

# XXXIV



# Waterford Surgical October Meeting

**Saturday, 11<sup>th</sup> October 2025**

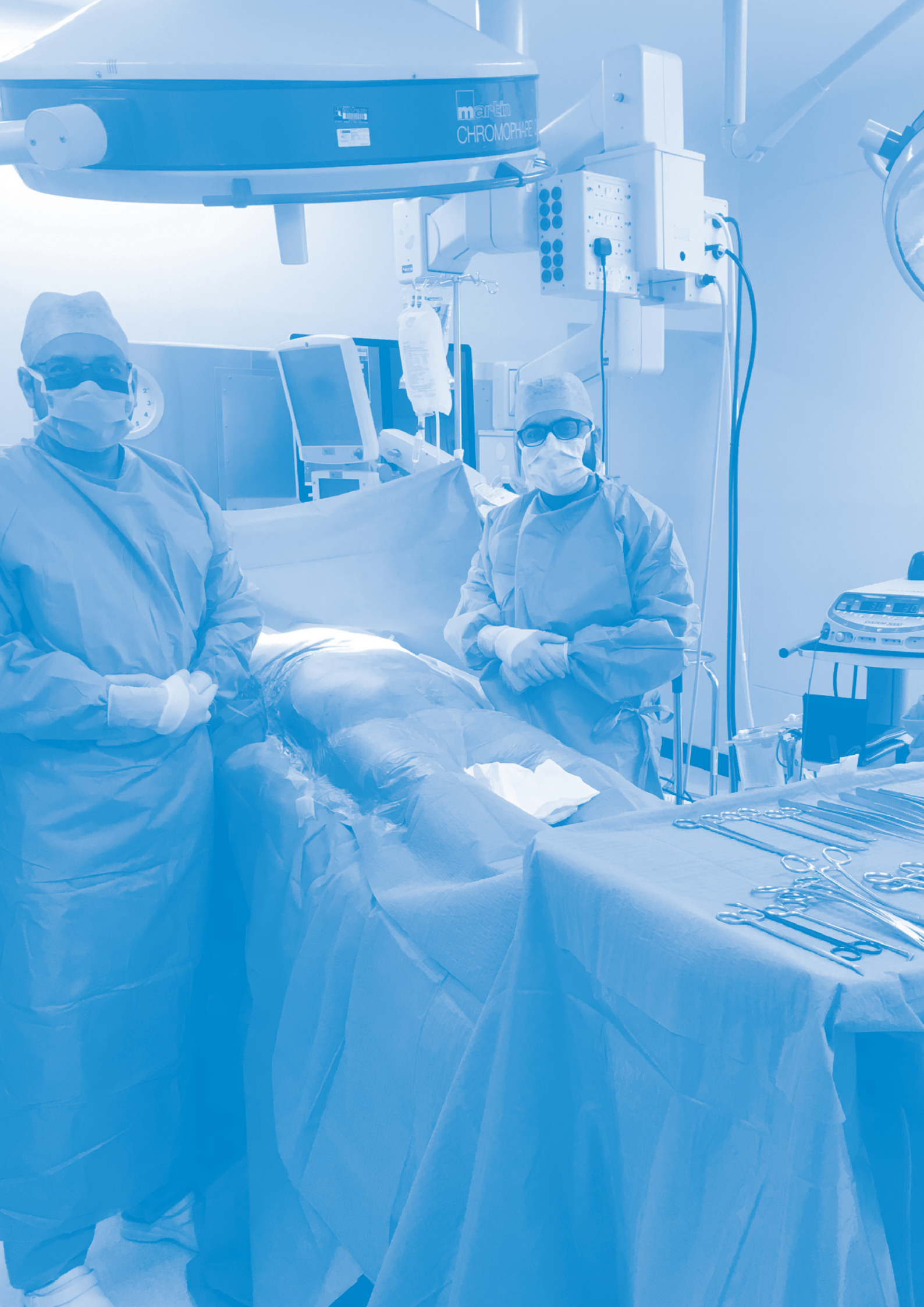
**VENUE:** Health Sciences Building,  
South East Technological University (SETU),  
Cork Road, Waterford

**THEME:** "Research, Education & Training"

Approved by The Royal College of Surgeons in Ireland for 6 CPD Credits











# Welcome

## to the XXXIV Waterford Surgical October Meeting

On behalf of my colleagues on the organising committee, Professor Gerry O'Donoghue, Professor Fiachra Cooke, Mr Peter McCullough, Professor Padraig Daly, Professor Ruairi MacNiocaill, Professor May Cleary, Mr Daniel Hechtl, Dr Jaedan Chablal, Ms Jennie O'Leary and myself I would like to welcome you to this year's XXXIV Waterford Surgical October Meeting. The theme of this year's meeting is "Research, Education and Training".

This year at the Waterford Surgical October Meeting we focus on the various components essential to becoming a great surgeon. We all as surgeons have the dynamic position to be involved in training, education and research on a daily basis. I am very proud and delighted to announce an extremely distinguished faculty that will share their knowledge and wisdom in these areas. The speakers are truly world class and their perspectives are sure to inspire and innovate those of us in attendance.

The meeting will discuss in detail the relevant updates in undergraduate and post graduate training in surgery. It additionally aims to learn from those distinguished in surgical training both in the Irish surgical setting and abroad. It will explore the various research endeavours in the Irish Surgical Research Collaborative Group (ISRC), surgical simulation, tissue engineering and musculoskeletal infection.

Furthermore, this meeting acknowledges and celebrates the tremendous endeavour of research amongst us. Submissions and presentations by surgeons in training will provide additional opportunities to gain insights into surgical developments.

One of the huge highlights of this meeting is the Gordon Watson lecture which will be delivered by Professor Brendan Moran, retired Consultant Colorectal Surgeon, Peritoneal Malignancy Unit, Basingstoke, UK. It is a huge honour and pleasure to welcome Professor Moran's experience, wisdom and insights into the lessons he has learned as an innovator throughout his exemplary career spent working in rectal cancer and peritoneal malignancy unit setting. It is with great excitement that I welcome you all to the XXXIV Waterford Surgical October Meeting. I sincerely hope that you enjoy the meeting.

**Professor Peter M. Neary MB, MScLHPE, MA, MD, FRCS(Colorectal)**  
Professor & Inaugural Chair of Surgical Oncology  
Academic Head of Department  
Consultant General & Colorectal Surgeon  
University Hospital Waterford/University College Cork

# Professor Brendan Moran

*2025 Gordon Watson Lecturer*



Brendan Moran is Consultant General and Colorectal Surgeon in Basingstoke, UK, Honorary Professor of Surgery in the University of Sydney, Australia; and Honorary Senior Lecturer, Cancer Sciences Division, Southampton, UK. He qualified in 1980 in Cork and trained in surgery in Ireland between 1980 and 1984 with FRCSI in 1984. He spent 18 months in Ghana, West Africa, in 1985–1986 as a volunteer surgeon before completing his training in London Basingstoke and Southampton UK.

Brendan's main interests are in rectal cancer and peritoneal malignancy. He has developed and led national and international multidisciplinary workshops in the surgery for rectal cancer over the past 20 years and continues to do so with the current Pelican OReCO (optimising rectal cancer outcomes) UK and Ireland programme. He has popularised the concept that 'decisions are more important than incisions', suggesting that case election and precision surgery are the key to the best outcomes in all aspects of surgery.

Brendan established the Peritoneal Malignancy Institute, Basingstoke, which has expanded to be the largest centre in the world in the treatment of disseminated appendix tumours and other peritoneal malignancy, particularly colorectal peritoneal metastases. He has helped establish centres in peritoneal malignancy in several countries, most notably The Mater Dublin, Birmingham and Cardiff in the UK and in Sydney Australia.

He is Honorary Fellow RCSI.

# XXXIV Waterford Surgical October Meeting

## Saturday 11th October 2025

### Theme: "Research, Education & Training"

09.20- 09.30

#### Welcome

##### **Professor Peter Neary**

Inaugural Professor and Chair of Surgical Oncology  
Academic Head of Department  
Consultant General & Colorectal Surgeon  
University Hospital Waterford/University College Cork

## PLENARY SESSION 1: DIRECTION OF TRAINING

Chairs: -

Professor Sean Johnston, RCSI, Council Member, Consultant General Surgeon, Midlands Regional Hospital, Tullamore  
Mr. Peter McCullough, Consultant Colorectal & General Surgeon, University Hospital Waterford

09.30 – 09.50

#### **"Paediatric Surgery Provision and Training in Ireland"**

Professor Tara Connelly, Adult General Surgeon with Paediatric Surgery Special Interest, University Hospital Limerick

09.50 – 09.55

#### **Discussion**

09.55 – 10.15

#### **"Tailoring an undergraduate Surgical Curriculum to tomorrow's doctors"**

Ms. Julliette Buckley, Consultant Breast Surgeon, University Hospital Limerick & Lecturer in Surgery at University College Cork and Academic Lead for Final Year Medicine

10.15 – 10.20

#### **Discussion**

10.20 – 10.40

#### **"Past, Present and Future of Surgical Training"**

Professor Kevin Barry, Consultant General & Breast Surgeon, University Hospital Mayo & Director of National Surgical Training, RCSI

10.40 – 10.45

#### **Discussion**

10.45 - 11.15

#### **Break / Visit Trade Stands/ Visit Poster Exhibition**

## PLENARY SESSION 2: OPTIMISING LEARNING

Chairs:

Mr. Sean Martin, Consultant General and Colorectal Surgeon, St. Vincent's University Hospital  
Mr. Nawar Masarani, Consultant Vascular Surgeon, University Hospital Waterford

11.15- 11.35

#### **"Proficiency Based Surgical Simulation"**

Professor Leonie Heskin, Professor in Simulation Based Training & Director of ASSERT, University College Cork

11.35 – 11.40

#### **Discussion**

11.40 – 12.00

#### **"Irish Surgical Research Collaborative Group (ISRC) Opportunities"**

Mr. Mohammed Alazzawi, Co- Chair, Irish Surgical Research Collaborative (ISRC)  
Mr. Conor Toale, Co- Chair, Irish Surgical Research Collaborative (ISRC)

12.00 – 12.05

#### **Discussion**

12.05 – 12.25

#### **"Lessons Learned from Working on Humanitarian Missions"**

Mr. Morgan McMonagle, Vascular & Trauma Surgeon, University Hospital Waterford

12.25 – 12.30

#### **Discussion**

12.30 – 13.30

#### **Break / Visit Trade Stands/ Visit Poster Exhibition**

General Poster Adjudicators: Ms. Niamh Foley, Mr. Seamus Murphy  
Mini Poster Adjudicators: Mr. Mahmood Alawfi, Dr. Michael Dockery  
Orthopaedic Poster Adjudicators: Mr. Paul McKenna, Mr. Mark Berney, Professor Dave O'Briain

## RESEARCH SESSION

### Chairs: -

Professor Arnie Hill, Dean of Medical Programmes at RCSI / Professor of Surgery, RCSI Education & Research Centre, Beaumont Hospital  
Professor Simon Cross, Emeritus Professor, Consultant Vascular & General Surgeon, University Hospital Waterford  
Professor Helen Heneghan, Consultant Bariatric Surgeon, St. Vincent's University Hospital, Dublin  
Professor Michael Kelly, Consultant Colorectal Surgeon, St. James' Hospital, Dublin

13.30 – 13.40

### The William O'Keeffe Lecture

"Biomechanics, Tissue Engineering and the Surgeon"  
Dr. Sorcha O'Meara, Royal College of Surgeons in Ireland

13.40 – 14.40

### William O'Keeffe Prize Presentations (Parallel Session)

Theatre G18

### Chairs: -

Mr. Peter Keogh, Consultant Orthopaedic Surgeon, Connolly Hospital Blanchardstown and Cappagh National Orthopaedic Hospital  
Mr. Fiachra Rowan, Consultant Orthopaedic Surgeon, University Hospital Waterford  
Mr. Eoghan Pomeroy, Consultant Orthopaedic Surgeon, University Hospital Waterford

13.40 – 14.40

### Joe O'Beirne Prize Presentations (Parallel Session)

Theatre G19

14.40 – 15.10

### Break / Visit Trade Stands/ Visit Poster Exhibition

## PLENARY SESSION 3: EDUCATIONAL EXCELLENCE

### Chairs: -

Ms. Cathy Cronin, Consultant Colorectal & General Surgeon, St. Luke's Hospital, Kilkenny  
Professor Ruairi Mac Niocaill, Consultant Orthopaedic & Foot and Ankle Surgeon, University Hospital Waterford

15.10 – 15.30

### "Do any of us deserve a Silver Scalpel trainer of the year award?"

Professor P. Ridgeway, Professor of Surgery, Trinity College Dublin at Tallaght University Hospital, Regional Clinical Director Dublin and Midlands, President & Chair of Examinations, UEMS General Surgery

15.30 – 15.35

### Discussion

15.35 – 15.55

### "Musculoskeletal Infection"

Mr. Peter Keogh, Consultant Orthopaedic Surgeon, Connolly Hospital Blanchardstown and Cappagh National Orthopaedic Hospital

15.55 – 16.00

### Discussion

16.00 – 16.30

### The Gordon Watson Lecture:

**Introduction:** Professor Peter Murchan  
Consultant General & Colorectal Surgeon, Tipperary University Hospital

### "Breaking Barriers, Innovation & Reform"

Professor Brendan Moran, Consultant Colorectal & General Surgeon, Peritoneal Malignancy Unit, Basingstoke, UK

16.30 – 16.35

### Discussion

16.35 – 16.45

### Presentation of Prize Awards

Professor Simon Cross, Emeritus Professor, Consultant Vascular & General Surgeon, University Hospital Waterford  
Professor Ruairi Mac Niocaill, Consultant Orthopaedic & Foot and Ankle Surgeon, University Hospital Waterford

16.45 – 17.00

### Closing Remarks

Professor Peter Neary  
Inaugural Professor and Chair of Surgical Oncology  
Academic Head of Department  
Consultant General & Colorectal Surgeon  
University Hospital Waterford/University College Cork



## William O'Keeffe Prize Presentations

### 1. Anastomotic Leak following Rectal Cancer Resection: A National Perspective

**WALSH Ruth<sup>1</sup>**, BYRNE Lorcan<sup>2</sup>, CREA VIN Ben<sup>2</sup>, DALY Tessa K<sup>3</sup>, DEVINE Michael<sup>4</sup>, FANNING Caitlin<sup>1</sup>, FLANAGAN Michael<sup>2</sup>, JORDAN Patrick<sup>5</sup>, KENNEDY Niall D<sup>6</sup>, MENEGHESSO Paolo E<sup>1</sup>, MURPHY Edward<sup>1</sup>, O'CONNELL Lauren V<sup>5</sup>, PRING Edward T<sup>5</sup>, RYAN Éanna J<sup>5</sup>, SUBRAMANIAN Kasi V<sup>3</sup>, ANDREWS Emmet J<sup>7</sup>, BURKE John P<sup>3</sup>, FOLEY Niamh M<sup>8</sup>, JOYCE Myles<sup>6</sup>, KHAN Mohammad F<sup>5</sup>, McCORMICK Paul H<sup>2</sup>, MULSOW Jurgen J<sup>5</sup>, TOOMEY Des P<sup>5</sup>, CAHILL Ronan A<sup>1,5</sup>

<sup>1</sup>UCD Centre for Precision Surgery, School of Medicine, University College Dublin, Dublin

<sup>2</sup>Department of Colorectal Surgery, St James's Hospital, Dublin

<sup>3</sup>Department of Colorectal Surgery, Beaumont Hospital, Dublin

<sup>4</sup>Department of Surgical Affairs, Royal College of Surgeons in Ireland, Dublin

<sup>5</sup>Department of Colorectal Surgery, Mater Misericordiae University Hospital, Dublin

<sup>6</sup>Department of Colorectal Surgery, University Hospital Galway, Galway

<sup>7</sup>Department of Colorectal Surgery, Cork University Hospital, Cork

<sup>8</sup>Department of Colorectal Surgery, University Hospital Waterford, Waterford

### 2. Re-audit of Index Cholecystectomy in a Model 3 Hospital: Clinical Outcomes and Financial Impact

**GOLLAPALLI Syama**, BEHAN Mark, CANNING Hollie, CRONIN Catherine  
Department of General Surgery, St. Luke's General Hospital, Kilkenny

### 3. Clot Composition Analysis in Peripheral Arterial Thrombo-embolic Disease: A Systematic Review

**BENBARKA Siraj**, MCLOUGHLIN Morgan, GOSI Gergely, MCMONAGLE Morgan, MASARANI Nawar, KHAN Tahir, ELKASSABY Mohammed  
Vascular Surgery, University Hospital Waterford, Waterford

### 4. SAVI SCOUT versus Wire Guided Localisation in Breast Conserving Surgery: A Single Centre Experience

**ELFAKI Mohammed**, OKERE Jessica, PONOMAREVA Galina, HARRINGTON Caraíosa, MCCORMACK Emilie, O'DONOGHUE Gerrard, MURPHY Séamus, MANNING Aidan  
Department of Breast Surgery, University Hospital Waterford, Waterford, Ireland

### 5. The Spectrum, Management and Outcomes of Upper GI Emergencies Presenting to a Tertiary Upper GI Cancer Centre

**DE BARRA Benjamin**, RAFTERY Nicola, DONOHOE Claire, RAVI Narayanasamy, REYNOLDS John, ELLIOTT Jessie  
Department of Surgery, Trinity St James Cancer Institute, Dublin, Ireland

### 6. Exaggerated GLP-1 Secretion and Satiety Response Following Gastrectomy: Endocrine Implications for Satiety and Metabolic Adaptation

**COONEY Sarah<sup>1</sup>**, L DONOHOE Claire<sup>1</sup>, RAVI Narayansamy<sup>1</sup>, W LE ROUX Carel<sup>2</sup>, A ELLIOTT Jessie<sup>1</sup>

<sup>1</sup>Department of Surgery, Trinity St. James's Cancer Institute, Trinity College Dublin and St. James's Hospital, Dublin

<sup>2</sup> Diabetes Complications Research Centre, Conway Institute of Biomedical and Biomolecular Research, University College Dublin, Dublin

## Joe O'Beirne Prize Presentations

### 1. Factors Influencing Prosthesis Selection and Variation: A National Survey of Orthopaedic Surgeons in Ireland

**FARRELL Conor**, KILKENNY Conor, Quinlan John F  
Tallaght University Hospital, Tallaght, Dublin 24, Ireland

### 2. Evaluating Compliance with BOA standards for Open Tibia Fractures in a Regional Trauma Centre without Combined Orthoplastic Services

**CONDON Matthew**, TURLEY Luke, ROWAN Fiachra, CLEARY May  
Orthopaedics Department, University Hospital Waterford

### 3. The Percentage of Possible Improvement Limits the Ceiling Effect of the Oxford Hip Score in Calculating Minimal Clinically Important Difference after Total Hip Arthroplasty

**Doyle TR<sup>1,2,3</sup>**, Kenny P<sup>1,2</sup>, Sheridan GA<sup>2,3,4</sup>

<sup>1</sup> National Orthopaedic Hospital Cappagh, Dublin, Ireland

<sup>2</sup> Royal college of Surgeons in Ireland, Dublin, Ireland

<sup>3</sup> University Hospital Galway, Galway, Ireland

<sup>4</sup> University of Galway, Galway, Ireland

### 4. A Temporary Costo-pelvic Distractor for Safe Intraoperative Spinal Deformity Reduction in the Treatment of Severe Scoliosis

MURPHY Ben<sup>1</sup>, **MIRZA Imad<sup>2</sup>**, NAGLE Matthew<sup>3</sup>, ELKHWAD Hussam<sup>4</sup>, NOEL Jacques<sup>1</sup>, KIELY Patrick<sup>1</sup>

<sup>1</sup> Department of Paediatric Orthopaedic Surgery, Our Lady's Children's Hospital Crumlin, Dublin

<sup>2</sup> Department of Trauma and Orthopaedic Surgery, St Vincent's University Hospital, Dublin

<sup>3</sup> Department of Orthopaedic Surgery, Limerick University Hospital, Limerick

<sup>4</sup> Department of Orthopaedic Surgery, Galway University Hospital, Galway

### 5. Back to the Future? A Comparison of Institutional Learning Curves and Intraoperative Fracture Rates Associated with Adoption of a Cemented Composite Beam and Uncemented Mont 2 Stem

HENNESSY Orla, **FIELD Kieran**  
Department of Orthopaedics and Trauma, University Hospital Waterford, Waterford

### 6. The distance between lesser trochanter and femoral head centre provides a reliable guide for acetabular component sizing to within 4mm in THA.

**AHMED Aathir**, KENNY Fred, ROWAN Fiachra  
Department of Orthopaedics, University Hospital Waterford, Waterford, Ireland

## REGISTRATION:

To register for this year's Waterford Surgical October Meeting please visit [www.ucc.ie/en/wsom/](http://www.ucc.ie/en/wsom/)

Registration Fee: All delegates €100.00

### All enquiries to:

Jennie O'Leary, HSE/ RCSI Education Facility, University Hospital Waterford  
Tel: 051 842684 or [jennie.oleary@hse.ie](mailto:jennie.oleary@hse.ie)

## CONFERENCE SPONSORS

This meeting is sponsored by the following companies who have had no input into the content or organization of this meeting



*Waterford Surgical October Meeting*