicating well. The UCC Works Award gives you an opportunity to develop these all round skills that employers value greatly.

What’s in it for you?
• Stand out from the crowd and have your contribution recorded on your Diploma Supplement. The Diploma Supplement is a newer standardised document that is used across Europe. Its purpose is to give context to both academic and institutional information should you be applying to a European University or Employer. The Diploma Supplement is not to be mistaken for the University Transcript and is received after you graduate.

The UCC Works Employability Star Award, Global Citizen Award, and Leadership Award may be awarded to students who have received three or more UCC Works Awards by their final year in UCC. The awards must be spread over two academic years, and must include awards from three of the four pathways. One Employability Star Award, Global Citizen Award, and Leadership Award are given per year. More details on these awards are at www.ucc.ie/careers/uccworks

Find out more at the Volunteering Fair on September 18th in Devere Hall, Student Centre. Or go to www.ucc.ie/careers/uccworks

For further information: www.ucc.ie/careers/uccworks/ or email: uccworks@ucc.ie

“Interested in Volunteering?” – check out the new website https://www.studentvolunteer.ie/ucc if you are interested in voluntary work.
Chaplaincy - A home away from home

About Us
As a UCC Department for Wellbeing & Health, we support all UCC Students & Staff, of any gender, age, disability, family status, sexual orientation, marital status, religion, or ethnicity.

We are delighted to welcome all in the UCC family to our vibrant & warm community where you can meet new friends, unwind between classes, and just be yourself.

We offer many opportunities for reflection, growth & support. Our Chaplains are always available to listen & to accompany you on your university journey.

Events & Activities
• Free Tea & Coffee Daily
• Confidential Listening
• Multi-Faith Prayer & Meditation Room
• Thursday Night Socials & Conversations
• Weekend Retreats, Pilgrimages & Walks
• Ecumenical Morning Prayer
• Taizé Evening Prayer
• Bible Studies, Faith Sharing & More!
• Spiritual Accompaniment & Direction
• Film & Book Discussions
• Holiday Theme Parties
• “Stress a Little Less” Study Week
• Faith Discussions in Hillside

Location
Top floor: Multi-Faith Prayer & Meditation Room, a quiet space for reflection. Available for individual or group use by UCC Students & Staff of all faith traditions or none.
Middle floors: Chaplains’ offices. Pop in to say hello or to have a confidential chat. No appointment necessary.
Ground floor: The Hearth, our kitchen and student lounge, which is a great place to relax with friends, have a good chat & enjoy free tea/coffee.

The Chaplaincy Centre is located on College Road and open from 8.00am to 5.00pm Monday to Friday.

Counselling & Development

University College Cork provides a free confidential counselling service to help you with any concern which may affect your personal and/or academic progress while in UCC.

Student Counselling & Development also provides various workshops and programmes throughout the year:
• Understanding & Managing Stress/Anxiety
• Mindfulness
• Assertive Communication
• Bereavement Support Group

Check out our website for online self-help support programmes and further helpful information and details of programmes and workshops.
www.ucc.ie/en/studentcounselling

Stay In Touch:
Facebook: UCC Chaplaincy
Instagram: ucc_chaplaincy
Phone: +353 (21) 490-2459
Email: chaplaincy@ucc.ie
Website: www.ucc.ie/en/chaplaincy
Address: Chaplaincy Centre - Iona House
College Road, Cork, Ireland T12 PY24

Student Counselling
Ardpatrick House (next to the Car Park on College Road)
T: +353 (0)21 490 3565
M: +353 (0)87 215 2505
Text: 087 215 2505
(please include your name if contacting by text)
E: counselling@ucc.ie
W: www.ucc.ie/en/studentcounselling

THE UCC COUNSELLING SERVICE IS FREE!
Disability Support Service (DSS)

The Disability Support Service (DSS) supports over 1500 students with a wide range of disabilities to achieve their academic potential. Students registered with the Service include students with physical and sensory disabilities, students with specific learning difficulties, students who experience significant ongoing illnesses and neurological difficulties, students with mental health difficulties and AS students.

The DSS works with the UCC community to facilitate the empowerment of students with disabilities by creating an inclusive learning environment.

Students are encouraged to register with the DSS and to attend a meeting with their assigned Advisor, where a Needs Assessment will be carried out. The Needs Assessment will identify the appropriate supports a student will need while in UCC. If, as part of their course, a student goes on Placement or Erasmus, an additional Needs Assessment must be organised to identify additional supports that may be needed.

For full details please see our webpage: http://www.ucc.ie/dss

Students Comments

“Registering with the DSS was the best thing I ever did. I now feel there is a door open for me to seek help when I need it”

“Assistive Technology has helped me become an independent student. Thanks for all the help and assistance over the years”

“Staff of DSS have made my University experience a memorable one. I am now able to manage my disability and have achieved a degree in English and History”

First Year Experience Coordinator

The First Year Experience Coordinator, Nóirín Deady, supports all first year students in their transition to UCC. Throughout the year students are facilitated individually to discuss any issues or concerns that arise in relation to their degree programme, or adjusting to university life.

Make an appointment with Nóirín Deady if you are finding it difficult to settle in to UCC.

Contacts

Disability Support Service
South Lodge, College Road
T: +353 (0)21 490 2985
E: dssinfo@ucc.ie | W: www.ucc.ie/dss

First Year Experience Coordinator
Nóirín Deady
T: +353 (0)21 490 2780
E: n.deady@ucc.ie

Student Budgeting Advice Service
1st Floor, 1-2 Brighton Villas, Western Road
T: +353 (0)21 490 1861
E: studentbudgetingadvice@ucc.ie | W: www.ucc.ie/en/studentbudget

Your time in UCC will be the best years of your life, and with some practical advice and good money management, you will certainly maximise your student experience in UCC. The Student Budgetary Advisor is available to meet with you to discuss available supports, potential funding sources and practical ways to manage your money. The service also runs regular information sessions regarding student finances throughout the academic year. You can also learn to manage your money as a UCC student using “fRED” – an online resource developed by the Student Budgeting Advice Service. www.ucc.ie/en/fred

You belong here.
Although most students enjoy good general health, university life is not without its hazards and illness can strike at any stage during your course. This is particularly true for infectious diseases which can spread easily on campus. Please ensure that before you start University that you have received all recommended childhood vaccinations and in particular ensure that you have had at least 2 doses of the MMR vaccine in your lifetime. There has been a significant outbreak of mumps in the University setting in recent years and there has also been outbreak of measles recently.

Entering University is a time of many changes, and for some this includes becoming sexually active for the first time. It is important that you make yourself aware of the risks associated with this and if concerned you should consider making an appointment to see the nurse or doctor at the Student Health Department.

The Student Health Department is not staffed or configured to function as a General Practice, and does not have the capacity to undertake home visits, or to provide out of hours care in the evenings or at weekends. It is essential therefore that students are registered with a General Practitioner (GP) near the university. The Student Health Department does however offer a comprehensive contraception and family planning service, advice on safe sex and sexual health, a health screening and immunisation programme, travel immunisations and advice to students travelling abroad, as well as being available to deal with acute illnesses that occur in the student population.

Also any student who wishes to record details of any previous significant allergy should contact Dr Michael Byrne at the Student Health Department.

An on-site physiotherapy service is available to students recovering from musculoskeletal problems and injuries, and a Consultant Psychiatrist is available twice weekly.
The UCC Library

UCC Library provides a wide range of library and information services to support your study at the University. UCC Library has one central library on campus - the Boole Library. There are two branch libraries: The Boston Scientific Health Sciences Library in Brookfield Health Sciences Complex and the Hospital Library in Cork University Hospital. All registered students will receive a Student ID Card. This card is also your library card. You will require this card to gain access to the Library, and you must carry it with you at all times.

**UCC Library Facts:**
- Over 735,000 titles (of which approximately 220,000 are e-books)
- Access to 3,000 print journal titles
- Access to 81,000 e-journals; 180+ databases

The Library website is the gateway into all Library information such as:
- Electronic Resources including Journals & Databases.
- Subject specialists who provide library information and skills for your subject area.
- There are study spaces on all floors as well as group study rooms which are bookable online.
- PC's are available in clusters throughout the library
- Wireless technology is available across the library
- 72 laptops available to borrow within the library
- Express borrowing and return of books
- Guidance on use of library services is provided at the beginning & throughout the academic year.
- Enquiries can be in person, by telephone, e-mail or by using Ask Us an online FAQ/question & answer service: [http://askus.boolweb.ucc.ie](http://askus.boolweb.ucc.ie)

Information on all our services is available on the library website at [http://libguides.ucc.ie/library](http://libguides.ucc.ie/library)

Everyone is expected to respect the needs of all users and follow UCC Library’s Code of Behaviour. For example, noise should be kept to a minimum, food and drinks are not allowed, mobile phones to be used in designated areas only.
IT Services

IT Services for Students
The UCC Student IT Helpdesk is located in the Boole Basement and Boole Library. These make up the nerve centre for student IT services in UCC, with over 450 computers and printing facilities.

The other open access labs and dedicated departmental labs under IT Services control, contain approximately 600 further machines which are available to students.

The IT Student Helpdesk is open on weekdays from 8:30am - 10:00pm and on Saturdays & Sundays from 9:00am - 9:00pm.

Computers on Campus
For a full list of locations and opening times please see: http://sit.ucc.ie
Registered UCC students are welcome to use these facilities at any time during opening hours. Software available on the Student IT Centre Computers includes the following:

- Internet Access
- MS Office
- SPSS
- Services (Printing and Network Access & Wireless)

All students will need a Student IT Account to use the computers. Your Student IT Account password will be sent to you before Registration Part 1. If you encounter any problems logging into the network take your valid UCC student ID card to the Student IT Helpdesk in the Boole basement or Library for assistance.

Some departments may also have their own computer rooms which their students can use. If this is the case the department will inform you about them. You may also bring your personal computer to University which you can connect to the UCC wireless network. Details on connecting laptops to the wireless network can be found online at www.ucc.ie/en/sit/wireless

Email - Student Umail Account
A student email account is automatically created for every registered UCC student. Your account can be accessed from http://sit.ucc.ie

ECDL online learning and testing
ECDL training is free for all students and studied through a module in Blackboard. For information on how to enrol on the ECDL training see: www.ucc.ie/en/tcentre/ecdl
Students may sit exams in the Training Centre and get an ECDL certificate. For information on costs and how to register for exams see http://tcentre.ucc.ie/ecdl

During your time as a registered student you will receive very important communications related to your degree from the Office of Deputy President and Registrar (Admissions, The First Year Experience Coordinator, Student Records and Examinations) and the Fees Office. Please ensure that you check your email regularly.

Contact
IT Services
Boole Basement
T: +353 (0)21 490 2109 / 490 1886
Skills Centre

The Skills Centre helps you find your academic feet in UCC. Our approach is 100% student-centered - you are our main concern! We can show you how to manage your assignments and navigate the academic challenges of university life. You can attend our courses or work with our tutors face-to-face throughout your writing process - for any kind of writing project, a short reflective essay or a 10,000-word dissertation.

Our tutors also help you understand how to organise your work effectively, develop a proper academic argument, understand the assignment question and engage with any other concerns you might have. Using different activities to suit all learning styles and needs, our team encourages you to improve your written and verbal academic communication. The best thing is, you don’t need to bring in a finished paper and all our services are FREE for UCC students.

This confidential and non-judgmental service supports the development of graduate attributes. We encourage collaborative learning and skills development, so you can work towards improvement in a comfortable environment. Tutors and staff use the language of positive psychology to engender in all our students the conviction of their ability to become critical, confident communicators.

We are here whenever you need us! To learn more about what we do go to http://www.skillscentre.ucc.ie

Contact the Skills Centre with any questions or queries you may have by phone: 021 490 3839 or by email: skillscentre@ucc.ie or drop by! You can find us in Q-1, basement of the Boole Library (just follow the yellow footprints!)

The Mature Student Office

We are here to support you right through your undergraduate journey.

There are a lot of emotions tied when returning to full-time education as an adult learner and we strive to make the transition as smooth as possible. Some of our main supports are:

- Pre-entry application support and guidance
- Academic and IT Skills workshops pre-entry
- A dedicated mature student orientation programme
- Advice and support on financing your studies
- A unique Life Coaching programme
- Tutorial support
- Events throughout the year

Email: mso@ucc.ie

UCC PLUS+ Programme

The UCC PLUS+ Programme provides a variety of personal, practical, academic and financial supports to students who have entered UCC as part of the Higher Education Access Route (HEAR) Scheme. Details on the HEAR Scheme www.accesscollege.ie/HEAR and for UCC PLUS+ see www.ucc.ie/en/uccplus

International Office

University College Cork welcomes over 3000 international students every year, from more than 100 countries worldwide. They come from a wide variety of backgrounds and cultures which they share with the campus community through International festivals and performances, thus enhancing and enriching life at UCC. These students are enrolled in full degree, Erasmus, study abroad programmes, joint degree programmes or Postgraduate programmes. The International Office supports and advises international students in all aspects of life away from home.

Contacts

Mature Student Office Team
T: +353 (0)21 490 1873
E: mso@ucc.ie

Student Wellbeing Coordinator
Maura O’Neill
E: maura.oneill@ucc.ie

International Office
Roseleigh, Western Road
T: +353 (0)21 490 4734
E: internationaloffice@ucc.ie
W: www.ucc.ie/international

UCC PLUS+
T: +353 (0)21 490 3282
E: uccplus@ucc.ie
W: www.ucc.ie/en/uccplus

SKILLS CENTRE
T: +353 (0)21 490 3839
E: skillscentre@ucc.ie
W: http://skillscentre.ucc.ie

You belong here.
UCC Peer Support

Throughout your first year at UCC, you will receive support and guidance from your Peer Support Leader (PSL). Your PSL is an experienced UCC student, trained to assist you in your transitioning into the university and becoming part of the UCC community. At orientation, you will meet a PSL who will guide you through your first day on campus. You will then be assigned a PSL who will provide you with help and support throughout your first year. Peer support leaders are volunteers who come from all backgrounds, courses and years and include mature students, students with disabilities and international students. You can be linked with these specific student types should you require it. Nothing is too small to ask or talk about with a Peer Support Leader.

What can a peer support leader do for me?
PSLs are there to listen, support and guide you through your first year journey. They can meet you one to one, listen to your concerns and give you the benefit of their experience. It can be once off or regular contact. PSLs won’t judge you and anything you discuss will remain completely confidential. They can offer practical help in dealing with issues that may arise, for example, guidance on timetables, locations, Clubs & Societies, student services etc., or they can just provide a listening ear if you’re finding things difficult.

If your PSL can’t help you directly they will know where in the university to point you.

How can I make contact?
You don’t have to, they will contact you! Your PSL will email you during Freshers Week to see how you are settling in and periodically throughout the year after this. Should you have any questions about the programme you can email the Peer Support office at pass@ucc.ie Your query will be treated confidentially and based on what you need and want, you will be put in touch with a PSL. Contact with a PSL is on your terms.
If at any point during the year you cannot find your PSLs contact details in your email you can find them on the Peer Support website by entering your student number here: www.ucc.ie/en/pass/supportleaders

UCC Student Wellbeing Coordinator

Taking good care of yourself as you face the challenges of your new University Life can be daunting. Student Wellbeing is here to help. We will be offering skill building classes and tips on how to look after yourself as you negotiate the many new and exciting steps of building your student life.

UCC Student Wellbeing offers free Mindfulness classes to build your resilience and help you respond better to difficult and challenging times. You can learn simple self-care and stress management practices to promote your mental health and wellbeing. We can give you practical tools to help you get more out of each day.

We will be letting you know about the many support services that are available free. Now that you are part of our UCC community, there lots of people, both students and staff, here to help you.

Remember no matter what situations arise during your time in UCC, you do not have to go through them alone. Let us help. You don’t need to wait for a problem to get serious before taking action. You can schedule a Wellbeing Check-up to see if things are in balance or if some changes are needed to prevent problems or help you to flourish and together we can work out a Well Being Action Plan just for you. Remember “You are braver than you believe, Stronger than you seem and smarter than you think” (Winnie-the-Phoo)

Maura O’Neill, Student Wellbeing Coordinator, maura.oneill@ucc.ie

NITELINE

Niteline is a listening service run for students, by students. Niteline has two contact options for students, a Freephone number or an instant messaging tool. It is 100% anonymous, non-judgmental, non-directive confidential service. It is run by UCC students who have been trained by the Cork Samaritans. The service is available to any student who needs someone to talk to about any issue or concern they may have. Niteline runs Monday - Thursday, 9pm-1am during term time. The Niteline number is 1800 32 32 42. You can access the instant messaging service and more information regarding Niteline at www.ucc.ie/en/pass/niteline
STUDENT LIFE

THIS SECTION COVERS

- Societies
- Clubs
- Students’ Union
- Cork - The Rebel City
- Theatre and Visual Arts

You belong here.
Hello Everyone!

My name is Michaela Maher and I’m very excited to be your Societies President for the upcoming year 2019/2020. A very big welcome to UCC, one of the most diverse and inclusive campuses in the country! Being a part of UCC is so much more than being in a lecture theatre, it’s about experiencing and learning so much more, so don’t leave UCC with just a degree, get involved, run events, manage a campaign fighting for something you’re passionate about and make memories that’ll last forever.

At UCC Societies, we have over 100 societies! Ranging from Musical to Macra, from Sci-Fi to Surgical, you name it, we have it! These societies are run by students for students! It’s all about you and you have brand new opportunities just waiting for you to grab them. Societies enable you to make friends from many different courses, allow you to learn and experience brand new things you couldn’t have experienced before and give you the opportunity to represent the university on a national and international level. We have societies that have travelled to South Africa, Thailand, Italy and many more, representing their society and UCC. We have societies like Surgeon Noonan that raised over 150,000 euro last year and have sent a team of student doctors to Africa to help develop the lives and healthcare of people on the continent.

We have societies like Emergency Care, who started the first ever student led first responders unit in Ireland. We have societies like Choral who represented the university on an international stage in the Budapest International Choral Festival and came home with silver.

These are just a few of the incredible things happening in UCC Societies and this year we’re going to do even more again but we need your help to do that! So join us on September 11th in Devere Hall for Societies Day where there will be stalls and stand from all our societies. This gives you the chance to sign up to a wide variety of interests to see what you like, so why not give it a go! Societies are a great way to learn new skills, meet new people, have fun and it will be one of the best decisions you make here so don’t miss out.

Contact
Michaela Maher
President UCC Societies
T: 021 490 2414
M: 085 109 7631
A: No. 6 Carrigside, College Road, Cork
W: www.societies.ucc.ie

You belong here.
Hello all!

My name is Daniel Moloney and I am the Clubs Executive President for 2019/20. First of all welcome to UCC, I hope you are all looking forward to the year ahead and learning what college life is all about. The Clubs Executive is there to provide support alongside the Department of Sport and Physical Activity for all 56 sport clubs currently active in UCC. Every year we like to encourage as many students as possible to come along and join a club.

This year all of our clubs will be displaying at Clubs Day on the 10th of September in Devere Hall. You will be able to come along and meet the students who are running the clubs as well as sign up to try it. I highly recommend that whether or not you’ve ever been involved in a sports club before it is worth your while to come along on Clubs Day. Even if it’s just for the free stuff. We have a wide variety of clubs here in UCC from the GAA and Rugby clubs to the more unexpected clubs such as Skydiving and Rover Scouts. There truly is something for everyone here.

UCC has a proud sporting tradition which started back in the 1800s. In 1880 the famous skull and crossbones was adapted by medical students joining the rugby team and over time the symbol has come to be recognised worldwide as a symbol of sporting excellence. With the launch of our new Sport Strategy in 2019 our focus going forward will be to ensure the future of UCC sport on a local, national and international scale.

Personally I have been very involved in the Archery club and I can honestly say that I have had some incredible experiences and made some extremely important friends that have helped make my college experience an amazing one. Here in UCC we try our best to ensure that sport is more than what happens on the pitch and the results that come out of it. While achieving huge sporting successes at local, national and international levels, the social and physical aspects of sport play just as important a role as the achievements reached by our athletes. Our clubs host events throughout the year aimed at people with all levels of experience. Getting out and trying something new is a great way to unwind from college stress and meet some new people.

To help you in doing this there are many facilities available to you where you can burn off some energy or simply workout to clear your head. We are extremely fortunate here in UCC with the sports facilities we have. Just a five minute walk from campus is the Mardyke Arena which every UCC student has access to. The arena has some of the best sport facilities in the county catering for both indoor and outdoor sport including Rugby and GAA pitches, water based synthetic pitches, the outdoor running track, indoor climbing wall, an indoor sports hall, twenty-five meter swimming pool and a variety of indoor gym facilities.

As well as the Mardyke Arena, UCC also has ‘The Farm’, 55 acres of pitches near Curraheen used for outdoor sports. UCC are also currently in the process of developing a new state of the art Sports Park to ensure the continuing success and improvement of our outdoor clubs.

You may want to avail of the Human Performance Laboratory located at the Mardyke Arena, where our exercise physiologist, Trevor Woods, caters for all students, elite or recreational. We have a great number of resources for you to avail of, ready for you to kickstart a healthy lifestyle or to assist the elite athlete to perform to his/her maximum potential. For more details, contact Trevor at t.woods@ucc.ie

Or what about a game of 5-a-side soccer or basketball? Just drop into Ferry Lodge or contact Betty Young at b.young@ucc.ie to book the synthetic pitch or the Mardyke Arena sports halls.

So once again welcome to UCC and I hope each and every one of you will enjoy the next few years of your college life and don’t forget to come find us in Devere Hall on the 10th September for Clubs Day.

Le gach dea-ghuí,

Daniel Moloney
List of Clubs in UCC 2019-2020

- Aikido  
  aikido@uccclubs.ie
- Archery  
  archery@uccclubs.ie
- Athletics  
  athletics@uccclubs.ie
- Aussie Rules  
  aussierules@uccclubs.ie
- Badminton  
  badminton@uccclubs.ie
- Basketball  
  basketball@uccclubs.ie
- Boxing  
  boxing@uccclubs.ie
- Camogie  
  camogie@uccclubs.ie
- Canoe  
  canoe@uccclubs.ie
- Capoeira  
  capoera@uccclubs.ie
- Chess  
  chess@uccclubs.ie
- Cricket  
  cricket@uccclubs.ie
- Dance  
  dance@uccclubs.ie
- Darts  
  darts@uccclubs.ie
- Equestrian  
  equestrian@uccclubs.ie
- Fencing  
  fencing@uccclubs.ie
- Flag Football  
  flagfootball@uccclubs.ie
- Futsal  
  futsal@uccclubs.ie
- Gaelic Football  
  gaelicfootball@uccclubs.ie
- Golf  
  golf@uccclubs.ie
- Handball  
  handball@uccclubs.ie
- Hockey  
  hockey@uccclubs.ie
- Inline Hockey  
  inlinehockey@uccclubs.ie
- Judo  
  judo@uccclubs.ie
- Ju Jitsu  
  jujitsu@uccclubs.ie
- Karate  
  karate@uccclubs.ie
- Kickboxing  
  kickboxing@uccclubs.ie
- Kung Fu  
  kungfu@uccclubs.ie
- Lacrosse  
  lacrosse@uccclubs.ie
- Ladies Gaelic Football  
  ladiesfootball@uccclubs.ie
- Ladies Hockey  
  ladieshockey@uccclubs.ie
- Ladies Soccer  
  ladiessoccer@uccclubs.ie
- Made to Move  
  madetomove@uccclubs.ie
- Mountaineering  
  mountaineering@uccclubs.ie
- Olympic Handball  
  olympichandball@uccclubs.ie
- Olympic Weightlifting  
  olympicweightlifting@uccclubs.ie
- Pool & Snooker  
  snooker@uccclubs.ie
- Powerlifting  
  powerlifting@uccclubs.ie
- Rovers  
  rovers@uccclubs.ie
- Rowing  
  rowing@uccclubs.ie
- Rugby  
  rugby@uccclubs.ie
- Sailing  
  sailing@uccclubs.ie
- Skydiving  
  skydiving@uccclubs.ie
- Snowsports  
  snowsports@uccclubs.ie
- Soccer  
  soccer@uccclubs.ie
- Squash  
  squash@uccclubs.ie
- Sub Aqua  
  subaqua@uccclubs.ie
- Surf  
  surfing@uccclubs.ie
- Swimming & Waterpolo  
  swimmingandwaterpolo@uccclubs.ie
- Table Tennis  
  tabletennis@uccclubs.ie
- Taekwon-Do  
  taekwondo@uccclubs.ie
- Tennis  
  tennis@uccclubs.ie
- Trampoline & Tumbling  
  trampoline@uccclubs.ie
- Ultimate Frisbee  
  ultimatefrisbee@uccclubs.ie
- Volleyball  
  volleyball@uccclubs.ie
Students’ Union

Who are the Students’ Union (SU)? The SU is every single student of UCC. You are automatically a member and we work for the interests of all UCC students.

About Us...
It’s our job to look after all of your needs and make sure that you really enjoy your time in UCC! This includes everything from giving advice on exams, helping students out with financial concerns all the way to organising the best events across the campus and City for you.

You can find out more and follow what we’re up to on our Snapchat (UCCSU), Facebook Page (UCC Students’ Union), Twitter (@UCCSU) or on our website www.uccsu.ie.

There are 6 full-time Officers in the SU who work throughout the year for the needs of all UCC Students. This means you can give them a shout if you have any problem or question during the year - no matter how big or small! The SU also has 3 permanent staff and a host of part-time officers.

How To Get Involved
There are a few ways to get involved in the SU. As a first year, the easiest way is to become a Class Rep or an Entertainments Rep - each course has one of each.

The Class Rep will let the department know of any problems within the course and will attend Student Council to give feedback to the Students’ Union. The Entertainments Rep organises class parties, nights out, trips away, hoodies for the class and generally makes sure everyone has an unreal time in college!

Raise and Give Week
Each year, the SU, Clubs and Societies organise Raise & Give Week. We’re sure by now that most of you have heard about RAG Week before coming to UCC, if not - it’s a series of events, gigs, competitions and parties across campus for a week. It’s an incredible week that you will never forget, with thousands of people working together to fundraise for deserving charities!

The week is like nothing you will have experienced before, it is the highlight of the year for most UCC students and is a great chance to give something back. To get involved in organising events, shaking buckets or if you even want to throw us some ideas, give Sophie O’Sullivan (SU Entertainments Officer) a shout on ents@uccsu.ie

Common Room
The SU common room is located behind the O’Rahilly Building and is attached to the Students’ Union offices. It is a great place for all students to go and chat, have lunch and just generally relax. The Common Room is a large open plan area with sofas, four large screen TVs with SKY+ and PS3s, a pool table, and a kitchen with free tea/coffee making facilities and a microwave. The Common Room is renowned for its lunchtime gatherings and all kinds of activities and social events.

Student Welfare & Education
The SU works with students to provide you with vital assistance services. If you have any issues with your academic work, don’t hesitate to contact your SU Education Officer.

President
Ben Dunlela
T: 021 490 2367
E: president@uccsu.ie

Deputy President & Campaigns Officer
Ciara Kealy
T: 021 490 3160 | M: 086 184 2658
E: deputy@uccsu.ie

Welfare Officer
Naoise Crowley
T: 021 490 2181 | M: 086 184 2697
E: welfare@uccsu.ie

Education Officer
Catherine Dawson
T: 021 490 2953 | M: 086 184 2699
E: education@uccsu.ie

Commercial & Communications Officer
David Condon
T: 021 490 3133 | M: 086 184 2700
E: comms@uccsu.ie

Entertainments Officer
Sophie O’Sullivan
T: 021 490 3133 | M: 086 184 2701
E: ents@uccsu.ie

You belong here.
Officer, Catherine Dawson, education@uccsu.ie. Similarly, if you’re having any difficulties with your welfare; mental health, sexual health, accommodation issues or anything non-academic problems, contact Naoise Crowley, your SU Welfare Officer on welfare@uccsu.ie. No issue is too big or too small!

**Grinds**
Everyone needs a bit of help with their subjects from time to time. We have an online grinds service where you can register to give grinds or look for a tutor if you need some help. Just go to www.grindscentre.com/ucc or email Catherine Dawson (SU Education Officer) on education@uccsu.ie your Students’ Union.

**Student Council**
All students are welcome at Student Council, which takes place monthly. It is the main forum of discussion for the students of UCC and it is attended by all class reps. This is the space where your issues are raised and dealt with. You can ask any of the SU officers questions, submit and debate ideas on SU policies or actions that you want the SU officers to take, make your voice heard on any issue or simply find out what is going on in the university.
Keep an eye out for posters, emails and Facebook updates for details, or contact Council Chair, Maeve Richardson, at councilchair@uccsu.ie for more information.

**Entertainment Reps**
UCCSU is one of the main entertainment organisers in Cork, with both an Entertainments Manager and a SU Entertainments and Events Officer. Entertainment reps act as the intermediate between their class and the SU Entertainments Officer.
You belong here.
Throughout the year they organise events for their class and also sit on the SU Entertainments Committee, who organise all the main SU events throughout the academic year.

For more information, contact your SU Entertainments Officer, Sophie O’Sullivan, at ents@uccsu.ie

Class Reps
Class Reps are the most important link between their class, their department and the SU. Elected in the initial weeks of term, just after Freshers Week, the reps will receive full training in areas such as public speaking, conflict resolution, organization and campaigning. Class Reps will also receive support through Student Council and College Committees throughout the year. Class reps sit on staff-student committees and university committees allowing them to make decisions on university policy and resolve any issues in each of the four colleges across the university. Class reps vote on behalf of their class at Student Council which takes place monthly. For more information contact your SU Education officer, Catherine Dawson, at education@uccsu.ie

Get Connected
Our website, uccsu.ie is the interactive online portal for the SU. It provides up to date access to academic and welfare information on grants, health, finances and more! It also provides details on SU services including the Grinds Service, Class Hoodies, Printing, 2nd Hand Books and the Welfare & Education services. You can also keep up to date with the latest SU Entertainment events and find information on UCC’s Radio, Motley Magazine and the Express Newspaper. It’s your one stop shop for information on anything that happens on campus!
Cork
The Rebel City

So... if you’re interested in having a good time then the People’s Republic is the place to be!

Some History
Since the city was founded as a monastic place of learning almost 1,500 years ago, it has evolved as a city of trade and manufacturing, to the cosmopolitan vibrant 21st century city of today. It is the second city of the Republic, situated on the banks of the Lee. For more information go to: www.corkpastandpresent.ie

Theatre/Entertainment in Cork
Triskel Christchurch is the city’s main arts centre, and one of the leading cutting-edge arts spaces in Ireland. Christchurch provides Cork with a beautiful and vibrant cultural space, with a varied and multi-form arts programme. Check Triskel Christchurch out for music, visual art, drama, film and general good vibes: www.triskelartscentre.ie

The leading mainstream theatres are Cork Opera House in Emmet Place and the Everyman Palace on MacCurtain Street which put on high quality drama, jazz and pop concerts, dance, opera and comedy. The Half Moon Theatre is a flexible studio space located to the rear of the Opera House and fosters a more experimental range of interdisciplinary projects mixing drama, with music, film and comedy. The Firkin Crane Theatre, O’Connell Square, Shandon, is the best spot to catch classical and contemporary dance.

Theatre in UCC
The Granary Theatre produces and presents both new and experimental work by artists across disciplines in conjunction with UCC. The theatre’s programme of events combines professional work in theatre, performance, dance, live art and music with student drama. Additionally, the theatre plays host to a lively critical programme of talks, workshops and artists’ presentations.

The Granary works in partnership with numerous societies within the university including UCC Dramatic Society, UCC Musical Society, An Cumann Drámaíochta (Irish Language Drama), as well as the School of Music and Theatre, and professional companies outside of UCC. With hundreds of undergraduates and postgraduates both working and performing in the Granary, the theatre compliments and contributes greatly to Cork cultural life.

Visual Arts
The Lewis Glucksman Gallery located at University College Cork’s main entrance on Western Road, is an award-winning building that includes display spaces, lecture facilities, a riverside restaurant and gallery shop. Keep an eye on the website for forthcoming events and artistic programmes www.glucksman.org

Contact
Granary Theatre
Mardyke Cork City
T: +353 (0)21 490 4275
E: info@granary.ie
W: www.granary.ie

You belong here.
CAMPUS SERVICES

THIS SECTION COVERS

→ Student Centre
→ Student Hub
→ Food Options
→ Banking
→ Crèche
→ Safety on Campus
→ UCC Green-Campus
CAMPUS SERVICES

Student Centre

Áras na Mac Léinn’s mission is to enhance the campus experience by providing exceptional services and activities to the UCC Community. Áras na Mac Léinn is centrally located on campus and includes the following services:

Ground Floor

Information Desk
Located on the ground floor at the main entrance to the centre, the Information Desk is staffed by a team of students who help their fellow students with information, direction and advice.

An Siopa
A mini-market at ground level. ‘An Siopa’ provides a range of products for students including confectionery, lunches, sandwiches, soft drinks, and newspapers as well as stationery, USB keys, leap cards and gifts.

Collegegear
Located on the ground floor, Collegegear stocks a great range of UCC clothing – Hoodies, T-Shirts, Sports Gear, Jewellery and Watches, Bags, Ties, Beanies, Lab Coats and Safety Glasses and a range of giftware including Mugs, Crystal and UCC Prints. Department and Societies Hoodies are also available to order.

Banking
Bank of Ireland is the financial provider on campus.

• Contact details: T: 021 4277321
  W: www.ucc.ie/en/anml/retail/bankofireland

Unisalon
Located next to of Ireland, the Bank Unisalon is a professional hair salon open to the public. Salon staff specialise in colour from classic to creative techniques and balayage. Unisalon is a Wella Professional and Milkshake salon. Regular promotions on offer.
For appointments contact (021) 490 3059, Unisalon’s Facebook page or use the following link: http://unisalon1.gettimely.com/Booking/Location/60422?mobile=True

Café Oasis
A café bar located on the ground floor, Café Oasis has a colourful and spacious interior and a spectacular view of the campus. The café serves fresh pastries, scones, sandwiches, hot food and soup daily, as well as a full range of teas and coffees. Café Oasis also hosts art exhibitions and all students are welcome to exhibit.

First Aid Room/Baby Feeding Room
Located on the ground floor of the centre, access to the room is provided by the Information Desk Staff.

Passport Photo Machine
A passport photo machine is located on the ground floor next to the First Aid Room.

Lower Ground Floor

Lowercase Book Shop
Located on the lower ground floor, Lowercase Book Shop stocks a range of undergraduate and postgraduate textbooks across all academic disciplines, and offers convenient online access to a broad range of core course texts.

The Print Shop
Located on the lower ground floor within Lowercase Book Shop for all your printing requirements.

First Floor

Upstairs Café
Located just above Café Oasis, on the first floor, Upstairs Café serves a selection of pastries, cakes and scones. It also has a deli counter where sandwiches, wraps, rolls and salads are freshly made to order each day.

Club Áras (New Bar)
Club Áras – New Bar is a fully licensed bar for Club Members (UCC staff and students). Located on the first floor of the Student Centre the bar provides regular evening and night-time entertainment. Full Irish breakfasts, hot lunches and evening meals are served daily.

Nom Nom Bistro
This contemporary bistro serves hot food all day from 10am - 9pm. Specialising in fresh produce and home cooked dishes. Nom Nom Bistro offers a wide selection of breakfast treats including full, breakfasts, pastries, pancakes, Belgian waffles, cereals, yogurts and fresh fruit. Lunchtimes offerings include curry dishes, Cajun dishes and Italian food. Pizza is served until 9pm each night.

Devere Hall
Devere Hall is the venue for all major events on campus including the Freshers Ball, Conferring Ceremonies, Concerts and Conferences.

You belong here.
CAMPUS SERVICES

You belong here.

LISTEN TO UCC98.3FM!
FOR MORE INFO AND HOW TO GET INVOLVED SEE
WWW.UCC.IE/EN/983FM

YOUR NEW STUDENT HUB
Coming 2019

The Hub is UCC’s newest building, and your first-port of call for student services and student life. The Hub, a partnership between staff and students, will deliver a unique state-of-the-art building for the whole university community. Located between ‘The Quad’ and ‘the Kane’, the Hub is centrally placed on main campus making it really accessible. The building is due to be completed later in 2019, so follow @UCC_Hub on Twitter and Instagram for updates on the Hub Project and opening dates.

Before the Hub, many of UCC’s student services were scattered and dispersed around UCC and its satellite locations. Some of these services will now be represented in this fantastic new building, including the Careers Service, UCC Plus, the Disability Support Service (DSS), the Mature Students Office (MSO), Student Financial Advice, Peer Support, and a brand new service called Student Central.

UCC’s campus radio station, **UCC 98.3FM**, will be broadcasting out of the Hub, and other campus media organisations like the award-winning University Express and Motley Magazine will be based on the ground for you budding journalists out there! UCC’s Clubs & Societies will have offices on the first floor of Hub, and they will be just waiting for you to drop by to find out about the vast range of activities you can get involved in!

Outside of the various services that will call the Hub ‘home’, there’s plenty of space to meet up with friends, study, and even just rest & relax. The building’s public spaces, will offer a versatility that’s unique on campus: one day there could be a farmers market, the next a careers fair, the day after a concert or even just a casual space to eat your lunch with your classmates - we even have kitchenettes and microwaves for everyone to use! There’s something for everyone in the Hub.

You belong here.
Food Options

**UCCentral (The Main Rest)** - By the Boole Library in the main catering building
**Mini Restaurant** - 1st Floor above UCCentral
**Elements Cafe** - Located just inside the entrance of the Kane Building
**Bio Café** - Ground Floor of the Bio-Science Building
**The Coffee Dock** - Ground Floor of the O’Rahilly Building
**The Maltings Café** - Ground Floor of the Tyndall Institute building; opposite the Mercy Hospital
**Brookfield Café** - Basement Level of Brookfield Health Sciences Complex
**Café Diem** - Ground Floor of the Enterprise Centre, Distillery Fields
**Pharmacy Café** - Ground floor of the Cavanagh Pharmacy Building on College Road
**Riverside/Western Gateway Café** - Ground Floor of the IT Building, Western Road
**Nosh + Coffee** - Mardyke Sports Arena
**Café Oasis** - Ground floor of the Student Centre
**Upstairs Café** - First floor of the Student Centre

**Outlet Location Description:**

**UCCentral (The Main Rest)**
This restaurant provides breakfast, lunch and evening meals.

**Mini Restaurant**
Pizza Place

**Elements Cafe**
Gourmet Coffee Bar, made-to-order sandwiches. Also serving tossed salads and freshly baked confectionary.

**Bobo Café**
Located in the Glucksman building, Bobo is an independent artisan café that serves a creative daytime menu and a tasty weekend brunch.

**Bio Café**
This restaurant has a bistro feel offering a selection of speciality coffee, salad bar, made-to-order wraps and sandwiches, filled baked potatoes and a selection of home-made pastry & bakery products.

**The Coffee Dock**
Offers Starbucks coffee, speciality teas, hot & cold beverages and gourmet snacks.

**The Maltings Café**
Offers a breakfast & lunch service, soup, ‘grab n go’ products, pastry & bakery items and a selection of hot & cold beverages.

**Brookfield Café**
Offers a healthier way of eating. Breakfast, lunch and evening services available, offering a wide selection of products, “made-to-order” sandwiches & wraps, salad bar, pastry & bakery corner, hot & cold beverages, and daily hot dishes.

**Café Diem**
This cosy café offers a selection of ‘made-to-order’ sandwiches and panini, homemade soup, pastry items, light snacks as well as tea & coffee and cold beverages.

**Pharmacy Café**
Offers Starbucks Coffee, speciality teas, hot & cold beverages. Also serving soup, “made-to-order” sandwiches, pastries and snacks.

**Riverside/Western Gateway Café**
The IT building (behind Brookfield) offers a healthier way of eating. Breakfast and lunch available, offering a wide selection of products, ‘made-to-order’ sandwiches & wraps, salad bar, pastry & bakery corner, hot & cold beverages, and daily hot dishes.

**Nosh + Coffee**
Offers pastry & bakery items and a selection of hot and cold beverages.

**Café Oasis**
A great place to sit and have coffee and watch the world go by.

**Nom Nom Bistro**
Located at Club Áras – New Bar on the First Floor of the Student Centre

**Upstairs Café**
This café serves pastry items, light snacks as well as tea/coffee and cold beverages. There are 17 computers with full internet access located here which are free of charge to students.
Creche

Creche Cois Laoi is located on the grounds of the Brookfield Health Science Complex on College Road. It is fully equipped with the most up-to-date facilities including a nursery room, 2 toddler rooms, two preschool rooms, sleep rooms, an after school room and a carefully designed outdoor play area: creche meals are also available at an additional cost. The creche caters for children aged between 5 months and up to 12 years, and has the capacity for 79 children. Creche Cois Laoi is open Monday to Friday from 8am to 6pm. It remains open for 51 weeks of the year, closing for one week for the Christmas holidays. Students and UCC staff seeking a place for their children in Creche Cois Laoi at UCC should contact the creche in order to be placed on our waiting list and to check availability. Currently creche fees are subsidised by the by the University for full time students. A Student Union subsidy is also available for students and is means tested. Forms are available from the Students’ Union. Creche Cois Laoi is registered for the Goversment Pre-school Scheme (ECCE) for children aged between 2 years 8 months and 5 years 6 months.

Contacts
Childcare / Crèche
UCC Crèche Manager
T: +353 (0)21 490 1606
T: +353 (0)21 490 1607
E: creche@ucc.ie
E: c.bennett@ucc.ie

To make a complaint, or if you would like to know more about Campus Watch, please contact us by email on campuswatch@ucc.ie or by phone on 021 490 3849/2103.

Campus Watch

University College Cork is committed to creating a safe and secure environment for UCC students and to foster a positive relationship between our students and the wider community.

The University requires its students to conduct themselves in an appropriate and reasonable manner at all times to ensure:
• Dignity, honesty and integrity
• Respect for all members of Staff
• Respect for fellow Students
• Respect for and adherence to the Rules, Regulations and Policies of the University
• Compliance with the academic processes of the University

• That the University is not brought into disrepute
• Respect for local residents and other members of the general public
• That the views, values and beliefs of others are respected
• That no damage or injury is caused to any person or property
• That the University community is free from intimidation and discrimination

Campus Watch will respond to formal complaints from students, member of the community and other stakeholders, in relation alleged breaches of the UCC Standards of Conduct.
UCC Green-Campus

UCC Green Campus is a committee of students and staff who work together to initiate campaigns and projects around the themes of waste, energy, water, travel, biodiversity, food, and climate change. By bringing together students, academics, researchers, admin, and estates staff, the most exciting and innovative ideas can be brought to fruition. For example, did you know that the vegetables served in the main restaurant come from our university farm in Curraheen. Or that UCC has its own community garden. The committee also run a number of social events throughout the year and take part in international campaigns around global issues such as climate change.

Being a part of Green Campus is fun, engaging and educational. It will support and enhance your experience at university and you will also gain invaluable skills that will improve your future employment opportunities. In turn, you get the opportunity to contribute to one of the greenest universities in the world, and make a real difference to your local environment.

In the last number of years, UCC has made a considerable effort to work towards being a “single-use plastic free” café. While on campus you should have your reusable water bottle and coffee cup with you as you will save money. You can also visit our single-use plastic free café at the Biosciences Institute.

UCC have also recently changed how we manage our green spaces to encourage greater biodiversity. We also have our own honey bee hives and sell our “Alma Nectar” honey in the Visitor’s Centre.

To get involved with Green Campus visit our stand during Freshers week or contact greencampus@ucc.ie

Made a difference and get involved!

Contacts
UCC Green-Campus
6 Carrigside, College Road
E: greencampus@ucc.ie
T & F: Twitter @GreenCampusUCC
W: www.ucc.ie/en/greencampus

You belong here.
You belong here.
REGULATIONS & POLICIES

THIS SECTION COVERS

→ Code of Honour
→ Student Charter
→ Examinations
→ Plagiarism
→ Valuing Different Perspectives
→ Equality
→ Standards of Conduct
→ Course Curriculum
→ Academic Timetable
Code of Honour

We freely pledge to abide by the UCC Code of Honour. Being truthful, honourable and honest in all our conduct, we will not lie, cheat or plagiarise. We will always endeavour to show respect to fellow students, staff and to all members of the wider community.
University College Cork expects students to behave in a manner which ensures that the University can meet its legal, statutory and contractual obligations, that all students and staff are treated with dignity and respect, that all University property and facilities are used appropriately.

All students should uphold the good name of the University in their actions both on and off campus. It is important that you read and accept the Student Code of Conduct before beginning your life at University College Cork.

Plagiarism

Plagiarism occurs when a writer deliberately uses someone else’s language, ideas, or other original material such as graphics, pictures, movies or sounds without acknowledging its source. Students must always cite where they obtained the information in a bibliography. Students must always cite where they obtained the information they present for assessment. Please view the UCC policy on plagiarism: www.ucc.ie/en/current/policies

Valuing Different Perspectives

University College Cork is committed to creating an environment where all students learn, work, and live together, transcending cultural, racial and other boundaries. Students flourish in an academic environment where they can learn from the diverse backgrounds and opinions of those around them.

Equality

University College Cork is committed to Equality of Opportunity for all students and staff irrespective of gender, civil status, age, race, religion, disability, sexual orientation, family status, marital status and/or membership of the traveller community. UCC works towards the creation of an equal environment for all through the University Equality Committee and a programme of activities identified in the university’s Equality Strategy 2010-2012. The membership of the Equality Committee includes students and staff from all parts of the University and the Committee is charged with overseeing the implementation of the provisions of Irish equality legislation, including the Equal Status Acts 2000-2004 and the Employment Equality Acts 1998-2007.

The University does not tolerate discrimination, harassment or sexual harassment under any of the above grounds against any student or staff member in the University. For further information on equality visit www.ucc.ie/en/hr/equality

Examinations

The Student Records and Examinations Office (SREO) supports the entirety of the student lifecycle, from primary registration, through examination, to graduation at undergraduate and postgraduate level. The SREO provides a student-centric service, ensuring the integrity of the examination process in addition to curating the perpetual student record. The Guide to Examinations for Staff and Students (https://www.ucc.ie/en/exams/procedures-regulations/) provides the information you will require on examination regulations and procedures. Please ensure you read this guide carefully. SREO may be contacted with any queries at sreo@ucc.ie or 021 490 2422.

- Formal communication will occur through a student’s personalised email account
- All information with regard to your module registration, formal written examination schedules and examination results may be accessed through the student portal (https://www.ucc.ie/en/sit/)
- For all information on your programme, please access the appropriate information in the College Calendar, Book of Modules and Marks and Standards (https://www.ucc.ie/admin/registrar/modules/)

You belong here.
Standards of Conduct

The University requires its students to conduct themselves in an appropriate and reasonable manner which ensures

Dignity, honesty and integrity

Respect for all members of staff
Respect for fellow students

Respect for the rules and regulations of the University

 Compliance with the academic processes of the University

That the University is not brought into disrepute

That the views, values and beliefs of others are respected

That no damage or injury is caused to any person or property

That the University community is free from intimidation and discrimination

Please take the time to become familiar with the student rules

www.ucc.ie/en/studentexperience/policies
Course Curriculum

The University Calendar contains essential information on programme structure, lists the modules in each year of study and specifies the rules relevant to each programme.

For detailed information on the curriculum you will study, please visit the 2019/20 University Calendar and Book of Modules at the following website addresses:

Academic Programmes
Undergraduate Calendar: www.ucc.ie/calendar

Academic Programmes
Book of Modules: www.ucc.ie/modules

The Book of Modules contains all the information you need about the modules on your programme, e.g. module title, credit weighting, objective, learning outcomes, student workload (i.e. number of tutorials/lectures), type of assessment/examination, etc.

A module represents a self-contained fraction of a student’s workload for the year and carries a unique examination/assessment mark.

The size of a module is indicated by its credit weighting. Undergraduate modules may equal 5, 10, 15 or 20 credits. Individual modules are grouped together to make up degree programmes totalling 60 credits in each year of study.

My Timetable

You can create your own personalised academic timetable by using the ‘MyTimeTable’ web application. This is available on the SIT homepage or directly here: https://mytimetable.ucc.ie

When you have received the details of your academic timetable from your department, you can create your own personalised timetable on MyTimeTable for the full academic year. Once set up, your personalised timetable will display details for the current week by default.

If there are any last minute changes to your scheduled timetable – e.g. change of location, cancellation, change of time – you will receive an email notification of this to your Umail inbox.

MyTimeTable timetables will always display the most up to date timetable information as per departmental scheduling requirements. Your timetable on MyTimeTable will also be automatically updated with any new information.

Details of how to set up your personalised timetable on MyTimeTable are located here: http://www.ucc.ie/en/sit/timetable

To access MyTimeTable, log on to https://mytimetable.ucc.ie using your Student IT account credentials.
Criminal Record for Students

It is important for all students to be aware that there may be significant practical consequences if charged with and/or convicted of a crime.

Implications for your degree programme
A number of programmes in UCC, especially in the areas of medicine, health, social work and education, require students to undertake placements that will bring them into contact with children or vulnerable adults and in which they will assume positions of trust. To ensure the protection of the public, and justify public trust and confidence, UCC is committed to ensuring that only suitable candidates are allowed to undertake these programmes.

The University uses the National Vetting Bureau (NVB) to assess the suitability of such applicants, and in some cases, may also require applicants to provide an enhanced disclosure by the completion of an affidavit. When the NVB returns a disclosure, it will be reviewed by UCC to establish if a student is suitable for placement.

All offers of places at UCC are subject to UCC’s Terms & Conditions of Admissions, which includes UCC’s Student Vetting Policy.

For further information please visit: http://www.ucc.ie/studentvetting

Implications for travel
A criminal conviction could restrict a student’s ability to travel abroad. Some countries including the United States, Canada and Australia could refuse entry. In many countries, where a visa is required, a criminal conviction will, at the very least, delay the processing of a visa application.

Implications for career
A criminal record could prevent a graduate from obtaining a licence to work or professional membership in a chosen field. Many professional and vocational bodies require their members to be of ‘good character’ and may reject applicants convicted of certain crimes. A conviction or even a finding of guilt, involving theft or fraud could bar a student from work in an industry where they have access to other people’s money or property such as banking, finance or retail.
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