

PHARMSOC



2023 / 2024



EVENTS THIS YEAR



FIRST YEAR INTRODUCTION

The first event of this year was the annual Buddy meeting for first and second year students. Each first year student was paired with a second year student. Students were given the opportunity to learn about the Pharmacy course / college life in UCC from a student who just completed their first year of Pharmacy.

We would like to thank everyone for attending the Buddy meeting, and especially the second year students for being a great support to their Buddy throughout their first year in UCC.

Flannery's Pub was booked for the night to allow the first year students celebrate the beginning of the academic year together!!!



BUDDY MEETING





FRESHERS FEST

Pharmsoc were delighted to have a stand on main campus for Freshers Fest. We had a fabulous day meeting many of the incoming first year Pharmacy students as well as students from other courses too.

A representative from PharmaPlus was also present at the Pharmsoc stand. She informed students about PharmaPlus and even had some samples to give out. This was the first year that Pharmsoc collaborated with Pharmaplus. We would like to thank them for all of the support they provided throughout the year and we look forward to working with them in future years.



THIRD YEAR PLACEMENT TALK

Fourth year students gave a talk to third year students about their fourth year placement experiences. This talk took place online. It gave third years an insight into the different placement options available to them and an opportunity to ask questions. Students spoke about their experiences in Industry, Hospital, Community and REP.



SEXUAL HEALTH TALK

Margo Noonan, Nurse practitioner and sexual assault forensic specialist, visited the Pharmacy building in October to deliver a lunchtime talk to students and staff. She shared invaluable information with students, spread awareness and gave advice. This was extremely beneficial for all attendees. Margo Noonan informed students about the work that the Sexual Assault Treatment Unit, SIVUH, Cork City do. She informed us that much of the funding for the clinic comes from donations. Pharmsoc planned a Christmas fundraiser to raise funds for this clinic.



PERRIGO PODCAST WITH DAN SWEENEY

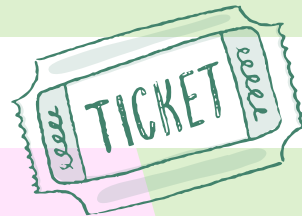
UCC Pharmacy Society were delighted to launch a series of Perrigo Podcasts this year. Chairperson Conor McCarthy discussed topics of relevance to pharmacy students with guest speakers. The first podcast took place in the Shtepps, the Hub. Mr. Dan Sweeney, head of marketing at Skelligs Chocolate, Personal Trainer and Nutritionist was the first guest speaker. Dan is passionate about maintaining a healthy lifestyle amidst the demands of a busy and stressful life. Conor McCarthy led a discussion with Dan about meeting personal and professional commitments as well as prioritizing well-being and selfcare. There was a great turnout at this event. We would like to thank all students and staff for supporting the first Podcast and we hope everyone enjoyed this episode.



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CHRISTMAS RAFFLE



Pharmsoc would like to thank all the students, staff and local businesses for supporting the Christmas raffle. All proceeds went to the Sexual Assault Treatment Unit, SIVUH (following Margo Noonans talk). Pharmasoc were delighted to have Pharmaconex generously sponsor the prize of an iPad, as well as bringing cupcakes and cookies to make the Christmas raffle an enjoyable lunchtime event! We would like to thank Pharmaconex for all of their support throughout the year. This was the first year that Pharmasoc have partnered up with Pharmaconex to organise an event and we look forward to organising future events with them.





MASQUERADE BALL



Thank you to all students and staff for once again supporting the Pharmacy Ball. We hope everyone enjoyed the night. This years ball took place in the Rochestown Park Hotel. UV5 band played for the night followed by a DJ. One of the highlights of the night was the awards. Chairperson of the Pharmacy society, Conor McCarthy, along with committee members Julie O'Sullivan and Siobhan Nestor, presented the awards amid jubilant applause- most notably echoed by the fifth years! Dr JJ Keating presented the esteemed Athena Swan Equality, Diversity and Inclusion (EDI) award to the deserving recipient, Darragh Golden. Darragh Golden is an MPharm student and was nominated by his fifth year classmates for this award. Dr Lorraine Bateman received the Faculty Member of the Year award, voted for by students across all year groups.



*Dr. Keating presenting
Darragh Golden with the EDI award*



*Conor McCarthy presenting
Dr. Bateman with the Faculty member
of the year award*



PERRIGO ANNUAL VISIT

Once again, Perrigo provided valuable support to Pharmsoc throughout this academic year. We are extremely grateful to Perrigo for their ongoing support and we were delighted to welcome Paul Hatton, a Perrigo representative to UCC to speak to first year students. He introduced students to the company Perrigo, outlining their work and company values. Paul Hatton is moving to a new position in Perrigo and will no longer be working directly with Pharmsoc. We wish him the very best of luck with his new role and appreciate all of the assistance he has given Pharmsoc over the last number of years.



GAIA PUB QUIZ



Pharmsoc held a pub-quiz in Gaia to raise money for RAG week in aid of the UCC chosen charities RNLI, NASC and Sexual Violence Cork. There was ten rounds in the quiz, some rounds even testing Pharmacy knowledge! We would like to thank everyone for supporting this event and hope everyone enjoyed the quiz!



LUSH SKINCARE TALK

We were delighted to hold a Lush skincare talk and hope all attendees enjoyed it as much as we did! A representative from Lush skincare visited the Pharmacy building to hold an interactive session. There was goodies from Lush for all attendees and two students won free attendance to a Lush workshop.



RELIFE DERMATOLOGY TALK

Pharmsoc hosted a dermatology talk in February. This event was generously sponsored by ReLife Dermatology. Advanced Nurse practitioner, Sheila Ryan, from University Hospital Limerick, spoke to students about some dermatological conditions commonly seen in the community. Following this, representatives from ReLife dermatology showcased their array of skincare products and explained the various uses of the products. Relife dermatology, part of the MENARINI group, kindly gifted goodie bags to all attendees!



PERRIGO PODCAST WITH MATTHEW MCNABB

We were thrilled to welcome Matthew McNabb as a guest speaker on the final episode of the Perrigo Podcast. Matthew McNabb is the owner of Life Set wellbeing, mindfulness coach and former participant on Love Island and Dancing with the Stars. Matthew is passionate about health and self-improvement and is currently developing a wellbeing app. This episode touched on topics such as travel, social media and Matthew's experiences of being on reality TV. Pharmaplus kindly provided goodie bags to all attendees.



THANK you

Pharmsoc would like to thank everyone for their support this academic year. We would be delighted if you would consider running for a position on Pharmsoc next year and look forward to seeing you at the AGM.