



UCC

University College Cork, Ireland
Coláiste na hOllscoile Corcaigh

2024-25 FIRST YEAR
GUIDE TO SUCCESS

#BeginBelongBecome

IMPORTANT DATES

In UCC, the academic year is divided into two semesters. The following timetable shows the teaching periods, study weeks, and holidays for first year students. Pop them into your calendar!

TAKE NOTE!

The first semester this year will look a little different for incoming first-years.

AUTUMN SEMESTER 2024 (SEMESTER 1)

Autumn Semester Dates: Monday 16 September - Friday 29 November 2024

Study Review Week: Monday 2 December - Friday 6 December 2024

Winter (Semester 1) Examinations: Monday 16 December - Friday 20 December 2024

Christmas Recess: Monday 23 December 2024 - Sunday 12 January 2025

SPRING SEMESTER 2025 (SEMESTER 2)

Spring Semester Dates: Monday 13 January - Friday 4 April 2025

Easter Recess: Monday 7 April - Sunday 20 April 2025

Study Review Week: Monday 21 April - Thursday 24 April 2025

Summer (Semester 2) Examinations: Friday 25 April - Friday 9 May 2025

HAVE A
QUERY?

| **ASK**UCC |

SCAN THE QR CODE



OR VISIT **ASK.UCC.IE**



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UCC GREEN CAMPUS

UCC WAS THE FIRST UNIVERSITY IN THE WORLD TO BE AWARDED A GREEN FLAG, AND THE GREEN CAMPUS PROGRAMME (WHICH NOW RUNS IN EVERY UNIVERSITY IN IRELAND) WAS DEVELOPED RIGHT HERE IN UCC. THE UNIVERSITY HAS A GOLD STARS RATING FROM THE ASSOCIATION FOR THE ADVANCEMENT OF SUSTAINABILITY IN HIGHER EDUCATION, AND NOW RANKS 6TH IN THE WORLD FOR SUSTAINABILITY IMPACT, AS MEASURED BY THE UI GREEN METRIC RANKING. ALL THESE ACHIEVEMENTS STEM FROM THE STUDENT-LED GREEN CAMPUS INITIATIVE, WHICH WAS ESTABLISHED BACK IN 2007.

UCC Green Campus Initiative is a committee of students and staff who work together to initiate campaigns and projects around the themes of **waste, energy, water, travel, biodiversity, food and climate change**. By bringing together students and staff from all backgrounds, great ideas can become reality.

Some green campus initiatives include:

- ✓ UCC Community Garden, which is open to students and staff, and was a student-led idea
- ✓ Vegetables served in the main restaurant supplied by UCC's local farm
- ✓ UCC's **plastic-free campus initiative** (bring your own reusable coffee cup and water bottle to prevent plastic waste, and save money!)
- ✓ Green Campus podcast
- ✓ No-mow areas on campus
- ✓ Climate Assembly and Mock COP
- ✓ Green Labs
- ✓ Improved cycling infrastructure

Joining the Green Campus committee meetings is a great way to meet like-minded people, and to participate in making the university an even more sustainable place in which to learn and grow. Through

advocating for green initiatives, you can improve and expand your skill-set, social network, and really make a positive impact. To reach UCC Green Campus, follow us on social media (@uccgreencampus) or contact greencampuscommittee@ucc.ie. You can also download the UCC Green Tour app on your phone to take a tour of green initiatives on campus.

The Greenshoots Programme is part of UCC Green Campus. This is coordinated by Irene Ní Shúilleabháin (inishuilleabhain@ucc.ie). The programme is designed to engage students with action for climate and biodiversity on campus. It facilitates students' connection with nature, for their wellbeing and for the environment of which we are all a part. The Greenshoots programme hosts a number of events on campus throughout the year that are student-focused. It prioritises the student voice, and Irene is always delighted to hear students' ideas for engaging the student community with sustainability and nature on campus.



13 CLIMATE ACTION



GET INVOLVED!



greencampus.ucc.ie

GET IN TOUCH

UCC Green Campus

✉ greencampus@uccsu.ie

📷 [@uccgreencampus](https://www.instagram.com/uccgreencampus)

🌐 www.ucc.ie/en/greencampus

WELCOME!

WELCOME TO UCC

Begin your student life in UCC by fully engaging and fully immersing yourself in the creation and application of knowledge. You will have access to many learning and research opportunities. Seize them all. Explore, keep an open mind. Learn to listen to other views, to other ideologies, to other philosophies.

KNOWLEDGE ABOUT THE WORLD WILL ALLOW YOU TO UNDERSTAND IT, APPRECIATE IT, AND CHANGE IT FOR THE BETTER.

You have a critical role in advancing the Sustainable Development Goals (SDGs) which represent the most significant, most important and most urgent objectives of humanity. UCC leads by example and has been recognised internationally by winning Sustainability Institution of the Year at the International Green Gown Awards 2023.

We have over 4,000 international students who represent 138 countries across the world. Reaching a level of global understanding is going to be important. This is one of the

essential goals of universities—to foster deeper, more integrated layers of understanding between communities, both those inside and outside the wall of this university and those across the globe.

KNOWLEDGE IS REINFORCED WHEN YOU STEP OUTSIDE YOUR COMFORT ZONE.

Embrace diversity. Diversity enriches us, it expands our outlook and our way of analysing, understanding, and seeking solutions to problems. The university community celebrates and promotes diversity. We want you to enjoy a wealth of cultural experiences that will enhance your education and enrich your personal life.

You will soon find out there is always something to do on campus. Every day is packed with activities: late night events, movies, guest lectures, concerts, exhibitions, and sports events.

Explore who you are as a leader – whether on a team, an executive board, or with your classmates and friends – initiate new ideas and explore new interests. Get involved.

There are more than 100 societies and 60 sports clubs on campus, so you have choices!

MAKE EACH DAY COUNT BY CONTRIBUTING TO THE WORLD - LEADING, SERVING, PARTICIPATING. AND STAY HEALTHY; STAY ACTIVE - INTELLECTUALLY, PHYSICALLY AND EMOTIONALLY. IT IS THE BEST RECIPE FOR A PRODUCTIVE AND HAPPY COLLEGE EXPERIENCE.

I look forward to meeting you at Orientation and the Freshers' Fest on Saturday, 14 September.

Have a great year!

GET IN TOUCH

Nóirín Deady

*First Year Experience
Co-ordinator, MA (Arts),
MSc CBT, MA (Guidance &
Counselling), PG Cert Coaching.
Registered Mediator (MII).*

✉ n.deady@ucc.ie



Nóirín Deady with My Canine Companion (MCC) Remi

WE'RE HERE FOR YOU

**Monday to Friday,
9am - 5pm**

+353 (0)21 490 3000

All queries:

www.ucc.ie/en/ask/prospective/

ACCOMMODATION

Studentpad

+353 (0)21 481 8459
+353 (0)87 194 0975

Victoria Lodge

+353 (0)21 494 1200

Castlewhite

+353 (0)21 490 2867

Áras Uí Thuama

+353 (0)21 490 2314

Victoria Mills

+353 (0)21 486 7615

ORIENTATION

THIS IS THE DAY THAT YOU OFFICIALLY BECOME A UCC STUDENT. WELCOME!

Your university life will begin with orientation which is compulsory for all new students. This includes a day on campus (check the schedule below to find out which day you must be on campus) with presentations hosted by students and staff, opportunities to get to know your classmates, an IT Services Talk, and a Library and Campus Tour. You will also meet your Peer Support Leader who will support you throughout your first year.

This is also a great day to ask any questions you have about starting in UCC - ask your Peer Support leader where the best coffee is, check on the exam papers during your tour of the library and bring any forms you need stamped to Student Central in the Hub.

STUDENT ID COLLECTION

Don't forget to collect your ID card! Follow the instructions on www.ucc.ie/en/student-records/id-cards:

- ✓ Upload your photo
- ✓ Book an appointment to collect the printed card from Student Records & Exams in Kampus Kitchen

Do not book the card collection for the same day as your orientation. Your on-campus orientation is compulsory and you must attend all scheduled activities. This is where you get to know your new classmates, learn about where you need to go on campus, and meet your Peer Support Leader, and we don't want you to miss out.

ORIENTATION SCHEDULE:

Friday 30 Aug	Graduate Entry to Medicine.
Tuesday 3 Sept	Nursing and Midwifery.
Tuesday 3 Sept	Food Science, Nutritional Sciences, Architecture, Engineering.
Wednesday 4 Sept	Arts (Music), Film & Screen Media, English, World Languages, Theatre & Performative Practices, BSocSc (Youth & Community), BSW (Social Work), Digital Humanities & Information Technology, Government & Political Sciences, Anthropology, BEd Gaeilge, BEd Physical Education, Sports Studies and Arts, BEd Science Education.
Thursday 5 Sept	BA (Arts) CK101 and BA (Arts International) CK108.
Friday 6 Sept	Commerce, International Business with Languages, Law (Pathways), Law & French, Law & Irish, Law & Business.
Monday 9 Sept	Accounting, BIS, Finance, Applied Economics, Food Marketing & Entrepreneurship, International Development.
Tuesday 10 Sept	Biological & Chemical Sciences, Biological, Earth, & Environmental Sciences, Genetics, Chemical Sciences, Agricultural Science, Biomedical Science, Computer Science, Mathematical Sciences, Physics & Astrophysics, Data Science & Analytics.
Wednesday 11 Sept	Medicine, Dentistry, Pharmacy, Occupational Therapy, Speech & Language Therapy, Public Health Sciences, Medical & Health Sciences, Dental Nursing, Dental Hygiene, Paramedicine.
Thursday 12 Sept	Social Science, Early Years & Childhood Studies, Applied Psychology, Psychology & Computing, Criminology. If you can't make the day you're scheduled for orientation, please attend on Thursday, 12 September.



FIND OUT MORE



www.ucc.ie/en/study/undergrad/firstyear/orientation/

FRESHERS' FEST

FRESHERS' FEST AND OPEN DOOR WELCOME

Freshers' Fest and Open Door Welcome for family and friends on **Saturday 14 September**.

SEPT
14
SAT

CHECK SOCIAL MEDIA FOR UPDATES ON FRESHERS' FEST



SKILLS WORKSHOPS TO GET READY FOR COLLEGE



MEET UCC'S CLUBS AND SOCIETIES



BRING FAMILY AND FRIENDS TO OUR OPEN DOOR WELCOME



SUCCESS ZONE

The Success Zone Canvas space provides you with 24/7 access to information and learning materials that you will need while settling into and progressing through your time in college. Whether this is your first time in university, you are a mature student, or are studying at postgraduate level, the Success Zone is an invaluable resource.

You will find learning material directly from our website through The Kit, UCC's Skills Centre, Student IT, UCC Library, the Graduate Attributes Programme, the Bystander Intervention Programme, the Academic Integrity short course, and UCC Career Services. These interactive, and often downloadable, resources are accessible to you 24/7 and aim to help you develop academically, personally and professionally.

FIND OUT MORE ABOUT THE SKILLS CENTRE ON P23



INTERNATIONAL OFFICE

UCC welcomes over 4,000 non-EU (international) students every year, from more than 138 countries worldwide. They come from a wide variety of backgrounds and cultures enhancing and enriching life at UCC. These students are enrolled in full degree, Erasmus, study abroad programmes, joint degree programmes or postgraduate programmes.

The International Office supports and advises international students in all aspects of life away from home. We have a dedicated student support team who advise on welfare issues, UCC supports, immigration and other queries relating to international students.

GET IN TOUCH

International Office

Roseleigh, Western Road

+353 (0)21 490 3490

internationalsupport@ucc.ie

MY TIMETABLE

You can create your own personalised academic timetable by using the **'MyTimeTable'** web application.

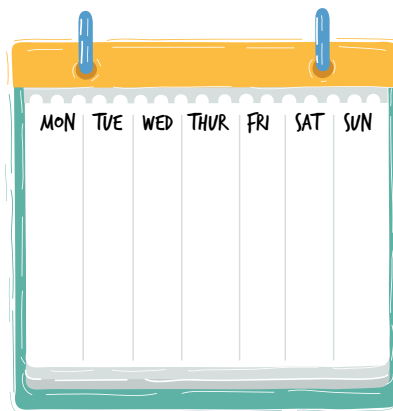
When you have received the details of your academic timetable from your department, you can create your own personalised timetable on **MyTimeTable** for the full academic year. Once set up, your personalised timetable will display details for the current week by default.

If there are any last minute changes to your scheduled timetable, e.g. change of location, cancellation, change of time – you will receive an email notification of this to your Umail inbox.

MyTimeTable timetables will always display the most up to

date timetable information as per departmental scheduling requirements.

Details of how to set up your personalised timetable on **MyTimeTable** are located here: www.ucc.ie/en/sit/timetable



FIND OUT MORE



mytimetable.ucc.ie



GRADUATE ATTRIBUTES AND VALUES

ATTRIBUTES

Attributes are traits that define our personality and how we approach different situations in our lives. UCC'S core graduate attributes are:



Creators, evaluators and communicators of knowledge



Independent and creative thinkers



Digitally fluent



Socially responsible



Effective, global citizens who recognise and challenge inequality

VALUES

Your values are the things that you believe are important in the way you live, study and work.



RESPECT



COMPASSION



AMBITION



RESILIENCE



INTEGRITY

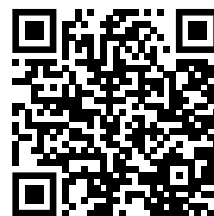


**YOUR
GRADUATE ATTRIBUTES & VALUES
COMPASS**

YOUR COMPASS SELF ASSESSMENT

Receive a visual representation of your development of graduate attributes and values and access a suite of learning experience to support your growth.

Visit our website to learn more about Your Compass and our wide range of supports that will help you begin, belong, and become at UCC.



FOR MORE INFORMATION ON THE UCC GRADUATE ATTRIBUTES PROGRAMME AND HOW IT RELATES TO YOU, PLEASE CHECK OUT:

www.ucc.ie/en/graduateattributes/andme

WHAT YOU NEED TO KNOW

1

- PUBLIC TRANSPORT
- IMPORTANT CHECKLIST
- YOUR FIRST FIVE WEEKS
- GETTING STARTED /
REGISTERING AS A STUDENT
- FEES
- GRANTS
- STUDENT ID
- FITNESS TO PRACTISE
- HEALTH SCREENING
- COST OF LIVING



PUBLIC TRANSPORT

UCC IS WELL SERVED BY SEVERAL CITY BUS ROUTES

www.buseireann.ie

Bus route 205

(every 15 mins)

Connects Campus to the City Centre and Kent Train Station, and to MTU and Bishopstown to the west.

Bus route 208

(every 10 mins)

Serves Western Road and connects Campus to Patrick St, St. Luke's and Mayfield (to the east), and to CUH Wilton and Bishopstown/ Curraheen to the west.

Bus Route 220

(every 15 mins, 24hr service)

and 220X express

(hourly)

Offers links to Ballincollig or Carrigaline/Crosshaven via City Centre and Douglas.

Bus route 216

(every 30 mins)

Offers links towards the Douglas Road area, Rochestown/ Monkstown, and stops near the UCC main campus on Bandon Rd/ Glasheen Rd, at short walking distance.

BUS FARES

A single ticket in the city is €1.35 (adult) or €0.65 (young adult/ student) if you pay by LeapCard www.leapcard.ie, which generally saves you 30% on cash fares. Avail of weekly or monthly tickets if you are traveling on a regular basis.

Avail of the 50% fare reduction (Young adults fare) by getting a student LeapCard. Plan your trip by bus, train or bike: www.a-b.ie Journey Planner.

GOCAR CAR-SHARING

If you need a car for short-term use, sign up for GoCar and rent a car on an hourly basis. There are about ten GoCar stations in Cork, one is just outside Main Campus.

www.gocar.ie.

IRISH RAIL

Irish Rail runs frequent commuter trains from Kent Station to Cobh, Midleton and Mallow. Visit

www.irishrail.ie

PARK+RIDE

UCC offers a free Park+Ride service, from its own P+R site at Pouladuff Road (all year) and Black Ash P+R (Term only). Shuttles run every 30mins (peak: every 15mins). See map for details. All information on commuting to UCC can be found at commuting.ucc.ie.


TFI BIKES

Public rental bikes (formerly 'Coke Bikes') are available at over 35 stations across the central parts of the city. The nearest stations are opposite the UCC Main Gates (at the Coffee Station), at the Gaol Walk entrance (close to Castlewhite), opposite the College Rd Archway and on Mardyke Walk (eastern entrance to Fitzgerald Park) and outside the Connolly Building. Annual subscription is €10, and the first 30mins of each trip are free: www.bikeshare.ie.

BIKE PARKING AT UCC

There are numerous locations for safe bicycle parking at most Campus buildings, and further extension of bike parking in UCC is in preparation. Changing facilities are available e.g. in the basement of the Kane Building. See commuting.ucc.ie.

GET IN TOUCH

 commuting.ucc.ie

 UCC Green Travel Forum

**PLEASE ALSO CONSIDER
BUS, COACH OR TRAIN
FOR YOUR WEEKEND
TRAVEL HOME**



IMPORTANT CHECKLIST

ONCE YOU ACCEPT YOUR OFFER

- ☐ Check your emails for instructions on how to complete registration. You will receive 2 emails – a registration email and a student IT account password email.
- ☐ Complete all steps of Registration, including Multi-Factor Authentication (MFA).
- ☐ Complete the HEA Equal Access Survey during Online Registration.
- ☐ Pay your Capitation Fee of €207.
- ☐ Pay your Student Contribution Fee (if you are not in receipt of a grant).
- ☐ Keep checking your email and www.ucc.ie/orientation for updates and next steps.

**OFFER
ACCEPTED**

Unless you are registering for an online course, you should expect to be on campus for all learning and teaching activities related to your course.

Be cautious and book accommodation as soon as possible to avoid last-minute worries; you may also wish to speak to the landlord to find out what their cancellation policy is in the event of changes later in the year.

For help and advice on this go to:
www.ucc.ie/en/accommodation/

GET STARTED BY ATTENDING ORIENTATION

Get familiar with your new surroundings:

- ✓ Learn how to access all the resources, both academic and life skills.
- ✓ Attend Academic Induction.
- ✓ Introduction to the Students' Union.
- ✓ Get information on Clubs and Societies.
- ✓ Participate in campus and library tours.
- ✓ Introduction to professional student support staff.
- ✓ Meet your Peer Support Leader.
- ✓ Complete the Bystander Intervention Training.
- ✓ Learn about Student Rules and Regulations.

Explore the Success Zone on our Virtual Learning Environment, Canvas. We'll keep this open for you through the year to access anytime.

Need a letter proving you're a student for SUSI or the bank? You can now generate this yourself at <https://forms.ucc.ie/doc-self-service> - anytime, anywhere.

YOUR FIRST FIVE WEEKS

1

- ☐ Start attending lectures.
- ☐ Join some clubs and societies.
- ☐ If you have a laptop, connect it to the wireless network (see p27 for support).
- ☐ Participate in activities organised during Freshers' Week.
- ☐ Contact Nóirín Deady, the First Year Experience Co-ordinator (n.deady@ucc.ie) if you think that you are in the wrong degree programme, or if you are finding it difficult to adjust.

2

- ☐ Ensure that you know how to access Library resources.
- ☐ Make sure you know your lecturers' names and know how to contact them.
- ☐ Know your academic mentor and know how to contact them.
- ☐ Have a budget plan/make an appointment with a Budgetary Advisor to put a plan together. www.ucc.ie/en/studentbudget
- ☐ Keep in touch with your Peer Support Leader.
- ☐ Revisit the Success Zone on Canvas if you are unsure about the academic supports available to you.

3

- ☐ Arrange a meeting with the First Year Experience Co-ordinator if you think that you are in the wrong degree programme, or if you are finding it difficult to adjust. Just so you know, the deadline for Change of Course is Thursday, 3rd October at 3pm.

4

- ☐ Attend at least one Club and Society meeting or event.
- ☐ Attend a workshop on academic writing, study skills, or time management in the Skills Centre.
- ☐ Know the executive members of your Students' Union.
- ☐ Elect a Class Representative.
- ☐ Attend lectures, labs, and tutorials regularly.

5

- ☐ Make an appointment with Nóirín Deady (contact details are on p5) if you are finding it difficult to settle in to UCC.

ORIENTATION IS COMPULSORY FOR ALL NEW STUDENTS

HEA SURVEY

The HEA promotes equality of access to higher education for people with disabilities, mature students who did not previously have the opportunity to access higher education, those facing social and economic barriers and minority groups, including the Traveller community.

Please ensure that you complete the Equal Access Survey as part of your Registration process. The HEA wants to measure equality of access to education and use the data to allocate the resources needed to support students of all backgrounds and abilities.



GETTING STARTED / REGISTERING AS A STUDENT

Registration involves officially enrolling on your degree programme, paying fees, and uploading personal identity documentation. This is essentially your first step to becoming a UCC student. In UCC, Registration has a number of steps:

REGISTRATION

Registration begins when you secure your UCC student IT account with Multi-Factor Authentication (MFA) (unless you previously completed this as a past student).

You should then register online for your programme and modules, complete the HEA Survey (only if you have not previously completed it), provide biographical information, update your PPS Number (available from: www.welfare.ie), complete fee payment and download your Confirmation of Registration.

HOLD ON TO A COPY OF YOUR CONFIRMATION OF REGISTRATION TO COLLECT YOUR ID CARD!

You will receive two emails to enable you to complete registration - a registration email and a student IT password email, both of which will be sent to your CAO email address.

Your registration email outlines the steps involved in registration as well as details of your UCC student number and your UCC student email address (umail).

Your Student IT Password email provides you with single sign-on access to your student online services account.

Both emails will be emailed to you within 1-3 working days after accepting your CAO offer.

If you do not receive your Registration and/or IT Password emails please log this at: www.ucc.ie/en/ask/prospective/

If you experience difficulty with MFA, logging in to register or have any other IT issues please email: sit@ucc.ie.

Once you've completed online registration of your programme and modules, you should start using your student email (umail) address to communicate with us.

Once you complete this Registration step please download your Confirmation of Registration to your phone before you log off. This document must be presented in UCC when collecting your Student ID Card. Further information on your student ID can be found here: www.ucc.ie/en/registration/id-cards/

You can find more information on Registration here: www.ucc.ie/en/student-records/registration/

GETTING STARTED / REGISTERING AS A STUDENT

REGISTRATION

Upload of Required Documentation

Once you have completed your programme and module registration, you must officially confirm your status as a student of UCC by completing the following steps:

✓ **Separately upload valid personal identity documentation for courses requiring Garda Vetting**

You will receive an email prompting you to do this - see list of valid personal identity documents;

✓ **Upload a photograph for your student ID Card.**

In order to obtain your Student ID Card please upload your photograph at:

forms.ucc.ie/photoupload/

Details of the collection of your ID card will be available during the upload of photo process.

Any queries on Photo Upload should be submitted at:

forms.ucc.ie/web-enq-reg-students

✓ **Upload of valid personal identity documentation**

This is compulsory for all students (unless previously presented). You will receive an email prompting you to do this - see list of valid personal identity documents;

For a list of courses that require Garda Vetting check out:

www.ucc.ie/en/study/undergrad/admissionspolicies/studentvetting/

List of Valid Personal Identity Documents

Birth Certificate

Passport (photo page)

Irish NDLS Driving Licence
(new credit card format only)

Marriage Certificate
(if you wish to register under your married name)

Please note - if you are an NUI graduate and wish to register with details that differ to those on the Graduate Record (e.g. your married name, your gender, change of name by deed poll, etc.), you must first update your personal details at: www.nui.ie/services/document-services.asp

Vetting Notice:

In accordance with the National Vetting Bureau (Children and Vulnerable Persons) Acts 2012 to 2016, programmes of study that include a relevant work placement, where students will come in contact with children or vulnerable adults, are subject to the UCC Student Garda Vetting Policy. If your programme of study is subject to Garda vetting, please take the time now to familiarise yourself with this important policy and its associated procedures at:

www.ucc.ie/studentvetting/

**ONCE YOU'VE
ACCEPTED YOUR CAO
OFFER, KEEP AN EYE
OUT FOR EMAILS FROM
UCC (INCLUDING YOUR
JUNK/SPAM FOLDERS).
READ EACH EMAIL
CAREFULLY!**

FEES

REFUND OF REGISTRATION FEES

a. If you complete Registration only and do not wish to continue on with your programme, your full Student Contribution charge and Capitation fee will be refunded.

b. If you complete Registration and then transfer to another 3rd level institution as a result of a higher offer, your full Student Contribution charge and Capitation fee will be refunded.

c. If you complete Registration and officially withdraw from UCC by 31 October, your full Student Contribution charge will be refunded.

FEES

Tuition: Students entering 3rd level education for the first time are eligible for free tuition fees.

The Higher Education Authority pays this fee on your behalf. Students who have already attended a 3rd level institution for any period of time may be liable for tuition fees. You will need to contact the Fees Office to check your eligibility for tuition fees or check the Fees Office website.

Student Contribution charge:

This is €3,000 for all undergraduate programmes. This is payable by all students unless you are in receipt of a Student Universal Support Ireland (SUSI) grant. For details on how to apply for a SUSI grant please refer to: www.susi.ie

Capitation Fee: The fee is €207 for the 2024/25 academic year and is payable by all students. The fee is used to support certain student services and facilities.

UCC Student Fee Policy:

All students should familiarise themselves with the University Student Debtor Policy.

UCC Resit Exam Fee: Students repeating exams in August 2025 will be subject to resit examination fees of €35 for every 5 credit module being repeated, up to a maximum of €245. www.ucc.ie/en/financeoffice/fees/schedules

Payment of Fees is part of Registration and can be made during Online Registration, either by; Visa Debit Card, Credit Card (Visa, or Master Card). Your account is updated immediately when you pay online. Please ensure you have your credit card details or those of the person paying your fees to hand. You will be asked to make your initial payment as part of Registration.

Note: Payment of fees must be made during online registration. Some banks may have a transaction limit of €2,500.

Withdrawal

The withdrawal date for undergraduate students is from the date of registration up to and including 31 October. 100% of fees paid excluding Capitation fee will be refunded if withdrawal occurs during this time frame.

Withdrawal between the 1 November up to and including 31 January – 50% fees paid excluding Capitation fee will be refunded if withdrawal occurs during this time frame.

ONLINE REGISTRATION MUST BE COMPLETED BEFORE YOU ATTEND ORIENTATION.

GET IN TOUCH

Registration Help Desk

+353 (0)21 242 7409

www.ucc.ie/en/financeoffice/fees/



HOW MUCH DO I NEED TO PAY?

IS THIS YOUR FIRST YEAR IN A 3RD LEVEL INSTITUTION?

NO

- You are repeating your first year in UCC
- You have previous 3rd level attendance
- You have a degree already
- You have changed course

YES

START HERE

You may be liable for Tuition Fees, please refer to the Free Fees Eligibility at www.ucc.ie/en/financeoffice/fees/

HAVE YOU APPLIED FOR A SUSI GRANT?

NO

You are liable for €3,207. Full details on payment terms available on our website

YES

Your application is being processed at time of registration. See Note 1

GRANT NOT AWARDED

You have qualified for SUSI Grant. See Note 1

Ineligible for SUSI Grant you are liable for €3,000. Go to the Fees Office website to find out more www.ucc.ie/en/financeoffice/fees/

Pay the Capitation Fee €207 when completing Registration (online)

NOTES:

1. If you have applied for or have been awarded a SUSI grant you must enter your SUSI Application number at Registration.

2. If you are unable to meet the scheduled payments please contact the Fees Office as soon as possible by submitting your query at www.ucc.ie/en/financeoffice/fees/faqs/.

3. You should familiarise yourself with the UCC Student Debtor Policy as failure to pay your fees may result in your ID Card being withheld or late fee penalties being applied.

GRANTS

STUDENT GRANT

Student Universal Support Ireland (SUSI) is the single awarding authority for all new grant applications.

The student grant application system is an online application system on: www.susi.ie

If you have applied for a SUSI Grant and are still awaiting a decision at the time of registration:

- ✓ Capitation fees of €207 must be paid as part of Registration.
- ✓ If you have applied to SUSI, you will be asked to enter your SUSI application number so please have this to hand when completing Registration.

STUDENTS NOT ELIGIBLE FOR A GRANT

Students eligible for free tuition fees, but not eligible for a SUSI Grant are liable for the Student Contribution fee and Capitation fee of €3,207. Students may pay in two installments. For further information on alternative payment arrangements please check the Fees Office website: www.ucc.ie/en/financeoffice/fees/feepayments

Repeat students, students who have changed course and students who already hold a degree are liable for Tuition, Student Contribution and Capitation fees. Repeat fees are calculated on a pro-rata basis. For further details, please refer to the Fees Office: www.ucc.ie/en/financeoffice/fees

Note:

If you pay the Student Contribution fee and Capitation charge and you are subsequently awarded a SUSI grant, any refund due to you will be issued by the University once payment has been received from SUSI.

GET IN TOUCH

If you're running into difficulties or if you have any queries make sure to contact the Registration Helpdesk.

+353 (0)21 490 3000

www.ucc.ie/en/students/query

www.ucc.ie/en/financeoffice/fees/faqs/



FIND OUT MORE...

www.studentfinance.ie
www.ucc.ie/en/financeoffice

STUDENT ID

Look after your Student ID card as there is a replacement fee of €20 (you can request the replacement at the Student Records & Examinations Office).

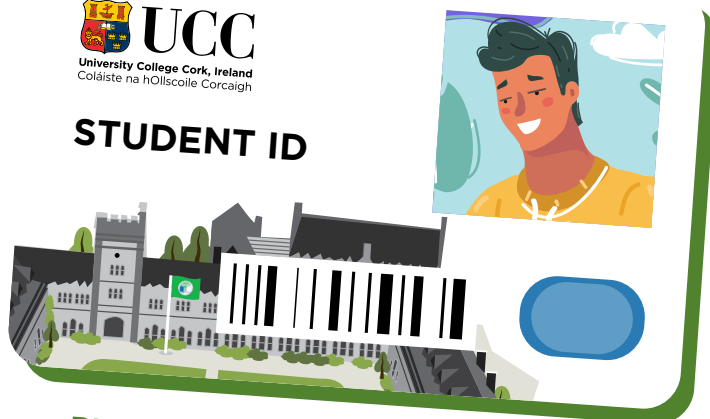
This card will be your official identification card during your time in University College Cork.

Should you decide to withdraw from UCC before completing your degree programme, please return your card to the Student Records & Examinations Office.

Your Student ID card is part of the European Student Card initiative which allows you to access services in other European Universities. Visit <https://europeanstudentcard.eu>.



STUDENT ID



REMEMBER, BOOK YOUR ID CARD COLLECTION FOR A DAY OTHER THAN ORIENTATION.

FITNESS TO PRACTISE

Are you taking a programme where you will undertake placement and training that involves dealing directly with patients, clients or service users?

If so, when you register online you will be asked to self-declare any health or criminal matter that could potentially impact your fitness to fully participate in your studies, clinical practice and/or placement.

Good health in the context of Fitness to Practise means that your health status is such that you are well enough to undertake safe and effective practise under supervision. Good health does not

necessarily mean the absence of any disability/specific learning difficulty or health condition.

A criminal conviction (or prosecution pending) prior to or during your enrolment at UCC will also need to be declared. These declarations will be addressed through Garda Vetting. Please see UCC's Garda Vetting Policy at www.ucc.ie/studentvetting

UCC will endeavour to support you during your studies.

The programmes in UCC which are subject to UCCs Fitness to Practise policy are ones which

involve interaction with patients/clients and that usually lead to registration with a professional body. You should not be afraid to make a declaration if you have a condition for which you may need additional supports.

Many students with health conditions, disabilities or specific learning difficulties are able to practise with or without adjustments to support their practise and you are legally supported in this. Further information including the full list of the programmes subject to this Fitness to Practise requirement is available at:

www.ucc.ie/fitnessstopractise

HEALTH SCREENING

It is a requirement for students on certain courses that involve placement in clinical setting that they be screened for and immunised against certain infectious diseases. These illnesses include Hepatitis B, Measles, Mumps, Rubella, Varicella Zoster, and Tuberculosis.

All students are also screened for immunity to other infectious illnesses and recommended to be immunised against these illnesses if not immune. These illnesses include Measles, Mumps, Rubella, Varicella Zoster, and Tuberculosis.

This infectious disease screening and immunisation programme is provided by the Student Health Department, which is responsible for certifying your immunity status prior to your placement in a clinical setting during the clinical component of your course.

It is essential that you fully comply with all aspects of the programme, to protect you, your future patients and the clinics and hospitals you will be attached to.

The Fee for this service will depend on what you are enrolling for and what vaccines you've had previously.

This fee must be paid by students in the following programmes:

- ✓ Medicine
- ✓ Dentistry
- ✓ Pharmacy
- ✓ Clinical Therapies (e.g. Occupational Therapy and Speech & Language Therapy)
- ✓ Dental Hygiene
- ✓ Dental Nursing
- ✓ Nutrition

The fee will be payable at the Student Health Department at each student's immunisation appointment. You will be advised of how to register and pay for this service when you begin your course.

Nursing students are screened and immunised by the HSE and do not have to pay the fee.



COST OF LIVING

1 NO POVERTY



GET IN TOUCH

Make an appointment to talk to the Student Budgetary Advisor about budgeting.

✉ studentbudgetingadvice@ucc.ie

🌐 ucc.ie/en/sfsa

FIND OUT MORE...



www.ucc.ie/en/sfsa/budgeting/

Many courses have essential requirements to complete modules such as laptops. The University provides a laptop scheme to assist those who may not be able to financially acquire a laptop. For information on eligibility please see: www.ucc.ie/en/sfsa

ASSISTANCE FUND

The Student Assistance Fund provides financial assistance for full-time higher education students who are experiencing financial difficulties whilst attending university.

The Student Assistance Fund provides a further source of funding for higher education students in addition to the Student Grant. All full-time registered students (subject to EU status), are eligible to apply for assistance from the fund. Students may be supported for one repeat year only. Further information: www.ucc.ie/en/sfsa

SOCIAL LIFE & ENTERTAINMENT

€200 per month

Social life and entertainment costs are subject to one's budget and interests. For guidance, streaming sites such as Netflix, Amazon Prime and Disney+ can be expensive and you could pay up to €30 per month for such services. Factor in Deliveroo (1 x €12.50 per week), online shopping (€30 per month), phone credit (€20 per month), Spotify (€5 per month) and at least two coffees a week at (€6 per week), cinema (€15 per month) and maybe a drink with a friend (€20 per month), you could have expenses of around €200 per month.



STUDENT ACCOMMODATION

Ranging from approx. €6,500 to €11,000 per academic year

The average cost of apartment style student accommodation is approx. €8,000 per academic year. Prices for apartment style accommodation may include utility bills and a lease can last from 37 to 42 weeks. Due to recent changes in Irish law, students who avail of student-specific accommodation may now request to pay their accommodation in monthly installments. Check out our student accommodation options on p22.

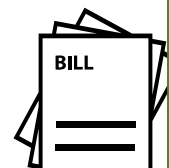


UTILITY BILLS

Approx. €100 per month

Utilities include bills such as internet access (approx. €20*), electricity/gas (approx. €70*), and bins (approx. €10*). It is, however, reasonable to assume a bit of leeway here as bills can vary across the city, with different suppliers, usage, number of people sharing the bills and can depend on the condition and age of the house.

**prices estimated are per month per student*



FOOD

€240 per month

We all have to eat, and students need to factor in a food budget. You should put aside at least €60 per week for a weekly grocery shop. Make sure to eat plenty of brain food (such as green veggies, berries and fatty fish) to supercharge your brainpower during your studies!



PRIVATE RENTALS

Ranging from approx. €600 to €700 per month

Cork has a vibrant rental market with availability in both private rental and purpose-built student accommodation. Rental costs can vary according to location, quality, and the amount of people you choose to live with.



TRANSPORT

Can be as low as €0 per month

If you live in Cork city, then your daily commuting costs to college will be very low. With UCC being within 1km walking distance to most accommodation complexes and to the city, UCC's location allows you to walk, run or cycle to campus with ease. Zero cost, zero carbon commuting. A win-win situation all around!



STUDENT SERVICES

2



- ACCOMMODATION
- NITELINE
- CAREER SERVICES
- SKILLS CENTRE
- ACCESS UCC
- UCC LIBRARY
- CHAPLAINCY
- IT SERVICES
- UCC PEER SUPPORT
- STUDENT HEALTH AND WELLBEING
- STUDENT MENTAL HEALTH AND WELLBEING HUB
- STUDENT SUPPORT TREE

ACCOMMODATION

ACCOMMODATION AND COMMUNITY LIFE

The Office of Accommodation and Community Life provides an information service for incoming and current UCC students who are seeking safe and affordable accommodation throughout their academic journey.

We provide up-to-date advice on all types of accommodation in the local and surrounding areas: purpose-built and owner-occupied student accommodation (apartment style), private house shares (with other students) and digs (owner occupied homes).

DON'T FORGET

You may not always be living with or next to someone who shares your schedule or lifestyle. Be respectful of your neighbours and look out for people around you who might need help. To learn about UCC's CampusWatch, see p50.

GREEN LIVING, ALCOHOL FREE/ SUBSTANCE AWARE AND QUIET HOUSING

We are delighted to announce that students attending UCC can now avail of Green Living, Alcohol Free/Substance Awareness and Quiet Housing options in all UCC Campus Accommodation complexes.


Students who wish to live in one of these housing options must agree to adhere to Campus Accommodation UCC regulations in advance of occupancy commencing.

THESE VERY SUCCESSFUL ACCOMMODATION INITIATIVES HAVE BEEN DEVELOPED TO CATER FOR THE DIVERSITY OF THE STUDENT BODY AT UCC.

GET IN TOUCH

To help with your search, or to understand your rights as a tenant, please check out our website or get in touch.

 www.ucc.ie/en/accommodation

 +353 (0)21 490 3849
+353 (0)21 490 3091

 resservices@ucc.ie

CAMPUS ACCOMMODATION FOR FIRST YEAR STUDENTS

Victoria Lodge	+353 (0)21 494 1200	victorialodge@ucc.ie
Castlewhite Apartments	+353 (0)21 490 2867	castlewhite@ucc.ie
Áras Uí Thuama (University Hall)	+353 (0)21 490 2314	g.labh@ucc.ie
Victoria Mills	+353 (0)21 486 7615	info@victoriamills.ie
University Hall	+353 (0)21 481 8400	universityhall@ucc.ie

NITELINE

Niteline is a listening service run for students, by students. Niteline has two contact options for students, a Freephone number or an instant messaging tool. It is a 100% anonymous, non-judgemental, non-directive, confidential service.

It is run by UCC students who have been trained by the Cork Samaritans. The service is available to any student who needs someone to talk to about any issue or concern they may have.

Niteline runs Sunday – Thursday, 9pm-1am during term time. The Niteline number is 1800 32 32 42. You can access the instant messaging service and more information regarding Niteline at: www.ucc.ie/en/peersupport/niteline

CAREER SERVICES

CAREERS CONNECT

UCC Career Services offers all UCC students and recent graduates access to the Connect platform. Once signed in, you can book your appointment to meet with a UCC Career Consultant, register for careers events and browse part-time jobs, internships and graduate roles/jobs.

EVENTS

Engage with our team and employers from a whole host of sectors at webinars, career fairs and targeted events. Check the events calendar and look out for our social media posts.

www.ucc.ie/careers

GETTING EXPERIENCE

Register on Careers Connect where you can find part-time jobs, internships and graduate roles. Set up your profile and select your job notification preference:

careersconnect.ucc.ie

Find voluntary opportunities in non-profit organisations and UCC EmployAgility roles on our dedicated Student Volunteer website:

www.studentvolunteer.ie/ucc

UCC EMPLOYAGILITY AWARD

The UCC EmployAgility enables students to receive formal recognition for taking part in extra-curricular activities both inside and outside of UCC.

The six pathways are:

- ✓ Internship Pathway
- ✓ Student Life Pathway
- ✓ Volunteering Pathway
- ✓ Entrepreneurship Pathway
- ✓ Innovation Pathway
- ✓ Open Pathway

CATCH UP ON WEBINARS

Catch up on webinars on topics such as Creative Job Searching, Creating your Online Brand, Networking to Access the Hidden Jobs Markets and more by logging onto our dedicated student-sign in Panopto space.

PROFILING FOR SUCCESS

Not sure of what career would suit you? Unsure of what truly motivates you? Access online psychometric questionnaires to enhance your self-awareness, help you to plan your career and make good career decisions. Profiling for Success will provide you with a confidential, personal report of your career interests, personality, motivation and learning style.

www.ucc.ie/en/careers/areyouacurrentstudent/advice/profilingforsuccess/

GET IN TOUCH

Connect with a member of the Career Services team.

- 📍 UCC Career Services, 2nd Floor, The Hub, University College Cork, T12 YF78
- ☎ +353 (0)21 490 4802
- ✉ careers@ucc.ie
- 🌐 www.ucc.ie/careers

SKILLS CENTRE

The Skills Centre helps you find your academic feet in UCC.

Our approach is 100% student-centered, you are our main concern!

We can show you how to manage your assignments and navigate the academic challenges of university life. You can meet with our tutors' face to-face and virtually, developing your writing, digital, time management and study skills. If presentations are your thing, then our SPEAK team will work with you to develop your individual presentation style to become an engaging speaker.

Our tutors (current postgrad students) are here to help you understand how to organise your work effectively, develop a proper academic argument and help you to unpack your assignment question.

Our Calculation Centre will help you address any challenges you may have with a mathematical component in your course and our Digital team will help you to become familiar with the technology needed for university life. Using different activities to suit all learning styles and needs, our team encourages you to improve your written and verbal academic

communication and study approaches to ensure you are on the pathway to success.

Remember, we are here whenever you need us to **#unlockyourpotential**. We cannot wait to meet you.

GET IN TOUCH

- Skills Centre**
- ☎ +353 (0)21 490 3839
- ✉ skillscentre@ucc.ie
- 🌐 skillscentre.ucc.ie



ACCESS UCC



**Access
UCC**

Access UCC is committed to creating an accessible, inclusive, and supportive learning environment for students. The Access UCC Team are here to support you on your journey through UCC. Please see further details of the services provided below.

FIND OUT MORE



www.ucc.ie/access

DISABILITY SUPPORT

Disability Support works with students and staff to ensure that appropriate support is put in place to enable students with a disability to achieve their academic potential.

Students can register with Disability Support when completing their overall online university registration. Appropriate medical verification will be required. For information on this, please visit www.ucc.ie/en/access/support-while-in-ucc/disability-support/ for more details about medical verification.

Once registered, an appointment will be arranged with an advisor. A Needs Assessment will be carried out to identify support and reasonable accommodations for the student's academic journey at UCC. Students can request a review of their Learning Educational Needs Summary at any time during their studies at UCC. Students who go on Erasmus will need to have an Erasmus Learning Educational Needs Assessment, and those with Placement as part of their course need to have Placement Learning Educational Needs Assessment to identify the appropriate supports for their new environment.

On-campus resources available to eligible Disability Support registered students include

access to the:

- ✓ **Assistive Technology Lab - located on the ground floor of the Boole Library**
- ✓ **Calm Zone - next to the Student Hub**

Disability Support has also developed a toolkit that provides information and advice to autistic students preparing to go to college, registering with Disability Support, and other useful information on resources. Check it out at ucc.autism-uni.org/.

MATURE AND QQI FET SUPPORT

We are here to support you through your undergraduate journey. We can advise and direct you as you settle into student life, so make sure to reach out to us. We strive to make the transition to UCC as smooth as possible.

SUPPORTS INCLUDE:

- ✓ Pre-entry application support and guidance
- ✓ Dedicated Pre-entry Orientation Programme
- ✓ Advice and support on financing your studies
- ✓ Life coaching
- ✓ Tutorial support
- ✓ Events throughout the year

FIND OUT MORE



youtu.be/WmKafRGO2Kg

PLUS PROGRAMME

The PLUS Programme provides a variety of personal, practical, academic, and financial support to students who have entered UCC as part of the Higher Education Access Route (HEAR) Scheme. You can find out details on the HEAR Scheme on www.accesscollege.ie/HEAR.



ACCESS UCC

STUDENT FINANCIAL SUPPORTS & ADVICE

The Student Financial Supports & Advice Office aims to support students through financial assistance, information, and advocacy. Financial support is available to students who experience financial difficulty while attending university.

The office also offers all students the opportunity to engage with our dedicated Student Budgetary Advisor. The advisor will support you with enhancing your money management and financial literacy, support you with any issues with your SUSI and offer sound advice on potential funding for your time at UCC.

Services which currently operate under the Student Financial Supports & Advice office are:

- ✓ Student Assistance Fund (Full Time Students only)
- ✓ Financial Aid Part Time Fund (Part Time Students only)

- ✓ Laptop Loan Scheme
- ✓ New Avenues to Teaching (NAT) Bursary (School of Education Students only)
- ✓ Student Budgeting Advice
- ✓ SUSI Support
- ✓ 1916 Bursary support, Department of Social Protection Queries,
- ✓ Educational and Rental tax credit queries

BOOK AN APPOINTMENT



www.ucc.ie/en/sfsa/contact



10 REDUCED INEQUALITIES



GET IN TOUCH

+353 21 4904807

1.43 First Floor,
The Hub, Main Campus

Disability Support

dssinfo@ucc.ie

Mature Student Support

mso@ucc.ie

QQI Student Support

qqisupport@ucc.ie

PLUS Programme

uccplus@ucc.ie

Student Financial Supports & Advice

studentassistancefund@ucc.ie

studentbudgetingadvice@ucc.ie



UCC LIBRARY

The Library consists of the Boole Library on main campus and the Brookfield Health Sciences Library.

All registered students will receive a student ID card which you can use to access the Library and its electronic resources and borrow materials.

KEY SERVICES

- ✓ Free access to digital tools and technologies through the Digital Scholarship Studio such as virtual reality, 3D printing, the Library Studio, Podcast Studio and equipment borrowing. The Digital Scholarship Studio also provides access to a wide range of specialist software including software from the Adobe suite, video editing, sound editing, 3D rendering, 3D printing, scanning and more.
- ✓ Zoned study spaces on all floors for silent individual study or collaborative work, including the Creative Zone and new Social Space with boardgames to encourage breaks from study on Q floor.
- ✓ Group study rooms and study pod bookable online.
- ✓ Scan and Deliver, a free electronic document delivery service.
- ✓ 72 Chromebooks free to borrow and use anywhere on campus for up to 4 hours.

FAST FACTS!

- **Over half a million books in print and access to 3,000+ print journal titles**
- **Access to: 141,500+ e-journals
1 million+ e-books
& 250+ databases**



7 AFFORDABLE AND CLEAN ENERGY



GET IN TOUCH

UCC Library

★ University College Cork, T12 ND89

☎ +353 (0)21 490 2292

✉ library@ucc.ie

🌐 libguides.ucc.ie

✂ ucclibrary

📷 [ucclibrary](https://www.instagram.com/ucclibrary)

📘 [UniversityCollegeCorkLibrary](https://www.facebook.com/UniversityCollegeCorkLibrary)

CHAPLAINCY - A HOME AWAY FROM HOME

ABOUT US

As a UCC Department for wellbeing & health, we support all UCC students & staff, of any gender, age, disability, family status, sexual orientation, marital status, religion, or ethnicity.

We are delighted to welcome all in the UCC family to our vibrant and warm community where you can meet new friends, unwind between classes, and just be yourself.

We offer many opportunities for reflection, growth & support. Our Chaplains are always available to listen and to accompany you on your university journey.

EVENTS & ACTIVITIES

- ✓ Free Tea & Coffee
- ✓ Confidential Listening

- ✓ Multi-Faith Prayer & Meditation Room
- ✓ Weekend Retreats & Walks
- ✓ Taizé Evening Prayer
- ✓ Spiritual Accompaniment & Direction
- ✓ Bereavement Support
- ✓ Study Week Stress Relief
- ✓ Pastoral Support
- ✓ Film & Book Discussions
- ✓ Bible Studies, Faith Sharing & More!

LOCATION

The Chaplaincy Centre is located on College Road and open from 8am to 5pm Monday to Friday.

LE CHÉILE PROGRAMME

Le Chéile is a 4-week programme encouraging personal skill development for proactive

student-to-student assistance and intervention. The programme features expert speakers and scenario-based practice for situations involving mental health, active listening, suicide, bystander intervention, and drugs & alcohol. Contact us to learn more!
lecheile@ucc.ie

GET IN TOUCH

★ Chaplaincy Centre
Iona House College Road,
Cork, Ireland T12 PY24

☎ +353 (0)21 490 2459

✉ chaplaincy@ucc.ie

🌐 www.ucc.ie/en/chaplaincy

📘 [UCC Chaplaincy](https://www.facebook.com/UCCChaplaincy)

📷 [ucc_chaplaincy](https://www.instagram.com/ucc_chaplaincy)

IT SERVICES

IT SERVICES FOR STUDENTS

UCC Student IT Helpdesks are located in the Boole Library. These make up the nerve centre for Student IT Services in UCC, with over 450 computers and printing facilities. The other open access labs and dedicated departmental labs under IT Services control, contain approximately 600 further machines which are available to students.

IT SERVICES FOR STUDENTS

For a full list of locations and opening times please see: sit.ucc.ie.

Registered UCC students are welcome to use these facilities at any time during opening hours. Software available on the Student IT Centre computers includes the following:

- ✓ **Internet Access**
- ✓ **MS Office**
- ✓ **SPSS**
- ✓ **Services - Printing, Network Access & Wireless**

All students will need a Student IT Account to use the computers. Your Student IT Account password will be sent to you before Registration. If you encounter any problems logging into the network, take your valid UCC Student ID card to the Student IT Helpdesk in the Boole Library for assistance.

Some departments may also have their own computer rooms which their students can use. If this is the case the department will inform you about them. You may also bring your personal computer to university which you can connect to the UCC wireless network. Details on connecting laptops to the wireless network can be found online at: www.ucc.ie/en/sit/wireless.

EMAIL - STUDENT UMAIL ACCOUNT

A student email account is automatically created for every registered UCC student. Your account can be accessed from: sit.ucc.ie.

Please note that your student email (umail) account can take up to 24 hours to activate.

MS LEARNING PATHWAYS

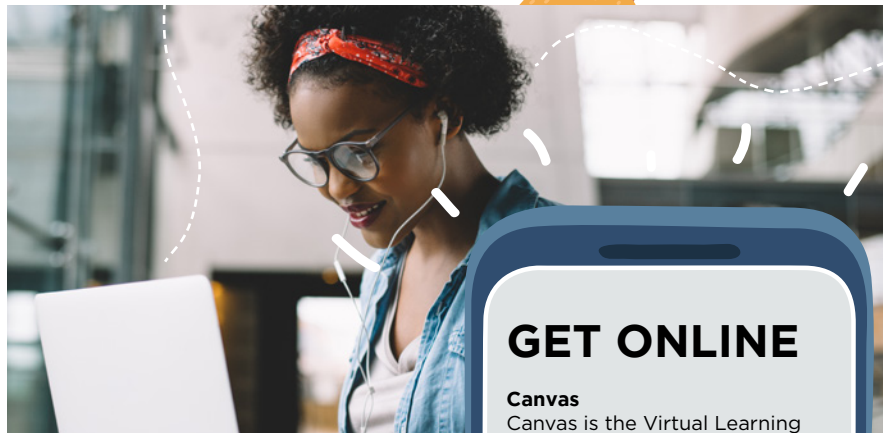
UCC Microsoft Learning Pathways is a Microsoft-driven self-learn tutorial portal, which has been customized for use in UCC. This on-line training is available free to all UCC students & staff. Simply follow the link below, click on Student and log in with your UCC student credentials.

uccireland.sharepoint.com/sites/UCCM365

DON'T FORGET

During your time as a registered student you will receive very important communications related to your degree from the Office of Deputy President and Registrar (Admissions, The First Year Experience Coordinator, Student Records and Examinations) and the Fees Office.

Please ensure that you check your umail regularly.



GET IN TOUCH

IT Services

- 📍 Boole Library
- ☎ +353 (0)21 490 2120
- 🌐 www.ucc.ie/en/sit/support

IT Student Helpdesk Hours:

Weekdays: 8:30am - 9:00pm
Saturdays & Sundays:
10:00am - 6:00pm

GET ONLINE

Canvas

Canvas is the Virtual Learning Environment used in UCC; enabling lecturers to create an online learning environment to supplement your coursework. A Canvas account will automatically be created for students following registration.

How do I log on to my Canvas account?

1. Go to sit.ucc.ie
2. Click on the Canvas icon.

If you have any queries regarding your canvas account please visit sit.ucc.ie for more information.

UCC PEER SUPPORT

Throughout your first year at UCC, you will receive support and guidance from your Peer Support Leader (PSL). Your PSL is an experienced UCC student, trained to assist you in transitioning into the University and becoming part of the UCC community. At orientation, a PSL will guide you through your first day on campus. You will also be assigned a PSL who will provide you with ongoing help and support throughout your first year. Peer Support Leaders are volunteers who come from a diverse range of backgrounds, life experiences, courses and years. Nothing is too small to talk to your PSL about.

WHAT CAN A PEER SUPPORT LEADER DO FOR ME?

PSLs are there to LISTEN to your concerns, INFORM you on resources available to you and LINK you to the supports you need on

your first-year journey. They may not be able to resolve every issue for you directly but they will know who in the University can help. They can meet you one-to-one, listen to your concerns and give you the benefit of their experience, either once-off or regular contact. PSLs won't judge you and anything you discuss will remain completely confidential.

They can offer practical help on things like timetables, locations, joining Clubs & Societies, becoming a class rep, accessing student services etc., or just provide a listening ear if you're finding things difficult.

HOW CAN I MAKE CONTACT?

Your PSL will email you during Freshers' Week to see how you are settling in and periodically throughout the year after this. Should you have any questions

about the programme you can email the Peer Support office at **peersupport@ucc.ie**. Your query will be treated confidentially. Contact with a PSL is on your terms.

If at any point during the year you cannot find your PSL's contact details in your email you can simply email **peersupport@ucc.ie** and we will provide you their details.

GET IN TOUCH

Peer Assisted Student Support

+353 (0)21 490 4810

peersupport@ucc.ie

Niteline

1800 32 32 42

www.ucc.ie/en/peersupport/niteline

STUDENT HEALTH AND WELLBEING

Entering university is a time of many changes, and for some this includes becoming sexually active for the first time. It is important that you make yourself aware of the risks associated with this and if concerned you should consider making an appointment to see the nurse or doctor at the Student Health Department.

Infectious diseases can spread easily on campus. You are advised to protect yourself and others by ensuring you have received all recommended childhood and adult vaccinations including vaccinations and boosters, especially the MMR booster this year to protect against Measles Mumps Rubella, given the recent outbreak of Measles in the UK and Europe.

The Student Health Department is not a General Practice (GP), cannot undertake home visits, or provide out of hours care in the evenings or at weekends. It is essential that you register with a GP nearby.

The Student Health Department offers a comprehensive contraception and family planning service (free to those aged 17-35), advice on safe sex and sexual health, a health screening and immunisation programme, travel immunisations and advice to students travelling abroad, as well as being available to deal with acute illnesses that occur in the student population.

An on-site physiotherapy service is available to students recovering from musculoskeletal problems and injuries, and a team of experienced mental health professionals are available to those suffering from mental distress or mental illness.

**NEED
SCREENING
FOR YOUR
COURSE?**

See p19

STUDENT MENTAL HEALTH AND WELLBEING HUB

The new Student Mental Health and Wellbeing Hub is located at 1-4 Brighton Villas on Western Road. It brings together in one place a range of supports which promote the mental health & wellbeing of our students, aiming to make UCC an “Early Interventions University”, offering the right care, in the right place, at the right time.

The Student Health Department's Mental Health and Wellbeing teams are based in 1 Brighton Villas, and the Student Counselling and Development operate out of Brighton Villas 2,3, and 4.

STUDENT COUNSELLING AND DEVELOPMENT

University College Cork provides a free confidential counselling service to help you with any concern which may affect your personal and/or academic progress while in UCC. Counselling offers a supportive, private space that can help you get a new perspective on an issue you feel stuck with, help you cope with an unexpected crisis and help you to develop healthy strategies to manage ongoing difficulties. As well as one-to one counselling (available online or in-person), Student Counselling & Development provides various workshops and programmes throughout the year including:

- ✓ **Managing Stress/Anxiety**
- ✓ **Mindfulness**
- ✓ **Coping with Distress**
- ✓ **Harm Reduction & Alcohol Awareness**
- ✓ **Decider Skills**
- ✓ **Bereavement**

See our website for how to avail of our services: www.ucc.ie/en/studentcounselling
Online self-help support programmes and further helpful information is also available on our website.

STUDENT HEALTH DEPARTMENT

The Student Health Department team located in 1 Brighton Villas provides a range of services including:

- ✓ **Consultant Psychiatry**
- ✓ **Mental Health Nursing**
- ✓ **Occupational Therapy**
- ✓ **Stress management and mindfulness classes delivered by our Student Wellbeing Coordinator**

Our consultant psychiatrist, mental health nurses and occupational therapist offer supports for students who require a higher level of professional assistance. If you would like a consultation, you can discuss it with the GPs at Student Health at the Crow's Nest and see if you are suitable for a referral.

Brighton Villas 1 is also home to Healthy Campus and Health Matters professionals working to improve staff and students' health and wellbeing. They help co-ordinate health promoting events/projects on campus, ensuring that UCC as a place of study and work is health-enabling and health-promoting.



GET IN TOUCH

Student Health Department Mental Health and Wellbeing

- 📍 Brighton Villas 1,
Western Road, T12 V304
- ☎ +353 (0)21 490 2311
- 🌐 www.ucc.ie/en/studenthealth/

Student Health Department

- 📍 Crow's Nest, Carrigrohane Road
- ☎ +353 (0)21 490 2311
- 🌐 www.ucc.ie/en/studenthealth

Opening Hours Daily From:
9.15am- 12.15pm
2.15pm - 4.15pm

Make an appointment in person at reception or by phone.

Student Counselling and Development

- ✉ counselling@ucc.ie
- 🌐 www.ucc.ie/en/studentcounselling

Student Mental Health and Wellbeing Hub,

- 📍 Brighton Villas 2-4
University College Cork,
Western Road, Cork
T12 PY88

Emergency: Dial 999 or 112

Pieta House

If you are at risk of self-harm,
freephone: 1800 247 247

Hospitals:

Mercy Hospital A&E

Cork University Hospital A&E

Samaritans

For urgent support text UCC
to 50808 to chat anonymously
with a trained volunteer or
freephone 116123.

SUPPORTING UCC STUDENTS

SUPPORT TREE SHOWING STUDENT SERVICES

The “**Acorn to Mighty Oak**” has come to symbolise students’ academic, personal and professional development journey throughout their time at UCC. In alignment with this rich metaphor, the support services available to students are presented in the form of a **Support Tree**.

This tree depicts the support services currently available to students and provides links to further information about each service.



STUDENT LIFE

3

- SOCIETIES
- CLUBS
- STUDENTS' UNION
AONTAS NA MAC LÉINN
- CORK - OUR HOME,
YOUR HOME
- MY CANINE COMPANION
- PAWS@UCC



SOCIETIES

Dia Daoibh!

My name is Ciara Barrett, I use any pronouns, and I'm your President for UCC Societies 2024/25! Welcome to UCC, I really hope you enjoy your time here to the fullest. Here in UCC we have 117 Societies spanning every interest, from academic Societies such as the Engineering Society, to Creative such as the Musical Theatre Society. We have something for everyone, with 7 groups of Societies here in UCC: Charitable and Religious Societies, Creative Societies, Political and Activist Societies, Arts, Cultural, and Debating Societies, Academic Societies, and Social Societies! If there's something you feel is missing you can even start your own Society!

Societies are for students, by students, and all Society activity is overseen by a group of 8 elected students who help facilitate and support UCC societies in everything from social media to welfare. Societies are at the forefront of student life in UCC, and the Societies community is one of the most open and welcoming I've ever experienced. Societies help students make friends, develop skills, explore interests, and involve themselves in student life both on and off campus. Events cover everything, from movie screenings in the Boole lecture theatres, Surgeon Noonan's trips supporting African hospitals with medical students, conferences like Neurodiversity Society's ND Conference, and large-scale social events such as the Pop Culture Society's Harry Styles Club Night. There truly is something for everyone, and I can't speak highly enough of the Societies here in UCC.

My journey in Societies began in 2020, my first year in UCC. Everything was held online, and I had no idea how I was going to make friends in college. I joined the Harry Potter Society as Sponsorship Officer, later taking on the role of Events and Accessibility

Officer, working to raise money for a variety of Charities. I also joined the Feminist Society as an Ordinary Committee Member, later becoming Campaigns Officer and Vice-Chair. In the final year of my undergraduate degree I was elected as Conference Director for the Bród Society, running the Society's Conference. Through these Societies, I have not only found some of my closest friends but also my area of interest academically, as I chose to do a Masters in Women's Studies with my area of interest in feminist activism and activist spaces, research I hope to continue when my term as Societies President comes to an end. During my Masters, I sat on the Societies Executive as Welfare and Accessibility Officer, and I ran for President as I was astounded every day by the work carried out by Societies and wanted to be able to support them and facilitate their fantastic work.

If you're interested in joining any Societies here in UCC, social media is a fantastic place to start. Most Societies promote their events via social media and explain how you can get involved. There's no limit to how many you can join and no membership fee. If you want to get more involved, all Societies have a First Year Representative position on their committee, which is usually elected in October.

This is just a brief look at what societies do but if any of this sounds like something you would be interested in don't be shy about reaching out and seeing how you can get involved! Check out our Instagram @uccsocieties, or our website www.ucc.ie/en/societies/ to see more about what we're up to and what is on offer. You can also email me president@uccsocieties with any questions or if you just want to know more.

Grá agus dlúthpháirtíocht,
Ciara Barrett



**I REALLY HOPE YOU ENJOY
YOUR TIME HERE IN UCC
AND YOU ARE ABLE TO
MAKE THE MOST OUT
OF WHAT UCC AND THE
UCC COMMUNITY HAVE
TO OFFER!**

JOIN A SOCIETY



[societies.ucc.ie/
about/join-a-society/](http://societies.ucc.ie/about/join-a-society/)



SOCIETIES

Creative

Scribble
Choral
Dramat
DJ
An Cumann Drámaíochta
Film & Photography
Irish Traditional Music
Knitting & Crochet
Music
Musical Theatre
Orchestra

Science, Engineering & Food Science

Architecture
Biology
Biomedical
Chemical
Engineering
Food and Nutrition
Genetics
BEES
Maths
Physics & Astronomy
Science
WiSTEM
Biochemistry & Biotechnology
Data & Analytics
Neuroscience & Neurology

Business & Law

Consulting
BIS
Commerce
Entrepreneurial & Social
Economics
Enactus
Law
Accounting & Finance
Women in Business and Leadership

Medicine & Health

Clinical Therapies
Dental
GP
Medical
Translational Medicine
Pharmacy
Surgical
Emergency Care
Medical Research and

Technology
AMSI
Dermatology
Nursing & Midwifery
Psychiatry

Charitable, Development & Religious

FLAC
Friends of MSF
HOPE Foundation
Sámh
Simon
Surgeon Noonan
Engineers without Borders
Christian Union
Islamic
Alzheimers
Cancer
Guide Dogs
Jewish

Political & Activism

Socialist
Europa
Fianna Fáil
Sinn Féin
Social Democrats
People Before Profit
Labour
Students for Sensible Drug Policy
Environmental
Feminist
Vegan
Fáilte Refugees
Government & Politics
Co-Operative and Community Action
Global Justice

Social

African & Caribbean
Dodgeball
Harry Potter
Fashion
Horse Racing
Indian
Erasmus and International
Bród
Macra na Feirme
Netsoc (online gaming)
Neurodiversity

Sci-Fi
Slavic
Simpsons
WARPS (gaming)
Yoga & Meditation
Pop Culture

Arts, Cultural & Debating

Philosophy
International Relations
An Chuallacht
English
French
German
Japanese
Korean
Archaeology
Planning
Psychology
Criminology
Chinese
Arabic
Ancient History & Civilisation
Folklore
Historical
Bangladeshi
Hispanic
Pakistani
Italian



CLUBS

Hi there!

My name is Donnchadh Mac Aodha and I am the Clubs' Executive President for 2024/25. The Clubs' Executive oversees the day-to-day admin and running of our 48 active sporting clubs, in partnership with the Department of Sport and Physical Activity (DSPA). I would like to take this opportunity to welcome you to UCC and wish you the very best of luck as you begin your college journey!

UCC is a hive of activity throughout the academic year and clubs form an integral part of this by providing social and sporting opportunities for their members both around campus and further afield. The Clubs' Exec supports 48 clubs that offer something for everyone, from highly competitive sporting action to social and beginner activities. So, whether you have been involved in sports all your life or are looking to start something completely new, you are sure to find your tribe here at UCC.

Synonymous with UCC's sporting culture is the skull and crossbones logo which was adopted by the university's rugby club in the late 19th century and has since evolved into one of the most recognisable sporting brands in Ireland. All clubs now wear the symbol proudly whether competing locally, nationally or internationally.

Not only is sport a fantastic way to keep fit and healthy, but the bonds you create with your teammates become lifelong friendships. All of our clubs go above and beyond to foster a community spirit between their members, offering a unique opportunity to get to know people with a shared passion for your chosen sport. First year is a brilliant opportunity to try your hand at something new, whether that be Aussie Rules, Canoeing, Equestrian, Fencing, or any of the other sports on offer at UCC. Keep an eye out for tester events and freshers' training sessions as the year gets underway in September.

For me personally, I have been heavily involved with UCC Athletics. I attended my first training session in 1st year, before freshers' week had even finished, and haven't looked back since. I have met some of my closest friends, made some of my fondest memories, and wore the skull and crossbones with pride while competing for UCC. Each club has a committee of students who run the club from week to week, organising events, training schedules, teams for competitions and so much more. In 1st year, I was apprehensive about taking on a committee role, but became involved with the athletics committee in 2nd year as Public Relations Officer, before being Distance Captain in my final year. This was an amazing opportunity to develop leadership and organisational skills and one I would highly recommend to all of you.

Club activities are varied and diverse, with a vast array of training sessions, social events and intervarsity competitions happening on and off campus every week of the year. At the heart of all this activity is UCC's commitment to a holistic approach to sporting endeavours. Our success at local, national and international competitions is just as important as ensuring all students benefit from the social, mental and health benefits of engaging in sport. Each club balances excellently the needs of the experienced and the novice while providing a valuable outlet for all students to unwind from college stress and meet new and interesting people.

Central to all of this sporting activity are our state-of-the-art training facilities. The Mardyke Arena (T12 N1FK) boasts a 25m swimming pool, 3 sports halls, an indoor climbing wall and a variety of gym and studio spaces. By swiping in with their student card, all UCC students have access to the blue, green and red gyms for their personal use. The outdoor facilities at the Mardyke also include fully floodlit soccer/



rugby and GAA pitches, along with a synthetic pitch for hockey and other sports. In addition to these fantastic amenities, we have 52 acres of playing field at our other sports ground in Curraheen, affectionately known as "The Farm". Much of these facilities are utilised by clubs week-in, week-out to provide training and competition opportunities for their members.

So once again, welcome to UCC, and I hope each one of you will enjoy your time here as much as I have. If you have any questions at all then please make sure to get in touch by emailing me at president@uccclubs.ie or calling up to see me on the first floor of the Hub building in the Clubs & Societies Area, my door is always open!

Le gach dea-ghuí,
Donnchadh Mac Aodha.

BOOK OUR FACILITIES



[portal.sportskey.com/venues/
university-college-cork](https://portal.sportskey.com/venues/university-college-cork)

CLUBS

17 PARTNERSHIPS
FOR THE GOALS



Archery

Athletics

Aussie Rules

Badminton

Basketball

Boxing

Camogie

Canoe

Chess

Cricket

Cycling

Dance

Equestrian

Fencing

Futsal

Gaelic Football

Golf

GAA Handball

Hockey

Hurling

Inline Hockey

Judo

Karate

Kickboxing

Kung Fu

Ladies Gaelic Football

Men's Soccer

Mountaineering

Olympic Handball

Olympic Weightlifting

Orienteering

Powerlifting

Rover Scouts

Rowing

Rugby

Sailing

Squash

SubAqua

Surf

Swimming & Waterpolo

Table Tennis

Taekwon-Do

Tennis

Trampoline and Tumbling

Ultimate Frisbee

Volleyball

Wakeboarding

Women's Soccer



STUDENTS' UNION | AONTAS NA MAC LÉINN

ABOUT US | FAOIN AONTAS

Run by students, for students, UCC Students' Union is the chief representative body for all students in UCC. We are an autonomous body run by an executive team of 6 full-time officers and numerous part-time representatives who are democratically elected by you, the student body, every year. Our offices and adjoining SU Common Room are located at the heart of UCC's campus at 54 College Road, behind the Boole Library and O'Rahilly Building (ORB).

When you become a UCC student, you automatically become a member of your Students' Union, and we work all year round to represent you and support you throughout your time as a student. It's our job to look after all of your needs and ensure you have a great student experience! This includes everything from giving advice on exams, helping you out with financial issues, and connecting you with mental health services all the way to organising the best events across the campus and city for you, as well as campaigning on issues that affect students and unionising to secure educational and social change.

HOW TO GET INVOLVED | CONAS PÁIRT A GHLACADH

As mentioned, now that you are a UCC student you are automatically a member of UCC Students' Union. However, there are a few ways you can get more involved with your Union. As a first year, the easiest way is to become a Class Representative (either an Academic Rep or an Entertainments Rep). Every course has at least one of each and they are elected within the first few weeks of college. Some courses will have more than one of each depending on the number of students in a course. It's an Academic Class Rep's job to represent the interests of the class they represent. This involves communicating with their course department if issues or problems arise for their course.

It's an Ents Reps job to organise class parties, nights out, trips away, hoodies for their class and generally makes sure everyone in their class has a fun experience and the chance to make new friends and memories in college.

Most importantly, both Reps get a vote at Student Council where they vote to represent their course and give feedback to the SU Executive.

GET CONNECTED | BÍ AR AN EOLAS

Stay connected to your union by following along on Instagram and X @uccsu, and checking out our website www.uccsu.ie. Here we provide up to date information on things that affect you, including academic updates, information on student grants, student services, health, finances and more, as well as the latest information on upcoming SU events! At UCC we are also lucky to have great student media, including Motley Magazine, the Express Newspaper, and the Radio UCC 98.3FM, which will all keep you up to date on the latest news on campus!

UCCSU also has an ents crew, campaigns crew, welfare crew and a RAG crew - more information can be found on our socials below!



**YOU CAN FIND
OUT MORE AND
FOLLOW WHAT
WE'RE UP TO ON
SOCIAL MEDIA**

 **UCC STUDENTS'
UNION**

 **UCCSU**

 **UCCSU**

 **UCCSTUDENTSUNION**

STUDENTS' UNION | AONTAS NA MAC LÉINN



**Lucrecia Luna Smee (She/They),
Welfare Officer | Oifigeach Leasa**

Haigh, a chairde! My name is Lucrecia {Loo-creh-thee-yah} and I am thrilled to be your UCC Students' Union Welfare Officer this year.

As Welfare Officer, my job is extremely varied and I cover all non-academic student support systems. Think of me as a one woman referral service. Any issue you may be having, I am here to help you - whether it be struggling to find or keep accommodation, having a hard time with your mental health, need some sexual health resources, condoms, period products or financial assistance - I will provide it or, at the very least, tell you who can. My door is always open, I'm always here for a chat and to be a listening ear if you feel like you don't have one. You can get in touch via my email: welfare@uccsu.ie or call/text at **0861842697** and I will get back to you as quickly as I can!

I hope you enjoy your time here, and if there's anything I can do to help, don't be afraid to get in touch. Best of luck, and take care of yourself!



**Katie Halpin-Hill, (She/Her)
President | Uachtarán**

A chairde, my name is Katie Halpin-Hill and I am the President of UCC Students' Union. I am the principal representative of the UCC student body. Students are the biggest stakeholder in this University, and my job is to make sure that this is reflected in the decisions made that impact you. As President, I coordinate all Union affairs, making sure that your Union is working for you.

This includes the management of the Students' Union Executive, which comprises of 19 representatives, and I support and oversee all campaigns and events conducted by the Union. My role extends to all aspects of college life: from your academics, to your welfare, to finances, the cost of college, and other student issues. I'm here to represent and defend you - the members of our Union. You can always contact us via email, phone call, or simply drop by our offices for a friendly chat. Remember, we work for you, so don't hesitate to get in touch! Go n-éirí an bóthar leat sa bhliain romhat, agus táimid ag súil le thú a fheiscint ar champas!



**Alison Ni Threasaigh (She/Her),
Education Officer | Oifigeach Oideachais**

Fáilte a cháirde! My name is Alison Ni Threasaigh and I am your Education Officer for the academic year ahead. My work is centred around your student learning experience - this means sitting on academic committees and advocating for policies that reflect your needs in areas such as placement, accessing learning materials (i.e lecture recordings), and assessment methods.

I also oversee class rep elections and training, which enables class reps to collect feedback from your class and bring forward a mandate to our council meetings, which directs the work the Students' Union Executive carries out. All 25,000 students are members of this union and we work for you! So make sure to stay tuned for your class rep elections to direct the change you would like to see on our campus.

If you are ever unsure about issues with your exams, results and lecture supports or even just want a chat, please don't hesitate to get in touch with me at education@uccsu.ie or by phone on **086 184 2699**.



**Hayley O'Connell (They/Them),
Communications & Engagement
Officer | Oifigeach Cumarsáide &
Rannpháirtíochta**

Haigh a cháirde! Hayley Ó Conaill is ainm dom and I am the Communications & Engagement Officer for UCC Students' Union. My job is to manage all the communications internal and external to the Students' Union. This ranges from managing our gorgeous social media accounts, maintaining our UCC Students' Union brand and liaising with journalists and the media! During the big weeks such as Freshers and RAG you will find me behind the scenes managing the Student Community Support team. I also sit on various committees and forums across campus where I represent and amplify the student voice.

A big aspect of my role is ensuring that students are actively engaged with their Union so if you have any issues that you are passionate about and believe we should fight for or bring attention to - please get in touch with me. I will be working on multiple campaigns throughout the year with the team and we want to hear from you. I will be recruiting for a UCCSU campaigns crew so keep an eye out on social media/emails on how to get involved!

My door is always open to you and you can reach me by email: engagement@uccsu.ie or by phone/text/whatsapp: **086 184 2658**. Welcome to UCCSU, we are here for you!



**Kate Higgins (She/Her),
Entertainments Officer | Oifigeach
Siamsaíochta**

My job for the year is to organise and provide events and entertainment for all of the 25,000 students here at UCC. I want you to have the most enjoyable college experience possible, so I plan on having a wide range of events, from sports day to paint and sip classes, and from pizza nights to techno sets! Some of the major events you can look forward to are Freshers Week, RAG Week, UCC Christmas, Arts Ball, Summerfest, and much, much more! If you want to get involved in UCC entertainments you can run to be your Class Ents Rep and/or apply for the Ents Crew where you will gain amazing experience, make tons of friends, and be rewarded with free tickets and special merch!

You can contact me via email ents@uccsu.ie or by phone **086 184 2701**.



**Alex Angland (He/Him), Commercial
& Fundraising Officer | Oifigeach
Tráchtála & Tiomsaithe Airgid**

Dia dhaoibh, is mise Alex Angland and I'm the Commercial and Fundraising Officer on UCCSU. My main responsibility is overseeing the Union's commercial strategy. A lot of what this entails in practice is reaching out to businesses looking for ways to partner, such as social media advertising, Freshers Packs sponsorship and having vendors and brand activations on campus. I'm also in charge of the fundraising for RAG Week, our annual charity week, where we raise money for our selected charities. If this is something you'd be interested in helping out with, join the RAG Crew! This is a group of volunteers who help out with setting up for events, bucket collecting and much more. Make sure you keep an eye out on our socials for applications, which are opening in September!

For any general questions or to learn more about what I do, you can always reach me at comms@uccsu.ie, on my mobile **0861842700** or even feel free to stop me for a chat, if you see me out and about around campus.

YOUR SU OFFICERS D'OIFIGÍGH AONTAS NA MAC LÉINN

STUDENTS' UNION | AONTAS NA MAC LÉINN

STUDENT EDUCATION & WELFARE | OIDEACHAS & LEAS NA MAC LÉINN

UCCSU works with students to provide vital assistance services year-round. For any queries or issues about academic life don't hesitate to contact your UCCSU Education Officer Alison Ní Threasaigh at education@uccsu.ie.

We understand that transitioning to college life can be mentally daunting. If you're having any difficulties with your welfare; mental health, sexual health, accommodation issues or any non-academic problems, contact Lucrecia Luna Smee, your SU Welfare Officer at welfare@uccsu.ie.

WELLBEING | FOLLÁINE

Adjusting to life in UCC can be overwhelming. Getting to grips with being away from home, organising your timetable, maintaining your social life and studying can be a lot to juggle. Remember to prioritise your wellbeing, avail of the services available to you in UCC and seek support when you need it.

Every UCC student is entitled to membership in the Mardyke Arena Health & Leisure Centre on Mardyke Walk (check out p48). If you need to see a campus doctor or have an STI consultation in Student Health or book an appointment with a counsellor in Student Counselling and Development, both are located on College Road across the road from the SU Common Room. Free condoms are available at the Welfare Office, and for any issues affecting your student experience—financial, sexual, physical, or mental—contact Lucrecia at welfare@uccsu.ie.

COMMON ROOM | SEOMRA COITEANN

The Main Campus SU Common Room in the Students' Union building, behind the O'Rahilly Building, is a great place for students to chat, have lunch, and just relax. It's a large open-plan area with sofas, a pool table, and a kitchen with free tea/coffee-making

facilities and a microwave. Brookfield campus also has an SU Common Room on the left before the main entrance, equipped with microwaves and a kettle.

Upstairs in the Main Campus Common Room is the Seomra na Gaeilge, an Irish language space for students! *Tá fáilte roimh gach mac léinn san Seomra, beag beann ar chumas na Gaeilge acu. Spás fáilteach agus mealltach a bheidh ann do mhic léinn na hollscoile, agus tá fáilte roimh gach mac léinn idir fhoghlaimeoirí, mic léinn na Gaeilge, agus cainteoirí dúchais - is fearr Gaeilge bhriste ná Béarla cliste. Is céim mhór chun cinn é oscailt an tSeomra seo do phobal na Gaeilge san ollscoil.* - Seomra na Gaeilge is open to all students, regardless of their proficiency in Irish. The seanfhocal "is fearr Gaeilge bhriste ná Béarla cliste" (broken Irish is better than clever English) signals the inclusive and welcoming atmosphere we want to foster. Creating this vibrant student-centred hub for the Irish language on campus marks a significant milestone for the Irish-language community in the university.

We always want to improve these spaces for you - the members of UCC Students' Union. If you have ideas of what you'd like to see, please email Hayley O'Connell at engagement@uccsu.ie.


RAISE & GIVE WEEK | SEACHTAIN NA ARDÚ & TABHAIR

Every year, UCC students come together to raise money for charities that students care about. In the second semester, UCCSU Clubs and Societies collaborate for Raise and Give (RAG) Week to organise charity fundraising events, competitions, challenges and activities on and off campus. The jam-packed timetable and buzz of generous and thoughtful energy leads to an exciting and unforgettable week for students and staff. We'll have online donations and donation buckets around every corner, so be sure to give what you can and tell your friends! UCC RAG raised a groundbreaking €36,000 in


2024 - the aim for 2025 is to surpass this figure and have as much fun as possible for students at the same time! To get involved in RAG 2025 by shaking buckets, suggesting events, and much more, email SU Commercial & Fundraising Officer Alex Angland at comms@uccsu.ie.

GET IN TOUCH

Your SU Representatives | Ionadaithe Aontas na Mac Léinn


Liam Fitzmaurice (He/Him)
SEFS Rep
sefsrep@uccsu.ie 


Anna Hrabovska (She/Her)
Business & Law Rep
blrep@uccsu.ie 

Kacper Bogalecki (he/him)
Medicine & Health Rep
medandhealthrep@uccsu.ie 

Silvana Graziano (She/Her)
CACSSS Rep
artsrep@uccsu.ie 


Oisín Cotter (He/Him)
Equality & Diversity Rep
equality@uccsu.ie 


Cian Walsh (He/Him)
Environmental & Sustainability Rep
environmental@uccsu.ie 

Catherine Finn (She/Her)
Ionadaí Gaeilge & Cultúir
irish@uccsu.ie 

Eoin Mac Uileagóid (He/Him)
Council Chair
councilchair@uccsu.ie 

Rohith Nallathambi (He/Him)
International Rep
international@uccsu.ie 

Caroline Lane (She/Her)
Mature Student Rep
mature@uccsu.ie 

Matthew (MJ) Quill (They/He)
Postgraduate Student Rep
postgrad@uccsu.ie 

David Brennan (he/him)
LGBTQ Rights Rep
lgbtq@uccsu.ie 

STUDENT COUNCIL | COMHAIRLE NA NDALTAÍ

All students are welcome to attend Student Council, which takes place monthly during the academic year. It is the main forum of discussion for the students of UCC and is attended by all class reps and the SU Executive. This is the space where your issues are raised and dealt with. You can ask any of the SU Officers questions, submit and debate ideas on SU policies or actions that you want your SU to take, make your voice heard on any issue or simply find out what is going on in the university. Keep an eye out for posters, emails and social media updates for details, or contact the Council Chair Eoin Mac Uileagóid at councilchair@uccsu.ie for more information.

ACADEMIC REPS | IONADAITHE RANGA

Academic Reps are the most important link between their class, department and the SU. Elected in the initial weeks of term, the reps will receive full training in areas such as public speaking, conflict resolution, organisation and campaigning. Academic Reps also receive support through Student Council, College Committees and from their College Representative throughout the year.

As well as liaising between their class, department and the SU, Academic Reps also vote on behalf of their class at Student Council on a variety of important issues. For more information, contact Alison at education@uccsu.ie.

Darcy Howard
Disability Rights Rep
disability@uccsu.ie

Eleanor Mc Cahill
Gender Equality Rep
gender@uccsu.ie

Brian O'Kane
Travelling Community Rights Rep
travellerrights@uccsu.ie

Mercy Adeniran
Faith Community Rights Rep
faithrights@uccsu.ie

Mark Twomey
Economic Community Rights Rep
economicequality@uccsu.ie

Parents and Carers Rep
parentsandcarers@uccsu.ie

Racial and Ethnic Diversity Rights Rep
rem@uccsu.ie

ENTERTAINMENTS REPS | IONADAÍ SIAMSAÍOCHTA

Ents Reps are an important part of the student experience. An Ents Rep is connected to a vast amount of entertainment businesses throughout Cork and within UCC that offers experiences to all students. An Ents Rep will help bring your course or class together by organising events and socials that everyone can enjoy.

The Ents Rep of a class also acts as a link between students and your SU Entertainments Officer Kate, who will help to cater to the social and entertainment needs of everyone in your course. It is important to socialise, relax and get to know the people who you will share your journey through UCC with, and utilise the college's vast amount of events and entertainment. For more information, contact Kate Higgins at ents@uccsu.ie.

TLDR | ACHOIMRE

We understand the excitement and nervous energy you're feeling right now. It's normal to be apprehensive, especially in the climate you're starting college in. You have worked so hard to get here and deserve to be here. All of us are here for you, from helping you to organise a night out with your friends (Kate), to helping you understand any complicated academic terminology (Alison), to simply being there if you need a chat (Lucrecia). We're here to support you, work with you, and represent you to improve your student experience when it comes to both local and national issues that affect students, so don't hesitate to get in touch - Remember we work for you! Your Voice. Your Union.

EQUALITY WORKING GROUP UCC

The Equality Working Group, chaired by the Equality & Diversity Rep, is established in accordance with the UCC Students' Union Constitution and acts as a forum for discussing issues faced by any student minority group. To achieve this goal, the group and its members run campaigns, write policy, lobby relevant groups, and advise the UCC SU Executive on any matters pertaining to equality and discrimination.

GET IN TOUCH

UCC Students' Union

54 College Road, Cork City
+353 (0)21 490 3218
info@uccsu.ie
UCC Students' Union
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ents@uccsu.ie
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CORK - OUR HOME, YOUR HOME

If you want to explore our home town, Cork's vibrant city centre is right on your doorstep and is only a 15-minute walk or 5-minute cycle away. With a huge selection of bars, pubs, clubs, live music venues, theatres, cafés, museums, galleries, parks, greenways, and restaurants serving cuisine from all over the world, there is something for everyone. You will be spoilt for choice with the best of local and international produce available in the iconic **English Market** - a covered food market that has been in operation since 1788.

The main shopping thoroughfare, St. Patrick's Street, is home to numerous national and international high street brands but you will also find smaller artisan, vintage and independent boutiques. You can check out the Cork cultural scene on www.WhazOn.com which is a monthly publication that features information on live music, gigs, festivals and other cultural events. It is the perfect place to live, learn and have fun!

Sport has long been the social language and currency of Cork and the province of Munster, and we are extremely proud of our long sporting tradition with a diverse range of sports on offer from GAA, soccer, rugby, athletics, boxing, hockey, cricket, rowing, road bowling, to name but a few. Cork is blessed with excellent stadia - Páirc Uí Chaoimh (GAA), Turners Cross (soccer), Musgrave Park (rugby) and lots of running tracks, including one at our own Mardyke Arena in UCC.

If you like the great outdoors, you won't be disappointed. Cork boasts some of Ireland's most magnificent landscapes and incredible natural amenities, including beaches on the highly acclaimed **Wild Atlantic Way**, greenways and trails, hillwalking, river sports and much, much more...



**FIND OUT MORE
ABOUT CORK
ON THESE
WEBSITES**

WE ARE CORK:
www.wearecork.ie

YAY CORK:
www.yaycork.ie

PURE CORK:
www.purecork.ie

MY CANINE COMPANION - PAWS@UCC

UCC is committed to prioritising student well-being. This year, we're partnering with My Canine Companion (MCC) to launch PAWS @ UCC (Promoting Academic Wellbeing and Support) which will bring canine companions on campus to enhance student well-being and foster a sense of

belonging. Certified dogs support first-year students by offering comfort, companionship, and emotional assistance, reducing homesickness and stress. Interacting with dogs promotes relaxation, reduces anxiety, and improves overall wellbeing. MCC dogs provide unconditional love

and non-judgmental presence, making them valuable allies for students adjusting to university life. The initiative encourages social interaction and connections among students. Look out for MCC PAWS @ UCC events on campus and don't miss the chance to volunteer to support positive experiences at university.



GET IN TOUCH

✉ paws@ucc.ie

🌐 www.mycaninecompanion.ie

REGULATIONS & POLICIES

4

- BYSTANDER INTERVENTION PROGRAMME
- STUDENT CHARTER
- PLAGIARISM
- EXAMINATIONS
- VALUING DIFFERENT PERSPECTIVES
- EQUALITY, DIVERSITY, & INCLUSION
- SPEAK OUT
- ENDING SEXUAL VIOLENCE AND HARASSMENT & SAFE AND SOUND PROJECT
- CRIMINAL RECORD FOR STUDENTS
- FREE LEGAL ADVICE CENTRE SOCIETY



BYSTANDER INTERVENTION PROGRAMME

This nationally recognised Digital Badge programme empowers participants to become active bystanders in addressing sexual and relationship violence. It is available to students and staff in UCC, and across the Irish Higher Education Sector.

It's aims are:

- ✓ **Education:** identifying and responding to inappropriate behaviours.
- ✓ **Empowerment:** developing skills to make safe interventions.
- ✓ **Community:** Creating a supportive, pro-social campus environment.

HOW TO OBTAIN YOUR MICRO-CREDENTIAL DIGITAL BADGE, WHICH CAN BE LISTED ON YOUR LINKEDIN AND CV?

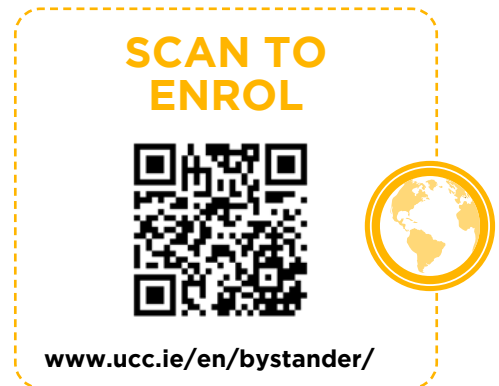
1. **Complete online learning:** The 5 self-paced interactive modules are completed on canvas - Introducing the Bystander, Social Norms, Sexual Violence, Relationship Violence and Bystander Intervention.
2. **In-Person Workshop** to discuss scenarios and develop intervention skills.
3. **Submit a short reflection piece** - essay, drawing, or artwork.

WHY DOES COMPLETING THIS TRAINING BENEFIT STUDENTS?

- ✓ **94%** said that they had a good understanding of what constitutes sexual harassment and violence.
- ✓ **98%** believe they can make a difference to sexual harassment and violence at their institution.

"I heard about this programme at orientation. During our first week of college, my year group went on a class night where I noticed that one of the girls was receiving unwanted attention from a stranger. I tried to get her attention to see if she was okay, she was visibly uncomfortable and was unable to get him to leave her alone.

It escalated when he began to put his arms around her and try to alienate her from the rest of our group. I went closer to them and asked him to back off, before moving his hands from her shoulders and stepping between them. I told him to go away and asked my classmate if she was okay. She was shaken but glad that he had finally left her alone."



STUDENT CHARTER

Our Student Charter was jointly developed by the University and the Students' Union. It sets out the roles and responsibilities of members from our university community and outlines what students, management, and staff can expect from each other as partners in a learning community. Please take the time to read the Charter and other policies UCC students are subject to by visiting the Student Policies portal using the QR.





PLAGIARISM

Plagiarism occurs when a writer deliberately uses someone else's language, ideas, or other original material such as graphics, pictures, movies or sounds without acknowledging its source. Students must always cite where they obtained the information in a bibliography. Students must always cite where they obtained the information they present for assessment. The use of text or image generating bots such as ChatGPT or artificial intelligence services for essays or any other assessment is a form of plagiarism.

Read through the plagiarism policy via the QR code on page 43.

GET IN TOUCH

✉ sreo@ucc.ie

☎ +353 (0)21 490 2422

EXAMINATIONS

The Student Records and Examinations Office (SREO) supports the entirety of the student lifecycle, from primary registration, through examination, to graduation at undergraduate and postgraduate level.

The SREO provides a student-centric service, ensuring the integrity of the examination process in addition to curating the perpetual student record. The Guide to Examinations for Staff and Students (www.ucc.ie/en/exams/procedures-regulations/) provides the information you will require on examination regulations and procedures. Please ensure you read this guide carefully.

- ✓ Formal communication will occur through a student's personalised uemail account
- ✓ All information with regard to your module registration, formal written examination schedules and examination results may be accessed through the student portal: www.ucc.ie/en/sit/
- ✓ For all information on your programme, please access the appropriate information in the College Calendar, Book of Modules and Marks and Standards: www.ucc.ie/admin/registrar/modules/



VALUING DIFFERENT PERSPECTIVES

IN UCC, WE BELIEVE THAT OUR PEOPLE ARE OUR MOST IMPORTANT ASSET.

University College Cork is committed to creating an environment where all students learn, work, and live together, transcending cultural, racial and other boundaries. Students flourish in an academic environment where they can learn from the diverse backgrounds and opinions of those around them.

EQUALITY, DIVERSITY, AND INCLUSION

University College Cork is committed to equality of opportunity for all students and staff irrespective of gender, civil status, age, race, religion, disability, sexual orientation, family status, marital status and/or membership of the Traveller Community. UCC works to create a place where everyone can fully participate in university life and reach their full potential. It is a time to explore and recognise different viewpoints, engage in new experiences and

challenge yourself and others through rigorous and respectful inquiry.

The Equality, Diversity & Inclusion (EDI) Unit engages with students and staff to create a welcoming work and study environment where individuals can feel a sense of belonging. It also advises on equality issues and drives the EDI agenda in UCC.

The EDI Unit is based in South

Lodge on the main UCC campus and can be contacted by phone, email or in person (by appointment).



GET IN TOUCH

📍 South Lodge, Main Campus, UCC, Cork T12 RXA9

✉️ ediunit@ucc.ie

SPEAK OUT

Speak Out is an online and anonymous reporting tool for UCC students and staff to voluntarily report, in a safe and secure way, incidents of bullying, cyberbullying, harassment, hate crime, coercive behaviour or control, stalking, assault, sexual

harassment, sexual assault and rape that you have either experienced or witnessed. Speak out also directs you to helpful supports and provides information relating to a range of options that can assist you. To find out more or to make a report see www.ucc.ie/speakout.



ENDING SEXUAL VIOLENCE AND HARASSMENT & SAFE AND SOUND PROJECT

Fáilte a chairde! Nice to meet you; I'm Dr Caroline West, the Sexual Violence and Harassment Prevention and Response Manager, responsible for coordinating responses and preventative campaigns regarding sexual violence and harassment. I believe that we can work together in a safe, sex-positive, and sustainable way to make UCC a place where your sexual well-being, safety and dignity are respected and there is zero tolerance for sexual violence and harassment.

UCC will listen to you and support you if you experience sexual misconduct, on or off campus. You are not alone. For resources and supports available to you and information on reporting sexual violence or harassment, visit the Ending Sexual Violence and Harassment (ESVH) Hub.



Dr Caroline West

At UCC we want your time here to be safe and sound. The new Safe and Sound project, with a familiar face in research assistant Chloe Boland (they/them), uses a sex-positive approach to talking about sex and sexual violence campus-wide. We would love to hear from any students who want to be part of our SoundSquad.

FIND OUT MORE



GET IN TOUCH

📍 South Lodge, Main Campus, UCC, Cork T12 RXA9

✉️ cwest@ucc.ie



CRIMINAL RECORD FOR STUDENTS

IT IS IMPORTANT FOR ALL STUDENTS TO BE AWARE THAT THERE MAY BE SIGNIFICANT PRACTICAL CONSEQUENCES IF CHARGED WITH AND/OR CONVICTED OF A CRIME.

Implications for Your Degree Programme

A number of programmes in UCC, especially in the areas of medicine, health, social work and education, require students to undertake placements that will bring them into contact with children or vulnerable adults and in which they will assume positions of trust. To ensure the protection of the public, and justify public trust and confidence, UCC is committed to ensuring that only suitable candidates are allowed to undertake these programmes. The University uses the National Vetting Bureau (NVB) to assess the suitability of such applicants, and in some cases, may also require applicants to provide an enhanced disclosure by the completion of an affidavit.

When the NVB returns a disclosure, it will be reviewed by UCC to establish if a student is suitable for placement.

All offers of places at UCC are subject to UCC's Terms & Conditions of Admissions, which includes UCC's Student Vetting Policy.

For further information please contact the Admissions Office or visit:

www.ucc.ie/studentvetting.

Implications for Travel

A criminal conviction could restrict a student's ability to travel abroad. Some countries including the United States, Canada and Australia could refuse entry.

In many countries, where a visa is required, a criminal conviction will, at the very least, delay the processing of a visa application.

Implications for Your Career

A criminal record could prevent a graduate from obtaining a licence to work or professional membership in a chosen field. Many professional and vocational bodies require their members to be of 'good character' and may reject applicants convicted of certain crimes. A conviction or even a finding of guilt, involving theft or fraud could bar a student from work in an industry where they have access to other people's money or property such as banking, finance or retail.

FREE LEGAL ADVICE CENTRE SOCIETY

UCC Free Legal Advice Centre (FLAC) Society is a student-run service which facilitates free legal advice on a range of issues from a qualified legal professional to be given to UCC students.

We facilitate advice for a wide variety of legal issues including, but not limited to, employment law, criminal law, issues with landlords and immigration law.

Our service is completely free and totally confidential. Should you need legal advice during your time at UCC, you should email us outlining your circumstances. We will then arrange a time and place for you to meet with a barrister or solicitor, either online or in person, this meeting is called a 'clinic'. We will accompany you to the meeting if you would like. There is no cost whatsoever and there is no time limit on the meetings, you may ask as many questions as you like.

GET IN TOUCH

📧 @flac_ucc

✉ flacclinics@uccsocieties.ie



FLAC
UCC

Free Legal Advice Centre

CAMPUS SERVICES

5

- ÁRAS NA MAC LÉINN - STUDENT CENTRE
- MARDYKE ARENA
- THE HUB
- FOOD OPTIONS
- CRÈCHE
- CAMPUS WATCH
- CODE OF HONOUR



ÁRAS NA MAC LÉINN - STUDENT CENTRE

With places to shop, eat, and meet up with friends and classmates, Áras na Mac Léinn's mission is to enhance the campus experience by providing exceptional services and activities to the UCC Community. Áras na Mac Léinn is centrally located on campus, right by the amphitheatre.

SHOPS

- ✓ An Siopa
- ✓ Collegegear
- ✓ Unisalon
(for appointments contact:
+353 (0)21 490 3059)
- ✓ Lowercase Book Shop

SPACES

- ✓ Hamish's Bar (New Bar)
- ✓ Devere Hall
- ✓ Meeting Rooms (book
online at:
www.arasroombookings.ie)

FACILITIES

- ✓ Information Desk
- ✓ First-Aid Room/Baby
Feeding Room
- ✓ Passport Photo Machine
- ✓ Lockers

FOOD

There are 3 spots to eat in the Student Centre - check them out on p49.

GET IN TOUCH

Áras na Mac Léinn

- ★ The Student Centre, University College Cork, T12 XR6F
- ☎ +353 (0)21 490 2714
- 🌐 <http://studentcentre.ucc.ie>

BANKING

Bank of Ireland is the financial provider on campus.

Opening Times:

September 2024 - May 2025,
Monday - Friday
10am - 4pm
(Closed for lunch between
12.30pm and 1.30pm)

Cash Opening Hours:

Monday - Friday
10:00am - 12:30pm

Bank of Ireland also provides 6 ATMs across campus. Áras na Mac Léinn (3), UCC Central, Brookfield Health Sciences Complex and the Western Gateway building. Contact any staff member at Bank of Ireland UCC for all your financial needs or just for some advice.

Contact Bank of Ireland:
+353 (0)21 4277321
or online at:

www.ucc.ie/en/anml/retail/bankofireland



MARDYKE ARENA

WELCOME UCC STUDENTS TO OUR MARDYKE ARENA FAMILY

Since opening their doors for the first time in September 2001, the Mardyke Arena UCC has been meeting the sporting, recreational and leisure needs of the students, staff and graduates of UCC, not to mention those of the public at large.

WHAT DOES MEMBERSHIP OFFER TO UCC STUDENTS

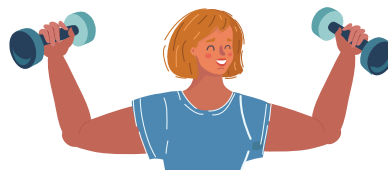
- ✓ **Unlimited use** of Swimming Pool, Sauna and Steam Rooms
- ✓ **Unlimited use** of the Fitness Gyms
- ✓ **Free** Exercise and Fitness classes (subject to availability)
- ✓ **Free** access to Indoor Climbing Wall, Coaching & Lessons
- ✓ **Free** access to Squash Courts

ADDITIONAL SERVICES/ ACTIVITIES

UCC Students can avail of discounted rates on the following services/activities:

- ✓ Fitness Courses – Pilates (Reformer & Mat), Yoga etc.
- ✓ The Arena Clinic – Physiotherapy & Hydrotherapy
- ✓ Adult Swimming Lessons
- ✓ Adult Climbing Courses
- ✓ Children's Camps, Birthday Parties & Swimming Lessons

SCAN ME FOR MORE



GET IN TOUCH

+353 (0)21 490 4751
+353 (0)21 490 4760

✉ mardykearena@ucc.ie



- ✓ **Opening Times:**
Monday to Friday
7.00am - 10.30pm
Saturday 9.00am - 7.00pm
Sunday 10.00am - 7.00pm



Mardyke Arena
UNIVERSITY COLLEGE CORK

THE HUB

The Hub is UCC's newest building, and your first port-of-call for student services and student life. Outside of the various services that call the Hub 'home', there's plenty of space to meet up with friends, study, and even just rest and relax. The building's public spaces will offer a versatility that's unique on campus: one day there could be a farmers' market, the next a careers fair, the day after a concert or even just a casual space to eat your lunch or start a group project with your classmates - we even have kitchenettes and microwaves for everyone to use! There's something for everyone in the Hub.

STUDENT ACTIVITIES

- ✓ Student Societies
- ✓ Student Clubs
- ✓ UCC 98.3FM
- ✓ University Express
- ✓ Motley Magazine

HUB FACILITIES

- ✓ Roots Café
- ✓ Microwaves & Hot Water
- ✓ Accessable Bathrooms
- ✓ Gender Neutral Bathrooms
- ✓ Access to Power Sources

HUB SPACES

- ✓ Shteppe Auditorium
- ✓ MakerSpace
- ✓ 16 Small Study Rooms
- ✓ The Atrium
- ✓ The Global Lounge
- ✓ Group Study Rooms

FIRST YEAR EXPERIENCE CO-ORDINATOR

STUDENT SERVICES

- ✓ Career Services
- ✓ Student Central
- ✓ Quercus Programme
- ✓ Peer Support
- ✓ Scholarships & Prizes Coordinator
- ✓ Student Experience Office
- ✓ Access UCC including Disability Support, Mature Student Office, Student Wellbeing & Finance, and UCC Plus+

GET LISTENING!

Listen to UCC98.3FM! For more info and how to get involved see: www.ucc.ie/en/983fm

FOOD OPTIONS

OUTLETS:

UCCentral (The Main Rest)

By the Boole Library in the main catering building.

This restaurant provides breakfast, lunch and evening meals.

Mini Restaurant

1st Floor above UCCentral.

Elements Café

Located just inside the entrance of the Kane Building.

Gourmet Coffee Bar, made-to-order sandwiches. Also serving tossed salads and freshly baked confectionery.

Bio Café

Ground Floor of the Bio-Science Building.

This restaurant has a bistro feel, offering a selection of speciality coffee, salad bar, made-to-order wraps and sandwiches, filled baked potatoes and a selection of home-made pastry and bakery products.

The Coffee Dock

Ground Floor of the O'Rahilly Building.

Offers Starbucks coffee, speciality teas, hot and cold beverages and gourmet snacks.

The Maltings Café

Ground Floor of the Tyndall Institute building; opposite the Mercy Hospital.

Offers a breakfast and lunch service, soup, 'grab n go' products, pastry and bakery items and a selection of hot and cold beverages.

Brookfield Café

Basement Level of Brookfield Health Sciences Complex.

Offers a healthier way of eating. Breakfast, lunch and evening services available, offering a wide selection of products, made-to-order sandwiches and wraps, salad bar, pastry and bakery corner, hot and cold beverages, and daily hot dishes.

Café Diem

Ground Floor of the Enterprise Centre, Distillery Fields.

This cosy café offers a selection of 'made-to-order' sandwiches and paninis, homemade soup, pastry items, light snacks as well as tea and coffee and cold beverages.

Pharmacy Café

Ground floor of the Cavanagh Pharmacy Building on College Road Riverside/Western. Offers Starbucks coffee, speciality teas and hot and cold beverages. Also serving soup, 'made-to-order' sandwiches, pastries and snacks.

Riverside/Western Gateway Café

Ground Floor of the IT Building, Western Road (behind Brookfield).

Offers a healthier way of eating. Breakfast and lunch available, offering a wide selection of products, 'made-to-order' sandwiches & wraps, salad bar, pastry and bakery corner, hot and cold beverages, and daily hot dishes.

Nosh + Coffee

Mardyke Sports Arena.

Offers pastry and bakery items and a selection of hot and cold beverages.

Café Oasis

Ground floor of the Student Centre.

A café bar located on the ground floor, serving fresh pastries, scones, sandwiches, and hot food daily, as well as a full range of teas and coffees.

Nom Nom Bistro

Located at Club Áras - Hamish's Bar.

on the First Floor of the Student Centre. This contemporary bistro serves hot food all day from 10.00 - 21.00. We specialise in fresh and local produce.

Upstairs Café

First Floor of the Student Centre.

Located just above Café Oasis, on the first floor, Upstairs Café serves a selection of pastries, cakes and scones. It also has a deli counter where sandwiches, wraps, rolls and salads are freshly made to order each day. There is additional seating available here.

Roots Café

Ground floor of the Hub.

In the corner of the Atrium, Roots serves quality coffee and sweet treats from the Natural Foods Bakery.



CRÈCHE

Crèche Cois Laoi is located on the grounds of the Brookfield Health Science Complex on College Road. It is fully equipped with the most up-to-date facilities including a nursery room, 2 toddler rooms, two preschool rooms, sleep rooms, an after-school room and a carefully designed outdoor play area. The crèche caters for children aged between 5 months and up to 12 years, and has the capacity for 82 children. Crèche Cois Laoi is registered for the National Childcare Scheme (HIVE).

Crèche Cois Laoi is open Monday to Friday from 8am to 6pm. It remains open for 51 weeks of the year, closing for one week for the Christmas holidays. Students and UCC staff seeking a place for their children in Crèche Cois Laoi at UCC should contact the crèche in order to be placed on our waiting list and to check availability.

Currently crèche fees are subsidised by the University for full-time students. A Student Union subsidy is also available for students and is means tested.

Forms are available from the Students' Union. Crèche Cois Laoi is registered for the Government's Pre-school Scheme (ECCE) for children aged between 2 years 8 months and 5 years 6 months.

GET IN TOUCH

Childcare / Crèche
UCC Crèche Manager

☎ +353 (0)21 490 1606
+353 (0)21 490 1607

✉ creche@ucc.ie
c.bennett@ucc.ie



CAMPUS WATCH

University College Cork is committed to creating a safe and secure environment for UCC students and to foster a positive relationship between our students and the wider community.

The University requires its students to conduct themselves in an appropriate and reasonable manner at all times to ensure:

- ✓ Dignity, honesty and integrity
- ✓ Respect for all members of staff
- ✓ Respect for fellow students
- ✓ Respect for and adherence to the rules, regulations and policies of the University
- ✓ Compliance with the academic processes of the University
- ✓ That the University is not brought into disrepute

- ✓ Respect for local residents and other members of the general public
- ✓ That the views, values and beliefs of others are respected
- ✓ That no damage or injury is caused to any person or property
- ✓ That the University community is free from intimidation and discrimination

Campus Watch will respond to formal complaints from students, members of the community and other stakeholders, in relation to alleged breaches of the UCC Standards of Conduct.

To make a complaint, or if you would like to know more about Campus Watch, please contact us by email or by phone.

GET IN TOUCH

Campus Watch

☎ +353 (0)21 490 3849

✉ campuswatch@ucc.ie



CODE OF HONOUR

**WE FREELY PLEDGE TO ABIDE
BY THE UCC CODE OF HONOUR.
BEING TRUTHFUL, HONOURABLE
AND HONEST IN ALL OUR
CONDUCT, WE WILL NOT LIE,
CHEAT OR PLAGIARISE.
WE WILL ALWAYS ENDEAVOUR
TO SHOW RESPECT TO FELLOW
STUDENTS, STAFF AND TO
ALL MEMBERS OF THE
WIDER COMMUNITY.**



#BeginBelongBecome

