WE ARE...

GUIDANCE COUNSELLOR eNEWSLETTER

March 2022

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Short Note From The Head of Student Recruitment

Dear colleagues and friends,

St. Patrick's Day is just around the corner and what a year 2022 has been so far, full of mixed emotions as we emerge with renewed hope from the global pandemic into another unprecedented event. At UCC, the Ukrainian flag flies from the top of our historic Quadrangle building which is lit up in blue and yellow by night as a symbolic sign of our solidarity with Ukraine and our Ukrainian students (past and current) and many research colleagues. As a University of Sanctuary and city of Sanctuary, we express our profound hope for hostilities to cease and for a swift return to diplomacy.

At this time of year, with our national feast day on the 17 March, we celebrate what is it to be Irish and we remember and honour our local communities as well as the Irish diaspora all over the world, in particular, our own families and friends. In UCC, our own family of alumni is now over 200,000 strong with a global network of alumni chapters and international representatives and our CampusConnect peer to peer platform enables our students from all over the world to connect with each other and belong to our campus community.

Following on from the success of the Autumn series of the Nurturing Bright Futures CPD series, we will be delivering the Spring Series in late March/early April and we will be in touch with full details of the speaker line up very shortly. We will also be hosting a live Q&A for CAO applicants on 4 May and look forward to seeing you there. As society and campus reopens fully, we hope your students and their friends and families avail of the opportunity to come and see our beautiful green campus in full bloom during the Discover UCC Tours designed for prospective students – on Wednesdays and Saturdays at 3pm.

We wish you, your students and families a wonderful St Patrick's Day wherever you may be in the world. Stay safe, stay strong and stay in touch. As always, should you have any questions or comments, please do not hesitate to contact me at:



Lenka.Forrest@ucc.ie

LÁ FHÉILE PÁDRAIG SONA DAOIBH GO LÉIRI



Meet The Recruitment Team at UCC

Here at UCC, there is a dedicated team working hard to help your students make their decision about their next step and their transition (to UCC, hopefully!) as streamlined, straightforward and enjoyable as possible. In this section, we want to give you an opportunity to get to know who we are, what we do and why we do what we do!

In this edition, we are introducing Carol Veiga, Student Recruitment Officer in the Central Recruitment Team at UCC.

How long have you been in UCC?

I joined UCC back in 2016, initially as the Postgraduate Recruitment and Support Officer in the Graduate Studies Office. Since then, I've worked in student and academic support, international admissions as well as managing UCC's unique Graduate Attributes Programme, before joining the Student Recruitment team back in November 2021. Prior to starting in UCC, I worked as a HR and Recruitment professional and also trained as a secondary school teacher, teaching French and Spanish at second level. I truly believe that all of my experience to date has led me to where I am today, doing my dream job!

What does your role entail and what do you love most about your job?

I am responsible for supporting postgraduate recruitment of students in Ireland, EU and outside the EU as well as supporting key projects within the central recruitment space. It's a really diverse, fast-paced role which entails working with many teams right across the university. There is huge opportunity to be creative and innovative and to collaborate on projects

that will make a difference to the pre-entry student and their transition to third level. What I love most is the ability to positively impact the student journey and to take an idea from concept right through to completion, such as the *Nurturing Bright Futures* programme.

Favourite thing about UCC?

The genuine sense of community on campus and the bond between students and staff. Students are given authentic opportunities to be cocreators and to inform and influence their university experience and I think that is really special.

What is your superpower?

My ability to think creatively and synergistically and to attack a project with curiosity, tenacity and resilience.

Who inspires you?

My two daughters, who help break the bias, every day.



carol.veiga@ucc.ie

WE ARE... CONNECTED

Join Us For a Live Q&A For CAO Applicants

We will host the last Live Q&A session of the season for CAO Applicants on Wednesday 4 May from 3-5pm. Our student recruitment and support teams will be available to chat to students and steer them in the right direction in relation to student supports, scholarships, accommodation and lots more. It will be their opportunity to chat live to us about their CAO choices and the Change Of Mind opportunities. To register and attend visit: www.ucc.ie/openday

Explore Our CAO Portal

We have a special online portal for your students who may have made a CAO application to us. This portal contains important information and useful tips about completing your CAO application, entry requirements, upcoming Live Q&As, and useful links to all sorts of CAO-related material. Check it out **here.**

Trained Farmer Status For UCC's Agricultural Science Graduates

Graduates of UCC's Bachelor of Agricultural Science degree can now add trained farmer status (also known as the 'Green Cert') to their qualifications. This is the basic agricultural qualification necessary to qualify as a Young Trained Farmer (YTF). On completion of a Green Cert course, students meet the requirements of a qualified farmer for the purposes of all Revenue and Department of Agriculture, Food and the Marine (DAFM) schemes.

Both Department of Agriculture, Food and the Marine, and the Revenue Commission, retain a list of approved qualifications for the purposes of meeting the educational requirements for Young Trained Farmer (YTF) status. Where a person holds one of the listed qualifications, they can achieve 'trained farmer' status and may be eligible for YTF schemes, grant top-ups and tax exemptions.

Find out more about the degree here.

The Discover UCC Tour

This tour is for anyone interested in studying at UCC and finding out more about the College. The walking tours are led by a student currently studying at the University. Tours are not subject-specific and are designed to give a general overview of the campus and last approximately one hour. The tours run every Wednesday and Saturday at 3pm. **More info**

THE DISCOVER UCC TOUR



UCC VISITORS' CENTRE

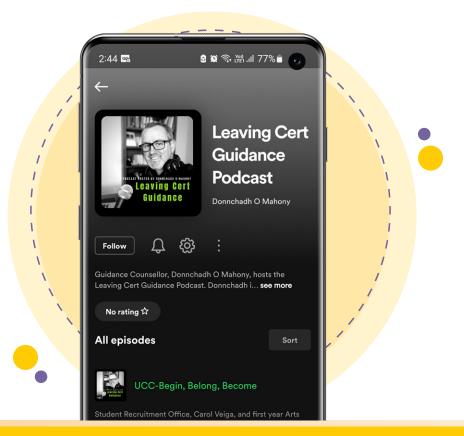




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UCC Feature on Leaving Certificate Guidance Podcast

First year Arts student, Killian and Student Recruitment Officer, Carol Veiga, recently joined Donnchadh to discuss life at UCC. Killian talked about his experience of engaging with Clubs and Societies as well as his experience of being an undergrad student here at UCC. Carol talks about two pioneering programmes that have been created by UCC with nationwide spread, *Nurturing Bright Futures* and the *Bystander Intervention Programme*. Listen to the episode **here**.



Booking For Campus Accommodation 2022/2023

Applications for the academic year 2022/2023 opened on March 8 and close on April 5 2022. Applications can be made through the Accommodation Portal which will be available on the UCC Campus Accommodation pages during the one month application period. A booking deposit is not required to make an application. All applications received are included in the random selection lottery as long as students apply within the relevant time frame with a valid CAO/UCC Apply/Student number, live more than 45 kilometres away from UCC and are planning to study at UCC. Further details can be found **here.**



UCC Entrance Scholarship Award 2022

The University awarded 239 Entrance Scholarships on Tuesday, 25 January 2022. Of these, 216 students achieved a maximum score of 625 Leaving Certificate points.

In addition to the Quercus Entrance Scholarships, 11 students received the BEd Gaeilge scholarship, 5 students received the Mary Ryan Language Scholarship, 3 students received the Keliher Entrance Scholarship and 2 students received the Kavanagh Celtic Civilization Scholarship.

Students represent 126 schools in Ireland and 1 school in Germany.

Dr Jennifer Murphy gave the Opening Address. Professor John O'Halloran, President, gave the Welcome Address.

Joan Omosefe Osayande, a Sanctuary Scholarship recipient and final year Medical & Health Sciences student gave the Keynote Address.

Click on the link below to view the ceremony.

https://www.ucc.ie/en/study/undergrad/events/scholarship-awards/

UCC Currous Enterance Scholarship 2022 **Statest** 17. Meeres 1 Feb A, 2022 C. 0 CP DISLIKE A SHARE & CLIP SP SAVE ...

Scoláireachtaí €500

Áras Uí Thuama Gaeltacht UCC

Irish Language Residential Centre

An bhfuil tú ag smaoineamh ar fhreastal mar mhac léinn ar UCC an bhliain seo chugainn?

Thinking of going to UCC this coming year?

Ar mhaith leat árasán a roinnt le mic léinn eile le Gaeilge?

Would you like a Scholarship to live with other Irish speaking students?

Tuilleadh Eolais:

Ionad na Gaeilge Labhartha G02, Áras Uí Rathaille UCC

Tel: 021-4902314 www.ucc.ie/igl

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Dáta Deireanach: Dé hAoine 20 Bealtaine 2022

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CONNECTED

WE ARE...

THE COLLEGE OF ARTS, CELTIC STUDIES AND SOCIAL SCIENCES

TITLE CHANGE FOR BED (HONS) SPORTS STUDIES AND PHYSICAL EDUCATION

The change in programme title from BEd (Hons) Sports
Studies and Physical Education to BEd (Hons) Physical
Education, Sports Studies and Arts will take effect from the
2023/2024 academic year. There will also be a reduction in the total
number of credits for the programme from 270 to 240 which will
apply to students commencing the programme in 2022/2023.



DATES FOR YOUR DIARY

BSc Food Marketing & Entrepreneurship (CK213) Programme Showcase Event. Meet the staff and students who are part of one of UCC's most exciting business programmes.

Date: 23 March 6-7pm GMT, Register Here

BSc Accounting (CK202) Programme Showcase. Meet with our teaching staff, current students and graduates from the BSc Accounting programme.

Date: 30 March 6-7pm GMT, Register Here

Check out our **dedicated one-stop page** for prospective students of business and law programmes here.



COLLEGE CORNER

WE ARE...

THE COLLEGE OF SCIENCE, ENGINEERING & FOOD SCIENCE

DATES FOR YOUR DIARY

Our understanding of Science, Technology, Engineering and Mathematics (STEM) is of fundamental importance to the way in which humankind, and this planet we call home, will develop during the 21st century, and beyond. For students who are interested in these areas, then our STEM@UCC Spring Webinar Series is a must attend event! There will be an opportunity to listen to our leading world-class academics and ask us any questions.

Check out our full listing for exact dates and times for each session **here.** You can register for multiple sessions during April and May depending on your interest!

Check out the most recent instalment of the We are STEM newsletter here.



On the 24 February, UCC's School of Nursing and Midwifery organised a dedicated information webinar to showcase all that the School has to offer. Chaired by Dr Brendan Noonan, the session featured an overview by Dr Caroline Dalton, the Director of Undergraduate Education in the School of Nursing and Midwifery as well as contributions and insights from current students, including Laura, a 3rd year nursing undergraduate who applied as a Mature Student. Watch back here and listen to the questions that



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UCC Sports Scholarships

The UCC Department of Sport and Physical Activity has a long-established Sports Scholarship Scheme in place. The UCC Sport Scholarship programme reflects the commitment on the part of UCC to excellence in Sport. The aim of the programme is to give talented sports people an opportunity to develop their sporting career by offering the highest standards in coaching and training whilst completing their chosen course of academic study. Specific awards can include benefits from €500 to €2,000, access to support services – high performance programme, coaching, physiology, sports science and medical support. They are divided into the following main strands:

- 1. UCC Individual Sport Scholarship The Individual Sport Scholarship is open to applicants involved in team sports or individual sports other than the core sports. They are divided into three levels: Gold, Silver and Bronze. The sport/sporting organisation must be recognised by Sport Ireland.
- 2. UCC Team Sport Scholarships covers Hockey, Rugby, Soccer and Gaelic games: Gaelic Football, Hurling, Ladies Gaelic Football and Camogie.

The **Quercus Talented Students' Programme** is another scholarship programme that supports and promotes excellence in academia, sport, creative and performing arts, active citizenship & innovation/entrepreneurship. **Visit the Quercus website for more information.**

How To Apply

To apply for a UCC Sports Scholarship you must:

- Be either a full time registered UCC student or applicant for a programme at University College Cork in 2022/2023. (Note: applicants also need to make their degree programme application separately, e.g. through the CAO system for Irish/EU students or through the UCC Apply portal for students from outside the EU.
- Complete the UCC Sport Scholarship Application Form online at https://www.ucc.ie/en/sport/performance/sport-scholarships/

The online Application process for 2022/2023 opened on 1 March 2022! The Closing date for receipt of completed applications is 4:30pm, 1st September 2022.





Student Athlete Support

UCC is among six Higher Education Institutions around Ireland that have been awarded the Sport Ireland Institute Accreditation for Student Athlete Support (ASAS), which recognises good practice in 'dual career' support for student athletes.

UCC joins Queens University Belfast, Setanta College, Technological University Dublin and University of Limerick in being awarded full accreditation in conjunction with Student Sport Ireland, with Trinity College Dublin being named as an ASAS Affiliate recipient.

ASAS is based on providing equal opportunity to all high-performing student-athletes to combine sport and education and is grounded in the right to education. The accreditation outlines clear dual career criteria that third-level institutes must have in order to receive the accreditation. The accreditation aims to identify and establish a network of accredited institutions who support elite athletes to achieve dual career excellence by applying guiding principles. ASAS was launched in July 2021, and the first applications were accepted in October 2021 and adjudicated by an award committee consisting of representatives of Sport Ireland and Student Sport Ireland. Read more **here**.



CREATIVE

Change Makers Documentary

Two UCC research projects featured in the recent RTÉ documentary, *Change Makers*, a six part series that showcased leading research projects by eight universities in Ireland in areas such as children's health, health technology, education, youth justice, gender equality and inclusion, as well as the environment. Episode two followed UCC's Professor Brian Ó Gallachóir, Director of MaREI, the SFI Research Centre for Energy, Climate and the Marine, as he returned to Kerry to help a community to identify creative and sustainable ways to transition to a zero emissions region in the innovative Dingle Peninsula 2030 project. Episode six shone a light on the world's first global study of hip-hop music and culture. It followed UCC's Professor Griff Rollefson and a team of global researchers who are investigating how and why this highly localised African American music has translated so easily to far-flung communities around the globe. Watch back **here.**





UCC Fuaim Series

UCC's hugely successful and popular FUAIM performance series is back and these free Friday lunchtime concerts take place in the Aula Maxima but are also livestreamed **here** and previous sessions are available to watch back too. Something different for a Friday lunchtime! Full concert details are available at **www.ucc.ie/music**.



SOCIALLY RESPONSIBLE

Launch of Speak Out Anonymous Reporting Tool

A new online tool that will allow students and staff to anonymously report incidents of bullying, cyber bullying, harassment, discrimination, coercive behaviour or control, stalking, assault, sexual harassment, sexual assault and rape was recently launched in UCC. The tool, entitled Speak Out, is a national initiative, led by the Psychological Counsellors in Higher Education Ireland (PCHEI) and the Department of Further and Higher Education, Research, Innovation and Science is funding it. The Speak Out tool is currently available in 17 other higher education institutions across Ireland.

The Speak Out website - **www.ucc.ie/speakout** - will provide bespoke signposting to relevant supports, both within and outside UCC.

The data collected through this tool will be used to inform policy and targeted educational initiatives. It was the goal of PCHEI to provide a trauma-informed tool that would provide users with support services relevant to their experience. The Speak Out Tool project is a ground-breaking initiative which is underpinned by an ethos of cross-institutional collaboration in response to such incidents within higher education institutions.

Watch our **video** to find out more.



Bystander Week

UCC's Bystander Intervention programme, which recently experienced significant public interest, held an **on-campus week of events** to highlight the issue of gender-based violence and sexual harassment both on and off university campuses. Recent findings of the *National Surveys of Student and Staff Experiences of Sexual Violence and Sexual Harassment in Higher Education,* as well as the heightened attention on gender-based violence following the death of Ashling Murphy in January 2022, led to public interest in **UCC's Bystander Intervention** programme which seeks to give people the tools to take a stand against inappropriate behaviour. UCC's Bystander Intervention Week 2022 ran from Monday 14 – 18 February and included an exhibition of reflections submitted by those who have completed the Bystander Intervention Programme. For more information, click **here**.





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Introduce A Girl to Engineering Day

Introduce A Girl To Engineering Day is all about encouraging girls to consider a route into engineering and inspiring a generation who might grow up to be the great innovators and problem-solvers of the next generation!

To mark this day, UCC has announced that its Civil Engineering Building is to renamed the Iris Ashley Cummins building, in honour of UCC's first female engineering graduate.

Iris Ashley Cummins, born in Glanmire Co. Cork in 1894, graduated with a Bachelor of Engineering from UCC in 1915 and would become the first

female land surveyor for the Irish Land Commission and the first female Associate Member of the Institution of Civil Engineers of Ireland. Iris was also a talented hockey player, representing both UCC and Ireland at senior level.

This is the first UCC building to be named after an individual UCC female pioneer and the initiative forms part of the university's ambition to place **equality, diversity and inclusion** at the heart of its activities. It is expected that this will be the first of many UCC campus buildings to be named after inspirational female pioneers.



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Fifth Sanctuary Scholarship

Health inequalities faced by refugees in Ireland, entrepreneurship in the refugee community, and supporting vulnerable migrants in higher education are some of the issues that were explored during UCC's fifth annual Refugee Week, which ran from February 21 to 26. Both staff and students of UCC, working with members of the refugee and asylum-seeking community, highlighted issues faced by refugees, as well as the richness and diversity of modern Ireland through a variety of media, including spoken and written word, webinars, radio shows, interviews and conversations, music and film.

The opening ceremony took place on Monday February 21 at 11am when two flags were raised on the Main Quadrangle by the UCC Interim Registrar, Professor Stephen Byrne. Professor Byrne said "UCC is proud to be a university of sanctuary, and to support refugees and migrants at risk. The events taking place during Refugee Week are an excellent example of collaboration between students, staff and refugee communities". The Refugee Week flag will be joined by a flag designed by migrant youth to explore their identity and heritage through the Glucksman's Creative Agency In Colour project.

MyUSE Research At UCC

A major national survey to determine the prevalence and type of drug use among the third-level student population in Ireland was published on 20 January. The My Understanding of Substance-use Experiences (MyUSE) research team in UCC developed the study and **The Drug Use in Higher Education Institutions (DUHEI) survey** analysed over 11,500 responses from students across 21 higher education institutions, to give a national picture of drug use among Irish university students, so that future policy and practice in the area can be informed. For more on this, click **here.**



AGILE



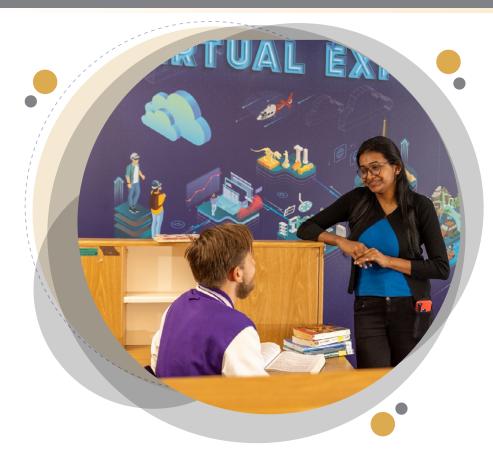
NURTURING BRIGHT FUTURES

Spring CPD Series Nurturing Bright Futures New Dates!

Following on from the very successful Autumn CPD series which focussed on the first three modules of Nurturing Bright Futures, we are delighted to bring you the Spring CPD Series which will cover content on modules four to six. These sessions will be eligible towards your CPD credits. The short lunchtime sessions will be held over Zoom and will run for 2 weeks, commencing on March 30. These sessions will be facilitated by subject matter experts who will help you to help your students to get the most out of the Nurturing Bright Futures tool. Bearing in mind your busy workload and the significant demands on your time, the sessions will be 30-40 minutes in duration and will be available to watch back. The second series of sessions will be based on Modules 4 to 6 (Transitioning to Higher Education, Realities of University Life, and Graduate Attributes and Values). Details of how to register will be sent to you by email and will also be available on ucc.ie/nurturingbrightfutures.

Watch this space!





Digital Experiences At UCC

UCC Library hosted a recent online seminar on Enhancing Teaching and Learning Using Virtual and Immersive Technologies. It included a number of talks including one on the VR Digital Lounge in the Boole Library and how VR technology is actively being used to create, disseminate and consume knowledge and information at UCC. Stephanie Chen, the Digital Learning Specialist at UCC Library and Daniel Nowacki, a First Year Chemical Sciences student walk us through the facilities and how VR is being used to enhance teaching and learning in really novel ways like understanding the human

body by standing inside a lung that is inhaling and getting to experience the surface of planet Mars! Watch the talk **here.** Dr Jerry Reen talks about the ELEVATE (Enhanced active **LE**arning in **V**irology, cell culture and molecul**A**r bio**TE**chnology) project and how VR self-directed learning and 3D model simulations are being leveraged to make sense of Molecular and Cellular Biology. Watch the talk **here** and the full seminar series can be accessed **here.** An overview of the suite of digital experiences available at UCC Library is available **here.**



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Brainpower Course - Harnessing The Power And Potential Of Adolescent Brain And Behaviour

Adolescence is now defined as the age range 10 - 24 years. This means that the majority of undergraduate students in higher education are adolescents. Brainpower is a free, online, self-paced course, focusing on harnessing the power and potential of adolescent brain and behaviour for enhanced learning, wellbeing and student success in higher education. This programme has been created by a team of academics and scientists from occupational science and occupational therapy (Dr. Eithne Hunt), applied psychology (Dr. Samantha Dockray) and neuroscience (Professor Yvonne Nolan) with contributions from students and higher education staff, and is funded by the National Forum SATLE2019 fund. Within each of the six modules (each approximately 60 minutes duration) there is a variety of instructive media, including recorded Panopto lectures, videos and short readings. Supplemental information in the form of suggested reading lists, podcasts, and videos is provided. The Brainpower modules are provided in a predefined sequence with content unlocked step by step at your own pace. Modules will be unlocked once the previous module is completed.

Although targeted mainly at academic and academic support staff in higher education, Brainpower is likely to be of interest to staff across further and higher education, nationally and internationally, as well as parents, school teachers, coaches and all those who contribute to the lives of young people. Access the programme **here**. Your Brainpower, a version for students, will be launched later this year.



BRAINPOWER

Harnessing the power and potential of adolescent brain and behaviour for enhanced learning, wellbeing and student success





SUSTAINABLE

Community Market: Capturing The Spirit Of The Community Sustainably

A joint initiative between Envirosoc and The Green Campus has seen a number of community markets on campus over recent months. The ethos of the market is centred around promoting circularity, involving students, staff and the general public and creating a real sense of community on campus. We had a wide range of stallholders ranging from sustainable consumption focused stalls to activist stalls such as *Extinction Rebellion Cork*. Communicating the benefits of circularity is so important to us at UCC Green Campus so our aim is to demonstrate that products can be reused repaired and remanufactured while at the same time making this concept accessible to the UCC community. The Community Market also aims to support Cork's creative community allowing them to share their talents.



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Green Week At UCC

A community market, an interactive wall of climate action in the Glucksman Gallery, a creative exploration of its beautiful campus are all among the activities planned for UCC's annual Green Week.

Running from 7 to 11 March, UCC welcomed its students, staff and wider community to learn more about the importance of climate action both on a local, national and international level.

A large giant sign made of rubbish collected from within the University featured on campus as a symbol of the waste reduction achieved and the work still to do. According to the most recent figures on university waste management, UCC reduced its overall waste by 56% from 2019 to 2020.



The Green Campus Podcast

In the latest instalment of the UCC Green Campus podcast we meet climate activist, language student, and Gaeilgeoir, Síofra Nic Risteaird. Tá Seachtain na Gaeilge anseo, agus in onóir na hócáide, bímid ag caint faoin nasc idir ár dteanga agus an timpeallacht. In honour of Seachtain na Gaeilge, we're discussing the connection between our language and the environment.

During this episode, Síofra tells us about environmental communication and the role that Irish could play in communicating the importance of climate action. Finally, Síofra tells us about some of the resources that are available to people who want to start learning Irish or who want to find ways to practice their cúpla focail. This episode and all episodes are available to listen to on **Spotify** and **Apple Podcasts** at the below links.



WE ARE... GLOBAL

UCC CampusConnectPeer To Peer Platform

UCC has partnered with CampusConnect to launch an entirely digital service to enhance support of our incoming international students in their transition to Ireland and the university. Through the app or browser platform, offer holders are able to build networks and friendships with peers, gaining vital support in the lead-up to enrolment. Moreover, the high-quality instant communication channel allows applicants to stay informed of the latest developments.

This initiative is currently being offered to Undergraduate and Postgraduate offer-holders from outside the EU but the next phase of the project will see Irish & EU Postgraduate students being onboarded.

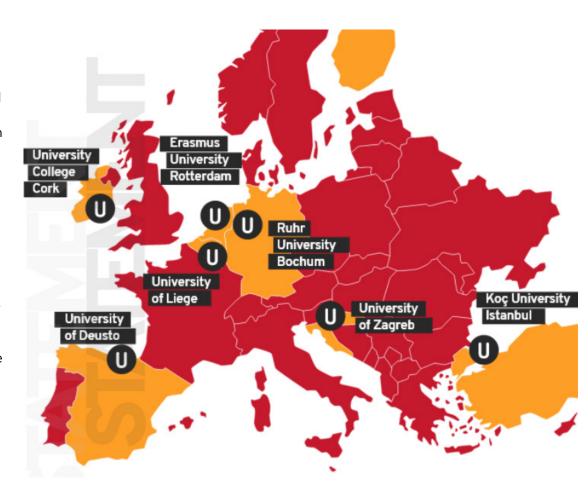


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UNIC Project

A future pan European university for Cork is a step closer as UCC was recently awarded €442,000 in funding to continue to develop a new model of European education together with seven cities across Europe. Together with 7 other European universities, UCC has been developing The European University of Post-Industrial Cities(UNIC) since October 2020. This alliance is creating a European inter-university 'campus', where students, staff and researchers will enjoy seamless mobility (physical, virtual or blended) to study, train, teach, do research, work or share services at cooperating partner institutions. UCC and Cork city is working with universities and city authorities in Finland, Germany, Holland, Belgium, Spain, Turkey and Croatia and UNIC represents a community of 230,000 students and this alliance offers significant potential for regional and national development. One of the flagship initiatives of the European Union's ambitions is to build a European Education Area. European Universities come together to create a European inter-university 'campus', where students, staff and researchers enjoy seamless mobility (physical, virtual or blended) to study, train, teach, do research, work or share services at cooperating partner institutions. The alliances foster excellence, innovation and inclusion in higher education across Europe, accelerating the transformation of higher education institutions into the universities of the future with structural, systemic and sustainable impact. For more information, click here.



WE ARE... COMMUNITY

UCC, University Of Sanctuary In Solidarity With Ukrainian People

As a University of Sanctuary, UCC expresses its solidarity with the Ukrainian people at this tragic and unprecedented time. As a community we call on the Irish government to take immediate steps to support all refugees from the conflict, regardless of race or creed, by facilitating the safe arrival of Ukrainian residents and their families into Ireland as well as providing support to refugees in the region. The UCC University of Sanctuary Working Group pledges to creatively explore all avenues to assist colleagues and students in Ukrainian universities, as well as our Ukrainian friends, colleagues and students here in Ireland. As a community we unreservedly condemn the unprovoked Russian invasion of Ukraine, and as in all times of conflict, we call on all parties to fully respect international humanitarian and human rights law and we express our profound hope for hostilities to cease and for a return to diplomacy.





UCC International Office Swap Shop

UCC's International Office, which supports more than 4000 international students from the EU and further afield, has been running its Swap Shop on a small scale for a number of years. It was recently relaunched for the first time since the pandemic began. "We came up with this idea in early 2019 on foot of feedback from students who were returning home after a semester with us", notes co-founder Natalie O'Byrne, Student Support Team.

"These students had bought lots of items that they could not bring home for various reasons. Items ranged from rain gear to camping gear; tinned and sealed food, to all types of clothing, footwear, and bedding; stationery and home comforts like hot water bottles, soft furnishings, and everything you can possibly imagine a student might need."

"Instead of everything possibly going to landfill, we take in the goods, sort and organise everything. We work from our storage shed out the back of the office and we then open up for the next group of international students that come into UCC."

All items are completely free to the students. The end goal is to open the Swap Shop up to all students in UCC to help offset some of the financial struggles students are facing.

Donation Of Laptops To Students In Direct Provision

A group of enterprising engineering students from UCC's Enactus Society spearheaded an innovative campaign with Cork-based multinational Qualcomm Technologies to donate 13 laptops to students and parents in direct provision. The donation forms part of the Enactus Society's 'Ceangal' project, which aims to improve the lives of residents in direct provision in Ireland. Enactus is a worldwide organisation for student entrepreneurs dedicated to making the world a better place. UCC's Enactus team founded Ceangal in 2019 to create opportunities for entrepreneurship for asylum seekers in direct provision centres in Ireland. Read more **here.**



WE ARE... UCC #BeginBelongBecome

