

Both Events 
**UCC FRESHERS FEST
& OPEN DOOR WELCOME**

**7
SEP
2019**



**UCC
Freshers
Fest**

THE BIG UCC WELCOME

UCC Fáilte Fest: failtefest.ucc.ie
 www.facebook.com/uccFailteFest



Essential Workshops to help you succeed as a first year student in UCC

Sign up for your workshops  www.ucc.ie/en/study/undergrad/orientation

TITLE	DESCRIPTION	TIME	PRESENTER	VENUE
Understanding your timetable	Find out the times and locations of your lectures.	10am & 1pm	Student Ambassadors	Boole 2
Study skills	Not everyone learns and studies the same way. The study skills you develop will be based on your learning style.	10am	UCC Skills Centre	West Wing 6
Note taking	Master the skills of active listening, taking effective notes and writing, all at the same time!	10am & 1pm	UCC Skills Centre	Boole 1
Academic Writing for the College of Arts Celtic Studies & Social Sciences and The College of Medicine & Health	Top tips on how to approach an academic essay.	11am & 1pm	Dr Rosarii Griffin Centre for Teaching & Learning	Boole 3
Academic Writing for the College of Business and Law	Top tips on how to approach an academic essay.	11am & 1pm	Mr Ian Wallace	West Wing 5
Surviving labs in the College of Science, Engineering & Food Science	Tips on writing lab reports and thriving in labs.	11am & 1pm	Mr Oliver James Pemble PhD Student, Tyndal Institute	Kane Science Building. G01
Becoming An Academic Thinker: The Joy Creative Inquiry	Thinking that is critical produces high quality papers, work, and lives.	12pm	Mr Daniel Blackshields School of Economics	Boole 4
Connect your degree to the world of work!	Practical steps you can take right now towards your chosen career.	10am	Ms Deirdre Parker UCC Careers Office	West Wing 9
Student IT Services	Blackboard, printing, UCC email and wireless.	2pm	Student Ambassadors	Boole Basement Computer Room 2
Getting involved in student life	How to get involved in Clubs and Societies and everything else in UCC.	1pm	Ms Michaela Maher President, UCC Societies Mr Daniel Moloney President, UCC Clubs	West Wing 9
Everyday Matters	Building your resilient toolkit for positive thoughts, vibes and life.	11am & 2pm	Dr Eithne Hunt Occupational Therapist	West Wing 6
Transition to University	What you need to know to achieve personal and academic success.	12pm	Ms Marian Browne Student Counselling & Development	West Wing 9
Captivating Your Audience	How to develop your communication and presentation skills.	2pm	Dr Joanne Fearon Food & Nutritional Sciences	West Wing 5
Negotiate a Sustainable Future!	Participate in an international climate negotiations role-play simulation game. Experience what it is like to sit at the highest decision-making levels globally and how complicated political discussions around climate targets really are.	10am & 11.30am	Dr Marian Kirrane & Dr Fionn Rogan	Creative Zone, Boole Library
Coming Out In College: A Guide for Lesbian, Gay, Bi+ Students	Former Chairperson of the UCC LGBT Society and current Coordinator of the Gay Project, will discuss coming out in a University environment.	1pm	Mr Pádraig Rice	Creative Zone, Boole Library
Identifying as Trans	The DOs and DON'Ts of defining yourself.	2pm	Sara-Jane Cromwell Author: Wrong Body Wrong Life / Becoming Myself. Life coach & LGBT Activist	Creative Zone Boole Library

So, What Next?

1. Go Online to: www.ucc.ie/en/study/undergrad/orientation
2. Select your workshop(s) and preferred time(s)
3. Complete your details and submit
4. Remember to make a note of your choices!

Workshops offer an ideal way of receiving free advice on all aspects of university life - academic and social.

LIBRARY TOURS
10.30, 11.30 & 12.30
Assemble at Library
Entrance a few minutes
beforehand

Meeting point for all student workshops: Boole Library. Arrive 10 minutes before start time. Your Peer Support Leader will take you to your workshop.

- ★ Duration of most workshop is 45 minutes.
- ★ Experience a carnival atmosphere on campus, meet new friends and have lots of fun.

INTERNATIONAL SPORTS DAY
Sunday 8 September
Mardyke Sports Arena

FRESHERS FEST ACTIVITIES - ALL DAY



Societies

Surgeon Noonan - Blood Pressure Tests
Choral - Choral Performance
Networking, Gaming & Technology - VR Demo
Philosoph - Owls
Harry Potter - Quidditch and Wand Making
Surgical - Laparoscopy
Music - Open Air Gig
Korean - Kimbab Workshop and Kpop Dance
Film - Green Screen
Dramat - Improv Workshop
African Society - African Food Testers
WARPS - Board games

Clubs

Rowing - Fastest distance on a Rowing Machine (Competition)
Flag football
Fencing - demonstration
Basketball - Take a shot
Mountaineering Club - Slacklining in the President's Garden
Ladies Hockey - Pre-season tournament at the Mardyke Sports Arena (all welcome to watch)
Trampoline
Ultimate Frisbee
Equestrian Club - Ponyless Polocross

OPEN DOOR WELCOME FOR FAMILY AND FRIENDS

All family presentations will take place in the Aula Maxima, UCC Campus.

Welcome:

Professor John O'Halloran,
Deputy President & Registrar
Time: 11:00hrs

Residential Life

Gary Mulcahy,
Accommodation and
Community Life Officer
Time: 11:15

Student Finance - Fees, Grants, Budgeting

Cian Power,
Budgetary Advisor
Time: 11:30hrs

UCC Skills Centre

Dr Caroline Schroeter
Time: 11:45

Supporting Students in Transition to University

Noirín Deady
First Year Experience Coordinator
Time: 12:00hrs

Lunch in the Student Centre

Time: 12:30hrs

Tour of Campus, Library & Glucksman Art Gallery

Time: 13:30hrs

