

MICHELLE O'DRISCOLL

School of Pharmacy

Conference Attended:

2018 Life Long Learning in Pharmacy. Brisbane Australia, 6th-9th July 2018.

The aim of my research is to improve undergraduate pharmacy education by teaching students how to manage their personal stress and distress levels. With the help of the College of Medicine and Health Travel Bursary I was able to attend this international conference, which focuses on pharmacy education, and offers a growing number of sessions with a psychology basis. I was delighted to be able to present my findings to date, meet academics with expertise in this area, and create new international research links. I also had the opportunity to receive feedback on my findings, and advice on my plans for future research.