



## Seafood Age

Seafood Age tackles a common social and economic challenge in the ageing population.

Healthy ageing requires a healthy diet, and seafood products provide essential nutrients not always accessible to older adults.

The project will exploit the maritime dimension of the Atlantic Area regions and will adopt circular economy concepts to:

1. Generate ready-to-eat seafood for healthy ageing
2. Produce novel eco-packaging
3. Develop a smart label for better quality, safety and minimum food waste.

### Quick Facts

**Start:** 2019

**End:** 2022

**Funded By:** InterReg Atlantic Area  
European Regional Development Fund

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