







**Saturday 13th September**

[www.ucc.ie/en/study/undergrad/events/festivals](http://www.ucc.ie/en/study/undergrad/events/festivals)

Kane Building		West Wing		Hub Building		Boole	
10:00AM	UNDERSTANDING YOUR ACADEMIC TIMETABLE Presenter: The Skills Centre <i>Find out the times and locations of your lectures</i> <div>Room <b>G19</b></div>			<div><div><div><div><div></div><div>Academic Success</div></div><div><div></div><div>Create Your Academic Timetable drop-in clinics</div></div></div><div><div><div></div><div>10am - 2pm</div></div><div><div></div><div>Maker Space, Hub Building</div></div></div></div></div>	<div>Essential Workshops to help you Succeed as a first year student in UCC</div> <div>So,What Next:</div> <div><div>1.</div><div>Go online to <a href="http://www.ucc.ie/en/study/undergrad/events/festivals">www.ucc.ie/en/study/undergrad/events/festivals</a></div></div> <div><div>2.</div><div>Select your workshop(s) and preferred time(s)</div></div> <div><div>3.</div><div>Complete the details and submit</div></div> <div><div>4.</div><div>Remember to make a note of your choices!</div></div> <div>Meeting place for all student workshops: Boole Library. Arrive 10 minutes before start time. Peer Support Leaders will take you to your workshop.</div> <div>Sign up for your workshop : <a href="http://www.ucc.ie/en/study/undergrad/events/festivals/">www.ucc.ie/en/study/undergrad/events/festivals/</a></div>		
	SKILLS FOR ACADEMIC SUCCESS Presenter: The Skills Centre <i>Tips on how to manage your time, best approaches to note taking for lectures, plan assignments, study, and make the most of your academic journey in UCC</i> <div>Room <b>G01</b></div>						
10:30AM		CONNOLLY YOUTH - HOMES FOR ALL <i>CYS Housing talk by Experienced Tenant Organiser</i> <div>Room <b>5</b></div>	DEVELOPING PSYCHOLOGICAL AND EMOTIONAL COMPETENCIES Presenter: Noreen Keane, Chartered Counselling Psychologist and Psychotherapist <i>Psychological competencies, emotional well-being and Resilience building for student life</i> <div>Shteppe</div>				
11:00AM	THRIVING IN LABS IN THE COLLEGE OF SCIENCE, ENGINEERING & FOOD SCIENCE Presenter: The Skills Centre <i>Tips on writing Lab Reports and thriving in labs</i> <div>Room <b>G02</b></div>	AI FOR THINKING, NOT COPYING Presenter: The Skills Centre <i>How to use AI to enhance your academic success</i> <div>Room <b>9</b></div>	CULTURAL EXCHANGE MEET AND GREET Presenter: International Student Society <i>Connect with people from around the world!</i> <div>Meet in Hub Building, <b>Ground Floor</b></div>	ACADEMIC WRITING - COLLEGE OF ARTS, CELTIC STUDIES & SOCIAL SCIENCES & COLLEGE OF MEDICINE & HEALTH Presenter: Dr Rosarii Griffin, Office of VP for Learning & Teaching <i>Top tips on how to approach an academic essay</i> <div>Boole <b>3</b></div>			
				PREPARING FOR 1 <sup>ST</sup> YEAR IN THE COLLEGE OF BUSINESS AND LAW Presenter: Ian Wallace <i>Digital Literacy Skills, Study-Life Balance and Academic Writing</i> <div>Boole <b>2</b></div>			
				PAVING YOUR WAY TO SUCCESS Presenters: Ronan Madden (Learning & Teaching Team Lead) and Siobhán Bowman (Learning Support Librarian) <i>Using the library's digital resources, collections, and services for your assignments</i> <div>Creative Zone, <b>Boole Library</b></div>			
12:00PM	SKILLS FOR ACADEMIC SUCCESS Presenter: The Skills Centre <i>Tips on how to manage your time, best approaches to note taking for lectures, plan assignments, study, and make the most of your academic journey in UCC</i> <div>Room <b>G01</b></div>	YOUR VOICE, YOUR UNION Presenter: UCC Students' Union <i>All you need to know about UCC Students' Union and how to get involved</i> <div>Room <b>5</b></div>	CHORAL - 'TUNE IN' <i>Build your confidence to join the choir</i> <div>Dora Allman Room</div>	PAVING YOUR WAY TO SUCCESS Presenters: Ronan Madden (Learning & Teaching Team Lead) and Siobhán Bowman (Learning Support Librarian) <i>Using the library's digital resources, collections, and services for your assignments</i> <div>Creative Zone, <b>Boole Library</b></div>			
12:30PM		YOUR CREATIVE JOURNEY AS AN ACADEMIC THINKER Presenter: Daniel Blackshields, Lecturer, Economics Department & University Student Ombudsmen <i>Academic inquiry might seem a dry, analytical processes but it is a passionate, exciting, creative process where you are invited to inquire into your self, others and the world</i> <div>Room <b>6</b></div>	DRAMAT - 'INTRO TO IMPROV' <i>Interactive improv workshop full of fun games such as "Letter of Complaint" and "Genres"</i> <div>Áine Hyland Room</div>				
1:00PM	UNDERSTANDING YOUR ACADEMIC TIMETABLE Presenter: The Skills Centre <i>Find out the times and locations of your lectures</i> <div>Room <b>G19</b></div>	AI FOR THINKING, NOT COPYING Presenter: The Skills Centre <i>How to use AI to enhance your academic success</i> <div>Room <b>9</b></div>	KNITTING & CROCHETING: BEGINNER'S LOOP <i>Make friends over tea and coffee and learn the basics of crochet</i> <div>Dora Allman Room</div>	ACADEMIC WRITING - COLLEGE OF ARTS, CELTIC STUDIES & SOCIAL SCIENCES & COLLEGE OF MEDICINE & HEALTH Presenter: Dr Rosarii Griffin, Office of VP for Learning & Teaching <i>Top tips on how to approach an academic essay</i> <div>Boole <b>3</b></div>			
	THRIVING IN LABS IN THE COLLEGE OF SCIENCE, ENGINEERING & FOOD SCIENCE Presenter: The Skills Centre <i>Tips on writing Lab Reports and thriving in labs</i> <div>Room <b>G02</b></div>	GEOGUESSR TOURNAMENT <div>Room <b>3</b></div>	FLOURISH AND THRIVE! Presenter: Maggie O'Sullivan <i>Nurture your personal development to enhance your academic success</i> <div>Shteppe</div>	PREPARING FOR 1 <sup>ST</sup> YEAR IN THE COLLEGE OF BUSINESS AND LAW Presenter: Ian Wallace <i>Digital Literacy Skills, Study-Life Balance and Academic Writing</i> <div>Boole <b>2</b></div>			
1:30PM		GETTING INVOLVED IN STUDENT LIFE Presenter: Tomasz Mrowca, President, Clubs, Caoimhe Collins President, Societies <i>How to get involved in Clubs &amp; Societies and everything else in UCC</i> <div>Room <b>5</b></div>	SUSTAINABILITY AND NATURE TOUR OF UCC's GREEN CAMPUS <i>With Irene Ní Shúilleabháin, Green Campus, Greenshoots Coordinator</i> <div>Meet in Hub Building, <b>Ground Floor</b></div>	Comedy - 'Skitstorm' A "Skit Competition" <i>A prompt to come up with a 2-3 minute comedy skit.</i> <div>Boole <b>1</b></div>			
2:00PM	SKILLS FOR ACADEMIC SUCCESS Presenter: The Skills Centre <i>Tips on how to manage your time, best approaches to note taking for lectures, plan assignments, study, and make the most of your academic journey in UCC</i> <div>Room <b>G01</b></div>	WOMEN IN BUSINESS AND LEADERSHIP - "SWEET START: FRESHMAN SURVIVAL SESSION" <i>Tips on how to navigate and maximise first year</i> <div>Room <b>6</b></div>	CAPTIVATING YOUR AUDIENCE Presenter: Dr Catherine Burke; Nikita O'Connell <i>Presentation skills and strategies to engage your audience and communicate your message</i> <div>Shteppe</div>	STUDENT IT TRAINING Presenter: IT Staff <i>Canvas, printing, UCC email and wireless</i> <div>Lab 3, <b>Boole Basement</b></div>			
2:30PM		THE FIRST 90 DAYS Presenter: Nóirín Deady, First Year Experience Coordinator <i>Using Hope Theory to develop success strategies in the pursuit and achievement of your goals</i> <div>Room <b>5</b></div>		IDENTIFYING AS TRANS Presenter: UCC LGBT+ Staff Network and LGBTQ students <i>UCC LGBT+ Staff Network and LGBTQ students</i> <div>Creative Zone, <b>Boole Library</b></div>			

# JOIN A CLUB / SOCIETY

UCC has over 116 Societies and 60 Clubs. Joining Clubs & Societies will be one of the best decisions you will make! Meet Clubs and Socs. Reps at the Fest and join up!

## CÉILÍ MÓR

### Irish Dancing Madness

Amphitheatre,  
Student Centre  
3pm



## TOURS

### Mardyke Sports Arena

Archway,  
Main Quad  
12:45pm

# OPEN DOOR WELCOME FOR FAMILY & FRIENDS

Venue: Aula Maxima, Main Campus

Time	Presentation	Presenter
11:00AM	Welcome	Prof. John O'Halloran, President, UCC
11:15AM	Sensory Sensitive Adolescents Adjusting To College Life: College presents sensory challenges for some young adults (loud noise, crowds, other people's moods) There are ways to overcome hurdles and be successful	Dr Annalisa Setti, School of Applied Psychology
11:30AM	Student Life	Gary Mulcahy, Head of Student Life
11:45AM	Student Finance: Fees, Grants, Budgeting	Dave O'Sullivan, Student Budgetary Advisor
12:00PM	UCC Skills Centre	Dr Luke Watson, Skills Centre
12:15PM	Supporting Students In Transition	Nóirín Deady, First Year Experience Coordinator
12:30PM	Lunch	Student Centre / Campus Food Stalls
1:30PM	Tour of Campus, Glucksman Gallery, Boole Library	Peer Support Leaders



#BeginBelongBecome