

# COMHINE 22: December 2016

# College of Medicine and Health UCC

navigate stories

- 1. Professor John R. Higgins returns to Maternity Services
- 2. EIB loan drives UCC's biggest expansion
- 3. Maternity Services welcomes first babies with Electronic Health Record
- 4. New Home 'Delivered' for UCC's College of Medicine and Health
- 5. First Research Grant in Traffic Medicine Awarded to UCC Research Team

Other News















## Professor John R. Higgins returns to Maternity Services

Dear Colleagues,

When I was young, one aspect of Christmas I always looked forward to was the arrival of the Annuals – bumper editions of my favourite comics which would entertain me for hours. Well, this edition of the College Newsletter is certainly a bumper one, full of good stories, tales of success, international events and celebrations. It might not be as much of a page turner as your favourite magazine but it should it will fill you with goodwill, reinforce your faith in your colleagues' endeavours and provide you with inspiration and resolve for 2017.

This newsletter has tried, over the past three years, to bring you a broad cross section of the work being done by the staff here in the College of Medicine & Health. Our editorials have deliberately been short. But as I now prepare to return to the Maternity Services, I feel the need to offer an "account of myself" and to give an overview of the work done during my time as Head of College and to mark some of the highlights of those years.

The past six years have been ones of austerity for the county as a whole and this College was not spared its impact. The decline in state funding and the need to increasingly rely on our own resources has been the overriding driver of activity. In order to maintain our core mission of teaching and research we need

to earn income and I know that every member of staff has become aware of this imperative. We didn't particularly like it, but we all knew it was necessary if we were to develop and maintain our standards. Thus we have had what must be a record number of new programmes being developed (21 approved since 2011 with five more in the pipeline) and an increase in student numbers from 3,000 to 3,500. Many of these programmes were developed with our health-care partners in new disciplines such as cognitive behavioural therapy or older person rehabilitation and serve to support better patient care. We welcome this support and sincerely thank all our partners in the Health Service.

The past six years has also seen new Heads in each of our five Schools. I personally have learned that the Heads of Schools know their discipline, their staff, their students, their healthcare community and their programmes at a level of detail that cannot be matched. I learned that each Head knows what is best for their School and that my role as Head of College is to ask them to defend their thinking and then to support them in whatever way I can. This allows them to plan for the future of their school and to guide it through the inevitable crises. I have enjoyed working with each Head and have benefitted greatly from their support and their achievements, particularly in university rankings where we have scored highly at School level.



Another feature of the past few years has been the expansion of the designation University Hospital to the hospitals in our region. This came from the formation of Hospital Groups which sees the College sitting at the executive table for the management of these hospitals and committing to making teaching and research a core part of the hospital mission. In turn, the College is committed to ensuring that the needs of the health service inform the development of our programmes, particularly at graduate level. This partnership has already benefitted both parties and I can see it flourishing and deepening in the years to come. It also means that the focus of the College will be outward looking and will take into account the needs and opportunities of the whole south/south west region.

Throughout these years the importance of research and its development did not falter. In my first year, five research themes were chosen which were preferentially supported for investment. These five were each at different stages of development but all have expanded and moved to the next level. Our best researchers are people who are driven by a desire to expand knowledge and address the big guestions in their discipline and in society. It was my role to support them and provide a governance framework for their growth. Our patients and students will reap the rewards of this activity. Two notable additions during these years is the introduction of the Clinical Research Facility to support clinical trials and the funding of the Health Innovation Hub Ireland which accelerates the commercialisation of innovative healthcare solutions.

The building of new facilities generally slowed during the financial crises but this College had the benefit of developing the top floors of the Western Gateway Building (a €45m investment) which provided us with the same amount of space again as the Brookfield complex. We also had the building of the new facility for ASSERT, our simulation centre, and developments in paediatrics and in Erinville. We are now poised to grow further with the recent investment from the European Investment Bank (see page 3) and the intention is to match the world class facilities on the university campus, with world class facilities on the campus of our major hospitals. President Michael Murphy and UCC Finance deserve sincere congratulations on these achievements.

Finally, buildings, governance frameworks, financial sustainability and compliance are important but our staff remain the most vital ingredient in making the College of Medicine & Health a success. To the CoMH team and to each member of staff in the CoMH my heartfelt thanks.

Go raibh míle maith agaibh go léir - Nollaíg Shona agus naofa dhaoibh

John R. Higgins

Professor of Obstetrics and Gynaecology Head College of Medicine and Health

### EIB loan drives UCC's biggest expansion



Back Row (I-r): Mr Roberto Arno, Head of Corporates (Acting), EIB; Professor Caroline Fennell, Senior Vice President Academic & Registrar, UCC; Mr Mark Poland, Director of Building & Estates, UCC; Mr Denis Sheehan, Finance Office, UCC; Mr Gerard Culley, Director of IT Services, UCC; Ms Avrille Palha, Loan Officer, EIB; Mr Declan Kidney, Director of Sport & Physical Activity, UCC. Front Row (I-r): Mr Eolann Sheehan, Students' Union President, UCC; Mr Andrew McDowell, Vice-President, EIB; Dr Michael Murphy, President, UCC; Mr Diarmuid Collins, Bursar/Chief Financial Officer, UCC.

www.ucc.ie/en/about/uccnews/fullstory-719992-en.html

Europe's long-term lending institution, the European Investment Bank (EIB) has signed a €100 million loan agreement with University College Cork. The EIB investment will support an ambitious €241 million development plan for UCC.

- New DENTAL School and Hospital €37m
- New Clinical MEDICAL School for the Cork hospitals - €12m
- New Medical Education Centre for University Hospital Waterford - €8m
- New Medical Education Centre for University Hospital Kerry - €1m
- New Medical Education Centre for South Tipperary General Hospital - €1m
- New Health Innovation Hub Ireland building at the Cork Science and Innovation Park - €12m
- Student Accommodation projects €64m
- New Student Hub. ICT Services. Facilities upgrade, refurbishment, building extensions as well as flood remedial works and Western Gateway infrastructure - €90m
- Western Campus Development including the Cork Science & Innovation Park (Phase 1) & Outdoor Sports Facilities - €27m (of which €12m allocated for the HIHI building as stated above).





### New Home 'Delivered' for UCC's College of Medicine and Health

Mr Simon Coveney TD, Minister for Housing, Planning and Local Government, recently opened the new home for the College of Medicine and Health's Offices in Erinville.

UCC is the primary academic partner of the South/South West Hospital Group, which consists of a group of nine hospitals in the south and southwest of Ireland. The co-location of the College of Medicine and Health and the Hospital Group in the same building will allow UCC to further nurture and foster the pre-existing relationship between both parties, and will reinforce UCC's enhanced co-operation with the South/South West Hospital Group as they continue to reform, integrate and modernise the delivery of healthcare across the region.

www.ucc.ie/en/med-health/news/fullstory-718819-en.html

Pictured above (I-r): Dr Michael Murphy, President UCC, Mr Gerry O'Dwyer, CEO South/South West Hospitals Group, Professor John R. Higgins, Head of College of Medicine & Health, UCC, and Mr Simon Coveney TD, Minister for Housing, Planning and Local Government.

Pictured left: Professor John R. Higgins and Minister Simon Coveney TD with midwives who used to work in Erinville Hospital. (Photos: Gerard McCarty)



# MATERNITY SERVICES WELCOMES FIRST BABIES WITH ELECTRONIC HEALTH RECORD

The introduction of Ireland's Maternal & Newborn Clinical Management System (MN-CMS) will see the implementation of an Electronic Health Record (EHR) for all women and babies in maternity services in Ireland. Cork University Maternity Hospital (CUMH) is the first site to launch MN-CMS in a national project that will introduce an EHR across all 19 maternity hospitals in Ireland. As the first site to Go Live, CUMH has a leading role in the design and testing of the eChart, the preparation of training materials, and the development of policies and work flows. Plans are in place to roll out the system across the country with the next implementation due to take place in University Hospital Kerry followed by The Rotunda Hospital and the National Maternity Hospital.

Professor Richard Greene, Consultant Obstetrician, A/Head of Department Obstetrics and Gynaecology, UCC and MN-CMS Joint National Clinical Lead for Obstetrics, said "This new clinical management system means that patients will have an electronic record instead of a paper record, which will enhance patient care. The system includes maternity early warning scores (iMEWS) and a sepsis early warning scoring system, eprescribing and order communication tools for mother and baby patient care. Neonatal ICU has its first digital support solution to capturing of key information. This 'go live' is a result of the dedication and teamwork of many staff within maternity services nationally."

#### www.ucc.ie/en/med-health/news/fullstory-721696-en.html

Pictured bottom right: The HSE and eHealth Ireland are delighted to announce the arrival of Emily one of Ireland's first newborns to have their own electronic health record from birth. Weighing 7lb 5oz, Emily daughter of Ellen Shine and Aidan Cotter from Cork arrived in Cork University Maternity Hospital on Saturday 3rd December 2016. Pictured top: MN-CMS Go Live support team in CUMH. Centre: CUMH staff on Go Live weekend.









# Professor Mary Horgan - First Woman President Designate Elected at the RCPI



Congratulations to Professor Mary Horgan, Dean, School of Medicine UCC, who has been elected as President Designate of the Royal College of Physicians of Ireland. She will become the 142nd President of RCPI in October 2017, serving a 3-year term.

Professor Horgan said: "It is a great honour to be elected as President Designate and I want to thank the Members and Fellows of this great College for their support. I look forward to working on their behalf in the years ahead. Ireland is recognised globally for the high quality of its medical graduates and trainees. I am committed to ensuring that we continue to train our doctors to provide world class medical care and to provide leadership in our health service in these challenging times."

Professor Horgan is a Consultant Physician in Infectious Diseases and Internal Medicine at Cork University Hospital. Originally from Kerry, Professor Horgan graduated from UCD in 1986, was awarded her MD in 1995, MRCPI in 1988 and FRCPI in 1997. She serves on the Board of the Health Products Regulatory Authority and the Mercy University Hospital, the Governing Body of UCC, formerly a Board Member of the Irish Blood Transfusion Service and previous Chair of the Council of Deans of Medical Schools. She is a Council Member of RCPI and is Director of Development and Planning.

www.ucc.ie/en/med-health/news/fullstory-721752-en.html



### UCC-LED EU TRAINING NETWORK 'PEARRL' KICKS OFF

Left: Members of PEARRL in Frankfurt. Below: Dr Brendan Griffin

PEARRL (Pharmaceutical Education and Research with Regulatory Links) is a European Training Network for innovative drug formulation strategies and biopharmaceutics tools with regulatory application. The programme is funded under the European Union's Horizon 2020 research and innovation programme and is coordinated by Dr Brendan Griffin from the School of Pharmacy, UCC. The PEARRL project brings together 18 leading European institutions, including Pharma industry, academia and regulatory agency partners in a multi-sectorial team to deliver a unique research and training programme. Fifteen Early Stage Researchers have been recruited in PEARRL to focus their research endeavours on developing innovative drug development strategies to enable accelerated approval, thus facilitating earlier patient access to new medicines.

www.ucc.ie/en/med-health/news/fullstory-719018-en.html





## First Research Grant in Traffic Medicine Awarded to UCC Research Team



Pictured above: Ms Emmy Racine, UCC, Ms Katherine Thackerary, UCC, Prof Des O'Neill, NOFM, Dr Aisling Jennings, UCC, Dr Carol Sinnott, UCC, Prof Colin Bradley, UCC, Mr Declan Naughton, RSA, Ms Linda Horgan, UCC, Dr Siobhan Cusack, UCC, Ms Lisa MacSharry, UCC, Prof Jeanne Jackson, UCC and Dr Tony Foley, UCC. (Photo: Gerard McCarty)

www.ucc.ie/en/med-health/news/fullstory-715528-en.html

The €40,000 grant was awarded by the Road Safety Authority (RSA), in association with the National Programme Office for Traffic Medicine (NPOTM) following a competitive process. Dr Carol Sinnott and Dr Colin Bradley, Department of General Practice, UCC will lead a team of five researchers, representing UCC, the ICGP and the Alzheimer Society of Ireland. The research project 'Talking to patients with cognitive impairment about fitness to drive: Current approaches and possible improvement strategies for a general practice setting' will investigate driving with cognitive impairment. Its main purpose is to look at how patients with cognitive impairment and GPs manage the discussion around safe driving.



#### HANDS AND ARMS AT RISK



www.ucc.ie/en/med-health/news/fullstory-715893-en.html

Research from UCC has shown that practicing employed and self-employed therapists in Ireland - including chartered physiotherapists, physical therapists and athletics therapists - are more likely to suffer from work-related upper limb disorders. The study, funded by the Institution of Occupational Safety and Health and conducted by researchers from the Department of Epidemiology & Public Health, UCC under the leadership of Dr Birgit Greiner, reviewed existing international health and safety guidance for these occupations. The research has shown that work-related upper limb disorders (WRULDs) are persistent in 83% of therapists, with reported symptoms in at least one upper limb region in the past year, with 55% reporting symptoms that lasted for over 3 days. For one in four therapists, symptoms were incapacitating so that they could not carry out normal activities at work, home or during leisure time.



Pictured above (I-r): Professor Henry Smithson UCC, Stephen McInerney, Aoife Barry, Professor John O'Halloran and Aaron Ho. (Photo: Gerard McCarthy)

### Electronic App Preparing Students for Professional Practice

A Symposium titled 'Future Professional Practice - A Step in the Right Direction' saw experts from medicine, nursing and pharmacy gather in UCC to discuss the use of digital tools to enhance inter-professional learning on clinical and practical placements for students.

The event was organised by the ePrePP (electronic Preparation for Professional Practice) project team and is a €200,000 two-year national initiative funded by the National Forum for Teaching and Learning – the largest Teaching and Learning grant ever awarded to UCC. The project is a collaborative venture between UCC, Trinity College Dublin, Institute of Technology Tralee, University of Limerick, University College Dublin and the National University of Ireland Galway. Currently in the pilot stage of development, the project, once completed, will see ePrePP augment the transition from student to practitioner, and will lead the way in developing versatile and rounded healthcare professionals.

www.ucc.ie/en/med-health/news/fullstory-707875-en.html



## Bon Secours Hospital and UCC School of Nursing and Midwifery Conference



Pictured above(I-r): Ms Nora Murphy, Assistant Director of Nursing, Ms Ber Mulcahy, Director of Nursing, Professor Wilf McSherry, Professor at Staffordshire University, and Professor Eileen Savage, Head of School of Nursing & Midwifery, UCC. (Photo: Gerard McCarthy)

www.ucc.ie/en/med-health/news/fullstory-715546-en.html

The Bon Secours Hospital and the School of Nursing and Midwifery, UCC recently organised a joint Mindfulness conference which focused on how to develop a supportive culture for Healthcare Professionals. The concept and practice of mindfulness has taken hold in hospitals, universities, clinics, management, and in our daily lives. The unifying theme in the growing art and science of mindfulness is an effort to lessen suffering and bring joy and compassion in this world. The conference followed a national consultation with nurses and midwives through which three core values of Compassion, Care and Commitment were identified and agreed to underpin their practice in Ireland in the years ahead.

#### NEW PROGRAMME TO ADVANCE CLINICAL RESEARCH CAPABILITY AMONG DOCTORS



Minister for Health Simon Harris TD recently announced a new programme to advance clinical research capability among doctors. A team of Irish clinical academics have secured one of seven major awards that have been made across the UK and Ireland by Wellcome. The scheme, which will be known as Wellcome – HRB Irish Clinical Academic Training Programme, will support the intake of eight postgraduate trainee doctors a year for a five-year period, providing fully integrated clinical and research training up to consultant level.

Pictured above: Professor Conall Dennedy, NUI Galway, Professor Ray Stallings, RCSI, Professor Paddy Mallon, UCD, Dr Graham Love, Chief Executive, Health Research Board, Minister Simon Harris TD, Professor Michael Gill, PI on the Wellcome-HRB Irish Clinical Academic Training Programme, Professor Mary Horgan, Dean, School of Medicine, UCC, Professor Peter Maxwell, Queen's University Belfast, Dr Mark Watson, Molecular Medicine Ireland.

www.ucc.ie/en/med-health/news/fullstory-692488-en.html



#### **UCC Launches Paramedic Course**

The School of Medicine, UCC recently introduced a BSc (Hons) Paramedic Studies (Practitioner Entry) degree for registered Paramedics. Unlike the majority of clinical professions across the health-system, paramedics receive their training outside of the university setting. As the paramedic profession looks to transition to a traditional third level model, the introduction of the degree will position UCC as a leader of paramedical training. The academic element of this programme has been constructed to elevate the skills and knowledge applicable to current practice and specialist areas. The degree has been designed in the knowledge that a practicing paramedic will be required to manage their current job, in addition to undertaking a rigorous academic programme. The course will be delivered and provided through a combination of e-learning and workshops.

Pictured above: Mr Dave Hick, Programme Co-ordinator, Ms Paula Hick, Module Co-ordinator and Dr Frank van Pelt, Programme Co-ordinator. (Photo: Gerard McCarthy)

www.ucc.ie/en/med-health/news/fullstory-715543-en.html



## Department of Occupational Science and Occupational Therapy and UCC Plus+ Homework Club Partnership



Ms Maeve Minihane and Dr Eithne Hunt

Service learning is one teaching and learning approach used to meet the learning outcomes of the first year Occupational Therapy OT1004 Becoming a Healthcare Professional module. As part of this module, students are required to commit two hours per week for 8 weeks in both semester one and semester two to do voluntary work. Through these volunteering experiences, it is envisaged that the students will strengthen their communication skills and professional behaviours. On-going reflections are supported by classroom discussion, weekly reflective journal entries and by the end of module assignment in which students critically reflect on their personal and professional development with reference to their volunteering experience.

For the first time this year, all first year
Occupational Therapy students are volunteering
with the UCC PLUS+ Homework Club in designated
secondary schools in Cork city. The aim of the
Voluntary Tutoring Scheme is to provide academic
help to 2nd level school students. Tutors provide
additional academic support in school subjects
which may prove difficult to students while doing
their homework in a fun, social Homework Club
environment. The UCC PLUS+ Programme aims
to foster better relations between UCC and DEIS
linked schools while encouraging 2nd level school

students to consider onward progression to third level particularly where there is little tradition of progression onto higher education.

Maeve Minihane, Homework Club Administrator and module leader Dr Eithne Hunt have worked closely to ensure that the new partnership is beneficial and rewarding for both homework club and Occupational Therapy students. Maeve delivered the required training to the Occupational Therapy students prior to commencement of the Homework Club. The Occupational Therapy students will be eligible to receive the UCC Works Award demonstrating that they have engaged in, and developed professional skills through extracurricular activities and work experience, all of which will help them to stand out from the crowd when applying for graduate roles and internships.





### Guidance Documents on Palliative Care in Dementia Launched by School of Nursing & Midwifery and Irish Hospice Foundation



Project Team: Dr Catherine Buckley, Dr Nicola Cornally, Dr Kathy McLoughlin, Dr Joan McCarthy, Dr Suzanne Timmons, Dr Irene Hartigan, Dr Alice Coffey, and Dr Elaine Lehane.

A suite of guidance documents for healthcare staff to enhance palliative care for people with dementia was recently launched at UCC. The seven Irish Hospice Foundation (IHF) guidance documents are designed to support healthcare staff in addressing specific aspects of dementia palliative care in all care settings.

Senior lecturer, Dr Alice Coffey led the overall team of researchers at the School of Nursing and Midwifery, UCC to produce the most recent four of the new guidance documents. Each of these guidance documents was led by an academic staff member with a keen interest in the guidance area in partnership with their clinical colleagues:

- Medication and dementia: Palliative assessment and management (Dr Elaine Lehane)
- Pain assessment and management (Dr Nicola Cornally)
- Management of hydration and nutrition (Dr Irene Hartigan)
- Ethical decision making in end-of-life care and the person with dementia (Dr Joan McCarthy)

www.ucc.ie/en/nursingmidwifery/news/fullstory-709478-en.html













#### UCC TEACHING AND LEARNING, STAFF RECOGNITION AND RESEARCH AWARDS

UCC has honoured staff for their contributions in three areas: Teaching and Learning, Staff Recognition and Research. The following members from the College of Medicine and Health were successful at the 2016 awards ceremony:

#### **TEACHING AND** LEARNING AWARDS

Awards for Excellence in Teaching and Learning 2016: Individual Award -

Dr Brian Brid 1

(School of Medicine, UCC & Consultant Oncologist, Bons Secours Hospital Cork) Team Award -

Dr Patrick Henn, Dr Irina Korotchikova, Mr Simon Smith and Ms Sinead Riome 2 (School of Medicine)

www.ucc.ie/en/medical/meu/teachlearn/ fullstory-709794-en.html

#### Leadership Award: Professor Louise Kenny 3

**UNIVERSITY STAFF** 

(Dept. of Obstetrics & Gynaecology)

**RECOGNITION AWARDS** 

Professor Martin Kinirons 4 (Cork University Dental School & Hospital)

Impact Award:

Dr Catherine Buckley 5 (APC Microbiome Institute)

www.ucc.ie/en/sdc/

#### RESEARCH AWARDS

Research Supervisor of the Year:

Dr Yvonne Nolan 6



(Anatomy & Neuroscience)

www.ucc.ie/en/anatomy/news/fullstory-715615-en.html

(Photos: Tomas Tyner, UCC)



### **QUERCUS COLLEGE SCHOLARS 2016**

The annual Quercus College Scholarship ceremony, held in Brookfield Health Sciences Complex, College of Medicine and Health, University College Cork took place on Thursday 8th December 2016.

The Scholarships were awarded to students with the highest aggregate score (an overall grade of First Class Honours) in each degree programme within the College of Medicine and Health.

Congratulations to all recipients!







The recipients of the scholarships are as follows:

QUALIFICATION DESCRIPTION	NAME
BDS1	Andrew Derek Thomas Irvine
BDS2	Eoghan Flynn
BDS3	Li Ying Mah
BDS4	Yong Yong Foo
Medicine1	Alexander Philip Stewart Adams
Medicine2	Wanyi Kee
Medicine2	Tara Maria Gerardine O'Sullivan
Medicine3	Darragh Connell
Medicine4	Deirdre Mary Green

Continued on the next page















Medicine (Graduate Entry)1	Rachel Anne Hart
Medicine (Graduate Entry)2	Nicole Rose Cosgrave
Medicine (Graduate Entry)3	Madeline Edwards
BSc Nursing (Children's & General)1	Claire Corrigan
BSc Nursing (Children's & General)2	Laura Anne Larmour
BSc Nursing (Children's & General)3	Orla Coghlan
BSc Nursing (General)1	Olga Tammy Jacinta Jackson
BSc Nursing (General)2	Rachel Sheila Lynch
BSc Nursing (General)3	Sarah Coakley
BSc Nursing (Intellectual Disability)2	Niamh Helen Murray
BSc Nursing (Mental Health)1	Annie Cecilia O'Donovan
BSc Nursing (Psychiatric)2	Anthony Blanquer
BSc Nursing (Psychiatric)3	Hazel Mary O'Sullivan
Pharmacy1	Sinead McCarthy
Pharmacy2	Laura Bernard
Pharmacy3	Emer Patricia Lane
BSc (Midwifery)1	Eloise Douglas
BSc (Midwifery)2	Joanne Theresa Wigginton
BSc (Midwifery)3	Sophie Louise Ward
BSc (Occupational Therapy)1	Ciara Catherina Walsh
BSc (Occupational Therapy)2	Alison Rose Butler
BSc (Occupational Therapy)3	Aine Majella Blake
BSc (Public Health)1	Holly Mc Grath
BSc (Public Health)3	Mark Ryan O'Donovan
BSc (Speech & Language Therapy)1	Caoimhe Lyons
BSc (Speech & Language Therapy)2	Aoife Anne Purcell
BSc (Speech & Language Therapy)3	Aishling Ni hAonghusa

(Photos: Donagh Glavin)





### Dr Seamus O'Mahony Cork Person of the Month

Dr Seamus O'Mahony, Consultant Physician at Cork University Hospital, was recently announced November 'Cork Person of the Month'. Dr O'Mahony calls for the demedicalisation of death and dying in his new book "The Way We Die Now"- and kick-starts a conversation on a topic not often discussed.

http://amosullivanpr.ie/dr-o-mahonys-cork-person-month/

Pictured (I-r): Manus O'Callaghan, Awards Organiser, John Lehane, Lexus Cork, Dr Seamus O'Mahony, Cork Person of Month, Tina Quinn, AM O'Sullivan PR, Pat Lemasney, Southern. (Photo: Tony O'Connell Photography)

### MSc Clinical Pharmacy - Postgraduate Course of the Year



Pharmacy has won the Postgraduate Course of the Year Award in the Health Sciences category at the Gradireland Higher Education Awards on Thursday 24th November 2016. UCC's postgraduate programme in Older Person Rehabilitation was also shortlisted for the award.

www.ucc.ie/en/med-health/news/fullstory-721126-en.html

## Senior Lecturer Dr Harry Gijbels receives International Human Rights and Nursing Award



Pictured above (I-r): Dr Joan McCarthy, Ms Lydia Sapouna, Dr Harry Gijbels, and Ms Ann Gallagher.

Congratulations to Dr Harry Gijbels, who was recently nominated by the International Care Ethics (ICE) Observatory at the University of Surrey UK and received one of the two Human Rights and Nursing Awards given by the ICE Observatory every year. Harry received this Award at the ICE Observatory conference at the University of Sao Paulo, Ribeirao Preto, Brazil, on 14th – 15th September 2016.



### NUI DR HH STEWART MEDICAL SCHOLARSHIPS AND PRIZES 2016



Numerous students from the College of Medicine and Health, UCC were successful at the NUI Dr Henry Hutchinson Stewart Medical Scholarships and Prizes 2016. The award ceremony took place in Dublin on 9th November 2016. The awardees from the College of Medicine and Health were:

NAME	CATEGORY	PRIZE
<b>Eoghan Flynn</b>	Dentistry	Scholarship
<b>Daniel James Chia</b>	Dentistry	2nd Prize
<b>Emily Rutherford</b>	General Practice	Scholarship
<b>Conal Houstoun</b>	General Practice	3rd Prize
Sinéad Flanagan	Medical Microbiology	Scholarship
Alan Corkery	Medical Microbiology	3rd Prize
Ciaran McClelland	Nursing	3rd Prize
Barry O'Brien	Intellectual Disability Nursing	2nd Prize
Aine Blake	Occupational Therapy	Scholarship
Brian O'Tuama	Ophthamology	2nd Prize
Robert Whiriskey	Ophthamology	3rd Prize
Sinead O'Riordan	Pathology	3rd Prize
Tessa Jean Cagney	Pharmacy	2nd Prize
Wei Qi Vanessa Chan	Physiology	2nd Prize
Cara Pray	Physiology	3rd Prize
Jacqueline Sheehan	Psychiatry	Scholarship
<b>Catherine Goold</b>	Speech and Language Therapy	2nd Prize
Laura Walsh	Surgery	Scholarship
David McDonnell	Surgery	3rd Prize

Congratulations to all recipients!



### **UNDERGRADUATE AWARDS**

The Undergraduate Awards (UA), the world's largest international academic awards programme recognising excellent research and original work across the sciences, humanities, business and creative arts, recently announced the winners of the 2016 programme, including the Regional Winners and Highly Commended Entrants from University College Cork.

The Undergraduate Awards received a record number of submission in the 2016 programme, totalling a massive 5,514 papers from undergraduates in 244 institutions and 121 nationalities. The Global Winner is the highest-performing paper within its category and the Regional Winners are the highest-performing Highly Commended papers from their region within a category. The seven regions of the UA 2016 programme are; the Island of Ireland, Europe, USA & Canada, Latin America, Oceania, Asia, Africa & the Middle East.

Two of 16 Regional Winners from the Island of Ireland were students from UCC, including Ms Sharon Buckley from the Department of Speech and Hearing Sciences, UCC. Her paper entitled 'Parents', children's and speech and language therapists' experiences of SLT' was the highest performing paper in the Island of Ireland in the Languages & Linguistics category. Mr Liam O'Brien was the other Regional Winner from UCC, who received highest performing paper in the History category.

Nine of 117 Highly Commended Entrants from the Island of Ireland were from UCC, including Mr Ciaran McClelland from the School of Nursing & Midwifery.

Congratulations to all successful entrants!

For further information on the Undergraduate Awards, please visit: www.undergraduateawards.com/about-us/





Pictured above (centre), Ms Sharon Buckley and left, Ciaran McClelland





#### Maeve O'Connell

Maeve O'Connell, a PhD student at the Irish Centre for Fetal and Neonatal Translational Research (INFANT), has been awarded a prestigious Health Research Board (HRB) Ireland Cochrane Training Fellowship. Maeve's Cochrane Review will look at "Interventions for Supporting Pregnant Women's Decisions about First Caesarean Delivery". Maeve will lead on the review with a team of co-authors including researchers from INFANT (Professor Eugene Dempsey, Professor Louise Kenny, Dr Ali Khashan, and Dr Sinéad O'Neill), as well as Dr Patricia Leahy-Warren (Brookfield School of Nursing & Midwifery) and Dr Rebecca Smyth (University of Manchester).

The aim of the Cochrane Fellowships scheme is to build capacity on the island of Ireland in conducting systematic reviews for inclusion in the Cochrane Library. Cochrane Reviews are systematic reviews of primary research in human health care and health policy and are internationally recognised as the highest standard in evidence-based health care. It is hoped that this review will be a valuable source of information for women, clinicians and researchers.



#### Dr Amanda Lavan

Dr Amanda Lavan, a PhD student in the School of Medicine under the supervision of Dr Denis O'Mahony and Dr Paul Gallagher was recently awarded two prestigious prizes:

- 1. Irish Gerontological Society annual scientific conference in Killarney: Poster Prize
- 2. European Union Geriatric Medicine Society in Lisbon: Poster Prize (one of two such prizes awarded from 849 posters presented at the conference)

Both prizes were awarded in respect of her work on the derivation and validation of a novel set of deprescribing criteria in older people with advanced frailty and poor survival prognosis. These criteria are called STOPPFrail.



### RCPI PRIZE FOR HIGHEST MARK IN RCPI

Congratulations to Dr Antoinette
O'Connor, a UCC medical graduate
working in Cork University Hospital,
who recently won the prize for the
highest mark in the Membership of the
Royal College of Physicians in Ireland.
Dr O'Connor is pictured here with Dr
Pat Barry, BST Program Director who
received his Fellowship on the same
night, and Professor Mary Horgan,
Dean of School of Medicine, UCC.



## Dr Kenneth Devine

Congratulations to Dr Kenneth Devine from the School of Pharmacy, who was successful in the recent Dublin City Marathon finishing 6th Male over 50, 2nd nationally with his team including other members of UCC, and 78th out of 18,000 runners, with a time of 2h 42min 25sec.



# Pharmacy Graduate Wins 3rd Prize at TOPRA Annual Symposium

Congratulations to Laura Daly, class of 2016 who was awarded 3rd prize for her poster presentation at the TOPRA annual symposium recently held in Amsterdam. Laura presented research conducted as part of her final year project entitled 'Evolution of regulatory guidelines for combination medical devices - current requirements, future directions'. Her project was supervised by Dr Katie Ryan, School of Pharmacy, UCC. Laura is currently undertaking her internship at the HPRA.



Pictured (I-r):
Occupational Therapy
Director Dr Kristin
Winston, Dr Helen Lynch
and Dean Elizabeth
Francis Connolly.

# Dr Helen Lynch presents Irish Play Research at University of New England

Dr Helen Lynch, Department of Occupational Science and Occupational Therapy was recently invited to present her research to undergraduate and postgraduate students and staff of the University of New England (UNE), Portland, Maine, USA. The UNE students are studying in Health, Wellness and Occupation and Occupational Therapy programmes. Dr Lynch's research on the development of inclusive play spaces for children was the focus of both presentations, with an emphasis on the evidence for outdoor active play in early childhood related to health and wellbeing. In addition, Dr Lynch shared the work of the COST Ludi project for Children with Disabilities, of which she is an Irish representative in Europe. Information about the COST programme can be found at http://ludi-network.eu/



### Dr Patricia Leahy-Warren visit to Mzuzu University Malawi

Dr Patricia Leahy-Warren, School of Nursing and Midwifery, UCC and Dr Rosarii Griffin, Office of the Vice-President for Teaching & Learning, UCC recently visited Mzuzu University Malawi, where they focused on supporting staff capacity development and strengthening partnerships between the Universities. The visit was supported by ESTHER Ireland which aims to strengthen health systems and particularly human resources to address health needs in developing countries. The UCC-MZUNI CREATE (Committee for Research Education and Teaching Evaluation) is an interdisciplinary team first created in 2013. At this time, the need for staff capacity building within MZUNI Department of Nursing and Midwifery became evident by both MZUNI and UCC.

Pictured above (I-r): Dr Rosarii Griffin, Vice-Chancellor; Dr Robert Ridley, Mzuzu University; Dr Patricia Leahy-Warren; Mr Mbuko Baluwa, Head of School of Nursing and Midwifery, Mzuzu University.



### Minister Simon Harris TD Visits St Mary's Health Campus

A tree planting ceremony by Minister for Health Simon Harris TD recently took place to mark the beginning of construction of the new Primary Care Centre at the St Mary's Health campus. UCC will have a significant presence in the new primary care centre including a community based dental health training unit which is part of the Dental School & Hospital, a centre for urban health and wellbeing under the auspices of Department of Public Health and Epidemiology, the Vocational Training Scheme for General Practice which will relocate from its current location in Bloomfield Terrace, UCC, as well as a number of GP practices including the practice of Dr George O'Mahony and Dr Nick Flynn who currently host Professor Henry Smithson from Department of General Practice, UCC.

### Visit of Beaumont Girls National School to the School of Pharmacy

On the 10th November the 6th class pupils of Beaumont Girls National School visited the School of Pharmacy in UCC. The pupils were hosted by Lisa Buckley, Boots Teacher Practitioner. After an introduction to the role of the Pharmacist the students completed a quiz and learned about drug safety. The session finished with students counselling Lisa and dispensing over the counter medicines.





#### **Mouth Cancer Awareness Day 2016**

On Mouth Cancer Awareness Day 2016, Cork University Dental School & Hospital hosted an Information Day on signs, symptoms & risk factors for mouth, head & neck cancer. On the day, General Dental Practitioners around the country provided free mouth check-ups. Cork University Dental School & Hospital provided information stands on:

- Warning Signs of Mouth Head & Neck Cancer
- Mouth Head & Neck Cancer Risk Reduction
- Be Mouth Aware How to check your own mouth
- Importance of Good Oral Health
- Advice on Smoking Cessation HSE Health Promotion Team
- Advice on Cancer Prevention and Support Irish Cancer Society
- Cancer Support and Survivorship ARC Cancer Support Centre.



### STAFF-STUDENT CAREERS EVENING

The School of Pharmacy, UCC recently held a staff-student evening focusing on career options for pharmacists. Staff provided insights on their own personal career journeys and highlighted the diverse career opportunities both in Ireland and abroad in research, community, hospital and industry pharmacy roles.



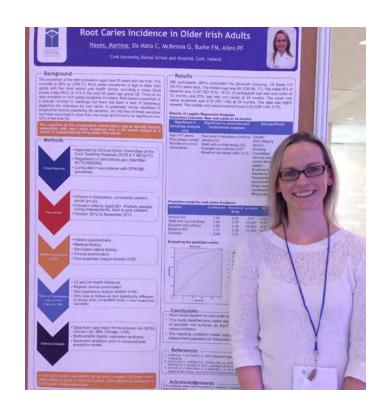
#### INDUCTION DAY

An Induction Day for the College of Medicine and Health and the College of Science, Engineering and Food Science Research students was held in the Aula Maxima on Tuesday 4th October. The day was organised by the Graduate Studies Office and the Colleges Graduate schools and was followed by a Welcome Cheese and Wine reception in the Staff Common room. This event was open to all newly registered students and to our current students and was very well attended.



# WRITING FOR PUBLICATION WORKSHOP

The College of Medicine and Health Postgraduate Student Committee organised a very successful 'Writing for Publication' workshop. The one-day workshop was delivered by Dr Daniel Soule, who holds a PhD in Linguistics from the University of Glasgow, and was aimed at providing structure, advice and motivation through writing a paper for publication. The feedback following the event was extremely positive and we are hoping to organise a second workshop in the new year.



# Martina Hayes Travel Bursary Recipient 2016 and Award Winner

Congratulations to Dr Martina Hayes who won the Hatton Prize nomination at the Irish Division of the International Association for Dental Research (IADR) in Israel for her presentation on 'Root Caries Incidence in Older Irish Adults'. Martina was a recent recipient of our Graduate School Travel Bursary which funded this conference trip.





Professor John Browne

### New blog on Population Health and Health Services Research launched as part of SPHeRE Programme

A new blog on Population Health and Health Services Research has been launched this week by the SPHeRE (Structured Population and Health-services Research Education) Programme. The Programme is an innovative and ambitious research programme in population health and health services research funded by the Health Research Board. SPHeRE is a collaboration between all eight universities in the Republic of Ireland. One of the co-directors of the programme, Prof John Browne, is based in the Department of Epidemiology and Public Health in University College Cork. Not only is SPHeRE a research programme, it is also a network: a system for academics, practitioners and public policy makers to converse, collaborate and learn from each other.

The new SPHeRE blog is available on https://phhsr.wordpress.com/

The blog will contribute to discussion on topical issues which impact on population health and health services research. It is envisaged that the blog will be updated every two weeks with new content ranging from public health policy formation and deliberation to health services practice and population health research. The blog will have a range of contributors from individuals across the SPHeRE network.



## CORK SCIENCE FESTIVAL CELEBRATES CORK RESEARCH









The Cork Science Festival proved to be a great success this month, with over 100 events celebrating science, technology, engineering and mathematics for all of Cork to enjoy. The festival was organized by UCC Science Centres INFANT, APC, IPIC, MaREI, and the Lifetime Lab. The festival included a diverse programme of stimulating, engaging, fun and interactive events for all ages across Cork as part of Science Week Ireland 2016. The festival demonstrated that science is all around us - from the food and drink that fuels us to the environment we live in. The festival included a film screening, Cork Film Festival scientific panels, two open days (one in the Western Gateway Building and the second in Neptune Stadium), activities for pre-school, primary and post primary schools, and some fantastic late night events for adults including the science of beer, scientific comedy and tours of the Cork City Gaol and Radio Museum.

www.corksciencefestival.ie @corkscience #corkscience

# COLLEGE OF MEDICINE AND HEALTH AUTUMN CONFERRINGS

Congratulations to our Graduates from the College of Medicine and Health, who graduated with various disciplines at UCC's Autumn Conferrings 28th October 2016!















#### **Dr Aileen Barrett**

Dr Aileen Barrett, RCPI, was recently awarded her PhD in UCC's autumn Conferrings. Her research was in the area of Workplace-based assessment in Postgraduate Medicine. Here she is pictured with her supervisor Professor Mary Horgan.



#### **Dr James Gallagher**

Dr James Gallagher was recently conferred with his PhD degree for a thesis titled 'Economic Evaluations of Clinical Pharmacy Services in Ireland, 2007-2015'. He was supervised by Professor Stephen Byrne, Professor Joe Eustace, Dr Suzanne McCarthy and Dr Noel Woods. Dr Gallagher is a past graduate of the School of Pharmacy having received his BPharm degree in 2010 and is now working as a Health Outcomes Specialist with Pfizer Ireland.

### PHARMACY ANNUAL PRIZE-GIVING CEREMONY







The 10th Annual Pharmacy
Prize-giving for the 2016
graduating class took place on
Friday 28th October 2016. This
year's award recipients were
Maire Dillon, Tessa Cagney, Kyle
Malone, and Niamh Harrington.
Also, two nominations for the Dr
HH Stewart national prize were
forwarded for consideration,
including Tessa Gagney and
Ashleigh Meagher.

www.ucc.ie/en/pharmacy/news/fullstory-717386-en.html



# UCC AND EGANS HEARING PARTNERSHIP



Egans Hearing is one of Ireland's leading specialists in hearing solutions. The company is now in the third generation of the Egan family, having been established by the late Tom Egan in 1925.

In 1990, Egans was one of the first to introduce smaller, discreet and more powerful hearing aids that could be worn behind the ear. Thanks to the rapid advance of technology, Egans now offers 21st century hearing aids that are smaller, lighter and even more powerful and compatible with smart phones and digital technology.

Richard and Anne Marie Egan are very proud to be the third generation to continue the business, honouring the late Tom Egan's innovative approach and dedication to customer service. They are delighted to partner with UCC as the founding sponsor of the MSC in Audiology.

With the generosity and vision of our philanthropic and corporate supporters we will expand the frontier of healthcare education and make our families and communities and country healthier. Like Egans, you too can join us, believe in us, invest in us and give us the opportunity to take even bigger steps forward, to execute our vision and create futures. If you would like to hear more about the range of opportunities available, please contact Eimear Keohane, Head of Development, eimear.keohane@ucc.ie or 021 420 5666.



# OCCUPATIONAL THERAPY STUDENTS' EXHIBITION 'EVER BECOMING'

Fifty years ago, in her 1966 Eleanor Clarke Slagle lecture, Occupational Therapy's highest academic honour in the United States, pioneering Occupational Therapist Dr Elizabeth Yerxa asked 'what is authentic Occupational Therapy?'. She argued that being personally and professionally authentic was imperative in order to honour the unique needs of clients and to contribute meaningfully to the profession's body of knowledge. In her words, as people and as a profession 'we are ever becoming'. First year Occupational Therapy students responded to these words in the six-week printmaking and weaving component of their OT1005 Creative Occupations and Health module. The resulting exhibition "Ever Becoming" was held in the Jennings Gallery, UCC from 22nd September to 27th October 2016.







www.ucc.ie/en/jennings-gallery/past/22sept2016/fullstory-638697-en.html



Staff, students and guests at the opening night of the exhibition. (Photos: Gerard McCarthy)



11 Nov 2016	Launch of the College of Medicine and Health Offices at Erinville
18 Nov 2016	Meeting with Mr Michael McGrath TD
23 Nov 2016	Meeting with Health Innovation Hub Ireland Partners, Dublin
25 Nov 2016	Institute of Obs <mark>tetricians</mark> & Gynaecologists (IOG) - RAMI Report
26 Nov 2016	Eighth Amendment, Citizens' Assembly Address, Dublin
28 Nov 2016	Meeting with Mr Micheál Martin TD
2 Dec 2016	Meeting with Mr Dara Murphy TD
5 Dec 2016	Meeting with Minister Simon Coveney TD
8 Dec 2016	Undergraduate Quercus College Sholarships, UCC
9 Dec 2016	Clinic in South Tipperary General Hospital, Clonmel
9 Dec 2016	College of Medicine and Health's Kiddies' Christmas Party
9 Dec 2016	Lecture in Academic Health Capital Projects for Cork City, UCC
15 Dec 2016	Clinic and Theatre in Bantry Hospital
16 Dec 2016	UCC MSc Obstetrics and Gynaecology Teaching, CUMH