

DEPARTMENT OF OCCUPATIONAL SCIENCE AND OCCUPATIONAL THERAPY UNIVERSITY COLLEGE CORK

PRACTICE EDUCATION NEWSLETTER

Volume 1 Issue 4 June 2017



Department Update:

We would like to this opportunity to thank all of our educators who supported us in facilitating students while out on practice placement over the past academic year. Your enthusiasm and contribution towards the students learning needs does not go unnoticed and we looking forward to working with you again.

AOTI Ann Beckett Award 2016: The OSOT recently won a Highly Commended award for their community collaboration project with Gaelscoil Ui Riada primary school titled 'From Desire to Design'. This project was part of a final year undergraduate thesis by Chloe Carroll and Eimear Cagney along with the UCC OT Team: Dr Helen Lynch, Linda Horgan and Alice Moore. The result was an agreed plan of action and the new play space was built and formally launched in June 2016.

Practice Education Team:

Acting Director of Practice Education – Aoife Carroll.

Practice Education Administrator – Eimear Keohane

Practice Tutors:

Shelley Mack – Cork Mental Health Services

Olivia Wall – Adult Community Services

John Hastings – North & West Cork, Kerry Paediatrics

Dervla Kennedy – Southeast Services

Sinead Vine – Waterford

Miriam O'Tuathaigh – Cork Acute Services

Planning Ahead - Upcoming Student Placement Dates:

We would welcome offers to facilitate the following students for Practice in 2017/2018:

4th Year Practice, from 3rd October – 8th December 2017 (10 weeks)

Urgent need in Psychosocial settings

3rd Year Practice, from 8th January – 16th March 2018 (10 weeks)

2nd Year Practice, from 3rd April - 25th May 2018 (8 weeks)

Require practice in Paediatric/Young person settings

1st Year Practice, from 24^h April – 4^h May 2018 (2 weeks)

We would welcome offers from any area of practice. Ideally, in pairs

DEVELOPMENTS IN PRACTICE EDUCATION

Ann Parker Workshops:

We would like to thank all attendees who participated in the Ann Parker 'Working with Students', interdisciplinary workshops hosted by UCC. We had over 60 participants over the 5 sessions hosted from October 2016 to March 2017.

The next phase of workshop facilitation and development training has now been complete by the Practice education team and planning is under way to develop more workshops to incorporate the feedback received from these and explore some of the challenges and issues that you have highlighted from practice both during workshops attended and survey monkey replies.

Ann Parker (third from right) along with members of the OT & SHS Practice Education Team in UCC



AWARDS & ACHIEVEMENTS

NUI Dr Henry Hutchinson Stewart Award Recipient:

In November 2016, 19 students from across the schools in the College of Medicine & Health received Dr HH Stewart Medical Awards. Our Year 4 student, Aine Blake was one of those recipients. Here, she tells us about her experience:

"I was awarded the Dr HH Stewart Medical award in Occupational Therapy by the National university of Ireland at a ceremony in the Royal Kilmainham Hospital. Over one hundred and thirty students from across Ireland and overseas received awards on the day for their studies in areas including language, humanities, medicine, science and mathematics. The undergraduate scholarship was awarded based on the results of a written exam which I sat during the summer. I was thrilled to have been selected and to receive two medals – the first being the HH Stewart Medal, and the second a special commemorative medal for the centenary of the 1916 rising. It was an honour and a privilege and I enjoyed the occasion".

Aine Blake

The "Lee Prize for Civic Engagement" Award

The "Lee Prize for Civic Engagement" is a new annual award from UCC PLUS+ which is offered to students who have made an outstanding contribution to the social, cultural or economic life of the region. We are pleased to announce that two of OT Year 1 students (Grainne Moran & Emma Ryan) made up part of the 5-member winning team for this year's award. These students have demonstrated professionalism, leadership and civic responsibility by utilising the knowledge and skill that they acquired during the pilot phase of the Assistive Technology Homework Clubs, to develop and deliver an additional module to Transition Year & Fifth year students in a DEIS school in Cork City.

FEATURE: THE SUNFLOWER CLINIC

The Sunflower Clinic: Our service and the benefits of being a student in our clinic

The Sunflower Clinic is an independent Occupational Therapy service in Munster and Leinster, specialising in Sensory Processing and Autistic Spectrum Disorders. All of our staff are supervised by Senior or Head Occupational Therapists, in line with international best-practice, which ensures continuing expert and excellence in the delivery of our services. The Sunflower Clinic is recognised nationwide as a leader in the provision of specialised Occupational Therapy services using a best-practice methodology. We specialise in using a sensory integration model which focuses on regulation, engagement and client-directed therapy.

What are the Benefits of being a student in the Sunflower Clinic?

Students can acknowledge the difference between private services and state run services. We are fortunate to have great resources in terms of equipment, training and staff support. One develops skills across all areas of the OT process i.e. from referral to discharge, liaising with the wider team, and in supporting family members. Students learn to appraise how sensory systems work in facilitating participation and engagement in occupations. There are opportunities to assess and treat clients with varying presentations under supervision. Students may plan and lead parts of the intervention sessions, choosing how to incorporate standardised and non-standardised assessments within their session plans as needed.

Seeking Volunteers

We are currently recruiting volunteers for our summer camps in July/August 2017. If you are interested in volunteering please e-mail alisha@sunflowerclinic.ie for more information

CONFERENCES & EVENTS

AOTI Conference – April 2017

Our tutor Olivia Wall along with Triona Twomey and Sarah O'Doherty from the Primary and Community Care Occupational Therapy Department, Cork North and Cork South presented at the national AOTI conference in Limerick on Friday 21st April 2017.

They presented on the topic of "Ageing Well – Occupational Therapy in a community population based health promotion project".

Mind Your Mind Event – March 2017

As part of their Year 3 practice placement; Occupational Therapy students Emma Connolly and Jessica Tidmarsh ran an event called "Mind Your Mind" in the Aula Maxima, UCC on Wednesday 8th March. The event was primarily focused on promoting positive mental health and well-being, highlighting services available for students on and off campus, as well as promoting the Occupational Therapy profession. The event was a huge success, providing a great networking basis for students, staff and external supporting bodies. Guest speakers at the event included Samaritans, MyMind, Shine, Ger Banks from Cork Integrative Health Community project and actress Rachel Murphy. Thank you to everyone who was involved and attended such an important event highlighting the need to reach out and look after your mental health. Well done girls."



RECOMMENDED READING

JOURNAL ARTICLE:

The One-minute Preceptor: Shaping the Teaching Conversation. By, Jon O. Neher, MD; Nancy G. Stevens, MD, MPH *Family Medicine*. Vol. 35, No. 6 p391-393 June 2003

BOOK:

Documenting Occupational Therapy Practice (3rd Edition) By, Karen M. Sames MBA OTR/L (2014)

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Inside this issue:

- Ann Parker Workshops
- Conferences & Events
- Awards & Achievements
- Practice Dates for 2017/18