Università degli Studi di Perugia
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The University

Today, the Università degli Studi di Perugia is a modern, multi-campus educational institution whose primary aim is to provide the highest quality degree programmes and advanced scientific research and development. By Italian standards it is considered a medium-sized university and is a public institution and a legal entity, that is, it is entitled to award qualifications with legal validity.

There are currently more than 31,000 students enrolled at the Università degli Studi di Perugia and 1,100 teaching staff members supported by more than 1,000 administrators. The University offers a wide variety of degree programmes in 11 faculties: Agriculture; Economics; Education; Engineering; Arts and Humanities; Law; Mathematics, Physical and Natural Sciences; Medicine; Pharmacy; Political Science; Veterinary Medicine. The University offers courses at its main campus in Perugia as well as at other sites in Assisi, Città di Castello, Foligno, Orvieto, Spoleto, and Terni.

In recent years, the University has developed into an ever more multi-cultural environment. There are more than 1,500 international students enrolled at the University on full degree courses and around 450 students who arrive at the University every year on exchange programmes.

The University structure is further enhanced by the 29 Departments where research and development activities are carried out. The Departments coordinate and promote scientific research, in addition to drafting the annual research plan and producing a report on the results of projects that have been completed. The University is also the home to various structures and associations dedicated to research and student/non student services, as well as numerous libraries containing rich collections, equipped for every possible research need. These include the Rare Book Library which holds great importance as The Università degli Studi di Perugia is the only Italian University that still maintains its own entire Historical Archive. Recent inventories have revealed that the collection includes some 27 incunabola – first publications printed with movable type, dating back to the 15th century - and about 9,300 prestigious volumes. The collection includes publications printed from the 15th century to the 19th century on a huge variety of subjects from theology to law, from medicine to literature and history. There are also numerous computer labs, internet points, accommodation and dining facilities. To improve the quality of university life, students also have at their disposal the free use of wi-fi internet connection, ad hoc facilities for differently-abled students, and Italian language courses at the CLA (University Linguistic Centre). There is also a University Sports Centre (CUS), which provides students with a variety of activities.
**International Relations Office**

The International Relations Office at the Università degli Studi di Perugia is the department of the University with which you will have the most contact during your stay in Perugia. The International Relations office is similar to University College Cork’s International Office, and will serve as your primary resource for information of the resolution of issues you might experience in Perugia. To that end, if you are interested in studying in Perugia or require any assistance during your stay, please do not hesitate to contact Università degli Studi di Perugia’s International Relations Office.

**Incoming Student Mobility Office:**
Piazza dell'Università, 1 - 06121 Perugia
Tel.: +39 075 5738926, +39 075 5738925
Fax: +39 075 5733480
E-mail: studenti.incoming@unipg.it

**Prof. Elda Gaino**
Chancellor's Deputy for International Relations
Tel: +39 075 9669273
Fax: +39 075 5725532
E-mail: relint@unipg.it

**Sonia Trinari**
Head of International Relations Area
Tel.: +39 075 9669273
Fax: +39 075 5725532
E-mail: relint@unipg.it

**Incoming Student Mobility Office**
Stefania de Gennaro
Tel.: +39 075 5738926, +39 075 5738925
Fax: +39 075 5733480
E-mail: studenti.incoming@unipg.it
Perugia (Latin: Perusia) is the capital city of the region of Umbria in central Italy, near the River Tiber, and the capital of the province of Perugia. The city is located about 164 kilometres (102 mi) north of Rome. It covers a high hilltop and part of the valleys around the area.

The city is known as a university town, with the University of Perugia (about 34,000 students), the University for Foreigners (5,000 students), and some smaller colleges, also. Perugia today hosts two main universities, the ancient Università degli Studi (University of Perugia) and the Foreigners University (Università per Stranieri). Stranieri serves as an Italian language and culture school for students from all over the world. Other educational institutions are the Perugia Fine Arts Academy "Pietro Vannucci", the Perugia Music Conservatory for the study of classical music, and the RAI Public Broadcasting School of Radio-Television Journalism. The city is also host to the Umbra Institute, an accredited university program for American students studying abroad. The Università dei Sapori (University of Tastes), a National centre for Vocational Education and Training in Food, is located in the city as well.

There are annual festivals and events: the Eurochocolate Festival (October), the Umbria Jazz Festival, and the International Journalism Festival (in April).

Perugia is a well-known artistic centre of Italy. The famous painter Pietro Vannucci, nicknamed Perugino, was a native of Città della Pieve near Perugia. He decorated the local Sala del Cambio with a beautiful series of frescoes; eight of his pictures can also be admired in the National Gallery of Umbria. Perugino was the teacher of Raphael, the great Renaissance artist who produced five paintings in Perugia (today no longer in the city) and one fresco. Another famous painter, Pinturicchio, lived in Perugia. Galeazzo Alessi is the most famous architect from Perugia. The city symbol is the griffin, which can be seen in the form of plaques and statues on buildings around the city.
Travel

By Plane

- S. Egidio is the closest airport to Perugia. Perugia can be reached via Milan, where it is possible to find connecting flights to all of the principle European destinations. In addition, Ryanair flies from Perugia to London Stansted all year round. There is a shuttle bus which connects S. Egidio airport with the centre of Perugia. Information about shuttle hours of operation and reservations can be requested by calling +39 075 592 141 or by accessing www.airport.umbria.it which has an online reservation system.

- Low-cost airlines also fly from many destinations around Europe to Rome Ciampino and Pisa. From the airport it is then possible to take a train to Perugia. If you are flying into Rome Fiumicino - Leonardo da Vinci (approximately 210 km/130 miles from Perugia), it is possible to take a coach directly to Perugia (for information, see below).

  **S. Egidio Umbria Regional Airport**
  Located 12 kilometres (7.46 miles) from Perugia - Tel +39 075 592 141
  Tickets: Tel: +39 075 5921432/3
  www.airport.umbria.it

  **Fiumicino - Leonardo Da Vinci International Airport**
  Tel: +39 06 659 51
  www.adr.it

  **Daily Coach connections between Fiumicino and Perugia**
  ACAP-SULGA coach line
  Tel: +39 075 500 9641
  www.sulga.it

By Train

- Direct train service is available to Perugia from Rome, Florence and Milan. For timetables and fare information consult http://www.trenitalia.com or for regional train informationhttp://www.umbriamobilita.it

- When taking trains in Italy, it is important to remember to validate your tickets as they are not issued for a certain day but are generic. To do this you must stamp your ticket using one of the yellow machines found on platforms or in the entrance of the train station. Do this just before you get on the train.

- When arriving in Perugia by train, please note that the main station is Perugia, not Perugia Ponte San Giovanni (a suburb of Perugia) or Perugia Università (out of town, near the Engineering Faculty).
By Car
Autostrada A1
- From the North
  Take Autostrada A1 (Milano-Roma) South. Exit at Valdichiana, approximately 100 km after Florence and follow signs to Perugia. For the University, exit at Perugia Centre or Perugia Prepo.
- From the South
  Take Autostrada A1 (Roma-Milano) North. Exit at Orte and follow signs to Perugia. For the University, exit at Perugia Centre or Perugia Prepo.

Autostrada A14 “Adriatica”
- From the North
  o From Rimini proceed in the direction of Città di Castello and then follow signs to Perugia
  o From Fano proceed in the direction of Gubbio, then follow signs to Perugia
- From the South
  o From Ancona Nord (Ancona North) proceed in the direction of Gubbio and then follow signs to Perugia
  o From Pescara proceed in the direction of Terni via L'Aquila - Rieti and then follow signs to Perugia
  o From Civitanova Marche proceed in the direction of Foligno-Perugia and then follow signs to Perugia

Superstrada E45 Cesena - Orte
- Crosses Umbria longitudinally. Exit at Perugia and follow signs for the university district (Zona Universitaria)

When exiting the motorway near Perugia, it is best to take the exit Perugia Prepo or Perugia San Faustino and then head towards the University District or Elce.

For additional information and maps, consult www.autostrade.it

ZTL
The Italian government created the Z.T.L. (Zona traffico limitato) or Limited traffic area in many Italian cities to solve the problem of overcrowding. This means that when you see the sign, you may only enter this area at the times stated. In Perugia the times allowed are: Monday to Saturday from 13:00 until 22:00 and on Sundays and public holidays from 07:00 until 22:00. Guests staying in city centre hotels may enter the ZTL at any time. Unauthorized entry to this area of the city will result in a fine.
Accommodation

Students staying in University halls of residence will spend significantly less than those living in private accommodation.

- (A.Di.S.U.) University accommodation
  €150 per month + €5 linen kit (2 bath and 1 hand towels, 1 set of twin size sheets; to be changed at least every 15 days) all bills included, per person in a shared double room
- Private accommodation (approximaterates)
  €250-€350 single room in a shared house
  €200-€250 bed in a shared room
  €500-€600 studio flat

Please note that Private accommodation prices are monthly and do not usually include bills (i.e. electricity, gas, water, refuse collection, condominium charge).

No Private accommodation request

The Università degli Studi di Perugia has approximately 200 places for international students in self-catering Halls of Residence. Places are available in shared rooms (2 people per room, same gender), some residences have private bathroom and kitchen facilities whereas others have them on each floor.

The Halls of Residence all have 24/7 porter surveillance and are mixed gender but rooms are shared by same gender only.

All residences have internet access and only some have private parking.

As this type of accommodation is distributed on a first-come, first-served basis, international students who wish to stay in university residences must make the request on-line while filling out their Student Application form and Learning Agreement.

Please be reminded that the Hall of Residence is distributed according to availability and the Faculty of study. Students cannot choose in which residence to stay.

Any questions regarding accommodation should be sent to the following e-mail: studenti.incoming@unipg.it

For more information regarding services offered by A.Di.S.U. consult: www.adisupg.gov.it/area-studenti/servizi-abitativi

Exchange students who have reserved a place in the A.Di.S.U. Halls of Residence, will receive an e-mail which will provide the name, location and all relevant details approximately 1 week prior to arrival and should go straight there once they reach Perugia. They will then go to the A.Di.S.U. office in Via Benedetta 14, the first working day to formalize their arrival.

A.Di.S.U. Public Office hours:
Monday-Wednesday: 9.00-13.00
Tuesday-Thursday: 15.00-17.30
Friday-Saturday-Sunday: closed

Private accommodation request

It is also possible but a regular rent contract is mandatory: without it, students will not be able to register themselves at Perugia City Hall.

There is an on-line service – Cercalloggio Online - which helps students find private accommodation and links them with property owners willing to rent. They help assure a set form of standards and rent.


Short term accommodation

Upon arrival in Perugia, students may need a place to stay temporarily until they have organised more permanent accommodation (if they haven't already done so). There are two youth hostels in the city: one situated near the stadium (Ostello per la Gioventù), a bus or minimetrò ride away from the city centre where all rooms have their own bathroom; the other in the city centre (Ostello Centro Internazionale di Accoglienza per la Gioventù), which is closed from the 15th Dec to the 15th Jan. Guests at this hostel must also respect the midnight curfew.

Should you wish to rent a flat, consult: www.cercalloggio-umbria.gov.it/

OSTELLO PER LA GIOVENTÙ (Youth Hostel)
Address: Via Cortonese, 4 - 06100 Perugia
Tel.: + 39 075 5011366
Fax.: + 39 075 5026805
E-mail: perugiahostel@tiscali.it
Web: www.hostels-aig.org/shop-it/perugia.htm

OSTELLO CENTRO INTERNAZIONALE DI ACCOGLIENZA PER LA GIOVENTÚ'
Address: Via Bontempi, 13 - 06122 Perugia
Tel: +39 075 5722880 - +39 075 5739449
Fax: +39 075 5733449
E-mail: ostello@ostello.perugia.it
Web: www.ostello.perugia.it

Should you prefer to stay in a hotel, please use the following links:

- http://www.perugiaonline.com/
- http://www.hotelinumbria.it/
- http://www.ternionline.net/
Admissions

Students can only be accepted for an exchange programme through their Home Institution. It is therefore recommended that students interested in studying at the Università degli Studi di Perugia, as part of an exchange programme, should contact their Institution's International Relations Office to enquire whether there is a bilateral agreement in place between the home Institution and the Università degli Studi di Perugia.

Erasmus mobility students must be nominated via e-mail by their Home Institution which will provide the student's full name, area of study, period of study and e-mail address. Once nominated, the student will be sent on-line application instructions.

Please be informed that student on-line application is mandatory and is accessible at the following link: http://www.uri.unipg.it/incoming/

Once students fill out the Student Application form and Learning Agreement on-line, they will need to activate the "send" function, thus transmitting, electronically, the forms to the Incoming Student Mobility office.

Students will then print 2 copies of each and have them duly signed and sealed by both their Departmental and Institutional Coordinators and themselves. The signed Student Application form and Learning Agreement must be posted on or before July 31st for the 1st Semester and for the full year and December 31st for the 2nd Semester directly to the following address:

UNIVERSITA' DEGLI STUDI DI PERUGIA
Incoming Student Mobility Office
Piazza dell'Università, 1
06121 Perugia
Italy

Having been accepted on an exchange mobility or full degree programme at the Università degli Studi di Perugia, students must consider the following, prior to their arrival in Perugia.

Visas

EU/EEA and Switzerland - Students from the European Union Member States or the EEA countries may move freely without the need for a study visa.
Non EU - Students from all other countries will need to obtain a study visa. Students should contact the Italian Consulate or Embassy in their home country to find out what to do. It is recommended that students begin all relevant visa applications as soon as possible as they MUST be in possession of a study visa upon arrival in Italy.

For more information, please consult:
- The Italian Foreign Office: http://www.esteri.it/MAE/EN
- Immigration portal: http://www.portaleimmigrazione.it (only available in Italian)

Registration Procedure for Mobility Students

Upon arrival, students must register themselves at the Incoming Student Mobility office and bring their ID card or passport, two passport-size photos, the Erasmus Status letter issued by their Home University and the signed original Student Application form and Learning Agreement.
Incoming Student Mobility Office:
Piazza dell'Università, 1 - 06121 Perugia
Tel.: +39 075 5738926, +39 075 5738925
Fax: +39 075 5733480
E-mail: studenti.incoming@unipg.it

Office Hours:
Monday/Wednesday/Friday from 11:00 to 13:00, Tuesday from 15:00 to 17:00, Thursday closed

Students participating in other international exchange programmes must also register at the Incoming Student Mobility Office and bring their passport or identity card and two passport-size photos.

For exchange programmes involving teaching and general staff, please go to:

International Relations Office:
Piazza dell'Università, 1 - 06121 Perugia
Tel: +39 075 966 9273, +39 075 5738924
Fax: +39 075 5725532
E-mail: relint@unipg.it

After registration, students should contact their Departmental Coordinator in Perugia or the Erasmus Faculty Delegate to establish an initial contact and to make sure that chosen courses in the Learning Agreement are still available and suitable.

Any eventual course change must be made on-line within 30 days from the beginning of lessons and approved first, by the Home University and subsequently, by the Departmental Coordinator in Perugia before submitting the "Changes" to the original Learning Agreement to the Incoming Student Mobility office.

All matters concerning academic interest are to be settled with the Departmental Coordinator whereas any administrative procedure will be dealt by the Incoming Student Mobility office.

Please, note that the Incoming Student Mobility office is at the student's service and will help him/her solve any problem that may arise.

It is important for the student to meet the course professor at the beginning of lessons and mention that he/she is an Erasmus participant.

LLP/Erasmus students remain matriculated with their home Institution. They can attend courses listed in their Learning Agreement. They are also exempted from registration fees. Their arrival is generally scheduled a few days before the start of each semester. At the end of the study period, a transcript of records is sent to their home university.
Academics

For ordinary exams, universities in Italy use a 30-point scale simply divided in two: non passing (0 to 17), and passing grades (18 to 30 cum laude). For the final score a 110-point scale is used, which is divided in two as well, with 66 being the minimum grade for passing. The 110-point takes into consideration of both exam scores and the final thesis. For outstanding results, the Lode "praise" is added to the maximum grade.

<table>
<thead>
<tr>
<th>Scale</th>
<th>Grade Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>29.00 - 30.00</td>
<td>Ottimo - Cum Laude (With honors and commendations)</td>
</tr>
<tr>
<td>27.00 - 28.99</td>
<td>Molto Buono (Very Good)</td>
</tr>
<tr>
<td>24.00 - 26.99</td>
<td>Buono (Good)</td>
</tr>
<tr>
<td>19.00 - 23.99</td>
<td>Soddisfacente (Satisfactory)</td>
</tr>
<tr>
<td>18.00 - 18.99</td>
<td>Sufficiente (Sufficient)</td>
</tr>
<tr>
<td>0.00 - 17.99</td>
<td>Respinto (Fail)</td>
</tr>
</tbody>
</table>

IT Laboratories

Most faculties have one or more IT labs where students have access to PCs with internet access during faculty opening hours. For more information on IT lab locations, opening times and username/passwords, please contact individual Faculties.

Study Rooms

Faculties also provide facilities for individual study in quiet study rooms. Students may use these rooms during Faculty opening hours.

Libraries

The Università degli Studi di Perugia's Library Services Centre (Centro Servizi Bibliotecari - CSB) has many branches, located at various Faculties in Perugia, and at Terni Teaching and Research Centre. Library staff offer bibliographic information services and research assistance relating to both bibliographic resources found in the University's collection as well as those resources not available at the University's libraries. In each library branch, there are areas dedicated to reading and viewing materials. Library users may go directly to the bookshelves and take the materials they desire although some book collections are not directly accessible. In this case, users should ask the Library staff for assistance.

The University has an electronic catalogue of its resource materials (monographs and periodicals) which can be accessed directly via the internet searching for the author's name, title, or keyword contained in the title. In case of difficulty, online help is also available. A
paper catalogue is on hand, in some cases, for materials acquired prior to 1983. It is possible to access the catalogue directly at: http://centri.unipg.it/csb/biblioteche-e-cataloghi

Home loan is permitted only by some library branches, and restrictions may apply. For example, periodicals, encyclopaedias, dictionaries and textbooks may not be borrowed. The availability of items for home loan may be checked by simply sending a fax or an email. In addition, Inter-Library Loan allows users to locate, in other major Italian and foreign catalogues, materials which are not available through CSB. These materials may be then checked out on a temporary basis.

Incoming Erasmus student "Welcome Day"

Each year the International Relations Area organises, at the beginning of the first semester, a Welcome Day for Incoming Erasmus students. This day is of the utmost importance as it provides students the possibility to receive information about both the city of Perugia and the University, to ask any questions that they may have about the programmes and finally, to get to know the Incoming Student Mobility Office staff who will be their point of reference during their stay in Perugia. It is strongly recommended that incoming students attend.

Practical Matters

Health Insurance

- EU - EU students must bring their European Health Insurance Card (See example below). This card entitles the holder to any medical assistance that might become necessary during a temporary stay (but cannot be used for private sector health care providers). This assistance will be provided in accordance with the legislation of the host State. For more details, go to: http://ec.europa.eu/social/main.jsp?catId=509&langId=en

- Non EU - Non EU students must obtain health insurance prior to their arrival in Italy. This is essential as health-care in Italy can be expensive. In addition, a Health Insurance Certificate is needed in order to obtain their permit of stay and, in some cases, a study visa. To verify that they are acquiring the correct health insurance, non EU students should check their policy first with the Italian consulate in their home country.

Medical facilities

The Università degli Studi di Perugia offers a variety of physical and mental health services, completely free of charge, to both enrolled students and international mobility students participating in exchange programmes. Basic medical services include visits, prescriptions, various laboratory tests, doctor referrals to specialists, and follow-up.
These services are managed by Aspu (Associazione socio-sanitaria per la promozione umana) and A.Di.S.U.

For more information regarding services offered by A.Di.S.U. consult: www.adisupg.gov.it/area-studenti/salute

The clinic is located in the "Casa dello Studente", via Z. Faina, 6 (Block IV) in Perugia.

Dr. Francesco Mariano
Tel: +39 075 469 3256
Cell:+39 338 4543218
Clinic opening hours:
- Monday, Wednesday from 12:30 to 14:00
- Tuesday, Thursday from 16:00 to 17:00

The Incoming Student Mobility office is at the students’ disposal in the event of any emergency or problem.

The Università degli Studi di Perugia also provides for student mental health services at The Psychological Counselling Centre Lo Zaino established in 1999. Students are welcome to meet with expert counsellors on an individual or group basis in order to better understand and come to terms with psychological problems.

For more information regarding services offered by A.Di.S.U. consult: www.adisupg.gov.it/area-studenti/lo-zaino-servizio-di-consultazione-psicologica

The clinic is located in the “Casa dello Studente”, via Z. Faina, 6 (Block IV) in Perugia.

Tel.: 075 4693258
E-mail: lozaino@adisupg.gov.it
For on-line consultation only: consulenza@radiophonica.com

A.S.L. n.2 dell'Umbria - Public National Healthcare Service

In addition to health services provided by the Università degli Studi di Perugia, Italy has a public national healthcare service (ASL) that can be used by foreign citizens in possession of a valid Residence Card or Residence Permit.

For more information regarding services offered by ASL n. 2 consult: www.ausl2.umbria.it/mediacenter/FE/home.aspx

Address:
ASL n.2 dell'Umbria - via dei Filosofi, 9 – 06100 Perugia
Tel.: +39 075 5411
Fax: +39 075 5412004
Opening Hours:
Monday to Saturday 8:00 - 12:30
Documents needed:
European Health Insurance Card

S. Maria della Misericordia Hospital ("Silvestrini" Hospital)

Perugia’s general hospital is located in the city’s suburbs, approximately 10 minutes from the city centre.

For more information regarding Hospital, consult: www.ospedale.perugia.it/
Address: S. Andrea delle Fratte – 06156 Perugia
Tel. +39 075 5781
For the Accident and Emergency department, follow signs for 'Pronto Soccorso'
Guardia Medica
The 'Guardia Medica' is an out-of-hours health service open during the night, weekends and on holidays. Should students need to see a doctor during these hours, they should call: Tel.: +39 075 36584 or +39 075 34024
For more information regarding Guardia Medica, consult: www.ausl2.umbria.it/MEDIACENTER/FE/media/guardia-medica-118.html
Address: Via della Pallotta, 42 – Perugia
Tel.: +39 075 36584 or +39 075 34024

Useful Health Telephone Numbers:
- Emergency Health Service - Tel.:118
- Medical Service (Via della Pallotta) - Tel.: +39 075 34024 - +39 075 36584
- Hospital – Tel.: +39 075 5781

Pharmacies
Pharmacies in Italy are denoted by a green cross on a white background. Pharmacies generally follow shop opening times (approx. from 8:30 to 13:00 and from 15:30 to 19:00, Monday to Saturday). However, in large cities many are open throughout the day. Night time service is provided on a rota basis (Pharmacies take turns in opening during the night). Opening hours and night shifts are displayed outside each pharmacy and are published in local papers.
The pharmacy 'Sodalizio San Martino' in Piazza Matteotti (in the city centre) is open every night from 20:00 until midnight and on Saturday afternoons from 13:00 to 16:00.

Cost of Living
Each student has different needs and it can therefore be difficult to estimate monthly living costs. However, an average student who shares a flat with other students and who mainly eats at home rather than in restaurants, will spend around € 700/800 a month (on rent, food, books, public transport, going out

Sport and Leisure
The Università degli Studi di Perugia offers various sports services and facilities with the aim of supplementing students' study programmes with physical activity.

The "G. Bambagioni" University Sports and Recreation Complex
The "G. Bambagioni" Sports and Recreation Complex, also referred to by students as the "Country Club", is open to all University students and staff at a reduced rate. The complex is a modern structure which represents the University's dedication to the creation of an extensive sports complex. It is located just outside of the city centre, a few minutes walk from the Veterinary Medicine and Agricultural Science faculties and has bus links to the city centre. "G. Bambagioni" is equipped with tennis courts, football pitches (for 7- or 5-a-side matches), beach volleyball courts, a pool used for swimming lessons and aqua-gym, recreational rooms, a games room for children, a club house, a café, a restaurant-pizzeria, TV rooms and rooms for holding meetings and private parties.
Via Bambagioni, 9 - Zona Pallotta - 06100 Perugia
Tel: +39 075 31 103
The University Swimming Pool
The University Pool is open to both University students and the residents of Perugia. The facility was recently improved after the completion of a significant structural and technological renovation and modernisation project. There are two pools: one for adults, 25 metres in length and with 5 lanes; and the second, designated for children and rehabilitation activities.
Via Bambagioni - Zona Pallotta - 06126 Perugia
Tel: +39 075 33 326

University Sports Centre - CUS
CUS is a sports association which provides students with a variety of facilities and areas of open-space enabling them to practise various sports, whether for fun or at a competitive level. The sports and activities offered at CUS include: athletics, basketball, body building, boxing, chess, cross country/alpine skiing, dance, fencing, fitness, football, gymnastics, hiking, judo, karate, kick boxing and Savate, lacrosse, parachuting, personal defence, race-tracking, rugby, safe driving, sailing, swimming, taekwondo, tennis, target shooting, volleyball and wrestling. CUS also organizes winter and summer sports camps.
The University has agreements with sports facilities and centres located in other parts of the city where students can practise sports either free of charge or at a substantially reduced rate. CUS Perugia is part of the national selection circuit for international tournaments and participates regularly in national university championships as well as in the intense "InterCUS" competitions, competitions against other Italian university sports centres.
By special arrangement, doctors and staff of the University's Centre for Sports Medicine are available to students for any necessary medical consultations.
Becoming a member of the centre costs €5 for students/€10 staff per year which entitles students to available discounts and offers. In order to join, students must take 2 passport-size photos, their university enrolment certificate and a medical certificate -"non agonistico" (non-competitive).
Strada Tuderte,10 - Zona Pallotta - 06126 Perugia
Tel.:+39 075 32120
E-mail: cusperugia@unipg.it
Web: www.cusperugia.unipg.it

Sports and sport facilities available in Terni
For sports and sport facilities available in Terni, please consult:
City of Terni – Sports Office
via I Maggio n 65 3rd floor - 05100 - Terni
Tel.: +39 0744 549719
Tips from UCC Students

Academic Matters

- If you can foresee having trouble in a course, let your instructor know that you are an Erasmus student and that Italian is not your first language. They may be more understandable and flexible than they would be otherwise.

- The CLA (Language Centre of the Università degli Studi di Perugia) offers international students the possibility of attending Italian Language Courses of a variety of levels and course lengths. These courses provide students with the linguistic knowledge they may need to profitably attend university classes and successfully pass exams, therefore obtaining valuable credits. For all information, please visit: http://cla.unipg.it

- There are plenty of libraries and they are all easy to use. Don’t let this go to waste!
- Italian exams can be quite a bit of work, so it is useful to get the reading list for a course as early as you can to be sure that you’ve enough time to prepare yourself.

Accommodation

- As is the case with many university cities, student accommodation in Perugia can be very difficult to find. Start your search early for the best opportunity of finding a room.
- Apartments in Perugia typically do not come with kettles, linens, and the like. Be sure to go to a shop straight away to get the things you deem necessary.
- Public transport stops around 10:30pm.
- There is no single campus for the University, as it is spread throughout the city.
- Taxis only stop at the registered taxi parks. If you want to make use of a taxi, you must go to one such park.

Travel

- Students are advised to arrive in Italy at the end of August or in very early September.
- Perugia is well-connected to other cities by train.

- Perugia, as well as other cities in Umbria, offers a vast number of tourist and cultural attractions. Some cities you should consider visiting during your time in Umbria are: Assisi, Todi, Spoleto, Orvieto, Gubbio, Città di Castello, Terni etc. For detailed information about events happening in and around these cities, including exhibitions, concerts, theatre productions, cultural events, etc., please visit http://www.comune.perugia.it/cultura
Bureaucracy

- Your passport is required to do many things around Perugia, so it is imperative that you keep it with you at all times.
- Joining fitness clubs requires a small medical exam prior to joining.
- Unless your passport is in a language other than English, it is unlikely that you will need to have it translated.
- Be sure to have all of the materials you need whenever you engage with the Italian bureaucracy. If something is out of line, the entire process must often begin again.
- Your European Health Insurance Card should be enough to see you through all health-related issues.

Social Life

- Bologna is a sort of artistic hub for its section of Italy, particularly with music.
- Erasmus Nights are hosted by various Erasmus organizations in Perugia, and are a great way to get to know other students.
- Local students tend to go home on the weekends, so use these times to get to know your fellow international students.

General

- Perugia can be a very political city. You might find yourself engaging in conversations more frequently than in Cork. Be sure to remain respectful.
- The people of Perugia are very friendly and like to talk, especially to international students.
- Perugia has a very large student population, giving the city a young feel.
- International exchange students in Terni are able to obtain a free card called the Terni UNICARD that allows them to save on transport, shopping, sports, and cultural events. For more information visit: http://www.comune.terni.it/canale.php?idc=213