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School of Nursing & Midwifery

Conference Attended:

8th Conference on Mental Health, ICC Belfast.
October 2nd-4th 2019.

Attending this conference gave me an opportunity to present my PhD findings to international experts in mental health. Attendees asked questions about my work, which I believe will help me in preparing for my Viva, It was also an opportunity to network with other researchers working in the area of adolescent mental health.

I attended interesting keynote presentations, and informative oral presentations which have assisted in keeping me up-to-date with current evidence-based approaches in mental health practice.

I am very grateful to the College of Medicine and Health for providing me with this opportunity.