

Improving the energy efficiency of your home



Kate's story

What works did you get done and why?

My house was built in the 1940s and was always very cold. I really wanted to upgrade it so I had my house insulated on the outside through the SEAI. I was sent the form and I filled it in and sent it back. Once I had made the application, I was given a date for the works to take place.

What was your experience?

They just came and did the job. I left them to it. I took my dog out for walks and left them at it! I still need to use my heating but my house does stay warmer for longer.

How would you advise others?

I would advise anyone to go for it. I'm glad I got it done. You do need to pay attention to what work is being done and don't be afraid to ask questions about it.

▶ What is the Free Energy Upgrade service from SEAI?

The Free Energy Upgrade service provides energy efficiency upgrades for eligible homes. The aim of the service is to make homes warmer, healthier, and cheaper to run.

▶ What work can I get done on my home?

A variety of energy efficiency upgrades are available. The type of upgrades that can be carried out include:

- Wall and roof insulation
- Heating systems
- Replacing windows*
- Ventilation improvements

* Subject to a home survey

A registered surveyor will visit your home to see which upgrades can be installed and paid for through SEAI.

▶ How do I know if I am eligible?

You can qualify if you receive of any of the following from social welfare:

- Fuel Allowance as part of the National Fuel Scheme
- Job Seekers Allowance (for over six months and have a child under seven years of age)
- Working Family Payment
- One-Parent Family Payment
- Domiciliary Care Allowance
- Carers Allowance (and you live with the person you are caring for)
- Disability Allowance for over 6 months and have a child aged under 7

There are some other requirements too. You must own and live in your own home and your home must:

- Be the main place you live (residence)
- Be located in the Republic of Ireland
- Have been built and moved into before 1 January 2006

▶ How do I apply?

Check out the full application details here:

<https://www.seai.ie/grants/home-energy-grants/free-upgrades-for-eligible-homes>

You can also contact the **SEAI** on **01808 2004** or by email **info@seai.ie**