

Recommended Break Times for Students on Supernumerary Placements

Applicable from September 2023

Placement Duration	Recommended Breaks
6-hour placement:	30 minutes break
8-hour placement:	30 minutes + 30 minutes break
12-hour placement:	30 minutes + 60 minutes + 30 minutes break

Note:

1. It is recognized that on some occasions, for example PHN/Community Nurse/Midwife placements that this may not be feasible when a student is travelling with a Preceptor.
2. Students may on occasion wish to seek out additional learning opportunities during part of their 60-minute break (e.g., lunchtime seminar, learning opportunities on ward/unit allocated). Students can organize this directly with Preceptor/CNM/CMM.

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