

## **KATHERINE GUZZETTA**

### **School of Medicine**

#### **Conference Attended:**

Society for Neuroscience (SfN): Neuroscience 2019, Chicago, IL, USA. October 19-23, 2019.

I am extremely grateful to have had the opportunity to attend SfN. This conference was an impressive congregation of leading neuroscientists discussing ground-breaking, novel research and encouraged discussion of controversial hot topics. A key focus at SfN 2019 was the existence of human hippocampal neurogenesis and its role in various diseases, which is directly relevant to my PhD topic, and hearing top scientists discuss their research on this topic made me feel like I was at the center of history in the making. Through this international conference I was also able to expand my professional network by discussing novel research and ideas with scientists from around the world and appreciate how quickly the field of microbiota-brain research has progressed.

Furthermore, this conference allowed me to present my first postgraduate scientific poster and acted as a huge step forward in the progress of my PhD. By presenting, I practiced my verbal communication skills and gained valuable insights and feedback from numerous experts in the field that I will take on board as my PhD progresses.

Overall, SfN was an amazing experience, and I sincerely appreciate the financial support provided by the College of Medicine and Health which allowed me to attend this conference.