

College of Medicine and Health **Graduate Studies**

RUTH BENSON School of Public Health

Conference Attended:

26th British Isles Research Workshop on Suicide and Self-harm. Oxford University 15th-16th October 2019.

Attendance at this research workshop provided me with an opportunity to present the early findings of mv research and gain feedback and alternative insights from leading researchers within my field of research, whose recommendations I can apply to my current research in advance of publication. The stimulating environment of workshop inspired new research ideas strengthened my knowledge of the field by listening to and learning from world experts in the area who also presented at the workshop. Furthermore, attendance at workshop provided а valuable networking opportunity that has initiated future collaboration with international researchers who are carrying out research on related topics within the same field of research.