

BACKGROUND

Enhanced recovery after surgery (ERAS) protocols have been widely adopted across surgery and accepted as the standard of care for improving peri-operative outcomes within modern healthcare system. However, implementation of **ERAS in obstetrics has been less widespread**. Implementation in obstetrics presents unique challenges compared to other specialties due to the need to balance maternal recovery with neonatal care, variation in clinical workflows and differing peri-operative priorities. The first consensus guidelines for peri-operative care for Caesarean section were published in 2018 and most recently updated last year. They outline recommendations across three key domains: antenatal/pre-operative, intra-operative and post-operative care, however there is limited data examining adherence to individual ERAS components in routine clinical practice.

The aim of this study is to evaluate adherence to ERAS Society recommendations for Caesarean section across antenatal/pre-operative, intra-operative and post-operative domains and to identify key areas to inform future ERAS pathway implementation.

METHODS

