Postgraduate Studies in Older Person Rehabilitation at the College of Medicine and Health, UCC

A flexible, practical, interdisciplinary programme covering key topics in gerontology and rehabilitation: Falls and Mobility, Stroke, Cognition, Neurorehabilitation, Prosthetics, Evidence-based Rehabilitation

MSc, Postgraduate Diploma, Postgraduate Certificate, Individual modules for Continuous Professional Development
Flexible
• PGDip. and MSc can be taken for one year full-time or two years part-time.
• Students can study individual CPD modules at their own pace, and can use credits towards a PGCertifcate, PGDiploma or MSc.
• Student-centred focus: flexible time tabling and blended learning to minimise travel time and work disruptions.

Interdisciplinary
To maximise effective interdisciplinary working, the lecturers are from a range of disciplines; students learn with and from each other.

Practical
• Case based learning: workshops and small group discussions.
• Clinical placements may be performed within own work place, or arranged on a supernumerary basis.
• Additional field trips and practical sessions are provided.

Tailored
• Selection of optional modules available to build own course.
• Students can take external module(s) up to 15 credits.

Unique
• No similar course available in Ireland or UK.
MSc in Older Person Rehabilitation
• Available as a two-year (part-time) or one year (full-time) programme.
• Focus on theory and practice of Older Person Rehabilitation, with two flexible clinical placements.
• Research dissertation submitted at end of Year 2.
• Inter disciplinary research supervisors; excellent publication portfolios; one-to-one supervision.

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<th>Core Modules*:</th>
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*25 credits must be taken in Year 1

Postgraduate Diploma in Older Person Rehabilitation
• Available as a two-year (part-time) or one year (full-time) programme.
• Focus on theory and practice of Older Person Rehabilitation, with two flexible clinical placements.

**Core Module:** Principles of Older Person Rehabilitation (10 credits)
Clinical Practicum (5 credits)

**Optional Modules:** 45 credits
A student can exit either programme with a Postgraduate Certificate after 30 credits
Postgraduate Certificate in Older Person Rehabilitation

Part-time course, taken over one / two academic years

Core Module: Principles of Older Person (10 credits)
Optional Modules: 20 Credits

Continuous Professional Development Modules
CPD Modules (listed below) provide students from a range of different professional backgrounds with interdisciplinary learning in Gerontology and Older Person Rehabilitation. Classes are held in one or two day blocks, with blended learning where possible.

Full details of all modules can be accessed at - www.ucc.ie/modules/
*use Code CG in the drop down box to select the module

Modules available include:

Principles of Older Person Rehabilitation (10 credits):
Critically evaluates rehabilitation models and settings, and the evidence base for current practices in older person rehabilitation.

Stroke Rehabilitation (10 credits):
Theoretical and practical aspects of key topics required to practice as a leader in stroke rehabilitation (e.g. role of the MDT, goal setting and outcome assessment).

Cognition, Communication, Capacity (10 credits):
Explores the assessment of multi-domain cognitive function; capacity assessment; dementia; cognitive rehabilitation; language and communication disorders.

Amputee and Prosthetic Rehabilitation (5 credits):
Overview of evidence-based practice: establishing needs, goals, outcomes; pain / phantomphenomena / psycho-social factors; practical service issues.

Falls,Mobility, Movement disorders (10 credits):
Gait, balance and vestibular dysfunction - assessment and rehabilitation; comprehensive falls prevention; motor and non-motor manifestations of PD.

Applied Research for Gerontology and Rehabilitation (10 credits):
Knowledge and skills required to design, undertake and evaluate quantitative and qualitative research in gerontology and rehabilitation.

Neuromuscular Disorder (10 credits)
Presentations, physiology, anatomy and pathophysiology of central and peripheral nervous system disorders; current best practice in multidisciplinary management.

*In addition, students have a choice of two Independent Study Modules for 5 or 15 credits to allow students to study a selected topic of their choice.*
Detailed Entry Requirements*

- Primary Degree in a Healthcare Discipline: e.g. Medicine, Nursing, Physiotherapy, OT, Speech and Language Therapy, Social Studies, Psychology*.
- Active registration / eligibility for registration with the appropriate professional registration body in Ireland.
- Ideally candidates should have practical experience in the care of older people (not an absolute requirement).

* An Honours Degree or equivalent is required for the MSc course.

Acceptance into the programme is subject to Garda/Police Clearance.

Benefits to career

In today’s competitive workforce, higher professional qualifications are an essential part of continuous professional development and career advancement.

The MSc is particularly suitable for those who want to assume a management and leadership position in the care of older people.

Why study at UCC

- Long established University and Medical School with distinguished history.
- Ireland’s leading Research Institute.
- Excellent Student Support system.
- Beautiful campus, close to all amenities.
- First rate sporting facilities, vibrant cultural and artistic life.
The following is a complete list of CPD Modules in Older Person Rehabilitation that we offer during the academic year.

Modules offered in Semester 1 (September to December) (4 Contact Dates)
• CG6003 – Cognition, Communication, Capacity (10 credits)
• CG6005 – Amputee and Prosthetic Rehabilitation (5 credits)
• CG6009 – Principles of Older Person Rehabilitation (10 credits)

Modules offered in Semester 2 (January to May) (4 Contact Dates)
• CG6002 – Stroke Rehabilitation (10 Credits)
• CG6006 – Falls, Mobility, Movement Disorders (10 credits)
• CG6012 – Neuromuscular Disorders (10 Credits)

Modules offered in the following semesters - (No Contact Dates)
• CG6007 – Independent Study (5 credits) – Offered in Term 1, and 3
• CG6008 – Research Dissertation (30 credits) – Offered in Term 1, 2, 3
• CG6010 – Clinical Practicum (5 credits) – Offered in Term 1 and 2
• CG6011 – In-depth Independent Study (15 credits) – Offered in Term 1 and 3

Alternative Modules
• *CT6000 – Research Methodology (15 credits) – Offered in semester 2
• **EH6038 – Applied Research for Gerontology and Rehabilitation (10 credits)
  – Semester 1

*Offered through the School of Clinical Therapies
**Offered through the Department of Epidemiology and Public Health

Full details of all modules please click on the following link:
http://www.ucc.ie/en/study/postgrad/taughtcourses/cpdmodules/
and click on each individual module tab
Reasons for Studying our Programme at UCC

The postgraduate programme in Older Person Rehabilitation is a Flexible, Practical, Interdisciplinary, Tailored, and Unique course.

Unique Aspects of the Course

Established in 2011, the Older Person Rehabilitation postgraduate programme is a unique course which will allow you to develop your skills as a leader in gerontology and rehabilitation. This interdisciplinary course is the only one of its kind in Ireland and the UK.

The flexible approach allows students to choose from a range of modules to build a course tailored to them. A student-centred focus promotes flexible timetabling and blended learning to minimise travel time. Lecturers are experienced clinicians from a range of disciplines who promote interdisciplinary learning and practise.

Skills and Careers Information

In today’s competitive workforce, higher professional qualifications are an essential part of continuous professional development and career advancement. The MSc is particularly suitable for those who want to assume a management and leadership position in the care of older people.

On completion of this course you will:

• Have gained the critical skills to evaluate rehabilitation models and settings, and the evidence base for current practices in older person rehabilitation.
• Gain knowledge of the theoretical and practical aspects of key topics required to practice in stroke rehabilitation.
• Gain the knowledge and skills required to design, undertake and evaluate quantitative and qualitative research in older person rehabilitation.
• Have the skills to act as a leader and innovator in older person rehabilitation.

Student Testimonials

Angela, Rehabilitation Nurse, PGDiploma student 2013-2014 - “The course was thoroughly enjoyable, and has greatly enhanced my role as a Rehabilitation Nurse both clinically and in my communication as part of the multidisciplinary team. The modules are varied and interesting. I would highly recommend this course to nurses working within the area of care of the older person.”

Catherine, Geriatrician, MSc student 2011-2014 - “This course really helped formalise the activities of my day-to-day job.... Well worthwhile and recommended to other doctors and health-care professionals alike.”

Louise, Physiotherapist & PT Assistant Lecturer, MSc student, 2011-2013 - “I found the course to be varied and enjoyable. Its flexibility meant that I could focus on the area’s most important to me and my practice. The best part for me was the focus on research and the support to develop my research and writing skills while working on research projects that had value and meaning in a clinical setting.”
Professional Recognition:
This course is currently approved by the Irish Nursing Board and Royal College of Physicians Ireland.

How to apply:
Application is online through UCC: www.pac.ie/ucc

For details of application process, please see:
http://www.ucc.ie/en/study/postgrad//how/taught/

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