UNIVERSITY COLLEGE CORK, IRELAND

REFEREE REPORT FORM

MA in Applied Psychology (Positive and Coaching Psychology)

# N.B. Instructions For Completion

One Referee Report is required for your application to the MA in Applied Psychology (Positive and Coaching Psychology). The reference must be from a Coach who is a member of one of the professional bodies.

It is important that you have an experience of being coached prior to coming on the course. For this reference we ask that you have had at least two sessions with your coach.

We would ask that you complete the VIA Strengths Survey (viacharacter.org – select the free survey). Having identified your signature strengths (your top 5), have at least two coaching sessions where you explore how you could activate one or more of these strengths in the attainment of a goal(s).

If you have any difficulty sourcing a coach, contact us and we will provide you with guidance.

Please write your name, email address, telephone number and your Referee’s name and email address in the space provided. The Referee Form must be completed your Referee and returned to you. You must then upload the completed Reference Form to your application by the closing date of the programme.

Should you have any questions about this process, **p**leaseemail the programme director Dr. Mike Murphy (mike.murphy@ucc.ie)

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**Applicants Name (in full): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Applicants Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Applicants Telephone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Referee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address of Referee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dear Referee,

The above has named you in connection with his/her application for the Master’s Degree in Applied Psychology (Positive and Coaching Psychology). I would be grateful if you could complete the Reference form below and return the completed form to the applicant.

If you have any questions, please email the programme director Dr. Mike Murphy (mike.murphy@ucc.ie)

Yours sincerely,

Mike Murphy, Phd

Course Director

Prior to coming onto this course it is important that students have experience of the process of being coached, and given our orientation of Positive Psychology, that they have worked with you to activate one of more of their signature strengths in the context of attaining a goal.

Has the above named been in a professional coaching relationship with you, and been coached for at least two sessions?

Yes/No (delete as appropriate)

Should it be easier, you can copy the following text and replace the italic non bolded text as appropriate, and then email it to the applicant.

**I can confirm that** *name of coachee* **has had at least two sessions with me. I am a member of the** *your professional body*

**Referee Name** **Date**

Professional Affiliation; Tick as appropriate

[ ]  Psychological Society of Ireland: Special Interest Group in Coaching Psychology

[ ]  British Psychological Society: Special Interest Group in Coaching Psychology

[ ] Coaching Association

[ ]  International Coach Federation

[ ] European Mentoring and Coaching Council