

FAQs

Coaching & Coaching Psychology | Higher Diploma

How do I apply for the Course?

Many thanks for your interest in this programme. Applications to the programme can be made through the online system which you will find on our website <https://www.ucc.ie/en/ace-hdcccpy/>

Once you click on the 'Apply now' button, which is at the end of the programme webpage you will need to set up an account and be logged in to submit your application.

What does it cost?

The cost of the programme is €5,800 per academic year. This payment is made in two instalments: the first half of the fee (€2,900) is requested at application stage. The second half is payable in February. All payment related requests and information will come from our colleagues in ACE Finance.

We like to inform candidates that we have an agreement with the Lough Credit Union who will offer very good loan rates for individuals who wish to take out a student loan and pay that back in instalments.

Also of note is the Part-time Financial Aid Fund which is now available to part-time students so for anyone who is accepted onto the programme, this is also an option available to you. Full details are available at <https://www.ucc.ie/en/saf/>

Upon payment of the first half of the fee and acceptance onto the programme you will be registered as an official UCC student and receive an ID card

What job opportunities arise from completing the course?

Past students have used this qualification to redefine their work role within their place of employment or have used it as a significant addition to their CV to gain promotion or added leadership roles. Many of our past students have started their own coaching business, building it steadily over a period of time.

What can I study after the Diploma?

Once you have completed the H.Dip in Coaching / Coaching Psychology the most popular programmes students have gravitated towards have been the MSc in Personal and Management Coaching <https://www.ucc.ie/en/ace-mscpmc/> and the MSc in Mindfulness Based Wellbeing <https://www.ucc.ie/en/ace-mscmbw/>

What topics will I be studying?

The aim of the Higher Diploma in Coaching / Coaching Psychology is to provide you with an interesting and exciting grounding in the theory and practice of coaching. The main objectives of the course are to:

- Understand the theory underpinning coaching and a range of models and approaches to coaching

- Coach a coachee from a current state to a desired state
- Develop a reflective practice to support your coaching process

These objectives are met through the delivery of eight modules as follows:

- AD5004: The Skilled Coach (15 credits)
- AD5005: Coaching Project (15 credits)
- AP5812: Coaching and the Coaching Context (5 credits)
- AP5813: Coaching Approaches, Models and Interventions (10 credits)
- AP5814: The Psychology of Coaching and Perspectives on the Self (10 credits)
- AP5815: Intra/Inter personal Communication and Awareness (5 credits)

When will I have to attend lectures?

The course will be delivered partially online with eleven face to face classes taking place on UCC campus in Cork. Classes are not recorded but all material , slides, handouts etc are made available to the student through our online resource platform called Canvas

What is the course timetable?

The programme timetable can be requested from any of the programme teams

Will I have to complete exams?

There are no exams on this programme. All students follow a continuous assessment process. On average, after each module, a 2,500 word assignment is required. Each student must complete 35 hours of coaching outside of class

Who teaches the course?

Owen Jump, Pat O'Leary and Hugh O'Donovan deliver most of the material on this programme as well as a number of guest lecturers who are experts in the field of coaching