

# VIRTUAL CAMPUS TREASURE HUNT

The UCC Graduate Attributes Programme will be organising a virtual treasure hunt of our amazing campus! You will have to watch (and listen) to the first of our Virtual Reality Campus Experience Videos to find the answers to some questions about our award-winning campus. Be sure to visit the Graduate Attributes Stand on the day. Great prizes up for grabs.

## JOIN A CLUB / SOCIETY

UCC has over 100 Societies and 52 Clubs. Joining Clubs & Societies will be one of the best decisions you will make! Meet Clubs and Socs. reps at the Fest and join up!

### CEILÍ MÓR Irish Dancing Madness

📍 Amphitheatre,  
Student Centre  
🕒 3pm



## OPEN DOOR WELCOME FOR FAMILY & FRIENDS

Venue : Dr Dora Allman Room, Hub Building

WORKSHOPS	PRESENTER	TIME
Welcome	Prof. John O'Halloran, President	11:00am
Residential Life	Gary Mulcahy, Accommodation & Community Life Officer	11:15am
Student Finance: Fees, Grants, Budgeting	Deirdre Falvey, Budgetary Advisor	11:30am
UCC Skills Centre	Kathy Bradley, Head of Skills Centre	11:45am
Supporting Student in Transition	Nóirín Deady, First Year Experience Coordinator	12:00pm
Lunch	Student Centre / Campus Food Stalls	12:30pm
Tour of Campus and Boole Library	Peer Support Leaders	13:30pm



# FRESHERS FEST 2022

Saturday 24 September

# ESSENTIAL WORKSHOPS TO HELP YOU SUCCEED AS A FIRST YEAR STUDENT IN UCC

Sign up for your workshops 

[www.ucc.ie/en/study/  
undergrad/events/festivals/](http://www.ucc.ie/en/study/undergrad/events/festivals/)

WORKSHOPS	DESCRIPTION	TIME	PRESENTER	VENUE
<b>Note Taking for Lectures</b>	Master the skills of active listening, taking effective notes, and writing, all at the same time!	<b>9am</b>	The Skills Centre	Kane G01
<b>Understanding Your Timetable</b>	Find out the times and locations of your lectures	<b>10am &amp; 1pm</b>	Fiadh Punch, World Languages student	Kane G19
<b>Maximize Your First Year Experience</b>	Learn what you can do to optimize skills for career success	<b>10am</b>	Mary McCarthy, Careers Advisor	West Wing 9
<b>Reflective Writing</b>	Reflective writing will help you to interpret what is going on between learning and thinking	<b>10am</b>	The Skills Centre	Kane G01
<b>Your Voice, Your Union</b>	All you need to know about UCC Students' Union and how to get involved	<b>10am &amp; 1pm</b>	UCC Students' Union	West Wing 5
<b>Start Your Climate Journey in UCC</b>	An interactive workshop about exam anxiety, nature benefits and building good habits	<b>10am &amp; 1pm</b>	Dr Annalisa Setti, School of Applied Psychology	Lab 2 Boole Basement
<b>Goal Setting</b>	Learn how to set goals to improve your performance	<b>11am</b>	The Skills Centre	Kane G01
<b>Everyday Matters</b>	Creating healthy habits to get the most out of learning and life at college	<b>11am &amp; 2pm</b>	Dr Eithne Hunt, Occupational Therapist	West Wing 9
<b>Academic Writing College of Arts, Celtic Studies &amp; Social Sciences &amp; College of Medicine &amp; Health</b>	Top tips on how to approach an academic essay	<b>11am &amp; 1pm</b>	Dr Rosarii Griffin, Office of VP for Learning & Teaching	Boole 3
<b>Academic Writing College of Business &amp; Law</b>	Top tips on how to approach an academic essay	<b>11am &amp; 1pm</b>	Ian Wallace, College of Business & Law	Boole 2
<b>Thriving in Labs in the College of Science, Engineering &amp; Food Science</b>	Tips on writing Lab Reports and thriving in labs	<b>11am &amp; 1pm</b>	Katie Bowser, Biological & Chemical Science	Kane G02
<b>Note Taking for Reading</b>	Tips and tools for taking notes while reading text	<b>12pm</b>	The Skills Centre	Kane G01
<b>Discovering Your Voice: The Academic Thinker as a Creative Inquirer</b>	Thinking that is critical produces high quality papers, work and lives	<b>12:30pm</b>	Daniel Blackshields, Economics Dept.	Boole 4
<b>Transition to University</b>	What you need to know to achieve personal and academic success	<b>1pm</b>	Adel Coleman, Manager, Graduate Attributes Programme	Shteppe, Hub Building
<b>Getting Involved in Student Life</b>	How to get involved in Clubs & Societies and everything else in UCC	<b>1:30pm</b>	Jill Buckley, President, Clubs Mair Kelly, President, Societies	West Wing 6
<b>Student IT Services</b>	Canvas, printing, UCC email and wireless	<b>2pm</b>	Peer Support Leaders	Lab 2. Boole Basement
<b>Captivating Your Audience</b>	Strategies to engage and captivate your audience	<b>2pm</b>	Professor Alan Kelly	Shteppe, Hub Building
<b>Book of Modules</b>	Understanding the Book of Modules	<b>2pm</b>	The Skills Centre	Kane G01
<b>Coming Out in College</b>	A Guide for Lesbian, Gay, Bi+ Students	<b>2pm</b>	UCC LGBT+ Staff Network and LGBTQ students	Creative Zone, Boole Library
<b>Identifying as Trans</b>	How to support one another	<b>2.30pm</b>	UCC LGBT+ Staff Network and LGBTQ students	Creative Zone, Boole Library

**So,  
What  
Next:**

1. Go online to [www.ucc.ie/en/study/undergrad/events/festivals](http://www.ucc.ie/en/study/undergrad/events/festivals)
2. Select your workshop(s) and preferred time(s)
3. Complete the details and submit
4. Remember to make a note of your choices!

**Meeting place for all student workshops: Boole Library.  
Arrive 10 minutes before start time. Peer Support  
Leaders will take you to your workshop.**

