



# UCC

Coláiste na hOllscoile Corcaigh, Éire  
University College Cork, Ireland

## UCC International Office Welcome Programme for International Students 2023



EVENT	WHAT IS IT?	WHERE & WHEN?
<u>WELCOME MEETINGS</u>	Important to attend on arrival & receive information regarding: Welcome Programme, UCC, Fáilte Fest, Cork, advice & answers to your questions...	Venue: Boole 2 Time: 12 noon Date: Thursday 31st August Friday 1st September Wednesday 6th September
SWAP SHOP	Need a few things to furnish your accommodation? Come along to the International Office Swap Shop and see what we have. Pay your €3 entry fee in <b>cash</b> , which goes to charity, then take whatever you fancy!  Please note that you will be asked to sign a waiver.	Venue: International Office, Roseleigh, Western Road Time: 0930am-11.30am Date: Thursday 17 <sup>th</sup> August 2023 Monday 4th September 2023 Tuesday 5th September 2023 Wednesday 6 <sup>th</sup> September 2023 Thursday 7th September 2023 Friday 8th September 2023  No appointment necessary but be prepared to queue!  <b>*Now empty. Closed until December when we will accept donations*</b>
<u>CITY WALKING TOURS</u>	A guided practical tour of Cork: Immigration Office, the famous <i>English Market</i> , Supermarket, Post Office, etc.	Venue: Meet at Main University Gates, Western Road Date: Saturday 19 <sup>th</sup> August 2023 Monday 4 <sup>th</sup> September 2023 Tuesday 5 <sup>th</sup> September 2023 Saturday 9 <sup>th</sup> September 2023 Times: 12.30pm 2pm 2pm 11.30am  <b>PLEASE bring your reusable cup with you to help protect the environment!</b>
CAMPUS TOUR	Discover your new campus! As part of your orientation you will participate in a campus tour led by UCC students. Please refer to your Orientation timetable to learn the specific date and time for your programme. <u>international student orientations</u>	As per Orientation timetable
INTERNATIONAL OFFICE POP UP WELCOME DESK	Come along and meet our UCC student help who can answer any questions you may have. Free tea, coffee and sweets!	Venue: Outside the Student Hub Time: 10am-1pm Date: Monday 4 <sup>th</sup> to Friday 8 <sup>th</sup> September 2023  <b>*Please bring your reusable cups*</b>
TRAD NIGHT AND PIZZA	Join the UCC Student's Union for a night of free pizza and Irish traditional (trad) music. Details to be announced at orientation on Friday 19 <sup>th</sup> August.	Venue: Student's Union Common Room Time: 7pm Date: Friday 18 <sup>th</sup> August Register for event on UCCSU Instagram page.



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	Email sent to SU Comms Officer along with request for event for visiting international.	
<u>CINEMA</u>	Watch a classic film in the company of other students.	Venue: Boole 1 Time: 7pm - 10pm Date: Monday 4 <sup>th</sup> September 2023 Tuesday 5 <sup>th</sup> September 2023
<u>SPEED FRIENDSHIP</u>	Interested in meeting new friends? Want to have some fun? Come along to the Speed Friendship event, facilitated by UCC students from Cork.	Venue: Main Restaurant Time: 7.00pm Date: Wednesday 6 <sup>th</sup> September 2023
<u>CLASS PARTY/ FRESHER'S BALL</u>	UCC Students' Union, Clubs and Societies & Peer Student Leaders will be organising a class party. Have fun getting to know your classmates, enjoy meeting new people, and make new friends. Details to be announced by SU.	Time: TBC Venue: TBC Date: TBC <a href="#">UCC Students' Union   Facebook.</a>
<u>INTRODUCTION TO UCC SPORT &amp; GUIDE TO GAA</u>	Find out what UCC has to offer in terms of sporting opportunities. Whether you are a complete beginner or an elite athlete or simply interested in getting fit there is something for everyone. Enjoy an introduction Gaelic Football and Hurling, two native and ancient sports unique to Ireland before departing AL30 for a tour of the Mardyke Sports Arena.	Venue: AL30 & Mardyke Arena Time: 11am & 2pm Date: Friday 8 <sup>th</sup> September
<u>CAFÉ CULTURE</u>	Get to know other international students as we meet and grab a (free) tea/coffee and chocolate in small groups.	Venue: Global Lounge. Upstairs in the Student Hub. Time: 2pm-4pm Date: Saturday 9 <sup>th</sup> September 2023 This event will take place at the beginning of every month on the 1 <sup>st</sup> and 2nd <b>Saturday</b> of the month during term time.  <b>*Please bring your reusable cups*</b>
<u>UCC INDIAN ALUMNI MEET AND GREET</u>	An opportunity for Indian students joining UCC in September 2023 to interact with UCC Indian Alumni Community. This is a FREE event.	Venue: Aula Maxima Time: 11am Date: Saturday 9 <sup>th</sup> September 2023



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<p><u>DAY TRIP TO COBH</u></p>	<p>A day trip to the historic maritime town of Cobh, last port of call of the Titanic and heritage centre for the Queenstown Story of Emigration. Subsidised. Transport cost €10 return. Limited availability. Departs from outside Western Gateway Building, Western Road. Please note that we do not accept email booking and we do not issue refunds.</p>	<p>How: Sign up at a Welcome Meeting Time: 10.00am—5pm Date: Saturday 9<sup>th</sup> September 2023 MeetingPoint: WGB (Western Gateway Building)</p> <p><b>*Now full*</b> If you have not signed up to the Cobh daytrip this weekend, please know that you can get the train from Cork Kent Station to Cobh at 10am Saturday 9th September. The bus bringing the other students to Cobh will be arriving there at 10.30am. I recommend that you get your train ticket in advance on: <a href="https://journeyplanner.irishrail.ie/webapp/?start=1... TP!histId 1!histKey H331386">https://journeyplanner.irishrail.ie/webapp/?start=1... TP!histId 1!histKey H331386</a></p> <p><b>PLEASE bring your reusable cup with you to help protect the environment!</b></p>
<p><u>CORK CITY PHOTOGRAPHIC COMPETITION</u></p>	<p>Explore Cork city! Have fun discovering what Cork City has to offer. You decide what is fun, unique, historic or beautiful and worthy of photographing. There are copious street scenes, vibrant nature and some fabulous landmarks too – Shandon, St. Finbarr's Cathedral, The English Market, Elizabeth Fort, The Lough and Fitzgerald Park to name but a few. Meet as a group at University gates and choose to work as a team or individually. Submit your best photographs to our <a href="#">IO Instagram Page</a> Instagram page and you will be automatically entered into the Prize draw. Please note these photographs will be used on official UCC channels.</p>	<p>Venue: Main University Gates Time: 2.30pm Date: Sunday 10<sup>th</sup> September</p> <p><b>PLEASE bring your reusable cup with you to help protect the environment!</b></p>
<p><u>IRISH DANCING</u></p>	<p>Opportunity to try Céilí Dancing, listen to traditional Irish music and get a feel for real Irish culture!!!!</p>	<p>Venue: UCC Amphitheatre (Honan Square) Time: 3pm Date: Saturday 16th September 2023</p>
<p><u>FRESHERS FEST</u></p>	<p>This is a fantastic opportunity to meet your classmates. You can attend workshops, take tours, sign up for Clubs and Socs. We will have music and food stalls which add to a carnival</p>	<p>Venue: UCC Campus Time: 9am – 5pm Date: Saturday 16th September 2023 More info available will be available <a href="#">here</a> shortly.</p>



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	<p>atmosphere on campus. Your family and friends are welcome too - we will schedule events/activities for them.</p>	
DAYTRIP TO KINSALE	<p>A day trip to Kinsale, one of the gourmet capitals of Ireland. A colourful fishing village and port which still pays homage to its medieval roots. Subsidised. Transport cost €10 return. Limited availability. Departs from outside Western Gateway Building, Western Road. Please note that we do not accept email booking and we do not issue refunds.</p>	<p>How: Sign up at a Welcome Meeting Time: 10.00am—5pm Date: Sunday 17<sup>th</sup> September 2023 Meeting Point: WGB (Western Gateway Building)</p> <p><b>*Now full*</b></p> <p><b>PLEASE bring your reusable cup with you to help protect the environment!</b></p>
SUNDAY MEET UP	<p>Get to know the group and meet current UCC students as we meet and grab a coffee cake or maybe a bite of lunch.</p>	<p>Venue: Meet at Marina Market Time: 12 noon Date: Sunday 20<sup>th</sup> August 2023 Sunday 17<sup>th</sup> September 2023 This event will take place at the end every month on the 3<sup>rd</sup> and 4<sup>th</sup> <b>Sunday</b> during term time.</p> <p><b>PLEASE bring your reusable cup with you to help protect the environment!</b></p>
MINDFULNESS WORKSHOP	<p>"Want to learn the tricks to manage stress? Join Maura for her wellbeing workshop and discover the tools and resources that will support you throughout the year. Introduction to Mindfulness on Tuesday followed by Stress Management Tools on Wednesday. Workshops may be taken together or independently."</p>	<p>Venue: ORB 123 Date : Tues 12<sup>th</sup> Sept 2-3pm Wed 13<sup>th</sup> Sept 11-12am</p>
UCC COMMUNITY GARDEN	<p>Join us for a "try it out," session at UCC Community Garden! Learn about how food can be grown sustainably, in a way that respects nature. Get stuck into some gardening activities and leave inspired!</p> <p>Our try-it-out session will take place on Thursday the 21<sup>st</sup> of September, from 12.30 to 14.30, in UCC Community Garden. The</p>	<p>Venue: 6 Carrigside, College Road Time: 12.30pm—2pm Date: Thursday 21<sup>st</sup> September 2023</p>



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	<p>garden is located behind no. 6 Carrigside, on College Rd. If you're interested in getting an introduction to UCC Community Garden beforehand, then join our open sessions! These take place from 12.30-13.30 on Tuesdays, and 12.30-14.30 on Thursdays.</p> <p>This event has very kindly been sponsored by UCC International Office.</p>	
UCC CAREERS OFFICE EVENTS	<ul style="list-style-type: none"><li>• <b>Are you Ready for the UCC Recruitment Fair?</b> Wednesday 20<sup>th</sup> September 4-5 pm Prepare for the UCC Recruitment Fair on the 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> of October!</li><li>• <b>Perfect Your CV, Cover Letter and Job Applications</b> Thursday 21<sup>st</sup> September 12 to 1 pm</li><li>• <b>Perfect Your LinkedIn Profile</b> Thursday 21<sup>st</sup> September 1 to 2 pm</li><li>• <b>The Irish Job Market for International Students</b> Wednesday 27<sup>th</sup> September 1-2 pm An Essential Overview of the Irish Job Market and Key Tips to Develop a</li></ul>	<p>Check out events calendar for full list: <a href="http://www.ucc.ie/en/careers">www.ucc.ie/en/careers</a></p>



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	Job Search Strategy.	
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### RESOURCES 2023

EVENT	WHAT IS IT?	WHERE & WHEN?
1G GRADUATE VISA	Since 2007 students graduating from third level institutions in Ireland may apply for the Third Level Scheme. The student may be issued with permission to remain in Ireland for up to 24 months working or searching for work. No work permit is required when availing of the Third Level Graduate Scheme often referred to as the Graduate visa.	March 2023 <a href="#">Link to recording.</a>
HEALTH INSURANCE Q&A	Join us to find out answers to all of your health insurance queries. Want to know what plan immigration will accept? Will you be here for more than 12 months and want to know what plan you need to purchase? Chris from Study and Protect and Catherine from VHI who will answer all of your questions.	Venue: Online. Time: 2pm Irish Time Date: Tuesday 11 <sup>th</sup> July 2023 <a href="#">Link to recording.</a>
IMMIGRATION CLINIC	If you entered Ireland on a non-EU passport, then you will need to register with immigration. Have questions? Then come along to the immigration clinic where all your questions will be answered.	Venue: Online Time: 2.00pm Date: Friday 15 <sup>th</sup> September 2023 <a href="#">Link to recording.</a>
DISABILITY SUPPORT SERVICE	<b>Studying abroad – setting up for success</b> Join occupational therapist Abbie as she discusses how to plan and prepare for your study abroad. Abbie will cover: <ul style="list-style-type: none"> <li>• how to plan before you leave</li> <li>• plan for when you arrive</li> <li>• dealing with uncertainty</li> <li>• building your support network</li> </ul> This is a one-hour online workshop and participation is voluntary. Feel free to join with cameras on or off, questions can be asked or typed into the chat.	Venue: Online Time: 2.00pm Date: Tuesday 8 <sup>th</sup> August 2023 <a href="#">Link to recording.</a>
BANKING WORKSHOP	Meet Aileen and Maria from Bank of Ireland, UCC's partner bank who will take you through what is needed to open a student account.	Venue: Online Time: 2.00pm Date: Thursday 10 <sup>th</sup> August 2023 <a href="#">Link to recording.</a>
EMBASSY OF THE UNITES STATES, DUBLIN	Join the US Embassy who are based in Dublin to learn about what consular services are available to you.	Venue: Online Time: 2.00pm Date: Tuesday 15 <sup>th</sup> August 2023 <a href="#">Link to recording.</a>
UCC SKILLS CENTRE	The Skills Centre provides a dedicated, responsive and active learning space for the enhancement of study skills and is committed to further contributing to a positive and successful student experience here in UCC. The Skills Centre enhances the student experience through the provision of customised workshops and sessions. These sessions will help develop and enhance students' skills. We offer a free and friendly place for all UCC students to improve their study skills, writing technique and presentation skills.	Venue: Online Time: 2.00pm Date: Tuesday 17 <sup>th</sup> August 2023 <a href="#">Link to recording.</a>
LGBT+ Proud Ally	UCC aims to "Embed a culture of equality, diversity, inclusion and belonging in UCC, embracing our differences as a key institutional strength. (UCC Strategic Plan). The Proud Ally Student Network aims to educate and empower everyone to harness core attributes and values to become effective and proud allies to the LGBTQ+ community.	Find out more information about UCC Proud Ally Programme <a href="#">here</a>
BYSTANDER INTERVENTION	UCC's Bystander Programme is a successful 5-module online training programme available in UCC. Participants learn to recognise our responsibility to highlight unacceptable behaviour, and develop the skills to challenge unwanted behaviour in a safe way. For further information on this programme, please email: <a href="mailto:bystander@ucc.ie">bystander@ucc.ie</a>	Find out more information about UCC Bystander Intervention <a href="#">here</a>
LIBRARY WORKSHOPS	The library will be running drop in workshops at the beginning of term.  Look out for workshops such as <i>Library Essentials</i> which will help you to find books and journals, and tips on effective searching. <i>The Citing, Referencing &amp; Plagiarism</i> workshop may also be helpful. Each workshop will take approximately 1 hour each. Details will be posted on the <a href="#">Boole Library</a> website closer to the date.	Venue: Boole Library  <a href="#">Boole Library</a>





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<b>Dates for your Diary</b> <b>UCC International Office Welcome Programme 2023</b>		
EVENT	WHAT IS IT?	WHERE & WHEN?
<b>FRESHERS WEEK</b>	Entertainment for newcomers to UCC. Find out more at: <a href="http://www.uccsu.ie">www.uccsu.ie</a> Facebook: UCC Students' Union      Twitter: @UCCSU Instagram: @UCCSU                      Snapchat: uccsu	<b>Venue:</b> UCC Campus <b>Time:</b> Various <b>Date:</b> Sept 18th – 22nd 2023
<b>CLUBS DAY</b>	Get involved. Make new friends. Learn new skills. Meet Club (sports) members. Find out about and join UCC Clubs. There is something for everyone. Have fun!	<b>Venue:</b> Devere Hall Student Centre & The Hub <b>Time:</b> All day <b>Date:</b> 20 <sup>th</sup> September
<b>SOCIETIES DAY</b>	Get involved. Make new friends. Learn new skills. Meet Society (interests) members. Find out about and join UCC Societies. There is something for everyone. Have fun!	<b>Venue:</b> Devere Hall Student Centre & The Hub <b>Time:</b> All Day <b>Date:</b> 19 <sup>th</sup> September Keep an eye on <a href="#">UCC Societies</a> for more info.
<b>GIVE IT A GO FESTIVAL</b>	'Give it a Go' festival will take place over a 3-week period (dates to be confirmed). The festival is open to all students of UCC, not just first years! We have 106 active societies in UCC who can't wait to meet you and get you involved in their activities.  Following on from our success last year, GIVE IT A GO Festival is a great way to meet new people, connect with all our societies in UCC and learn something fun along the way!	<b>Venue:</b> Various <b>Time:</b> Various <b>Date:</b> 11 <sup>th</sup> - 22 <sup>nd</sup> September 2023 Keep an eye on <a href="#">UCC Societies</a> .
<b>SHAG WEEK</b>	This week highlights the importance of Sexual Health Awareness and Guidance (SHAG) Week in overcoming the "stigma" attached to sexual health. In order to tackle the stigma, the SU host a wide variety of events, from a Drag Show, to Consent Tea Parties etc.	<b>Venue:</b> UCC Campus <b>Time:</b> Varied <b>Date:</b> Oct 2 <sup>nd</sup> to 5 <sup>th</sup> Keep an eye on UCCSU Instagram page.
<b>HALLOWEEN</b>	A variety of events to celebrate Halloween. The original Irish festival!	<b>Venue:</b> UCC Campus <b>Time:</b> Varied <b>Date:</b> Oct 31st Keep an eye on UCCSU Instagram page.
<b>VOLUNTEERS FAIR</b>	Interested in volunteering? Not sure how to get involved? Find out all you need to know at the Volunteers Fair organised by the Careers Office.	<b>Venue:</b> TBC <b>Time:</b> TBC <b>Date:</b> November 2023 Keep an eye on <a href="https://www.ucc.ie/en/careers/careerevents/">https://www.ucc.ie/en/careers/careerevents/</a>
<b>CULTURE NIGHT</b>	A night when the theatres, galleries, observatories, artist studios, historic houses and museums of Cork are staying open late and putting on a range of special programmes for one night only. The city opens its doors and lets the culture flow. FREE!	<b>Venue:</b> Various venues in Cork City <b>Time:</b> Varied <b>Date:</b> 22 <sup>nd</sup> September <a href="http://culturenightcork.ie/">http://culturenightcork.ie/</a>
<b>COMMUNITY REUSE NETWORK IRELAND</b>	Join CRNI + our reuse, repair and recycling members for the launch of our Virtual Green + Social Procurement Trade fair! The Community Resources Network Ireland (CRNI), with support from the Regional Waste Management Plan Offices is delighted to invite you to the launch of our Virtual Green + Social Procurement Trade Fair.	<b>Venue:</b> Online <a href="#">Home - Community Resources Network Ireland (crni.ie)</a>





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<b>CORK JAZZ FESTIVAL</b>	The <a href="#">Cork Jazz Festival</a> is an annual music festival held in Cork City, Ireland in late October. The first festival began on Friday 27 October 1978, and has been held every year since. The festival is Ireland's biggest jazz event and attracts hundreds of musicians and thousands of music fans to the city each year.	<b>Venue:</b> Various <b>Time:</b> Various <b>Date:</b> 26 <sup>th</sup> – 30 <sup>th</sup> October 2023
<b>CORK FILM FESTIVAL</b>	The <a href="#">Cork Film Festival</a> is Ireland's largest and first film festival and one of Cork's most significant and popular annual cultural events. Cork Film Festival is a local, national and international celebration of cinema, running annually for eleven days in November in Cork. Award-winning films from the international film festival circuit, new discoveries and cinema classics are selected by our experienced curatorial team, to be premiered on the big screen in Cork. The Festival showcases the latest and best international and Irish features, documentaries and shorts, and includes programmes for schools, families, a focus on mental health, and specialist Industry Days. If you attended the 2018 Festival, we would like to thank you for your support and we look forward to welcoming you back in 2022.	<b>Venue:</b> Various <b>Time:</b> Various <b>Date:</b> 9 <sup>th</sup> to 19 <sup>th</sup> November 2023
<b>CORK GLOW-CHRISTMAS FESTIVAL</b>	Visit <a href="#">Glow</a> , our festive installation in Bishop Lucey Park, soar high above Cork on a giant Ferris wheel and indulge in our festive market and entertainment on the Grand Parade this Christmas.	<b>Venue:</b> Bishop Lucey Park <b>Time:</b> Various <b>Date:</b> November - January 2023



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