

What is chAnGE?

The **chAnGE** project (**C**limate **c**hange and **h**ealthy **A**gein**G**: **c**o-creating **E**-learning for **r**esilience and **a**daptation) is an Erasmus+ co-funded initiative launched on October 1st, 2023. It empowers **health and social care (HSC) workers** to integrate **climate adaptation and resilience** into their daily practice.

chAnGE develops **interactive, accessible, bite-sized e-learning**, co-created with **HSC workers and older people**. These **stackable micro-credentials (MCs)** allow learners to build knowledge over time.

Climate change is **increasing health risks** for Europe's growing older population. However, climate adaptation often overlooks **HSC workers**, who need **specialized training** to support climate-vulnerable older people during extreme weather events.

chAnGE brings together **universities, vocational training providers, and HSC organizations** from **Austria, Finland, Greece, Ireland, and Portugal**, with six associate partners contributing to the initiative.

The chAnGE project focuses on creating accessible, interactive e-learning micro-credentials to help health and social care workers adapt to climate change challenges.

These micro-credentials cover essential skills in climate adaptation, mental resilience, and communication within healthcare settings.

Find out more here:



**Co-funded by
the European Union**

chAnGE project

**Become a Climate chAnGE
Champion
with our Micro-credential
program**





It's all about **chAnGE** and not
AGE!

Climate chAnGE Champion Micro-credential Program

Knowledge & analytical skills

MC1: Understanding Climate Change and Its Effects on Older Persons' Health (1 ECTS)

Explore the impacts of climate change on older adults' well-being. In this MC, you'll discover how heat waves, cold waves, flooding and other events affect older persons' health. Gain actionable insights to address these challenges and ensure a better future for aging populations. Be the change—start with knowledge.

MC2: Assessing and Prioritising Risk for Climate Adaptation in Healthcare (1 ECTS)

Become a climate adaptation leader! Learn to assess risks older adults face before, during, and after climate-related crises. Equip yourself with tools to identify needs and create impactful, adaptive care strategies.

MC3: Climate Mitigation and Health Co-Benefits in Relation to Older Persons (1 ECTS)

Discover how you can drive climate action in your healthcare setting. This MC empowers you to integrate sustainable practices while enhancing health outcomes for older adults. Strengthen your sense of responsibility, learn about health co-benefits, and inspire change.

(Self-) Management Skills

MC4: Coping with Uncertainty & Mental Resilience (Self and Others) (1 ECTS)

Explore the psychological effects of climate change and learn strategies to foster emotional strength and adaptability. This MC focuses on building mental resilience, both for yourself and the older adults you care for. Gain practical tools to address resistance to change, promote positivity among colleagues, and create a more resilient community.

MC5: Project Management Relevant to Climate Adaptation for Older People (1 ECTS)

Lead the charge in climate adaptation projects! This MC gives you the skills to design, manage, and implement initiatives that prioritize older adults' needs. Master the tools to drive impactful change and safeguard the future for aging populations.

MC6: Inclusive Leadership in Climate Adaptation in Health and Social Care Settings (2 ECTS)

Step into inclusive leadership! This MC equips you to tackle climate challenges with confidence, ensuring sustainability and equity in health and social care. Gain the knowledge to lead diverse teams, implement adaptive solutions, and create lasting impact.

MC7: Applying Crisis Management (1 ECTS)

Be ready for anything! Learn to manage climate-related crises effectively, from preparation to long-term recovery. This MC combines real-world examples with practical tools, empowering you to protect older adults during emergencies.

MC8: Entrepreneurship Relevant to Climate Change (1 ECTS)

Transform the challenges of climate change into opportunities for innovation! This MC empowers you with the entrepreneurial skills needed to address climate-related impacts on older adults. Discover how to identify climate challenges, design sustainable healthcare models, and implement forward-thinking solutions that build resilience and foster a greener, healthier future. Be a leader in driving climate-conscious change.

Communication & Collaboration

MC9: Communicating with Stakeholders (1 ECTS)

Master the art of effective communication! This MC enhances your ability to engage with older adults, managers, and policymakers about climate change and its health impacts. Build trust, drive action, and amplify your message with confidence.

MC10: Using Digital Tools for Collaboration, Content Creation, and Problem-Solving in Climate Adaptation (2 ECTS)

Embrace the power of digital transformation in tackling climate change challenges. This MC introduces you to a wide range of digital tools and technologies designed to enhance collaboration, streamline content creation, and solve problems in climate adaptation. Learn how to leverage media competence to access and evaluate reliable information, explore AI-powered solutions, and use digital platforms for effective decision-making. Gain insights into calculating your digital climate footprint and develop strategies for using technology consciously in healthcare settings.

MC11: Climate Adaptation in Health and Social Care (HSC) Settings for Healthcare Professionals and Caregivers (2 ECTS)

Adapt your care strategies for a changing climate! This MC empowers you to design personalized, climate-adaptive care plans for older adults. Gain tools for monitoring, evaluating, and leading interventions that prioritize well-being and resilience.

MC12: Climate Change and Elderly in Healthcare: Planning and Applying Solutions (1 ECTS)

Tackle the challenges of climate change in elderly healthcare with practical solutions. This MC is focused on unlock innovative approaches to address climate change challenges in older people. Equips you to analyze and implement solutions, using real-world examples. Build problem-solving strategies, strengthen decision-making skills, and collaborate effectively within interdisciplinary teams. Gain expertise in quantifying change, interpreting results, and driving impactful interventions.

Policy & Governance

MC13: Influencing Policy Makers & Advocating (1 ECTS)

Be the voice of change! This MC prepares you to influence policymakers and advocate for older adults facing climate-related risks. Dive into policy frameworks, civic activism, and strategies for empowering communities to drive meaningful decisions.

MC14: Promoting Inclusion and Empowering Individuals, Families, and Groups (1 ECTS)

Promote inclusion and empowerment! This MC introduces a holistic approach to strengthening older persons' resilience in the face of climate change. Gain the tools to build strategies that empower individuals, families, and communities to thrive.



Bridging Ages,
Fighting Climate Change: **Together**
for a Sustainable Tomorrow!

**Contact us for more
information on training
sessions, guides, and
ongoing projects in climate
resilience.**

[chAnGE contact](#)

**Find out
more here:**

