

Abstract by Professor Reinhard Stelter

Coaching as a resonance relationship

The German sociologist Hartmut Rosa has written a major work called *Resonance* - a kind of response to his previous book on social acceleration. In his keynote address, Reinhard Stelter will shed light on the resonance concept and its significance for coaching and transformative dialogues. A key question for the good life is how we connect to the world. Here, resonance between dialogue partners can be considered a basic condition. In his presentation, Reinhard Stelter will adapt the concept of *resonance* to coaching and other transformative dialogues: How do we as coaches/coaching psychologist relate ourselves to the other? How do we use *resonance* as a way to co-create a new reality as an uplifting outcome of our collaboration? The basic intention of this lecture is to promote a form of dialogue that is enriching for both parties. Transformative dialogues help to weave a thread of resonance. Reinhard Stelter will present ideas on how best to do it.