### Irish National Audit of Dementia (care in general hospitals)

<table>
<thead>
<tr>
<th>ENVIRONMENTAL CHECKLIST</th>
</tr>
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<tbody>
<tr>
<td>Hospital code</td>
</tr>
<tr>
<td>Ward code</td>
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</table>

#### Ward Size and Layout

<table>
<thead>
<tr>
<th>Number of beds</th>
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<tbody>
<tr>
<td>Number of single sex bays</td>
</tr>
<tr>
<td>Number of mixed bays</td>
</tr>
<tr>
<td>Number of single rooms</td>
</tr>
</tbody>
</table>

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## Section 1: The Ward/Signage

Signs should display information in a consistent and simple way. They should be positioned on the ward so they can be easily seen by patients and designed so they are readable and easy to understand - clearly contrasted, placed at a suitable height on the wall etc.

1. **Colour schemes are used to help patients with dementia to find their way around the ward** *(e.g. different bays are painted in different colours to aid recognition)*
   - [ ] Yes
   - [ ] No

2. **Key areas are clearly marked** *(e.g. the nursing station, the bathroom, any side rooms or waiting areas)*
   - [ ] Yes
   - [ ] No

3. **Signs/maps are large, bold and distinctive**
   - [ ] Yes
   - [ ] No
   - [ ] N/A (no signs/maps)

4. **Information (words and pictures) on signs is in clear contrast to the background**
   - [ ] Yes
   - [ ] No

## Section 2: Floors

5. **Level changes and contrasts (gentle slopes and steps) are clearly marked**
   - [ ] Yes
   - [ ] No
   - [ ] N/A

6. **Floors are plain or subtly patterned, not 'busy'** *(e.g. without bold or high contrast design or pattern which could affect orientation)*
   - [ ] Yes
   - [ ] No

7. **Floor surfaces are subtly polished rather than high gloss**
   - [ ] Yes
   - [ ] No

8. **Floor surfaces are non slip**
   - [ ] Yes
   - [ ] No

## Section 3: Bed/Rest Area

9. **Patients with dementia are situated on the ward where they are visible to staff and staff are visible to them**
   - [ ] All patients
   - [ ] Some patients
   - [ ] No patients
10. Patients with dementia are able to see a clock from their bed area
   - All patients
   - Some patients
   - No patients

11. Patients with dementia are able to see a calendar from their bed area
    (this can be an orientation board)
   - All patients
   - Some patients
   - No patients

12. For patients with dementia, messages from relatives and personal objects, including self care items, are situated where the patient can see them at all times
   - All patients
   - Some patients
   - No patients

13. A room/area is available for patients to use for a break from the ward environment (e.g. a 'quiet room', patient's lounge or seating area)
   - Yes
   - No

Any Comments on Bed/Rest Area (e.g. clocks/calendars on right time/date)

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### Section 4: Accessible Toilet and Bathing Facilities

14. Signs to locate the toilet are visible from the patient's bed area/door of room
   - All
   - Some
   - None

15a. Toilet doors carry signs
   - All
   - Some
   - None

15b. Bathroom doors carry signs
   - All
   - Some
   - None

16. Toilet and bathroom doors are a different colour to the walls
   - All
   - Some
   - None

17. Items such as the soap dispenser, the bin, the hand dryer, are clearly labelled with pictures as well as words so that the patient can identify them
   - All
   - Some
   - None

18. There are hand rails, large handles and a raised toilet seat to support patients
   - Yes
   - No
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<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>19</td>
<td>Door handles are a different colour to the wall so that they stand out</td>
<td><strong>☐ All</strong>  <strong>☐ Some</strong>  <strong>☐ None</strong></td>
</tr>
<tr>
<td>20</td>
<td>Toilet paper is a different colour to the wall so that it stands out</td>
<td><strong>☐ All</strong>  <strong>☐ Some</strong>  <strong>☐ None</strong></td>
</tr>
<tr>
<td>21</td>
<td>The toilets are big enough for assisted toileting</td>
<td><strong>☐ All</strong>  <strong>☐ Some</strong>  <strong>☐ None</strong></td>
</tr>
<tr>
<td>22</td>
<td>The bathroom is big enough for assisted bathing</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
<tr>
<td>23</td>
<td>Single sex toilet/washing facilities are provided for patient use</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
<tr>
<td>24</td>
<td>Facilities are available so that patients have choices about bathing or assisted bathing (<em>e.g.</em> at the sink, overhead showering, hand held shower head, full bath)</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
<tr>
<td>25</td>
<td>There are call/alarm buttons visible in the toilet/bathroom</td>
<td><strong>☐ Visible and in reach</strong>  <strong>☐ Visible and not in reach</strong>  <strong>☐ Not visible</strong></td>
</tr>
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**Section 5: Promoting Independence**

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<thead>
<tr>
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<tbody>
<tr>
<td>26</td>
<td>There is space for active patients with dementia to walk up and down where they are visible to staff and staff are visible to them</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
<tr>
<td>27</td>
<td>The ward is adapted to assist people with mobility difficulties (<em>e.g.</em> large handles, hand rails)</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
<tr>
<td>28</td>
<td>The ward can readily provide equipment to assist mobility (<em>e.g.</em> walking frames, wheelchairs)</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
<tr>
<td>29</td>
<td>The ward can provide hearing aids such as amplifiers/communicators/hearing loops/batteries for personal aids or other assistive devices</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
<tr>
<td>30</td>
<td>The ward can provide adapted utensils (cutlery) to encourage patients to assist themselves with their meal and eat independently</td>
<td><strong>☐ Yes</strong>  <strong>☐ No</strong></td>
</tr>
</tbody>
</table>
Any comments on the environmental checklist:

If you have any queries, please contact:

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086 0285359
Annadesiun@gmail.com