FIRST YEAR
GUIDE
TO
SUCCESS
2018/2019
IMPORTANT DATES

In UCC the academic year is divided into two semesters. The following timetable shows the teaching periods, study weeks and holidays for first year students.

<table>
<thead>
<tr>
<th>Important Dates</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEMESTER 1</td>
<td>10 September 2018</td>
<td>30 November 2018</td>
</tr>
<tr>
<td>STUDY/REVIEW WEEK</td>
<td>03 December 2018</td>
<td>07 December 2018</td>
</tr>
<tr>
<td>WINTER EXAMINATIONS</td>
<td>10 December 2018</td>
<td>21 December 2018</td>
</tr>
<tr>
<td>CHRISTMAS HOLIDAYS</td>
<td>22 December 2018</td>
<td>13 January 2019</td>
</tr>
<tr>
<td>SEMESTER 2</td>
<td>14 January 2019</td>
<td>05 April 2019</td>
</tr>
<tr>
<td>STUDY/REVIEW WEEK</td>
<td>08 April 2019</td>
<td>12 April 2019</td>
</tr>
<tr>
<td>EASTER HOLIDAYS</td>
<td>13 April 2019</td>
<td>25 April 2019</td>
</tr>
<tr>
<td>SUMMER EXAMINATIONS</td>
<td>26 April 2019</td>
<td>10 May 2019</td>
</tr>
</tbody>
</table>

Graduate Entry to Medicine

<table>
<thead>
<tr>
<th>Important Dates</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRIMESTER 1</td>
<td>03 September 2018</td>
<td>14 December 2018</td>
</tr>
<tr>
<td>CHRISTMAS HOLIDAYS</td>
<td>15 December 2018</td>
<td>06 January 2019</td>
</tr>
<tr>
<td>TRIMESTER 2</td>
<td>07 January 2019</td>
<td>22 March 2019</td>
</tr>
<tr>
<td>TRIMESTER 3</td>
<td>25 March 2019</td>
<td>07 June 2019</td>
</tr>
</tbody>
</table>

Get Social
Here are some UCC social media sites to connect you to UCC and other students.

- [www.facebook.com/universitycollagecork](http://www.facebook.com/universitycollagecork)
- [https://twitter.com/ucc](https://twitter.com/ucc)
- [www.youtube.com/user/UCCIreland](http://www.youtube.com/user/UCCIreland)
- [www.instagram.com/universitycollagecork](http://www.instagram.com/universitycollagecork)
- [snapchat](https://www.snapchat.com)
You belong here.

CONTENTS

1 What you need to know | p. 9
→ “Don’t Forget” Checklist
→ Registration Part 1
→ Fees and Grants
→ Student Vetting
→ Fitness to Practise
→ Orientation & Registration Part 2
→ Health Screening
→ Student ID
→ Costs of Living
→ Public Transport

2 Student Services | p. 23
→ Accommodation
→ ePub
→ Career Services
→ Chaplaincy
→ Counselling & Development
→ Disability Support Services
→ Budgetary Advisor
→ First Year Experience Coordinator
→ Student Health Department
→ Information Services
  (Library & IT Services)
→ International Education Office
→ Mature Student Office
→ Skills Centre
→ Student Wellbeing
→ UCC PLUS+
→ uLink Peer Support
→ Niteline

3 Student Life | p. 35
→ Societies
→ Clubs
→ Students’ Union
→ Cork - The Rebel City
→ Theatre and Visual Arts

4 Campus Services | p. 45
→ Student Centre
→ Student Hub
→ Food Options
→ Banking
→ Crèche
→ Safety on Campus
→ UCC Green-Campus

5 Regulations & Policies | p. 53
→ Code of Honour
→ Student Charter
→ Examinations
→ Plagiarism
→ Valuing Different Perspectives
→ Equality
→ Standards of Conduct
→ Course Curriculum
→ Academic Timetable

You belong here.
A BIG THANK YOU

Check out our YouTube channel! youtube.com/user/UCCIreland for a fantastic archive of lectures, events, research discoveries, and much more!

A big thank you to Tomás Tyner, UCC Audio Visual Media Services and UCC Societies for the photographs used in this publication.

You belong here.
You belong here.

HOTLINE TELEPHONE NUMBERS

FIRST YEAR HOTLINE

FOR MORE INFO CALL:
HELPDESK
(OPEN 13 AUGUST - 14 SEPTEMBER,
09.00HRS - 17.00HRS, MON - FRI)

+353 (0)21 490 1807
+353 (0)21 490 1808
+353 (0)21 490 1809

ORIENTATION & FRESHERS FEST

+353 (0)21 490 3561
+353 (0)21 490 2780

ACCOMMODATION

Studentpad  +353 (0)21 481 8459
             +353 (0)87 194 0975
Victoria Lodge +353 (0)21 494 1200
Castlewhite  +353 (0)21 490 2867
Áras Ui Thuama +353 (0)21 490 2314
Victoria Mills +353 (0)21 486 7615

http://failtefest.ucc.ie
To welcome all our new 2018 students to UCC, we’ve put together a really exciting and comprehensive programme of welcome events.

**UCC Fáilte Fest**
http://failtefest.ucc.ie

---

**UCC Freshers Fest**

**Welcome:**
Professor John O’Halloran, Deputy President & Registrar  
Time: 11:00hrs

**Student Services:**
The new Student Hub  
Michelle Healy  
Time: 11.15hrs

Residential Life  
Gary Mulcahy  
Time: 11.20hrs

**Supporting Students in Transition to University:**
Dr Marian McCarthy  
Time: 11:30hrs

**UCC Skills Centre**
Ms Kathy Bradley  
Time: 12:30hrs

**Student Finance - Fees, Grants, Budgeting:**
Budgetary Advisor  
Time: 12:40hrs

**Lunch in the Student Centre**
Time: 12:55hrs

**Tour of Campus, Library & Glucksman Art Gallery**
Time: 13:30hrs

All family presentations will take place in the Aula Maxima, UCC Campus.

UCC Student Ambassadors will guide you for the day.
Congratulations on achieving your place in University College Cork. You have earned your place and you belong here at UCC bringing your own unique talents to this diverse learning community.

My job is to ensure that you successfully complete your first year here at UCC while having the best possible student experience. For you to succeed you will need to engage with the university community by tapping into the resources available and meeting new people. Your attendance at the events listed below will go a long way to support your transition to UCC.

Attendance at Orientation is compulsory and it is here that you will meet your fellow classmates and hear the specific details relevant to your degree programme. You will find the information on your Orientation Day on page 16 of this Guide.

Our Fáilte Fest on 8th September provides an opportunity for you to attend a variety of workshops to support your successful transition to university life. These workshops are a mixture of the academic and social and will provide you with an additional opportunity to make new friends and settle in! Register for all workshops on www.ucc.ie/en/study/undergrad/orientation/.

The Open Door Welcome on 8th September is extended to your family and friends. This is an ideal opportunity for you and your family to learn about the supports available for you in UCC. There will also be tours of campus and facilities as well as an opportunity to meet UCC staff who give presentations on student life.

Getting involved in Clubs and Societies will help you make new friends while having fun and are just some ways to guarantee a successful transition. The Clubs Day is 11th September. The Student Experience Day is also during Fresher’s Week and here all the UCC Student Services reach out to you to answer any questions you may have. Societies Day is 12th September. The benefits of your involvement in student activities on campus have long lasting positive effects on your own personal development as well as your academic and career development.

However, not everyone settles in right away. If you are finding it difficult to adjust to university life here at UCC or you are experiencing difficulties with your degree programme please make an appointment to see me at the earliest opportunity. I am here to support you and together we can find a solution to whatever problem you are facing.

Best of luck in the year ahead. I look forward to meeting you at Orientation!

Anne Wallace
First Year Experience Coordinator

Contact
Anne Wallace
First Year Experience Coordinator
T: +353 (0)21 490 2780
E: a.wallace@ucc.ie
You belong here.
WHAT YOU NEED TO KNOW NOW

THIS SECTION COVERS

→ “Don’t Forget” Checklist
→ Registration Part 1
→ Fees and Grants
→ Student Vetting
→ Fitness to Practise
→ Orientation & Registration Part 2
→ Health Screening
→ Student ID
→ Costs of Living
→ Public Transport
Don’t Forget Checklist

**Before you Arrive**
- Check your E-mail for instructions on how to complete Registration Part 1
- Complete Registration Part 1
- Complete the HEA Equal Access Survey during Registration Part 1
- Pay your Capitation Fee of €165
- Pay your Student Contribution Fee (if you are not in receipt of a grant)
- Print your Confirmation of Registration
- Refer to the ‘Checklist’ to know what documents to bring to Registration Part 2
- Complete the online ePub Survey
- Find suitable accommodation

**When you Arrive**
- Attend orientation
- Tour the library & sign up for library workshops
- Attend an IT workshop
- Take an academic tour (find out where your lectures will be held)
- Meet your Peer Support Leader and get their contact details
- Have your Confirmation of Registration Part 1 with you
- Complete Registration Part 2 (which is the same day as your orientation)
- Have your Passport or Original Birth Certificate or your NDLS Driving Licence with you
- Have your PPS number with you (if you have not submitted it already to CAO)
- Get your photograph taken for your Student ID Card
- If you previously registered in UCC know your old student number
- Go to your class party after orientation

**ORIENTATION** is compulsory for all new students!
The First Week
10 September - 14 September
- Start attending Lectures – and keep going
- Go to Clubs day on 11th September
- Go to the Student Experience Fair on the 11th September
- Go to Societies day on the 12th September
- If you have a laptop, connect it to the wireless network
- Participate in activities organised during Freshers Week

The Second Week
17 September - 21 September
- Attend a workshop in the library/register to attend if you haven’t done so already
- Make sure you know your lecturer’s names and know how to contact them
- Know your academic mentor and know how to contact him/her
- Have a budget plan/make an appointment with a Budgetary Advisor to put a plan together [www.ucc.ie/en/studentbudget](http://www.ucc.ie/en/studentbudget)
- Keep in touch with your Peer Support Leader.

The Third Week
24 September - 28 September
- Visit the First Year Experience Coordinator
  if you think that you are in the wrong degree programme, or if you are finding it difficult to adjust. Email: a.wallace@ucc.ie

The Fourth Week
1 October - 5 October
- Attend at least one Club and Society meeting/event
- Attend a workshop on academic writing/study skills/time management in the Skills Centre, Boole Library
- Know the executive members of your Students’ Union
- Elect a Class Representative
- Attend lectures, labs and tutorials regularly.

The Fifth Week
8 October - 12 October
- Make an appointment with Anne Wallace if you are finding it difficult to settle in to UCC.

You belong here.
Getting Started - Registration Part 1

Registration involves officially enrolling on your degree programme, paying fees, presenting specific documentation and receiving your Student ID Card. This is essentially your first step to becoming a UCC student. In UCC, First Year Registration has two parts:

Registration Part 1
This is when you register online for your programme and modules, complete the HEA Survey (only if you have not previously completed it), provide biographical information, complete fee payment, and print Confirmation of Registration.*

Registration Part 2
(Kampus Kitchen)
This will take place during Orientation, when students present Confirmation of Registration* and additional documentation.

Registration Part 1 - Online Registration
You will need your Student IT password to complete Registration Part 1. Your password and full instructions on how to complete Registration Part 1 will be emailed to you when you accept your CAO offer. You should complete Registration Part 1 as soon as you receive your password. Your Student IT password provides you with single sign-on access to your student online services accounts.

Registration Part 1, otherwise known as Online Registration, is the first essential step to registering for your degree programme. It must be completed before you complete Registration Part 2. Once you complete Online Registration please print Confirmation of Registration* before you log off, as this document must be presented at Registration Part 2.

Check List for Registration Part 2:
The following is a list of documents that you must bring with you to Orientation and Registration Part 2:

1. Confirmation of Online Registration (which you must print after completing Registration Part 1)
2. PPS Number (if not previously submitted) available from www.welfare.ie
3. Original or certified copy of Birth Certificate (long or short version) (if not previously presented) OR Passport OR NDLS Driving Licence
4. Marriage Certificate, if you wish to register in your married name
5. Previous UCC number (if applicable).

NOTE
*Confirmation of Registration must be printed by you once you complete Registration Part 1. The Confirmation of Registration must then be presented by you when you attend Registration Part 2.

NOTE
Only original/certified true copies are accepted (a certified true copy is a photocopy of a document that has been authenticated by a Solicitor or Garda). No other form of identification is accepted.
Fees

Refund of Registration Fees:

a. If you complete Registration Part 1 only, your full Student Contribution charge and Capitation fee will be refunded.
b. If you complete Registration Part 1 and Part 2 and then transfer to another 3rd level institution as a result of a higher offer, your full Student Contribution charge and Capitation fee will be refunded.
c. A student who completes Registration Part 1 and Part 2 will be refunded the Student Contribution amount paid if s/he withdraws before Friday 12th October 2018. The Capitation fee will not be refunded.

Fees

Tuition: Students entering 3rd level education for the first time are eligible for free tuition fees. The Higher Education Authority pays this fee on your behalf. Students who have already attended a 3rd level institution for any period of time may be liable for tuition fees. You will need to contact the Fees Office to check your eligibility for tuition fees or check the Fees Office website: www.ucc.ie/en/financeoffice/fees

Student Contribution charge: This is €3,000 for all undergraduate programmes. This is payable by all students unless you are in receipt of a Student Universal Support Ireland (SUSI) grant. For details on how to apply for a SUSI grant please refer to: www.susi.ie

Capitation fee: The fee is €165 and is payable by all students. This fee covers membership of the Mardyke Sports Arena and membership of the Union of Students of Ireland as well as costs associated with UCC Student’s Union Publications and Common Room.

UCC Student Fee Policies: All students should familiarise themselves with the University Student Debtor Policy. www.ucc.ie/en/financeoffice/fees

UCC Resit Exam Fee: Students repeating exams in August 2019 will be subject to resit examination fees of €35 for every 5 credit module being repeated, up to a maximum of €245. For further information email the Fees Office: fees@ucc.ie

Payment of Fees is part of Registration Part 1 and can be made during Online Registration, either by; Visa Debit Card, Credit Card (Visa, or Master Card). Your account is updated immediately when you pay online.

NOTE
Payment of Fees must be made during online registration. With most banks, the maximum amount per transaction for a Visa Debit is €1500.

You belong here.
How do I know how much I need to pay?

Is this your first year in a 3rd level institution?

NO

• You are repeating your first year in UCC
• You have previous 3rd level attendance
• You have a degree already
• You have changed course

YES

Have you applied for a SUSI Grant?

NO

You are liable for all fees including Tuition Fee. Contact the Fees Office by email to calculate the fee payable by you.

fees@ucc.ie
Subject: Fee Assessment

YES

You have qualified for SUSI Grant. See Note 1

NO

Your application is being processed at time of registration. See Note 1

Pay the Capitation Fee €165 when completing Registration Part 1 (online).

GRANT NOT AWARDED

Ineligible for SUSI Grant. Pay €1,500 on notice of ineligibility. 2nd Instalment: €1,500 due before 31st January 2019.*

* If you are unable to meet the scheduled payments please contact the Fees Office as soon as possible by email: fees@fin.ucc.ie. You should familiarise yourself with the UCC Student Debtor Policy as failure to pay your fees may result in your ID Card being withheld or late fee penalties being applied.

NOTE 1:
If you have applied for or have been awarded a SUSI grant you must enter your SUSI Application number at Registration Part 1.
**Student Assistance Fund**
The Student Assistance Fund provides financial assistance for full-time higher education students who are experiencing financial difficulties whilst attending university. The Student Assistance Fund provides a further source of funding for higher education students in addition to the Student Grant. All full-time registered students (subject to EU status), for the 2018/19 academic year are eligible to apply for assistance from the fund. Students may be supported for one repeat year only. Further information: [www.ucc.ie/en/saf](http://www.ucc.ie/en/saf)

**Student Grant**
Student Universal Support Ireland (SUSI) is the single awarding authority for all new grant applications. The student grant application system is an online application system on: [www.susi.ie](http://www.susi.ie)

If you have applied for a SUSI grant and are still awaiting a decision at the time of registration:
- Capitation Fees of €165 must be paid as part of Registration Part 1 (online).
- If you have applied to SUSI, you will be asked to enter your SUSI application number so please have this to hand when completing Registration Part 1.

**Students not eligible for a Grant**
Students eligible for free tuition fees, but not eligible for a SUSI grant are liable for the Student Contribution charge and Capitation fee of €3,165.
Students may pay in two instalments. The first instalment of €1,665 must be paid when completing Registration Part 1 (online) and the second instalment of €1,500 is payable in January 2019.

If you pay the Student Contribution fee and Capitation fee and you are subsequently awarded a SUSI grant, any refund due to you will be issued by the university once payment has been received from SUSI.

Repeat students, students who have changed courses and students who already hold a degree are liable for Tuition, Student Contribution and Capitation fees. Repeat fees are calculated on a pro-rata basis. For further details, please refer to the Fees Office: [www.ucc.ie/en/financeoffice/fees](http://www.ucc.ie/en/financeoffice/fees).
GETTING STARTED - REGISTRATION

Registration Part 2

Registration Part 2 will take place during orientation. This is the day you officially become a student of UCC and receive your student ID card.

Check your Timetables on www.ucc.ie/en/study/undergrad/orientation

<table>
<thead>
<tr>
<th>Degree Programmes</th>
<th>Dates</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Engineering • Architecture</td>
<td>Wednesday, 29 August</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Food Marketing • International Development and Food Policy • Nutritional Sciences • Food Sciences</td>
<td>Thursday, 30 August</td>
<td>Cavanagh Pharmacy Building (LS1 &amp; LS2)</td>
</tr>
<tr>
<td>Law (Pathways) • Law &amp; French • Law &amp; Irish • Law and Business</td>
<td>Thursday, 30 August</td>
<td>Áras na Laoi</td>
</tr>
<tr>
<td>Nursing and Midwifery • Dental Hygiene • Dental Nursing • Children’s &amp; Mental Health • Intellectual Disability</td>
<td>Thursday, 30 August</td>
<td>Kane Science Building, Room G19</td>
</tr>
<tr>
<td>BA (CK101)</td>
<td>Friday, 31 August</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Graduate Entry to Medicine</td>
<td>Friday, 31 August</td>
<td>Kampus Kitchen, Kane Science Building</td>
</tr>
<tr>
<td>Arts with Music • Film &amp; Screen Media • Geographical &amp; Archaeological Sciences • Arts International • English • Drama &amp; Theatre Studies • Criminology • Sports Studies &amp; Physical Education • World Languages • Digital Humanities and Information Technology • Social Science • Government</td>
<td>Monday, 3 September</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Commerce • Commerce International • Accounting • Business Information Systems • Finance • Economics • Economics (through Transformational Learning)</td>
<td>Tuesday, 4 September</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Computer Science • Biological, Earth and Environmental Sciences • Mathematical Sciences • Physics &amp; Astrophysics • Biological &amp; Chemical Sciences • Genetics • Chemical Sciences • Biomedical Sciences • Industrial Physics • Data Science &amp; Analytics</td>
<td>Wednesday, 5 September</td>
<td>Boole Basement, Main Campus</td>
</tr>
<tr>
<td>Applied Psychology • Psychology and Computing • Early Years and Childhood Studies • Medicine • Dentistry • Pharmacy • Medical &amp; Health Sciences • Occupational Therapy • Speech &amp; Language Therapy • Public Health Sciences</td>
<td>Thursday, 6 September</td>
<td>Brookfield Health Sciences Complex, College Road, Main Campus</td>
</tr>
</tbody>
</table>

STUDENT VETTING

In accordance with the National Vetting Bureau (Children and Vulnerable Persons) Acts 2012 to 2016, programmes of study that include a relevant work placement, where students will come in contact with children or vulnerable adults, are subject to the UCC Student Garda Vetting Policy. If your programme of study is subject to Garda vetting, please take the time now to familiarise yourself with this important policy and its associated procedures at http://www.ucc.ie/studentvetting

The Admissions Office will be in touch with you in relation to the documentation you need to provide to comply with the vetting process. Once received, these documents must be completed and returned without delay. Failure to comply with UCC’s vetting policy will prevent you from registering and will prohibit you from obtaining a UCC student ID card until such a time as the necessary documents are provided.

Mature Students attend Orientation & Registration Part 2 on 29th August 2018
Fitness to Practise
All students in the first year of certain programmes in UCC will be required to comply with the Fitness to Practise Policy and meet the relevant Fitness to Practise standards in order to progress to the next year of their programme.

The programmes in question are ones which involve interaction with patients, clients, service users and that lead to registration with a professional body. Further information including the full list of the programmes subject to this Fitness to Practise requirement is available at www.ucc.ie/en/academicsecretariat.

Freshers Fest & Open Door Welcome for Family & Friends
8th September

Graduate Entry to Medicine
If you have any queries related to your programme please contact: gem@ucc.ie.
Orientation and Registration Part 2
www.ucc.ie/en/study/undergrad/orientation

Orientation and Registration Part 2 will take place on the same day. It involves a one day commitment from each student.

So what happens during Orientation?

During Orientation you will be assigned to a small group led by a Peer Support Leader. Peer Support Leaders are trained to help you navigate your way around UCC. They will provide you with information on various supports and services and introduce you to your class mates.

Schedule for Orientation and Registration Part 2
1. Welcome to University College Cork
2. Complete Registration Part 2 and get your student ID Card
3. Attend academic information sessions on your programme of study
4. Meet members of the Students’ Union, Clubs and Societies
5. Meet your Peer Support Leader
6. Find out about Student Support Services
7. Understand your academic timetable
8. Locate your College/School/Department offices and key personnel
9. Take a guided tour of the Library and Campus
10. Attend an interactive IT workshop
11. Get tips and hear stories from current students
12. Attend your class party. This is a great way to make new friends and have some fun.

Complete the HEA student survey during online registration
Print your Confirmation of Registration when you complete Registration Part 1

NOTE
You will be required to attend from 9am to 5pm on your allocated day. You should return for the evening events. This is a great way to wind down after a long day. Enjoy the entertainment and food. Meet with other students and have some fun.

You belong here.
Health Screening

It is a requirement for registration at University College Cork for students of the College of Medicine and Health that they be screened for and immunised against Hepatitis B. All students are also screened for immunity to other infectious illnesses and recommended to be immunised against these illnesses if not immune. These illnesses include Measles, Mumps, Rubella, Varicella Zoster, and Tuberculosis.

This infectious disease screening and immunisation programme is provided by the Student Health Department, which is responsible for certifying your immunity status prior to entry into the clinical component of your course. It is essential that you fully comply with all aspects of the programme, to protect you, your future patients and the clinics and hospitals you will be attached to.

The Fee for this service is €250. This fee will cover the cost of all future Hepatitis B, Varicella Zoster, TB/BCG, MMR screening, primary courses and booster vaccines as required as well as provision of personal certificates of immunity and personal and class reports of immunity status. This fee must be paid by students when completing Registration Part 2 for the following programmes: Medicine, Pharmacy, Occupational Therapy and Speech & Language Therapy. In the case of students in Dentistry, Dental Hygiene, Dental Nursing the fee for this service is €300. Facilities for payment by cash, credit card or debit card are not available. This fee is payable in the form of Bank Draft or Cheque only. Please make cheque or bank draft payable to: University College Cork Student Health Department.

Nursing students are screened and immunised by the HSE, and do not have to pay the fee.

Students who have been partially or fully immunised prior to entry will be entitled to apply for partial refund, payable on certification of their immune status by the Student Health Department.

The Fáilte Fest is on Saturday 8th September.

Sign up for workshops that will help you to succeed in your first year www.ucc.ie/en/study/undergrad/orientation/signup

The Open Door Welcome for Family and Friends on Saturday, 8th September - no need to book just turn up on the day!
Smartcard Services
Academic Year 2018/2019

Smartcard payments with your Student ID Card are available for the following services:
• Print/copy services
• Shops, Café, Restaurants and bar payments across campus
• Select Vending on campus
• Library Fines (Boole Library)

Note: There are no transaction fees when using Smartcard for payment services.

New Students – UCC Student ID cards will be automatically enabled for the Smartcard service when printed by the Student Records and Examinations office.

Online Smartcard top-up is available via the following website link: http://smartcard.ucc.ie
The top-up link is also available through the Student portal. Students must use their existing student log-on credentials to avail of this top-up facility. Once top-up takes place online, ID Cards must be inserted into any reader on campus for the top-up to update to your card.

There is 5% free credit from €5.00 Top-up upwards online.

Alternatively, cash top-up is available at the following cash top-up machines:
• Áras na Mac Léinn (beside the stairs)
• Boole Library (Q-room)
• Brookfield Café
• Western Gateway Building
Top-up is available on Smart phones by logging onto the Smartcard top-up portal.

Please note: only €5.00 note payment upward can take place at the top-up machines. There is also no change given at the top-up Machines.

Cardholders can also avail of Smartcard Deals when paying by Smartcard in Áras na Mac Léinn (Student Centre) outlets.

For more info see: www.ucc.ie/smartcard

Costs of Living
(estimated on a monthly basis)

<table>
<thead>
<tr>
<th>COST OF LIVING</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accommodation</td>
<td></td>
</tr>
<tr>
<td>Room</td>
<td>€455 Average</td>
</tr>
<tr>
<td>Security Deposit</td>
<td>*€300</td>
</tr>
<tr>
<td>Food</td>
<td>€275</td>
</tr>
<tr>
<td>Heat &amp; Light</td>
<td>€60</td>
</tr>
<tr>
<td>(based on 3 people sharing)</td>
<td></td>
</tr>
<tr>
<td>Course Materials</td>
<td>€75 (dependent upon course)</td>
</tr>
<tr>
<td>Personal Expenses</td>
<td>€250 (social functions, phone, medical, clothes, transport, technology)</td>
</tr>
<tr>
<td>Total per month</td>
<td>€1,000 - €1,200 avg</td>
</tr>
</tbody>
</table>

*refundable
**travel, accommodation etc.

Extra costs can occur
On-campus accommodation is usually payable in 2 instalments, in September and December. While it is possible to pay some accommodation on a monthly basis particularly in private rental, all must require deposits. There are costs such as printing, photocopying and books depending on your course. However, there may be additional costs specific to your course. Potential reasons for additional costs: College of Arts, Celtic Studies and Social Science: Field trips, Coaching costs; College of Business and Law: Placement costs**, ECDL; College of Science, Engineering and Food Sciences: Lab equipment, Field trips, Placement costs; College of Medicine and Health: Immunisations, Dental kits, Placement costs.

Remember that a budget is a plan - a list of money coming in and a list of money you need to pay out - the trick is in sticking to it!

Make an appointment to talk to Cian by emailing studentbudgetingadvice@ucc.ie

For further information visit: www.ucc.ie/en/studentbudget/studentcost/undergradcosts.

www.ucc.ie/en/studentbudget
Public Transport

UCC is well served by several City bus routes: The No. 205 (every 15 minutes) connects Campus to the City Centre and Kent Train Station, and to CIT and Bishopstown to the west. Bus route 208 (every 10 minutes) serves Western Road and connects Campus to Patrick St, St. Luke’s and Mayfield (to the east), and to CUH Wilton and Bishopstown/Currahene to the west. Also along Western Rd, the 220 (+ hourly 220X express) offers links every 30mins to Ballincollig or Carrigaline/Crosshaven via City Centre, and Douglas.

Bus route 216 also offers links towards the Douglas Road area, and stops near the UCC main campus, at short walking distance. A single ticket in the city is €2.30 (cash), but it comes down to €1.61 if you pay by LeapCard (www.leapcard.ie), which generally saves you 30% on fares. Avail of week or monthly tickets if you are traveling on a regular basis.

You can also save money on transport with a Student Travel Card. www.studenttravelcard.ie Plan your trip by bus, train or bike: www.a-b.ie Journey Planner.

Park+Ride

UCC offers a free Park+Ride service, from its own P+R site at Pouladuff Road (all year) and Black Ash P+R (Term only). Shuttles run every 30mins (peak: every 15mins). See map for details. All information on commuting to UCC can be found at http://commuting.ucc.ie.

Coca-Cola Zero Bikes

Public rental bikes are available at over 30 stations across the central parts of the city. The nearest stations are opposite the UCC Main Gates (at the Coffee Station), at the Gaol Walk entrance (close to Castlewhite) and on Mardyke Walk (eastern entrance to Fitzgerald Park) and outside the Connolly Building. Annual subscription is €10, and the first 30mins of each trip is free: www.bikeshare.ie. The Student Centre (Áras na MacLéinn) also offer free bikes for hourly use.

Bike Parking at UCC

There are numerous locations for safe bicycle parking at most Campus buildings, and further extension of bike parking in UCC is in preparation. Changing facilities are available e.g. in the basement of the Kane building. See http://commuting.ucc.ie for more information.

GoCar car-sharing

If you need a car for short-term use, sign up for GoCar and rent a car on an hourly basis. There are four GoCar stations in Cork, one is just outside Main Campus. www.gocar.ie.
STUDENT SERVICES

You belong here.
STUDENT SERVICES

THIS SECTION COVERS

- Accommodation
- ePub
- Career Services
- Chaplaincy
- Counselling & Development
- Disability Support Services
- Budgetary Advisor
- First Year Experience Coordinator
- Student Health Department
- Information Services (Library & IT Services)
- International Education Office
- Mature Student Office
- Skills Centre
- Student Wellbeing
- UCC PLUS+
- uLink Peer Support
- Niteline
Accommodation & Alcohol Free Housing
Campus Accommodation for First Year Students

<table>
<thead>
<tr>
<th>Name</th>
<th>Telephone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Victoria Lodge</td>
<td>+353 (0)21 - 494 1200</td>
<td><a href="mailto:victorialodge@ucc.ie">victorialodge@ucc.ie</a></td>
</tr>
<tr>
<td>Castlewhite Apartments</td>
<td>+353 (0)21 - 490 2867</td>
<td><a href="mailto:castlewhite@ucc.ie">castlewhite@ucc.ie</a></td>
</tr>
<tr>
<td>Áras Uí Thuama (University Hall)</td>
<td>+353 (0)21 - 490 2314</td>
<td><a href="mailto:G.Labh@ucc.ie">G.Labh@ucc.ie</a></td>
</tr>
<tr>
<td>Victoria Mills</td>
<td>+353 (0)21 - 486 7615</td>
<td><a href="mailto:info@victoriamills.ie">info@victoriamills.ie</a></td>
</tr>
</tbody>
</table>

Alcohol Free & Substance Awareness Housing
We are delighted to announce that students attending UCC can now avail of Alcohol Free/Substance Awareness and Quiet Housing options at UCC Victoria Lodge, UCC Castlewhite and UCC Victoria Mills. These very successful accommodation initiatives have been developed to cater for the diversity of the student body at UCC.

Students who wish to live in Alcohol Free/Substance Awareness and Quiet Housing must agree to adhere to Campus Accommodation UCC regulations for these housing options in advance of occupancy commencing.

Student Residential Services
The Student Residential Services Office is an information service for all UCC students seeking safe and affordable accommodation. We provide up-to-date advice for all current and prospective UCC students regarding available accommodation in the wider Cork area. We also provide an advocacy service for any current UCC student who may have an issue with their accommodation or landlord.

Check out our website for tips on how to find suitable accommodation and to get to know your rights as a tenant. https://www.ucc.ie/en/advice/

Students can speak to a member of the Student Residential Services Team by ringing 021 490 3849/2103, by email on resservices@ucc.ie or in person at our office on the 1st Floor of 6 Carrigside, College Road, Cork T12 KT27.

Alcohol E-Personal Use Barometer (ePubUCC), an online alcohol-behavioural change and information programme.

By completing this you will be empowered to make well informed decisions about alcohol and other related issues. It is critical for your success to monitor your drinking patterns and identify risk factors.

University College Cork is committed to supporting all students regardless of circumstances, so be aware of the resources and the supports that are available for you.

Please log on to complete the programme at: www.ucc.ie/en/studenthealth/research/epub

Contacts
E: studentpad@ucc.ie
W: http://accommodation.ucc.ie/Accommodation (UCC StudentPad)
UCC Career Services offers all first year students easy online bookings. Book your appointment online to see a careers advisor in UCC. Log on to www.ucc.ie/careers and click on “Book an Appointment” – just use your student ID number and your UCC password.

We have Careers Advisors and Information Staff to help with:

1. **Subject Choice:** Discuss ambitions, plans and opportunities available through your degree-years, - it’s never too early! Find out what employers want, and let us advise you on how to develop those skills.
2. **CV Reviews:** Get one to one feedback on preparing a top CV.
3. **Interview Advice and Practice:** You can get information on the techniques to help you succeed at interview and help you with Practice, Practice and Practice.
4. **We Manage Events:** Engage with us at various employability events – look out for our Facebook feeds and Tweets about upcoming careers events.
5. **We co-ordinate the UCC WORKS AWARD:** The UCC Works Award enables students to receive formal recognition for taking part in extra-curricular activities both inside and outside of UCC. The four pathways are: Internship Pathway; Student Life Pathway; Volunteering Pathway and the Entrepreneurship and Innovation Pathway.
6. **Always find us in our Virtual World:** www.ucc.ie/careers - Your initial portal to the world of careers, occupations and also news & events.
7. **We post Jobs Online:** www.ucc.ie/careers - various job portals to help with work experience, part time jobs, internships etc.

www.instagram.com/ucccareers

“Interested in Volunteering?” – check out the new website www.studentvolunteer.ie/ucc if you are interested in voluntary work.

Career Services

UCC Career Service
3/4 Brighton Villas
Western Road (beside Castlewish apartments)
Cork
T: +353 (0)21 490 2349
E: careers@ucc.ie
W: www.ucc.ie/careers
Twitter, Facebook
LinkedIn, Instagram

We Manage Events: Engage with us at various employability events – look out for our Facebook feeds and Tweets about upcoming careers events.

We co-ordinate the UCC WORKS AWARD: The UCC Works Award enables students to receive formal recognition for taking part in extra-curricular activities both inside and outside of UCC. The four pathways are: Internship Pathway; Student Life Pathway; Volunteering Pathway and the Entrepreneurship and Innovation Pathway.

Always find us in our Virtual World: www.ucc.ie/careers - Your initial portal to the world of careers, occupations and also news & events.

We post Jobs Online: www.ucc.ie/careers - various job portals to help with work experience, part time jobs, internships etc.

http://MyStudentJob.ucc.ie

We are Social: Interact with us on Facebook, Twitter, Linkedin, YouTube & Instagram

www.instagram.com/ucccareers

UCC Career Services
1. UCC Career Services offers all first year students easy online bookings. Book your appointment online to see a careers advisor in UCC. Log on to www.ucc.ie/careers and click on “Book an Appointment” – just use your student ID number and your UCC password.

2. We have Careers Advisors and Information Staff to help with:
   - **Subject Choice:** Discuss ambitions, plans and opportunities available through your degree-years, - it’s never too early! Find out what employers want, and let us advise you on how to develop those skills.
   - **CV Reviews:** Get one to one feedback on preparing a top CV.
   - **Interview Advice and Practice:** You can get information on the techniques to help you succeed at interview and help you with Practice, Practice and Practice.

3. We are Social: Interact with us on Facebook, Twitter, Linkedin, YouTube & Instagram

4. We Manage Events: Engage with us at various employability events – look out for our Facebook feeds and Tweets about upcoming careers events.

5. We co-ordinate the UCC WORKS AWARD: The UCC Works Award enables students to receive formal recognition for taking part in extra-curricular activities both inside and outside of UCC. The four pathways are: Internship Pathway; Student Life Pathway; Volunteering Pathway and the Entrepreneurship and Innovation Pathway.

6. Always find us in our Virtual World: www.ucc.ie/careers - Your initial portal to the world of careers, occupations and also news & events.

7. We post Jobs Online: www.ucc.ie/careers - various job portals to help with work experience, part time jobs, internships etc.

http://MyStudentJob.ucc.ie

“Interested in Volunteering?” – check out the new website www.studentvolunteer.ie/ucc if you are interested in voluntary work.

Career Services

UCC Career Service
3/4 Brighton Villas
Western Road (beside Castlewish apartments)
Cork
T: +353 (0)21 490 2349
E: careers@ucc.ie
W: www.ucc.ie/careers
Twitter, Facebook
LinkedIn, Instagram

You belong here.
**UCC Works Award**

The UCC Works Award enables students to receive formal recognition for the learning gained from their involvement in extra-curricular activities inside and outside of UCC. The activities are categorised into four pathways.

- **Internship Pathway** - Unpaid working Internships with a campus organisation (minimum of 40 hours)
- **Student Life Pathway** - Contribution to enhancing student life in UCC by involvement in a variety of clubs, societies and groups (minimum of 40 hours)
- **Volunteering Pathway** - Volunteering in organisations external to UCC (minimum of 40 hours plus training)
- **Entrepreneurship and Innovation Pathway** - The Entrepreneurship and Innovation Pathway (in partnership with Blackstone Launchpad UCC) gives participants that entrepreneurial and innovative edge for which employers increasingly search.

**Who can apply?**
The award is open to all undergraduate and postgraduate students of UCC. See [www.ucc.ie/careers/uccworks](http://www.ucc.ie/careers/uccworks) for further details on the FOUR award pathways.
The award is designed to prepare you for the challenges you face in making the transition to work. To succeed after university you should focus on developing the employability skills employers value like working as part of a team or communicating well.
The UCC Works Award gives you an opportunity to develop these all round skills that employers value greatly.

**What’s in it for you?**
- Stand out from the crowd and have your contribution recorded on your Diploma Supplement. The Diploma Supplement is a newer standardised document that is used across Europe. Its purpose is to give context to both academic and institutional information should you be applying to a European University or Employer. The Diploma Supplement is not to be mistaken for the University Transcript and is received after you graduate.

**Employability Star Award**
The UCC Works Employability Star Award may be awarded to students who have received four or more UCC Works awards by their final year in UCC. The awards must be spread over two academic years, and must include awards from any three pathways. One Employability Star Award is given per year. More details on the Employability Star Award is at [www.ucc.ie/careers/uccworks](http://www.ucc.ie/careers/uccworks)

---

If you would like to find out more, please visit the Volunteering Fair on September 18th in Devere Hall, where UCC Works have a stand, or go to [www.ucc.ie/careers/uccworks](http://www.ucc.ie/careers/uccworks)

For further information: [www.ucc.ie/careers/uccworks/](http://www.ucc.ie/careers/uccworks/) or email: uccworks@ucc.ie
Chaplaincy - A place of welcome for all

The Chaplaincy welcomes you to UCC!

What is the Chaplaincy? The Chaplaincy is firstly a home away from home. A vibrant and warm community, a place of welcome for all, where you can meet new friends, unwind in between classes, and just be yourself. In the chaplaincy you will also have many opportunities for reflection, growth and pastoral care. Our full-time chaplains are always available to listen and to provide you with the guidance and help you need on your university journey. At the Chaplaincy Centre, on College Road, you can relax with friends, enjoy tea and coffee in our comfortable lounge and spend quiet time in the Prayer Room.

At the Honan Chapel we welcome you to daily and Sunday Mass, prayer services, ecumenical events, to concerts of sacred music, or to quiet time on your own. The Chaplaincy includes representatives of the different Christian Churches, and is open to people of all faith traditions or none. If you belong to another faith tradition we can put you in touch with where they meet in Cork. Here is an example of what activities we do offer throughout the year:

- Tea & Coffee and hospitality daily from 8am-5pm
- Caminos to West Cork & Kerry
- Inter-faith football and social evenings
- Volunteering Information
- Charity Coffee Mornings
- Discussion Groups
- Book Clubs
- Bible Study and Lectio Divina
- Faith Formation and Socials
- Thursday Evening Social Events (Parties, Movie Nights, Pictionary, Games Nights, and much more)
- Cultural Evenings
- Retreats (weekend and day retreats)
- Heritage Trips and pilgrimages
- Meditation and Mindfulness classes

Drop in anytime for a cup of tea or coffee. We look forward to meeting you, and wish you a great time here in UCC.

Counselling & Development

University College Cork provides a free confidential counselling service to help you with any concern which may affect your personal and/or academic progress while in UCC.

Student Counselling & Development also provides various workshops and programmes throughout the year:

- Speaking Confidently
- Understanding & Managing Stress/Anxiety
- Mindfulness
- Assertive Communication
- Bereavement Support Group

Check out our website for online self-help support programmes and further helpful information and details of programmes and workshops.

www.ucc.ie/en/studentcounselling

Contact Details:
The Chaplaincy
Iona House, College Road
T: +353 (0)21 490 2459
E: chaplaincy@ucc.ie
UCC Chaplaincy Facebook group
W: www.ucc.ie/en/chaplaincy

Student Counselling
Ardpatrick House (next to the Car Park on College Road)
T: +353 (0)21 490 3565
M: +353 (0)87 215 2505
Text: 087 215 2505
(please include your name if contacting by text)
E: counselling@ucc.ie
W: www.ucc.ie/en/studentcounselling

We're here for you.

The UCC Counselling service is free!
STUDENT SERVICES

Disability Support Service (DSS)

The Disability Support Service (DSS) supports over 1400 students with a wide range of disabilities to achieve their academic potential by providing relevant supports to meet their individual needs. Students registered with the service include students with physical and sensory disabilities; students with specific learning difficulties, students who experience significant ongoing illness and neurological difficulties, and students with mental health difficulties.

The DSS works with the UCC community to facilitate the empowerment of students with disabilities, by creating an inclusive learning environment that supports the ability of all students to achieve their academic potential.

Students are encouraged to register with the DSS and to attend a meeting with their assigned Advisor where a Needs Assessment will be carried out. Based on this Needs Assessment a range of supports will be put in place.

For full details please see our webpage http://www.ucc.ie/dss

Students Comments

“Staff of DSS have made my University experience a memorable one. I am now able to manage my disability and have achieved a degree in English and History.”

“Assistive Technology has helped me become an independent student. Thanks for all the help and assistance over the years.”

“Registering with DSS was the best thing I ever did. I now feel there is a door open for me to seek help when I need it.”

First Year Experience Coordinator

The First Year Experience Coordinator, Anne Wallace, supports all first year students in their transition to UCC. Throughout the year students are facilitated individually to discuss any issues or concerns that arise in relation to their degree programme, or adjusting to university life.

Make an appointment with Anne Wallace if you are finding it difficult to settle in to UCC.

Contacts

Disability Support Service
South Lodge, College Road
T: +353 (0)21 490 2985
E: dssinfo@ucc.ie | W: www.ucc.ie/dss

First Year Experience Coordinator
Anne Wallace
T: +353 (0)21 490 2780
E: a.wallace@ucc.ie

Student Budgeting Advice Service
1st Floor, 1-2 Brighton Villas, Western Road
T: +353 (0)21 490 1861
E: studentbudgetingadvice@ucc.ie
W: www.ucc.ie/en/studentbudget

You belong here.
Although most students enjoy good general health, university life is not without its hazards and illness can strike at any stage during your course. This is particularly true for infectious diseases which can spread easily on campus. Please ensure that before you start University that you have received all recommended childhood vaccinations and in particular ensure that you have had at least 2 doses of the MMR vaccine in your lifetime. There has been a significant outbreak of mumps in the University setting in recent years and there has also been outbreak of measles recently.

Entering University is a time of many changes, and for some this includes becoming sexually active for the first time. It is important that you make yourself aware of the risks associated with this and if concerned you should consider making an appointment to see the nurse or doctor at the Student Health Department.

The Student Health Department is not staffed or configured to function as a General Practice, and does not have the capacity to undertake home visits, or to provide out of hours care in the evenings or at weekends. It is essential therefore that students are registered with a General Practitioner (GP) near the university. The Student Health Department does however offer a comprehensive contraception and family planning service, advice on safe sex and sexual health, a health screening and immunisation programme, travel immunisations and advice to students travelling abroad, as well as being available to deal with acute illnesses that occur in the student population.

Also any student who wishes to record details of any previous significant allergy should contact Dr Michael Byrne at the Student Health Department.

An on-site physiotherapy service is available to students recovering from musculoskeletal problems and injuries, and a Consultant Psychiatrist is available twice weekly.

Contact
Student Health Department
Ardpatrick, College Road, Cork
T: +353 (0)21 490 2311
W: www.ucc.ie/en/studenthealth

Opening Hours
Daily from
09:15hrs - 12:15hrs
14:15hrs - 16:15hrs
The UCC Library

UCC Library provides a wide range of library and information services to support your study at the University. UCC Library has one central library on campus - the Boole Library. There are two branch libraries: The Boston Scientific Health Sciences Library in Brookfield Health Sciences Complex and the Hospital Library in Cork University Hospital. All registered students will receive a Student ID Card. This card is also your library card. You will require this card to gain access to the Library, and you must carry it with you at all times.

**UCC Library Facts:**
- Over 735,000 titles (of which approximately 220,000 are e-books)
- Access to 3,000 print journal titles
- Access to 81,000 e-journals; 180+ databases

The Library website is the gateway into all Library information such as:
- Electronic Resources including Journals & Databases.
- Subject specialists who provide library information and skills for your subject area.
- There are study spaces on all floors as well as group study rooms which are bookable online.
- PC’s are available in clusters throughout the library
- Wireless technology is available across the library
- 72 laptops available to borrow within the library
- Express borrowing and return of books
- Guidance on use of library services is provided at the beginning & throughout the academic year.
- Enquiries can be in person, by telephone, e-mail or by using Ask Us an online FAQ/question & answer service: [http://askus.boolweb.ucc.ie](http://askus.boolweb.ucc.ie)

Information on all our services is available on the library website at [http://libguides.ucc.ie/library](http://libguides.ucc.ie/library)

Everyone is expected to respect the needs of all users and follow UCC Library’s Code of Behaviour. For example, noise should be kept to a minimum, food and drinks are not allowed, mobile phones to be used in designated areas only.

---

Contacts

**UCC Library**
Library & IT Desk
T: +353 (0)21 490 2292
E: library@ucc.ie
W: http://libguides.ucc.ie/library
IT Services

IT Services for Students
The UCC Student IT Helpdesk is located in the Boole Basement and Boole Library. These make up the nerve centre for student IT services in UCC, with over 450 computers and printing facilities.

The other open access labs and dedicated departmental labs under IT Services control, contain approximately 600 further machines which are available to students.

The Student Helpdesk is open on weekdays from 8:30am - 10:00pm and on Saturdays & Sundays from 9:00am - 9:00pm.

Computers on Campus
For a full list of locations and opening times please see: [http://sit.ucc.ie](http://sit.ucc.ie).
Registered UCC students are welcome to use these facilities at any time during opening hours. Software available on the Student IT Centre Computers includes the following:

- Internet Access
- MS Office
- SPSS
- Services (Printing and Network Access & Wireless)

All students will need a Student IT Account to use the computers. Your Student IT Account password will be sent to you before Registration Part 1. If you encounter any problems logging into the network take your valid UCC student ID card to the Student IT Helpdesk in the Boole basement or Library for assistance.

Some departments may also have their own computer rooms which their students can use. If this is the case the department will inform you about them. You may also bring your personal computer to University which you can connect to the UCC wireless network. Details on connecting laptops to the wireless network can be found online at [www.ucc.ie/en/sit/wireless](http://www.ucc.ie/en/sit/wireless).

Email - Student Umail Account
A student email account is automatically created for every registered UCC student. Your account can be accessed from [http://sit.ucc.ie](http://sit.ucc.ie).

ECDL online learning and testing
ECDL training is free for all students and studied through a module in Blackboard. For information on how to enrol on the ECDL training see: [www.ucc.ie/en/tcentre/ecdl](http://www.ucc.ie/en/tcentre/ecdl).
Students may sit exams in the Training Centre and get an ECDL certificate. For information on costs and how to register for exams see [http://tcentre.ucc.ie/ecdl](http://tcentre.ucc.ie/ecdl).

Contact
IT Services
Boole Basement
T: +353 (0)21 490 2622 / 490 1886
E: sit@ucc.ie

You belong here.

During your time as a registered student you will receive very important communications related to your degree from the Registrar’s Office (Admissions, The First Year Experience Coordinator, Student Records and Examinations) and the Fees Office. Please ensure that you check your email regularly.
The Skills Centre provides a dedicated, responsive, and active learning space for the enhancement of study skills and is committed to further contributing to a positive and successful student experience here in UCC. The Skills Centre enhances the student experience through the provision of customised workshops and sessions. These sessions will help develop and enhance students’ essential study skills. We offer a free and friendly place for all UCC students to come and improve their study skills, writing technique, and presentation skills.

Peer tutors and staff members facilitate group sessions, one to one appointments, and drop-in sessions. Core learning is strengthened through the delivery of study strategies, providing the scaffolding and building blocks for independent and critical thinking. You might find that you are a little lost and would like an opportunity for some guidance. If so, you can book an advisor appointment where an advisor will help you to identify the session you need to #unlockYOURpotential.

Our 1:1 Writing Clinics provide a space for you to bring an example of your writing to us and allow one of our dedicated tutors to indicate ways in which your writing may be improved. Whether it is your first assignment or your final year dissertation, our tutors are on hand to assist you along your academic journey.

We have a wide range of workshops available throughout the academic year, from early transition to definite progression in University life. Some examples of the sessions available in the Skills Centre are:

- **Note-Taking** → an exploration into the Cornell note-taking system and mind mapping.
- **Time Management** → looking at different strategies for planning your time effectively.
- **Unpacking the Question** → shows you how to take your assignment brief and decode it allowing you to plan your answer in a clear and succinct way.
- **How to Write an Essay** → a step-by-step exploration of everything you need to know about essay writing, including the three main parts of the essay structure: introduction, main body, and conclusion.
- **Building an Argument** → learning how to lead readers to the logical conclusions of your writing, by giving them the evidence in a coherent and well-structured assignment.
- **Editing and Proof-reading** → a practical session that will allow you gain the skills required to proof-read your own material and ensure that what you submit is the final draft, not the first draft.

We also have a number of Grammar sessions, Academic Writing sessions, and more! To explore the full range of Skills Centre sessions available, head over to our website [http://skillscentre.ucc.ie](http://skillscentre.ucc.ie).

You can book yourself in for any of our sessions or for a 1:1 appointment on the following webpage: [http://skillscentre.ucc.ie/book-your-skills-session/](http://skillscentre.ucc.ie/book-your-skills-session/)

Contact the Skills Centre with any questions or queries you may have by phone: 021 490 3839 or by email: skillscentre@ucc.ie or drop by! You can find us in Q-1, basement of the Boole Library (just follow the yellow footprints!)

---

**International Office**

University College Cork welcomes over 3000 international students every year, from more than 100 countries worldwide. They come from a wide variety of backgrounds and cultures which they share with the campus community through International festivals and performances, thus enhancing and enriching life at UCC. These students are enrolled in full degree, Erasmus, study abroad programmes, joint degree programmes or Postgraduate programmes. The International Office supports and advises international students in all aspects of life away from home.

---

**The Mature Student Office**

Returning to education after a break, or starting for the first time, as a mature student, can be daunting and exciting all at the same time. The Mature Student Office is here to support you to successfully complete your undergraduate degree.

Some of the supports include:

- academic and personal advising
- careers guidance
- financial and resource referrals

Getting involved in the Mature Student Society is a good way to meet up with other students at the beginning of semester 1. We will support you so don’t hesitate to get in touch! Email: mso@ucc.ie

---

**UCC PLUS+ Programme**

The UCC PLUS+ Programme provides a variety of personal, practical, academic and financial supports to students who have entered UCC as part of the Higher Education Access Route (HEAR) Scheme. Details on the HEAR Scheme [www.accesscollege.ie/HEAR](http://www.accesscollege.ie/HEAR) and for UCC PLUS+ see [www.ucc.ie/en/uccplus/](http://www.ucc.ie/en/uccplus/)

---

**Contacts**

**Mature Student Office Team**

T: +353 (0)21 490 3670/2141
E: mso@ucc.ie

**Student Wellbeing Coordinator**

Maura O’Neill
E: maura.oneill@ucc.ie

**International Office**

Roseleigh, Western Road
T: +353 (0)21 490 4734
E: internationaloffice@ucc.ie
W: [www.ucc.ie/international](http://www.ucc.ie/international)

**UCC PLUS+**

T: +353 (0)21 490 3282
E: uccplus@ucc.ie

**SKILLS CENTRE**

T: +353 (0)21 490 3839
E: skillscentre@ucc.ie
W: [http://skillscentre.ucc.ie](http://skillscentre.ucc.ie)

---

You belong here.
uLink Peer Support

Throughout your first year at UCC, you will receive support and guidance from your Peer Support Leader (PSL). Your PSL is an experienced UCC student, trained to assist you in your transitioning into the university and becoming part of the UCC community. At orientation, you will meet a PSL who will guide you through your first day on campus. You will then be assigned a PSL who will provide you with help and support throughout your first year. Peer support leaders are volunteers who come from all backgrounds, courses and years and include mature students, students with disabilities and international students. You can be linked with these specific student types should you require it. Nothing is too small to ask or talk about with a Peer Support Leader.

What can a peer support leader do for me?

PSLs are there to listen, support and guide you through your first year journey. They can meet you one to one, listen to your concerns and give you the benefit of their experience. It can be once off or regular contact. PSLs won’t judge you and anything you discuss will remain completely confidential. They can offer practical help in dealing with issues that may arise, for example, guidance on timetables, locations, Clubs & Societies, student services etc., or they can just provide a listening ear if you’re finding things difficult. If your PSL can’t help you directly they will know where in the university to point you.

How can I make contact?

You don't have to, they will contact you! Your PSL will email you during Freshers Week to see how you are settling in and periodically throughout the year after this. Should you have any questions about the programme or wish to link to a specific type of PSL (i.e. mature student) you can email the Peer Support office at pass@ucc.ie. Your query will be treated confidentially and based on what you need and want, you will be put in touch with a PSL. Contact with a PSL is on your terms.

If at any point during the year you cannot find your PSLs contact details in your email you can find them on the Peer Support website by entering your student number here: www.ucc.ie/en/pass/supportleaders

UCC Student Wellbeing Coordinator

Student Wellbeing will be offering skill building classes and tips on how to look after yourself as you negotiate the many new and exciting challenges of student life. UCC Student Wellbeing offers free Mindfulness classes to build your resilience and help you respond better to difficult and challenging times. You can learn simple self-care practices and steps you can take to promote your mental health and wellbeing. We can give you practical tools to help you get more out of each day.

We will be letting you know about the many support services that are available free to help you deal with any issues or problems that you encounter. Now that you are part of our UCC community, there are lots of people, both students and staff, here to help you. Remember no matter what situations arise during your time in UCC, you do not have to go through them alone. Let us help.

We offer one-to-one information and support to students who want to know more about issues affecting their wellbeing. You don’t need to wait for a problem to get serious before taking action. You can schedule a Wellbeing Check-up to see if things are in balance or if some changes are needed to prevent problems or help you to flourish. We can highlight the free supports available to help you make these changes and together we can work out a Well Being plan just for you.

NITELINE

Niteline is a listening service run for students, by students. Niteline has two contact options for students, a Freephone number or an instant messaging tool. It is 100% anonymous, non-judgemental, non-directive confidential service. It is run by UCC students who have been trained by the Cork Samaritans. The service is available to any student who needs someone to talk to about any issue or concern they may have. Niteline runs Monday – Thursday, 9pm-1am during term time. The Niteline number is 1800 32 32 42. You can access the instant messaging service and more information regarding Niteline at www.ucc.ie/en/pass/niteline
You belong here.

STUDENT LIFE

You belong here.
3

STUDENT LIFE

THIS SECTION COVERS

→ Societies
→ Clubs
→ Students’ Union
→ Cork - The Rebel City
→ Theatre and Visual Arts

You belong here.
Societies

Hello Everyone,

My name is James Boyle and I’m going to be your Societies President for the coming year 2018/19. I’d like to welcome you to UCC, and congratulations on choosing one of the most colourful, creative, diverse and inclusive campuses in the country! The UCC student experience is world renowned and during your first year in UCC, you’re going to find out why.

At UCC Societies there is something to interest everyone and I encourage you to take the opportunity to get involved early on in your college life and I promise you, you will not regret it. As a community built up of over 100 societies we will be offering a huge variety of events to keep you occupied. They will give you a chance to meet new people, open a world of opportunity and spark new interests.

Societies have had an amazing year and have achieved some fantastic goals. For example, societies have represented the college abroad, like the Philosophical Society who are planning for their trip to South Africa to compete in the World Debating Championships. As well as this societies have represented us nationally and competed against other colleges in various areas.

We have had lots of weekly events and loads has been raised through our charitable societies such as Kaisoku Con that raised over 7000 euro during their colourful comic and costume weekend and Surgeon Noonan who have raised 120,000 euro and have sent a team of student doctors to Africa to help develop the lives and healthcare of people on the continent.

This year we’re going to do even more again but we need your help. Join us on Societies day where there will be stalls and stands from all our societies. This gives you a chance for you to sign up to a wide variety. Societies are a great way to learn skills that you won’t learn in a lecture theatre, meet new people, have fun and it will be one of the best decisions you make here in UCC so don’t miss out.

Contact
James Boyle
President UCC Societies
T: 021 490 2414
M: 085 109 7631
A: No. 6 Carrigside, College Road, Cork
W: www.societies.ucc.ie

You belong here.
Hello everyone!

My name is Bríd Ní Dhonnabháin and I’m President of the UCC Clubs Executive for 2018/19. I would like to welcome all of you to UCC and wish you all an enjoyable and memorable time here over the next few years. Here at the Clubs Exec, we promote health and physical activity and encourage student engagement in the 57 clubs that UCC has to offer.

UCC has a very proud sporting tradition - the rugby club in was founded in 1872 and since then UCC has become home to a wide variety of both competitive and recreational sports, including martial arts, team sports, water sports, and individual sporting events. UCC sports and clubs have grown in both size and success since their foundations, winning intervariety and national competitions across many disciplines. The UCC sport club logo, the skull and crossbones, has been in use since 1880 and the UCC jersey is a much sought after garment among students, players and alumni, both at home and abroad. Whether you decide to join a club competitively or just for fun, getting involved in UCC clubs is a great way to try something new, to meet new people and to get out there and do something you really enjoy.

Clubs Day will be held on Tuesday 11th of September from 10am to 3pm in Devere Hall in the Student Centre. All of our clubs will have a stand and will be looking for new members, so don’t be afraid to come along and have a chat with someone if you’re interested in joining a club. There’s a club out there for everyone and this is your chance to find the right one for you. There is more to college than books and study so take this chance to make the most of your college experience!

Clubs aren’t the only amenity available to support health and physical activity in UCC. We have a number of facilities available to students from the Mardyke Outdoor Facilities and “The Farm”, to the state of the art Mardyke Arena indoor sports centre, home to squash courts, a 25m swimming pool, a climbing wall, a multi-purpose hall, outdoor and indoor athletics tracks, a cardio and a weights gym, as well as a whole range of fitness classes; the perfect opportunity to get away from the library and clear your head.

Why not avail of the Human Performance Laboratory located at the Mardyke Arena, where our exercise physiologist, Trevor Woods, caters for all students, elite or recreational. We have a great number of resources for you to avail of, ready for you to kickstart a healthy lifestyle or to assist the elite athlete to perform to his/her maximum potential. For more details, contact Trevor at t.woods@ucc.ie.

Or what about a game of 5-a-side soccer or basketball? Just drop into Ferry Lodge or contact Betty Young at b.young@ucc.ie to book the synthetic pitch or the Mardyke Arena sports halls.

There are so many more opportunities to get involved in clubs and sport at UCC, to grow and develop as a person and to really experience the best that the university has to offer. So get involved, make new friends, and make your UCC experience suit you. Don’t forget, clubs are looking for new members year round, so it’s never too late to get involved. Whether its September or March, come along to a club session and give UCC Clubs a go!

For more information on clubs and sport in UCC follow @UCCSport on Instagram, Twitter and Facebook, email info@uccclubs.ie or visit our website sport.ucc.ie.

I hope to see you all at Clubs Day on the 11th!

Brid
List of Clubs in UCC 2018-2019

- Aikido
  aikido@uccclubs.ie

- Archery
  archery@uccclubs.ie

- Athletics
  athletics@uccclubs.ie

- Aussie Rules
  aussierules@uccclubs.ie

- Badminton
  badminton@uccclubs.ie

- Basketball
  basketball@uccclubs.ie

- Boxing
  boxing@uccclubs.ie

- Camogie
  camogie@uccclubs.ie

- Canoe
  canoe@uccclubs.ie

- Capoeira
  capoeira@uccclubs.ie

- Chess
  chess@uccclubs.ie

- Cricket
  cricket@uccclubs.ie

- Cycling
  cycling@uccclubs.ie

- Dance
  dance@uccclubs.ie

- Darts
  darts@uccclubs.ie

- Equestrian
  equestrian@uccclubs.ie

- Fencing
  fencing@uccclubs.ie

- Flag Football
  flagfootball@uccclubs.ie

- Futsal
  futsal@uccclubs.ie

- Gaelic Football
  gaelicfootball@uccclubs.ie

- Golf
  golf@uccclubs.ie

- Handball
  handball@uccclubs.ie

- Hockey
  hockey@uccclubs.ie

- Hurling
  hurling@uccclubs.ie

- Inline Hockey
  inlinehockey@uccclubs.ie

- Judo
  judo@uccclubs.ie

- Jujutsu
  jujutsu@uccclubs.ie

- Karate
  karate@uccclubs.ie

- Kick Boxing
  kickboxing@uccclubs.ie

- Kung Fu
  kungfu@uccclubs.ie

- Lacrosse
  lacrosse@uccclubs.ie

- Ladies Gaelic Football
  ladiesgaelicfootball@uccclubs.ie

- Ladies Hockey
  ladieshockey@uccclubs.ie

- Ladies Soccer
  ladiessoccer@uccclubs.ie

- Motorcycle
  motorcycle@uccclubs.ie

- Mountaineering
  mountaineering@uccclubs.ie

- Olympic Handball
  olympichandball@uccclubs.ie

- Olympic Weightlifting
  olympicweightlifting@uccclubs.ie

- Orienteering
  orienteering@uccclubs.ie

- Powerlifting
  powerlifting@uccclubs.ie

- Racquetball
  racquetball@uccclubs.ie

- Rovers
  rovers@uccclubs.ie

- Rowing
  rowing@uccclubs.ie

- Rugby
  rugby@uccclubs.ie

- Sailing
  sailing@uccclubs.ie

- Skydiving
  skydiving@uccclubs.ie

- Soccer
  soccer@uccclubs.ie

- Squash
  squash@uccclubs.ie

- Sub Aqua
  subaqua@uccclubs.ie

- Surf
  surfing@uccclubs.ie

- Swimming & Waterpolo
  swimmingandwaterpolo@uccclubs.ie

- Table Tennis
  tabletennis@uccclubs.ie

- Taekwondo
  taekwondo@uccclubs.ie

- Tennis
  tennis@uccclubs.ie

- Trampoline & Tumbling
  trampoline@uccclubs.ie

- Ultimate Frisbee
  ultimatefrisbee@uccclubs.ie

- Volleyball
  volleyball@uccclubs.ie
Students’ Union

Who are the Students’ Union (SU)? The SU is every single student of UCC. You are automatically a member and we work for the interests of all UCC students.

About Us...
It’s our job to look after all of your needs and make sure that you really enjoy your time in UCC! This includes everything from giving advice on exams, helping students out with financial concerns all the way to organising the best events across the campus and City for you.

You can find out more and follow what we’re up to on our Snapchat (UCCSU), Facebook Page (UCC Students’ Union), Twitter (@UCCSU) or on our website www.uccsu.ie.

There are 6 full-time Officers in the SU who work throughout the year for the needs of all UCC Students. This means you can give them a shout if you have any problem or question during the year - no matter how big or small! The SU also has 3 permanent staff and a host of part-time officers.

How To Get Involved
There are a few ways to get involved in the SU. As a first year, the easiest way is to become a Class Rep or an Entertainments Rep - each course has one of each.

The Class Rep will let the department know of any problems within the course and will attend Student Council to give feedback to the Students’ Union. The Entertainments Rep organises class parties, nights out, trips away, hoodies for the class and generally makes sure everyone has an unreal time in college!

Raise and Give Week
Each year, the SU, Clubs and Societies organise Raise & Give Week. We’re sure by now that most of you have heard about RAG Week before coming to UCC, if not - it’s a series of events, gigs, competitions and parties across campus for a week. It’s an incredible week that you will never forget, with thousands of people working together to fundraise for deserving charities!

The week is like nothing you will have experienced before, it is the highlight of the year for most UCC students and is a great chance to give something back. To get involved in organising events, shaking buckets or if you even want to throw us some ideas, give David Cronin (SU Entertainments Officer) a shout on ents@uccsu.ie.

Common Room
The SU common room is located behind the O’Rahilly Building and is attached to the Students’ Union offices. It is a great place for all students to go and chat, have lunch and just generally relax. The Common Room is a large open plan area with sofas, four large screen TVs with SKY+ and PS3s, a pool table, and a kitchen with free tea/coffee making facilities and a microwave. The Common Room is renowned for its lunchtime gatherings and all kinds of activities and social events.

Student Welfare & Education
The SU works with students to provide you with vital assistance services. If you have any issues with your academic work, don’t hesitate to contact your SU Education Officer,
Aaron Frahill, education@uccsu.ie. Similarly, if you’re having any difficulties with your welfare; mental health, sexual health, accommodation issues or anything non-academic problems, contact Niamh Connery, your SU Welfare Officer on welfare@uccsu.ie. No issue is too big or too small!

Grinds
Everyone needs a bit of help with their subjects from time to time. We have an online grinds service where you can register to give grinds or look for a tutor if you need some help. Just go to www.grindscentre.com/ucc or email Aaron Frahill (SU Education Officer) on education@uccsu.ie your Students’ Union.

Student Council
All students are welcome at Student Council, which takes place monthly. It is the main forum of discussion for the students of UCC and it is attended by all class reps. This is the space where your issues are raised and dealt with. You can ask any of the SU officers questions, submit and debate ideas on SU policies or actions that you want the SU officers to take, make your voice heard on any issue or simply find out what is going on in the university.
Keep an eye out for posters, emails and Facebook updates for details, or contact Council Chair, Katie O’Neill, at councilchair@uccsu.ie for more information.

Entertainment Reps
UCCSU is one of the main entertainment organisers in Cork, with both an Entertainments Manager and a SU Entertainments and Events Officer. Entertainment reps act as the intermediate between their class and the SU Entertainments Officer.
You belong here.
Throughout the year they organise events for their class and also sit on the SU Entertainments Committee, who organise all the main SU events throughout the academic year.

For more information, contact your SU Entertainments Officer, David Cronin, at ents@uccsu.ie.

**Class Reps**

Class Reps are the most important link between their class, their department and the SU. Elected in the initial weeks of term, just after Freshers Week, the reps will receive full training in areas such as public speaking, conflict resolution, organization and campaigning. Class Reps will also receive support through Student Council and College Committees throughout the year. Class reps sit on staff-student committees and university committees allowing them to make decisions on university policy and resolve any issues in each of the four colleges across the university. Class reps vote on behalf of their class at Student Council which takes place monthly. For more information contact your SU Education officer, Aaron Frahill, at education@uccsu.ie.

**Get Connected**

Our website, uccsu.ie is the interactive online portal for the SU. It provides up to date access to academic and welfare information on grants, health, finances and more! It also provides details on SU services including the Grinds Service, Class Hoodies, Printing, 2nd Hand Books and the Welfare & Education services. You can also keep up to date with the latest SU Entertainment events and find information on UCC’s Radio, Motley Magazine and the Express Newspaper. It’s your one stop shop for information on anything that happens on campus!
Cork
The Rebel City

So... if you’re interested in having a good time then the People’s Republic is the place to be!

Some History
Since the city was founded as a monastic place of learning almost 1,500 years ago, it has evolved as a city of trade and manufacturing, to the cosmopolitan vibrant 21st century city of today. It is the second city of the Republic, situated on the banks of the Lee. For more information go to: www.corkpastandpresent.ie.

Theatre/Entertainment in Cork
Triskel Christchurch is the city’s main arts centre, and one of the leading cutting-edge arts spaces in Ireland. Christchurch provides Cork with a beautiful and vibrant cultural space, with a varied and multi-form arts programme. Check Triskel Christchurch out for music, visual art, drama, film and general good vibes: www.triskelartscentre.ie.

The leading mainstream theatres are Cork Opera House in Emmet Place and the Everyman Palace on MacCurtain Street which put on high quality drama, jazz and pop concerts, dance, opera and comedy. The Half Moon Theatre is a flexible studio space located to the rear of the Opera House and fosters a more experimental range of interdisciplinary projects mixing drama, with music, film and comedy. The Firkin Crane Theatre, O’Connell Square, Shandon, is the best spot to catch classical and contemporary dance.

Theatre in UCC
The Granary Theatre produces and presents both new and experimental work by artists across disciplines in conjunction with UCC. The theatre's programme of events combines professional work in theatre, performance, dance, live art and music with student drama. Additionally, the theatre plays host to a lively critical programme of talks, workshops and artists' presentations.

The Granary works in partnership with numerous societies within the university including UCC Dramatic Society, UCC Musical Society, An Cumann Drámaíochta (Irish Language Drama), as well as the School of Music and Theatre, and professional companies outside of UCC. With hundreds of undergraduates and postgraduates both working and performing in the Granary, the theatre compliments and contributes greatly to Cork cultural life.

Visual Arts
The Lewis Glucksman Gallery located at University College Cork’s main entrance on Western Road, is an award-winning building that includes display spaces, lecture facilities, a riverside restaurant and gallery shop. Keep an eye on the website for forthcoming events and artistic programmes www.glucksman.org.

Contact
Granary Theatre
Mardyke Cork City
T: +353 (0)21 490 4275
E: info@granary.ie
W: www.granary.ie
CAMPUS SERVICES

THIS SECTION COVERS
→ Student Centre
→ Student Hub
→ Food Options
→ Banking
→ Crèche
→ Safety on Campus
→ UCC Green-Campus
Student Centre

Áras na Mac Léinn’s mission is to enhance the campus experience by providing the UCC community with services and activities of exceptional quality. It is centrally located on campus and includes the following services:

Ground Floor

**Information Desk**
Located on the ground floor at the main entrance to the centre, the desk duties are carried out by a team of students who help their fellow students with information, direction and advice.

**An Siopa**
A small mini-market at ground level. ‘An Siopa’ provides a range of products for students including confectionery, sandwiches, soft drinks, and newspapers as well as stationery, USB keys, leap cards and gifts.

**Collegegear**
Located on the ground floor, Collegegear stocks a great range of UCC clothing – Hoodies, T-Shirts, Sports Gear, Ties, Beanies, Lab Coats and Lab Glasses and a range of giftware including Mugs, Crystal and UCC Prints. Department and Societies Hoodies are also available to order.

**Banking**
Bank of Ireland is the financial provider on campus.

- **Opening Times:**
  September 2017 - May 2018, Monday - Friday, 9:00am - 5:30pm.

- **Cash Opening Hours:**
  Monday - Friday, 9:30am - 4:30pm

Bank of Ireland also provide 6 ATMs across campus. Áras na Mac Léinn (3), UCC Central, Brookfield Health Sciences Complex and the Western Gateway building. Contact David or Keith at Bank of Ireland UCC for all your financial needs or just for some advice.

- **Contact details:**
  T: 021 4277321
  W: www.ucc.ie/en/anml/retail/bankofireland

**Unisalon**
Located next to the Bank. A Wella professional hair salon opened to the public. Specialising in colour from classic to creative techniques. Regular promotions on offer. For appointments contact (021) 4903059

**Café Oasis**
A café bar located on the ground floor, Café Oasis has a colourful and spacious interior and a spectacular view of the campus. The café serves fresh pastries, scones, sandwiches, hot food and soup daily, as well as a full range of teas and coffees. Café Oasis also hosts art exhibitions and all students are welcome to exhibit.

**First-Aid Room/ Baby Feeding Room**
Located on the ground floor of the centre, access to the room is provided by the Information Desk Staff.

**Passport Photo Machine**
A passport photo machine is located on the ground floor next to the First Aid Room.

**Lowercase Book Service**
Located on the lower ground floor, Lowercase Book Service stocks a range of undergraduate and postgraduate textbooks from across all academic disciplines, and offers convenient online access to a broad range of core course texts. A second-hand book service is also available.

**The Print Shop**
Located on the lower ground floor within Lowercase Book Service for all your printing requirements.

First Floor

**Upstairs Café**
Located just above Café Oasis, on the first floor, Upstairs Café serves a selection of pastries, cakes and scones. It also has a deli counter where sandwiches, wraps, rolls and salads are freshly made to order each day.

**Club Áras (New Bar)**
Club Áras – New Bar is a fully licensed bar for Club Members (UCC staff and students). Located on the first floor of the Student Centre the bar provides regular evening and night-time entertainment. Full Irish breakfasts, hot lunches and evening meals are served daily.

**Nom Nom Bistro**
This contemporary bistro serves hot food all day from 10am - 9pm. Specialising in fresh produce and home cooked dishes. Nom Nom Bistro offers a wide selection of breakfast treats including full breakfasts, pastries, pancakes, cereals, yogurts and fresh fruit. Lunchtimes offerings include curry dishes, Cajun dishes and Italian food. Pizza is served until 9pm each night.

**Devere Hall**
Devere Hall is the venue for all major events on campus including the Freshers Ball, Conferring Ceremonies, Concerts and Conferences.
Contact
Áras na Mac Léinn, Main Campus
T: +353 (0)21 490 2714
W: http://studentcentre.ucc.ie

For further Information visit:
http://studentcentre.ucc.ie
or call 021 490 2714
Second Floor

Meeting Rooms
Six rooms (located on the second floor) are available on a booking system for registered clubs and societies. Enquire at the Information Desk or book online at: www arasroombookings.ie.

Lockers
Located on the ground floor, there is a large number of lockers available for hire. Contact the Information Desk for further details.

UCC98.3FM
UCC's very own radio station. Up to 90 students volunteer at the station each year and the station broadcasts 24 hours every day www.ucc.ie/en/983fm.

Student Counselling & Development
There are 5 counselling rooms located on the second floor of the centre. To make an appointment contact Student Counselling & Development at (021) 4903565 or email counselling@ucc.ie.

The Student Hub
Project, a partnership between staff and students, will deliver a unique state-of-the-art building for the whole university community, located between the main quadrangle and the Kane Building. The building is due to be completed by the end of 2018, and will open in 2019.

Many student services that are currently dispersed around campus are planned to be represented in this fantastic new building, including the Careers Service, UCC Plus, Disability Support Service, Mature Students Office, Student Central@The Hub, and UCC Campus Radio 98.3FM, along with your Student’s Union, Clubs, and Societies.

Additionally, there will be lots of spaces throughout the building that students and staff will be able to use for meetings, events, group work, hanging out, workshops, and a whole range of activities that inspire connection, collaboration, and innovating ways of learning!

Watch this space... and get excited!

For more information go to: http://studenthub.ucc.ie
Food Options

**UCCentral (The Main Rest)** - By the Boole Library in the main catering building

- **Mini Restaurant** – 1st Floor above UCCentral
- **Elements Cafe** – Located just inside the entrance of the Kane Building
- **Bio Café** – Ground Floor of the Bio-Science Building
- **The Coffee Dock** – Ground Floor of the O’Rahilly Building
- **The Maltings Café** – Ground Floor of the Tyndall Institute building; opposite the Mercy Hospital
- **Brookfield Café** – Basement Level of Brookfield Health Sciences Complex
- **Café Diem** – Ground Floor of the Enterprise Centre, Distillery Fields
- **Pharmacy Café** - Ground floor of the Cavanagh Pharmacy Building on College Road
- **Riverside/Western Gateway Café** – Ground Floor of the IT Building, Western Road
- **Nosh + Coffee** – Mardyke Sports Arena
- **Café Oasis** – Ground floor of the Student Centre
- **Upstairs Café** – First floor of the Student Centre

**Food Options**

- **Bio Café**
  This restaurant has a bistro feel offering a selection of speciality coffee, salad bar, made-to-order wraps and sandwiches, filled baked potatoes and a selection of home-made pastry & bakery products.

- **The Coffee Dock**
  Offers Starbucks coffee, speciality teas, hot & cold beverages and gourmet snacks.

- **The Maltings Café**
  Offers a breakfast & lunch service, soup, “grab n go” products, pastry & bakery items and a selection of hot & cold beverages.

- **Brookfield Café**
  Offers a healthier way of eating. Breakfast, lunch and evening services available, offering a wide selection of products, “made-to-order” sandwiches & wraps, salad bar, pastry & bakery corner, hot & cold beverages, and daily hot dishes.

- **Café Diem**
  This cosy café offers a selection of ‘made-to-order’ sandwiches and panini, homemade soup, pastry items, light snacks as well as tea & coffee and cold beverages.

- **Pharmacy Café**
  Offers Starbucks Coffee, speciality teas, hot & cold beverages. Also serving soup, “made-to-order” sandwiches, pastries and snacks.

- **Riverside/Western Gateway Café**
  The IT building (behind Brookfield) offers a healthier way of eating. Breakfast and lunch available, offering a wide selection of products, ‘made-to-order’ sandwiches & wraps, salad bar, pastry & bakery corner, hot & cold beverages, and daily hot dishes.

- **Nosh + Coffee**
  Offers pastry & bakery items and a selection of hot and cold beverages.

- **Café Oasis**
  A great place to sit and have coffee and watch the world go by.

- **Nom Nom Bistro**
  Located at Club Áras – New Bar on the First Floor of the Student Centre

- **Upstairs Café**
  This café serves pastry items, light snacks as well as tea/coffee and cold beverages. There are 17 computers with full internet access located here which are free of charge to students.
Crèche

Creche Cois Laoi is located on the grounds of the Brookfield Health Science Complex on College Road. It is fully equipped with the most up-to-date facilities including a nursery room, 2 toddler rooms, two preschool rooms, sleep rooms, an after school room and a carefully designed outdoor play area: creche meals are also available at an additional cost. The creche caters for children aged between 5 months and up to 12 years, and has the capacity for 79 children. Creche Cois Laoi is open Monday to Friday from 8am to 6pm. It remains open for 51 weeks of the year, closing for one week for the Christmas holidays. Students and UCC staff seeking a place for their children in Creche Cois Laoi at UCC should contact the creche in order to be placed on our waiting list and to check availability. Currently creche fees are subsidised by the University for full time students. A Student Union subsidy is also available for students and is means tested. Forms are available from the Students’ Union. Creche Cois Laoi is registered for the Governments Pre-school Scheme (ECCE) for children aged between 2 years 8 months and 5 years 6 months.

Safety on Campus

University College Cork is located in a mostly residential area off the Western Road. It is an open campus with security personnel actively involved in maintaining a safe and friendly environment. It is important for all, both students and staff, to be aware of their surroundings and not to compromise their own safety. The safety of campus depends on students continuing to report all incidents, no matter how insignificant they seem, to Campus Watch. Campus Watch is a committee made up of members of staff and the Students’ Union who seek to foster a safe, secure environment, and work to increase awareness among the campus community.

Contacts

Childcare / Crèche
UCC Crèche Manager
T: +353 (0)21 490 1606
T: +353 (0)21 490 1607
E: creche@ucc.ie
E: c.bennett@ucc.ie

Campus Watch
E: residentiallife@ucc.ie
In the event of an emergency call 999 or 112 from a mobile.
www.ucc.ie/en/studentexperience/campuswatch
UCC Green-Campus

UCC was the first University in the world to be awarded a Green Flag for improving our impact on the environment. In fact, the Green Campus programme, that now runs in every university in Ireland, was developed right here in UCC.

UCC Green Campus is a committee of students and staff who work together to initiate campaigns and projects around the themes of waste, energy, water, travel, biodiversity, food, and climate change. By bringing together students, academics, researchers, admin, and estates staff, the most exciting and innovative ideas can be brought to fruition. For example, did you know that the vegetables served in the main restaurant come from our university farm in Curraheen. Or that UCC has its own community garden. The committee also run a number of social events throughout the year and take part in international campaigns around global issues such as climate change.

Being a part of Green Campus is fun, engaging and educational. It will support and enhance your experience at university and you will also gain invaluable skills that will improve your future employment opportunities. In turn, you get the opportunity to contribute to one of the greenest universities in the world, and make a real difference to your local environment.

Check out the University College Cork Green Tour App, a mobile audio tour that will guide you around the many exciting green initiatives in UCC. The app includes:

- 1hr audio guided walking tour of UCC
- Features green initiatives, heritage, biodiversity and sustainability
- Headphones are available at the visitor’s centre
- Available and free to download for Android and Apple.

To get involved with Green Campus visit our stand during Freshers week or contact greencampus@ucc.ie.

GET INVOLVED!
VISIT
www.ucc.ie/en/greencampus

Make a difference and get involved!

Contacts
UCC Green-Campus
6 Carrigside, College Road
E: greencampus@ucc.ie
T & F: Twitter @GreenCampusUCC
W: www.ucc.ie/en/greencampus
You belong here.
REGULATIONS & POLICIES

THIS SECTION COVERS
- Code of Honour
- Student Charter
- Examinations
- Plagiarism
- Valuing Different Perspectives
- Equality
- Standards of Conduct
- Course Curriculum
- Academic Timetable

You belong here.
Code of Honour

We freely pledge to abide by the UCC Code of Honour. Being truthful, honourable and honest in all our conduct, we will not lie, cheat or plagiarise. We will always endeavour to show respect to fellow students, staff and to all members of the wider community.
University College Cork expects students to behave in a manner which ensures that the University can meet its legal, statutory and contractual obligations, that all students and staff are treated with dignity and respect, that all University property and facilities are used appropriately.

All students should uphold the good name of the University in their actions both on and off campus. It is important that you read and accept the Student Code of Conduct before beginning your life at University College Cork.

In UCC, we believe that our people are our most important asset.

Student Charter

The UCC Student Charter is issued jointly by the University and the Students’ Union. It makes explicit some of the reciprocal responsibilities which members of the University, both staff and students have to each other. Please take the time to read it. www.ucc.ie/en/current/policies.

Examinations

The Student Records and Examinations Office (SREO) supports the entirety of the student lifecycle, from primary registration, through examination, to graduation at undergraduate and postgraduate level. The SREO provides a student-centric service, ensuring the integrity of the examination process in addition to curating the perpetual student record. The Guide to Examinations for Staff and Students (https://www.ucc.ie/en/exams/procedures-regulations/) provides the information you will require on examination regulations and procedures. Please ensure you read this guide carefully. SREO may be contacted with any queries at sreo@ucc.ie or 021 490 2422.

• Formal communication will occur through a student’s personalised umail account
• All information with regard to your module registration, formal written examination schedules and examination results may be accessed through the student portal (https://www.ucc.ie/en/sit/)
• For all information on your programme, please access the appropriate information in the College Calendar, Book of Modules and Marks and Standards (https://www.ucc.ie/admin/registrar/modules/)

Plagiarism

Plagiarism occurs when a writer deliberately uses someone else’s language, ideas, or other original material such as graphics, pictures, movies or sounds without acknowledging its source. Students must always cite where they obtained the information in a bibliography. Students must always cite where they obtained the information they present for assessment. Please view the UCC policy on plagiarism: www.ucc.ie/en/current/policies.

Valuing Different Perspectives

University College Cork is committed to creating an environment where all students learn, work, and live together, transcending cultural, racial and other boundaries. Students flourish in an academic environment where they can learn from the diverse backgrounds and opinions of those around them.

Equality

University College Cork is committed to Equality of Opportunity for all students and staff irrespective of gender, civil status, age, race, religion, disability, sexual orientation, family status, marital status and/or membership of the traveller community. UCC works towards the creation of an equal environment for all through the University Equality Committee and a programme of activities identified in the university’s Equality Strategy 2010-2012. The membership of the Equality Committee includes students and staff from all parts of the University and the Committee is charged with overseeing the implementation of the provisions of Irish equality legislation, including the Equal Status Acts 2000-2004 and the Employment Equality Acts 1998-2007.

The University does not tolerate discrimination, harassment or sexual harassment under any of the above grounds against any student or staff member in the University. For further information on equality visit www.ucc.ie/en/hr/equality.
Standards of Conduct

The University requires its students to conduct themselves in an appropriate and reasonable manner which ensures

Dignity, honesty and integrity

Respect for all members of staff
Respect for fellow students

Respect for the rules and regulations of the University

Compliance with the academic processes of the University

That the University is not brought into disrepute

That the views, values and beliefs of others are respected

That no damage or injury is caused to any person or property

That the University community is free from intimidation and discrimination

Please take the time to become familiar with the student rules
www.ucc.ie/en/studentexperience/policies
Course Curriculum

The University Calendar contains essential information on programme structure, lists the modules in each year of study and specifies the rules relevant to each programme.

For detailed information on the curriculum you will study, please visit the 2018/19 University Calendar and Book of Modules at the following website addresses:

Academic Programmes
Undergraduate Calendar: www.ucc.ie/calendar

Academic Programmes
Book of Modules: www.ucc.ie/modules

The Book of Modules contains all the information you need about the modules on your programme, e.g. module title, credit weighting, objective, learning outcomes, student workload (i.e. number of tutorials/lectures), type of assessment/examination, etc.

A module represents a self-contained fraction of a student’s workload for the year and carries a unique examination/assessment mark.

The size of a module is indicated by its credit weighting. Undergraduate modules may equal 5, 10, 15 or 20 credits. Individual modules are grouped together to make up degree programmes totalling 60 credits in each year of study.

My Timetable

You can create your own personalised academic timetable by using the ‘MyTimeTable’ web application. This is available on the SIT homepage or directly here: https://mytimetable.ucc.ie

When you have received the details of your academic timetable from your department, you can create your own personalised timetable on MyTimeTable for the full academic year. Once set up, your personalised timetable will display details for the current week by default.

If there are any last minute changes to your scheduled timetable – e.g. change of location, cancellation, change of time – you will receive an email notification of this to your Umail inbox.

MyTimeTable timetables will always display the most up to date timetable information as per departmental scheduling requirements. Your timetable on MyTimeTable will also be automatically updated with any new information.

Details of how to set up your personalised timetable on MyTimeTable are located here: http://www.ucc.ie/en/sit/timetable

To access MyTimeTable, log on to https://mytimetable.ucc.ie using your Student IT account credentials.
Implications for your degree programme
A number of programmes in UCC, especially in the areas of medicine, health, social work and education, require students to undertake placements that will bring them into contact with children or vulnerable adults and in which they will assume positions of trust. To ensure the protection of the public, and justify public trust and confidence, UCC is committed to ensuring that only suitable candidates are allowed to undertake these programmes.

The University uses the National Vetting Bureau (NVB) to assess the suitability of such applicants, and in some cases, may also require applicants to provide an enhanced disclosure by the completion of an affidavit. When the NVB returns a disclosure, it will be reviewed by UCC to establish if a student is suitable for placement.

All offers of places at UCC are subject to UCC’s Terms & Conditions of Admissions, which includes UCC’s Student Vetting Policy.

For further information please visit: http://www.ucc.ie/studentvetting

Implications for travel
A criminal conviction could restrict a student’s ability to travel abroad. Some countries including the United States, Canada and Australia could refuse entry. In many countries, where a visa is required, a criminal conviction will, at the very least, delay the processing of a visa application.

Implications for career
A criminal record could prevent a graduate from obtaining a licence to work or professional membership in a chosen field. Many professional and vocational bodies require their members to be of ‘good character’ and may reject applicants convicted of certain crimes. A conviction or even a finding of guilt, involving theft or fraud could bar a student from work in an industry where they have access to other people’s money or property such as banking, finance or retail.

It is important for all students to be aware that there may be significant practical consequences if charged with and/or convicted of a crime.
Contact
Anne Wallace
First Year Experience
Coordinator
T: +353 (0)21 490 2780
E: a.wallace@ucc.ie

Admissions Office
West Wing
University College
Cork