



# Programme for Thursday, 20th May 2021

## Zoom Webinar

Time (GMT)	Session	Speaker	Title
09:00	Introduction	Mr Hugh O'Donovan	Conference Introduction - Welcome to the Conference.
09:15	Keynote 1, followed by Q&A	Dr Eddie Murphy	Change Makers
10:05	Keynote 2, followed by Q&A	Prof Ho Law	The 4th Generation Coaching for People and the Planet (Recovery and Sustainability)
10:55	<b>Coffee Break</b>		
11:05	Keynote 3, followed by Q&A	Prof Reinhard Stelter	Coaching as a Resonance Relationship
11:55	Keynote 4, followed by Q&A	Ms Mary O'Grady	Psychologically Minded Coaching and Disability
12:45	Roundtable Panel Discussion	Mr Hugh O'Donovan	
13:10	PSI SIGCP Presentation	Ms Lorna Lawless	Coaching Mental Toughness
13:30	<b>END</b>		

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<b>09:00</b>	Introduction	Mr Hugh O'Donovan	Conference Introduction - Welcome to the Conference.
<b>09:15</b>	Keynote 1, followed by Q&A	Prof. Stephen Palmer	Using an Educational, Cognitive Behavioural and Positive Psychology Approach to Tackle Debilitating Climate Change Worries, Ecoanxiety and Ecodepression
<b>10:05</b>	Keynote 2, followed by Q&A	Dr. Pat Bracken	Thinking about the 'Mental' in Mental Health and Mental Illness
<b>10:55</b>	<b>Coffee Break</b>		
<b>11:05</b>	Keynote 3, followed by Q&A	Mr David Sharpley	Creating Positive Change in Challenging Times
<b>11:55</b>	Keynote 4, followed by Q&A	Dr Alison Whybrow	How do we create relationships able to hold re-connection and recovery?
<b>12:45</b>	Roundtable Panel Discussion	Mr Hugh O'Donovan	
<b>13:10</b>	PSI SIGCP Presentation	Mr Jayson Moran	Procrastination from many angles: An applied approach to a common problem
<b>13:30</b>	<b>END</b>		

# MASTERCLASS (ZOOM Webinar)

Programme for Thursday, 20th May 2021

## Masterclass

Time (GMT)	Session	Speakers	Title
14:00-16:00	Masterclass	Prof. Reinhard Stelter	The Coach-Coachee Relationship