

Break Times for Students on Supernumerary Placements

Applicable from August 2025

Placement Duration	Recommended Breaks
6-hour placement:	30 minutes break
8-hour placement:	30 minutes + 30 minutes break
12-hour placement:	30 minutes + 60 minutes + 30 minutes break

Note:

1. It is recognized that on some occasions, for example PHN/Community Nurse/Midwife placements that this may not be feasible when a student is travelling with a Preceptor.

Dr Aileen Burton
Vice Dean of Undergraduate Practice Education
School of Nursing & Midwifery
University College Cork

For queries in relation to breaks please contact Dr Aileen Burton at email: a.burton@ucc.ie