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Conference Attended:

Experimental Biology, San Diego, April 21st-25th 2018.

The Experimental Biology Meeting was an excellent opportunity for me to present my last 3 years of research of my PhD at an international level.

Presenting at such a multidisciplinary event, one which has specific sessions closely aligned with my area of research, and being afforded the opportunity to engage with other researchers in my field was hugely beneficial to the progression of my scientific career both in terms of the experience I gained as a student while also providing the opportunity to network and create invaluable links with established PIs in my field.

This meeting is the primary international meeting for the control of breathing community, including many US based colleagues and collaborators of our labs. It consisted of an excellent portfolio of training events for PhD trainees which included the opportunity to present my novel research on Obstructive Sleep

Apnoea (OSA). I was also afforded the opportunity to attend additional events specifically linked to my area of research including the Annual Respiratory Trainee Highlights Breakfast and Respiratory Section Banquet.

I would like to express my sincerest gratitude to the CoMH for this grant which was pivotal to my attendance at this conference.