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Health Matters



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RCPI Opens Cork Office



What a year it has been!

2015 has been a year of many notable achievements. We celebrated the 10th anniversary of Brookfield Health Sciences Complex. UCC was placed in the top 50 for Pharmacy & Pharmacology in the QS World University Rankings. The APC Microbiome Institute was established.

The University celebrated on the world-stage the 200th anniversary of the birth of George Boole.

These achievements, among others, come as a result of the combined efforts and hard work of all staff of the College of Medicine and Health.

Christmas is a time to be shared with family and friends and I urge you to take time to relax and 'recharge' for the exciting year ahead.

Nollaig shona agus athbhliain faoi mhaise daoibh go léir!

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John R Higgins  
Professor of Obstetrics and Gynaecology  
Head College of Medicine and Health

## RCPI OPENS CORK OFFICE



Pictured (l-r): Professor John Higgins, Head of College of Medicine and Health, UCC; Professor Mary Horgan, Dean of School of Medicine, UCC; Professor Frank Murray, President, RCPI; and Leo Kearns RCPI Chief Executive, pictured at the opening of RCPI's office in the College of Medicine and Health. (Photo: Tomas Tyner, UCC)

The Royal College of Physicians in Ireland have opened their first national office outside of Dublin in UCC's College of Medicine and Health. RCPI President, Professor Frank Murray unveiled a special plaque to seal the new partnership on Thursday 3rd December 2015 in Brookfield Health Science Complex.

On the opening of the office, Professor Murray states that: "RCPI is the largest postgraduate training organisation in Ireland and is delighted to open an office in Cork. This office will act as a focal point for trainee and trainer activities. This opening represents the commitment of RCPI to develop a footprint in healthcare organisation and to optimise training and thus patient care."

Professor Mary Horgan, Dean and Head of the School of Medicine at UCC spoke at the event about the importance of continuum of education. "As a medical education faculty we must take all practical steps to oversee doctors' education and training across the continuum from undergraduates all the way to retirement. Within the School of Medicine, we have established a network and pattern that fully links to the national requirement to ensure that our doctors, clinicians and students have access to a superb quality of education regardless of where they are and what stage they are at in their careers. RCPI mirrors that philosophy, and by enshrining concrete links and working together, we will be able to ensure that the national and moral need is met, as we continue to equip doctors and other healthcare professionals with the skills and knowledge they need to care for their patients and run safe and efficient healthcare systems."

The RCPI office will be based in UCC's School of Medicine.



# UNDERGRADUATE QUERCUS COLLEGE SCHOLARSHIPS

The annual Undergraduate Quercus College Scholarship ceremony, held in Brookfield Health Sciences Complex, UCC took place on Thursday 3rd December 2015.

The Scholarships were awarded to students with the highest aggregate score (an overall grade of First Class Honours) in each undergraduate degree programme within the College of Medicine and Health.

Congratulations to all recipients!



The recipients of the scholarships are as follows:

QUALIFICATION DESCRIPTION	NAME
BDS1	Daniel James Chia
BDS2	Li Ying Mah
BDS3	Niamh Catherine Moore
BDS4	Bojana Ivanisevic
Medicine1	Wanyi Kee
Medicine2	Sinead Adaline O'Riordan
Medicine3	Sean Olann Whelan
Medicine4	Killian John McCarthy
Medicine (Graduate Entry)1	Elaine Margaret O'Connell
Medicine (Graduate Entry)2	Robert Carl Whiriskey
Medicine (Graduate Entry)3	Adam Paul Flynn



BSc Nursing (Children's & General)1	Meg O'Sullivan
BSc Nursing (Children's & General)2	Niamh Cowhig
BSc Nursing (Children's & General)3	Erinn Antonia O'Connell
BSc Nursing (General)1	Catherine Marie Fehily
BSc Nursing (General)2	Daniel John Cahill
BSc Nursing (General)3	Ellen Katherine Murray
BSc Nursing (Intellectual Disability)2	Amy Louise Kelliher
BSc Nursing (Intellectual Disability)3	Barry O'Brien
BSc Nursing (Psychiatric)1	Anthony Blanquer
BSc Nursing (Psychiatric)2	Hazel Mary O'Sullivan
BSc Nursing (Psychiatric)3	Ciaran Niall McClelland
Pharmacy1	Laura Bernard
Pharmacy2	Laura Mary Bergin
Pharmacy3	Tessa Jean Cagney
BSc (Midwifery)1	Sophie Christiane Ege
BSc (Midwifery)3	Ciara Patricia Long
BSc (Occupational Therapy)1	Marion Bernadette Brosnan
BSc (Occupational Therapy)2	Ellen Brid McAuliffe
BSc (Occupational Therapy)3	Ellen Therese Coakley
BSc (Public Health)1	Aileen Callanan
BSc (Public Health)2	Eimear Mary Carr
BSc (Public Health)3	Anna Patricia Grace
BSc (Speech & Language Therapy)1	Elaine Marie Mullane
BSc (Speech & Language Therapy)2	Joseph Gerard Nyland
BSc (Speech & Language Therapy)3	Catherine Elizabeth Goid

(Photos: Donagh Glavin)

## HH STEWART SCHOLARSHIPS

Numerous students from the College of Medicine and Health, UCC were recipients of this year's NUI HH Stewart Scholarships. The awards were presented to them at the Royal Kilmainham Hospital in Dublin on 10th November 2015. The following students were awarded the HH Stewart Scholarships:

### School of Nursing & Midwifery

Ms Rachel Walsh (BSc Midwifery) was awarded First Prize in Midwifery, and Ms Danielle Bacalso (BSc Nursing) was awarded Third Prize in Nursing.

Pictured above left: Ms Rachel Walsh and Ms Danielle Bacalso.

### Cork University Dental School and Hospital

Li Ying Mah, 3rd year BDS student from Cork University Dental School and Hospital received the prize in Dentistry.

### School of Pharmacy

UCC BPharm 2015 graduate Patrick O'Dwyer was awarded the Prize in Pharmacy. Patrick is currently undertaking the first six months of his pharmacy internship year at Gilead Sciences, Carrigtwohill, Co Cork.

Left: Patrick O'Dwyer pictured back row right.





# HH STEWART SCHOLARSHIPS

Continued

## School of Medicine

Students from the School of Medicine excelled in both Medical Science and Clinical disciplines:



### Medical Science Disciplines

Sean Whelan	2nd prize in Medical Microbiology
Kevin MacSweeney	3rd prize in Medical Microbiology
Edmond Morrissey	Scholarship in Pathology
Alexandra Brickley	3rd prize in Biochemistry
Jake Murphy	Scholarship in Pharmacology
Robert Whiriskey	Scholarship in Public Health
Claire McCarthy	2nd prize in Public Health

### Clinical Disciplines

Donnchadh O'Sullivan	Scholarship in Anaesthesia
Hoi Ning Tse	2nd prize in Anaesthesia
Keanan Augereau	3rd prize in Anaesthesia
Dr Aisling Doyle	2nd prize in Clinical Radiology
Dr Roisin Marie Ryan	2nd prize in Gynaecology & Obstetrics
Dr Aidan Daly	Scholarship in Medicine
Dr Jane Cudmore	3rd prize in Paediatrics
Aoife Freyne	Scholarship in Psychiatry
Siobhan Rafferty	2nd prize in Psychiatry



## HH STEWART SCHOLARSHIPS

Continued

### Department of Occupational Science and Occupational Therapy

Ellen Coakley from the Department of Occupational Science and Occupational Therapy received the HH Stewart Scholarship award in Occupational Therapy. The award is presented to one occupational therapy student in the country each year by the National University of Ireland (NUI) based on their grades in their third year examinations. Selection is based on an external exam where each student is given a list of four topics related to occupational therapy. The student has a week to prepare an essay on the topic of their choice. The essays are marked by an external examiner. Ellen's chosen topic involved designing a group for older adults who are socially isolated.



### Department of Speech and Hearing Sciences

Aisling Molamphy and Amy Culloty, graduates from the Department of Speech and Hearing Sciences, UCC, both won the Prize in Speech and Language Therapy 2015.

Left: Aisling Molamphy with Professor Fiona Gibbon, Head of School of Clinical Therapies, UCC.

# ASSERT CENTRE RESEARCHERS RECEIVE ERASMUS+ RESEARCH PROJECT AWARD



Pictured (l-r): Professor George Shorten, ASSERT, Dr Harry Van Lenthe, KU Leuven, Dr Colm O'Tuathaigh, ASSERT/MEU, Dr Aislinn Joy, ASSERT/MEU, Ms Angela Crowley, ASSERT, Dr Tracey Mehigan, ASSERT, Dr Padraig Cantillon-Murphy, ASSERT/Department of Electrical and Electronic Engineering, Ms Claire Murphy, Tecno-Med Ingenieros, Mr Xavier Canals Riera, Tecno-Med Ingenieros, Dr Louise Burgoyne, OVPRI.

ASSERT Centre researchers recently received funding (value of award €231,411) under the Erasmus+ Strategic Partnership call for their project 'MedInvent: Educating for innovation and standards in medical device design and integration using novel online tools'. Led by Dr Colm O'Tuathaigh and Dr Padraig Cantillon-Murphy, the two-year project involves the development and pilot-testing of a next-generation online personalised learning environment which will incorporate the BioApp skills "toolbox", with a view to extending structured innovation skills in design to European HEI students and SME learners.

The primary endpoint will be an online platform tailored to the skills and educational/training requirements of HEI organisations which will address equally traditional HEI deficiencies (e.g. structured creativity/innovation skills, device regulation, intellectual property protection) as well as SME training needs (the teaching of structured innovation skills). The international partner consortium consists of experts in medical device engineering and medical education, alongside a regulatory consultancy and SME partner at the cutting edge of developments in online e-learning platforms. Targeting prioritised areas for both HEIs and SMEs, this specialist e-learning tool will apply in a systematic manner the principles of medicine and engineering for the use, adaptation, evaluation of projects, and/or distribution of technological and medical solutions that will lead to improvements in medical device innovation in Europe, and foster greater interaction between the HEI and SME sectors.

## ULTRASOUNDS FROM CUMH RUNNER UP WORKPLACE CHOIR OF THE YEAR 2015



The National Concert Hall in Dublin recently hosted the Workplace Choir of the Year Competition Final. Eight choirs from Cork, Galway and Dublin competed for this prestigious title in a fabulous display of choral variety and quality. The choir of the Marine Institute in Galway was awarded the title of 'Workplace Choir of the Year 2015', and the Runner-Up prize went to Cork University Maternity Hospital's choir 'Ultrasounds'. With their conductor, Pdraig Wallace, and accompanist, Ronan Holihan, Ultrasounds impressed the adjudicators with their performance of 'Lullaby' (Groban, Mattews & Van Der Sagg) and 'Save The World / Don't You Worry Child'.

'Ultrasounds' were formed for the first Workplace Choir of the Year competition and were successful runner-ups in the RDS in 2013. The choir has come together again in 2015 and is currently made up of 30 staff members, united in song, representing all departments and specialities within Cork University Maternity Hospital. This reflects the multidisciplinary team approach to caring for women and their families in the largest and busiest maternity hospital outside Dublin. The pieces chosen for the competition reflect the special nature of the members' unique workplace - embracing families, delivering and caring for young lives, for however short a time.

<http://workplacechoir.com/?p=601>

# EndoSeek To Improve Balloon Colonoscopy Completion Rates

EndoSeek was the winner of BioDesign 2015 which recently took place in Cork University Hospital. 'Biomedical Design: The Final Pitch' featured the work of six interdisciplinary teams from UCC's School of Medicine and School of Engineering, who have been solving and developing real-life clinical solutions to challenges in surgery, urology, radiology, emergency medicine and dentistry.

The team behind EndoSeek, which was mentored by Mr Emmet Andrews of CUH, sought to devise a solution to a failure rate of between 7-19% amongst patients who undergo colonoscopy procedures due to looping or redundancy, sigmoid stricture and angulations. Their solution was the construction of a thin, flexible, and disposable prototype designed to go through the instrument channel of standard colonoscopies. The tip has a camera to allow visualisation beyond the looping, while the body has an inflatable balloon to anchor and straighten the colon so that the standard colonoscopy can be easily advanced. The device could improve visualisation in colonoscopy procedures, and reduce the amount of incomplete colonoscopies.

BioDesign 2015 forms part of a pioneering UCC module in biomedical design offered by the School of Engineering at UCC.



Dan Annie Zhu from EndoSeek with Pat O'Connor, CEO of OrthoXec and Paula McCarthy, THE Regulatory Affairs Advisor Acorn Regulatory. (Photo: Darragh Kane)

[www.ucc.ie/en/med-health/news/fullstory-611060-en.html](http://www.ucc.ie/en/med-health/news/fullstory-611060-en.html)

## UCC Medical Student Awarded Best Poster Presentation Award at 2nd Annual Atlantic Corridor Medical Student Research Conference



Donnchadh O’Sullivan, final year medical student at UCC, was awarded First Prize for Best Research Poster Presentation at the 2nd Annual Atlantic Corridor Medical Student Research Conference, which was recently held in University of Limerick Graduate Entry Medical School. The poster, titled ‘Basehunter - a bacterial based DNA detection’, was based on a team-based project co-supervised by Professor Tommie McCarthy and Dr Paul Young, School of Biochemistry and Cell Biology.

The Atlantic Corridor meeting is an annual intervarsity undergraduate research event which is focused on the diverse range of clinical and translational medical research projects completed across each of the ‘Atlantic Corridor’ medical schools comprising UCC, UL, and NUIG. The conference provides a forum for students and staff to discuss and engage in debate in the latest research in medical sciences, with contributions from undergraduate scientists at the forefront of developments in their areas.

The 2015 programme included 12 oral presentations and 23 poster presentations, including four oral presentations and nine poster presentations from UCC students enrolled in the undergraduate-entry and graduate-entry medical degree programmes. For a full description of the meeting programme, please click the link below:

[www.ul.ie/gems/sites/default/files//AtlanticCorridorProgramme\\_FINAL.pdf](http://www.ul.ie/gems/sites/default/files//AtlanticCorridorProgramme_FINAL.pdf)

Pictured top: Dr Roisin Dwyer (NUIG, 2nd from left), Dr Eileen Duggan (UCC, centre), Professor Deirdre McGrath (UL GEMS, 2nd from right), and student award winners at the Atlantic Corridor Medical Student Research Conference.

Far left: Donnchadh O’Sullivan being presented with the best poster award by Professor Deirdre McGrath, Head of Medical Education, UL Graduate Entry Medical School. Also pictured is Dr Eileen Duggan, Lecturer in Medical Education, UCC.

Left: Professor Mary Horgan, Dr Deirdre Bennett, Dr Colm O’Tuathaigh, and the UCC medical students, who presented at the Atlantic Corridor Medical Student Research Conference.

## PRIZE-GIVING CEREMONY FOR NIAMH BURKE

Ms Niamh Burke from the Department of Speech and Hearing Sciences, UCC was recently awarded the Tavistock Trust for Aphasia, University Student Prize 2014/2015. Niamh was nominated by Professor Fiona Gibbon and Dr Helen Kelly, Department of Speech and Hearing Sciences, for a literature review on the topic of conversation repair in aphasia. To mark Niamh's achievement, a prize-giving ceremony was held in the Jennings Gallery, Brookfield Health Sciences Complex, UCC, on Thursday 3rd December 2015. The ceremony was attended by Niamh and her family, Professor John Higgins, Head of College of Medicine and Health, Professor Fiona Gibbon, Head of School of Clinical Therapies, Dr Helen Kelly, Department of Speech and Hearing Sciences, as well as other staff members from the Department.

Pictured above (l-r): Diarmaid Burke, Professor Fiona Gibbon, Aine Burke, Niamh Burke, Brian Burke, Maurice Burke, and Professor John Higgins. (Photos: Donagh Glavin)



# SCHOOL OF MEDICINE PRIZE-GIVING CEREMONY



The School of Medicine's annual prize-giving ceremony took place on Friday 20th November 2015. The ceremony was well-supported with 150 people attending. 25 prizes were distributed, 21 HRB and Wellcome Thrust Biomedical Vacation Scholarships were honoured, and 16 students were commended for having received the Dr HH Stewart prize earlier in the month in Dublin. Also, two students received a special mention for having been awarded the Dr Pamela Gillian Prize at a recent UCC Medical Alumni meeting.

(Photos: Donagh Glavin)

# BioApp Project Selected as a “Success Story” by European Commission



Pictured above: Dr Slavi Stoyanov, Open Universiteit Nederland, Dr Deirdre Bennett, Medical Education Unit, Dr Catherine Sweeney, Medical Education Unit, Mr Diarmuid Cahalane, Open Innovation Partners, Dr Pdraig Cantillon-Murphy, Department of Electrical and Electronic Engineering, Dr Katrien Vanderperren, Katholieke Universiteit Leuven, Dr Colm O'Tuathaigh, Medical Education Unit, Dr Louise Burgoyne, OVPRI, Dr Siun O'Flynn, Medical Education Unit, and Professor George Shorten, ASSERT.

An EU-funded project entitled ‘Biodesign for Health Applications (BioApp)’, which is jointly led by academic staff in the School of Medicine, UCC and the Department of Electrical and Electronic Engineering, UCC, has been selected as a “Success Story” by a panel of experts from the Directorate -General for Education and Culture of the European Commission. “Success Stories” are finalised projects that have distinguished themselves by their impact, contribution to policy-making, innovative results and/or creative approach and can be a source of inspiration for others.

BioApp was funded by the ERASMUS Lifelong Learning Programme in 2011 to develop a unique framework for student innovation in biomedical engineering. In the resulting ‘Biodesign’ module, undergraduate engineering and medical students are taught biomedical device design-targeted knowledge and problem solving skills. The students participate in team based projects under the mentorship of a consultant clinician. While alternative educational modules in this space have emphasised the development of commercially viable devices as a core deliverable, the key objectives in the BioApp project were student-centred and focused on learning outcomes. This was the added value which differentiates the present Biodesign module from existing HEI or vocational educational/training modules in this space.

BioApp brought together a consortium of partners from medical education and engineering schools across several European countries as well as enterprise partners. The involvement of small to medium enterprises (SME) partners during both the development and delivery of module content ensured the transfer of industry-centred and employability skills.



# CORK UNIVERSITY DENTAL SCHOOL & HOSPITAL POSTGRADUATE RESEARCH FORUM

Cork University Dental School and Hospital, UCC recently hosted a Postgraduate Research forum to showcase the research activity currently taking place in the facility. It was a highly interesting and informative evening where each postgraduate student had the opportunity to present their research during a short ten minute presentation. Presenting their research on the night were:

**1. Dr Paul Brady**

Project Title: A randomised control trial to determine if the addition of capnography to standard clinical and electromechanical monitoring for sedated patients results in a decreased incidence of desaturation.

**2. Dr Caroline McCarthy**

Project title: Comparison between lidocaine and bupivacaine in patients undergoing third molar extraction in terms of patient satisfaction.

**3. Dr Eimear Hurley**

Project title: ORALMET: The Oral microbiota of Infants during the early weeks of life and the transmission from mother to baby.

**4. Dr Martina Hayes**

Project title: Epidemiology, Aetiology and Treatment of Root Caries in Older Adults.

**5. Dr Mairead Harding**

Project title: Tooth wear in Irish Teenagers: An epidemiological and laboratory study.

**6. Dr Siobhan McMorro**

Project title: Adult Orthodontics; Internet information and a national survey.

**7. Dr Erfan Salloum**

Project title: The 3D dimensional outcomes of the twin-block appliance and the influence of the functional box bite.

**8. Dr Lamis Koshak**

Project title: Dentofacial parameters associated with unilateral palatally impacted canine.



Pictured (l-r): Dr Caroline McCarthy, Clinical Dentistry, Dr Eimear Hurley, Clinical Research Fellow, Professor Declan Millett, Chair Graduate Studies and Research Committee, Dr Elaine Kehily, Chair CUDSH Postgraduate Students Committee, Dr Martina Hayes, Clinical Research Fellow, Dr Mairead Harding, Deputy Director Oral Health Services and Research Centre.



## JACK FLANAGAN MEDAL COMPETITION IN GERIATRIC MEDICINE 2015

The School of Medicine, UCC hosted this year's Jack Flanagan Medal Competition in Geriatric Medicine, where medical students in their final year were invited to take part. This is an intervarsity competition between final year students of Cork, Dublin, Galway, and Limerick Medical Schools.

The competition is named after Dr Jack Flanagan, who was the first doctor in Ireland to specialise in modern day geriatric medicine. The winners are awarded an academic medal in memory of Dr Flanagan's contribution to the specialty.

Congratulations to UCD, whose team was the recipient of this year's Jack Flanagan Medal!



## SPEAK Workshop

SPEAK is a two-hour workshop, run every month by the Postgraduate Student Committee of the Graduate School, College of Medicine and Health, UCC. The workshop is open to all postgraduate students, and it is inspired by Toastmasters® and other 'Public Speaking' workshops. The second SPEAK meeting took place in Brookfield Health Sciences Complex, UCC on 1st December and was a great success. The next meeting will take place on Tuesday 12th January 2016.

SPEAK aims to improve confidence in public speaking skills, by giving students practical experience and assistance in delivering a speech (on any topic) in front of a relatively large peer group. The skills that are developed can be used for a number of different purposes, including conferences, interviews, lecturing, and vivas.

For more information please email Marc O'Sullivan, Chairperson of the Postgraduate Student Committee, CoMH Graduate School ([marc.osullivan@ucc.ie](mailto:marc.osullivan@ucc.ie)).

# APC Microbiome Institute - SFI and AbbVie €7.5m Collaboration Announced



Pictured (l-r): Dr Ken Nally, APC Microbiome Institute, Project Leader, Professor Mark Ferguson, Director General Science Foundation Ireland & Chief Scientific Adviser to the Government of Ireland, Mr Richard Bruton TD, Minister for Jobs, Dr Jim Sullivan, Vice President of Pharmaceutical Discovery at AbbVie, Mr Todd Manning, General Manager, Abbvie Ireland and Professor Fergus Shanahan, Director, APC Microbiome Institute, UCC.

The APC Microbiome Institute, UCC is delighted to announce a €7.5m investment by Science Foundation Ireland and AbbVie for a five-year research collaboration in the area of Crohn's disease. The programme, which will be led by Professor Fergus Shanahan, APC Director and Dr Ken Nally, Project Leader, will support 11 new research positions at the APC.

The APC Microbiome Institute, one of Science Foundation Ireland's national centres for research, represents a partnership between UCC, Teagasc and CIT. Since its foundation in 2003, it has made several seminal contributions to the field and was ranked second in the world by Thomson Reuters for its area of science. In recognition of the significantly increased scale of APC activities and the importance of microbes in health, UCC has recognised the Cork scientists with the designation of institute. It recently announced the creation of 50 additional hi-tech jobs in Cork, which have arisen largely from the capacity of APC to attract new industrial partnerships such as AbbVie, Janssen Biotech, Second Genome and 4D Pharma PLC.

<http://apc.ucc.ie/wp-content/uploads/2015/06/2015Minister-Bruton-announces-new-AbbVie-and-Science-Foundation-Ireland-investment-of.pdf>

# OFFICIAL LAUNCH OF THE 'A HOME FOR LIFE' REPORT



The report 'A Home for Life: The Housing and Support needs of Clúid's Older Tenants' was officially launched by minister Kathleen Lynch at an event in Dublin on the 29th October 2015.

'A Home for Life' discusses research carried out by UCC investigating the needs of older tenants living in mainstream or sheltered social housing. The report makes 17 recommendations to improve future care and support for older people living in social housing in Ireland.

The report was led by Dr Siobhan Fox from the Centre for Gerontology and Rehabilitation, UCC in conjunction with colleagues across UCC, including Dr Suzanne Timmons, Centre for Gerontology and Rehabilitation, Ms Lorna Kenny, Mr Joe Finnerty, Dr Cathal O'Connell, Applied Social Studies, and Dr Mary Rose Day, School of Nursing and Midwifery.

Pictured (l-r): Mr Joe Finnerty, Dr Siobhán Fox, Mr Simon Brooke, and Dr Mary-Rose Day.

The full report can be accessed at:

[www.cluid.ie/wp-content/uploads/2015/10/A-HOME-FOR-LIFE-FINAL-28-10-15.pdf](http://www.cluid.ie/wp-content/uploads/2015/10/A-HOME-FOR-LIFE-FINAL-28-10-15.pdf)

# HEALTH MATTERS MATTER



Laughter yoga, MMR & Flu vaccinations, mindfulness colouring books, and an outdoor Tai Chi session formed part of a programme of over forty events and information stalls, which sought to inform staff and students about the work of 'Health Matters' in UCC 10th November 2015.

Health Matters Day demonstrates the full spectrum of health and health related activities available to staff and students of UCC, and highlights the benefit of educating and informing those who work, study and play within the University in making positive and affirming choices in physical and mental wellbeing.

UCC Health Matters is a cross-university collaboration of students and staff who are working towards a healthier University environment for all through developing health promotion alliances and outreach links in the community. UCC Health Matters seeks to improve student and staff health and wellbeing, to help co-ordinate any and all health promoting events and projects on campus, so as to improve their effectiveness and impact, whilst also seeking to ensure that UCC as a place of study and work is health-enabling and health-promoting.

[www.ucc.ie/en/med-health/news/fullstory-611558-en.html](http://www.ucc.ie/en/med-health/news/fullstory-611558-en.html)

Pictured (l-r): Declan Whelan-Curtin, UCC Health Matters, Martin Davoren, Epidemiology and Public Health/UCC Health Matters, Lina Jernstrom, College of Medicine and Health and Aimée Mullins, UCC HR Department. (Photo: Emmet Curtin)

## Newly Refurbished Emergency Room Opens at CUMH



Pictured: (front) Oonagh Kidney with Midwife Irene Troy and (rear left) Miriam Lyons, Business Manager, CUMH, Dr Keelin O'Donoghue, Consultant Obstetrician, Mary Fitzgerald, Midwife Manager and Rachel Rice, Patient Advocate of the design team in the newly refurbished emergency room.

(Photo: Larry Cummins)

A newly refurbished emergency room has been opened at Cork University Maternity Hospital (CUMH). The new unit has individual, walled cubicles to allow privacy and dignity to patients as they are being assessed, examined, investigated and/or admitted.

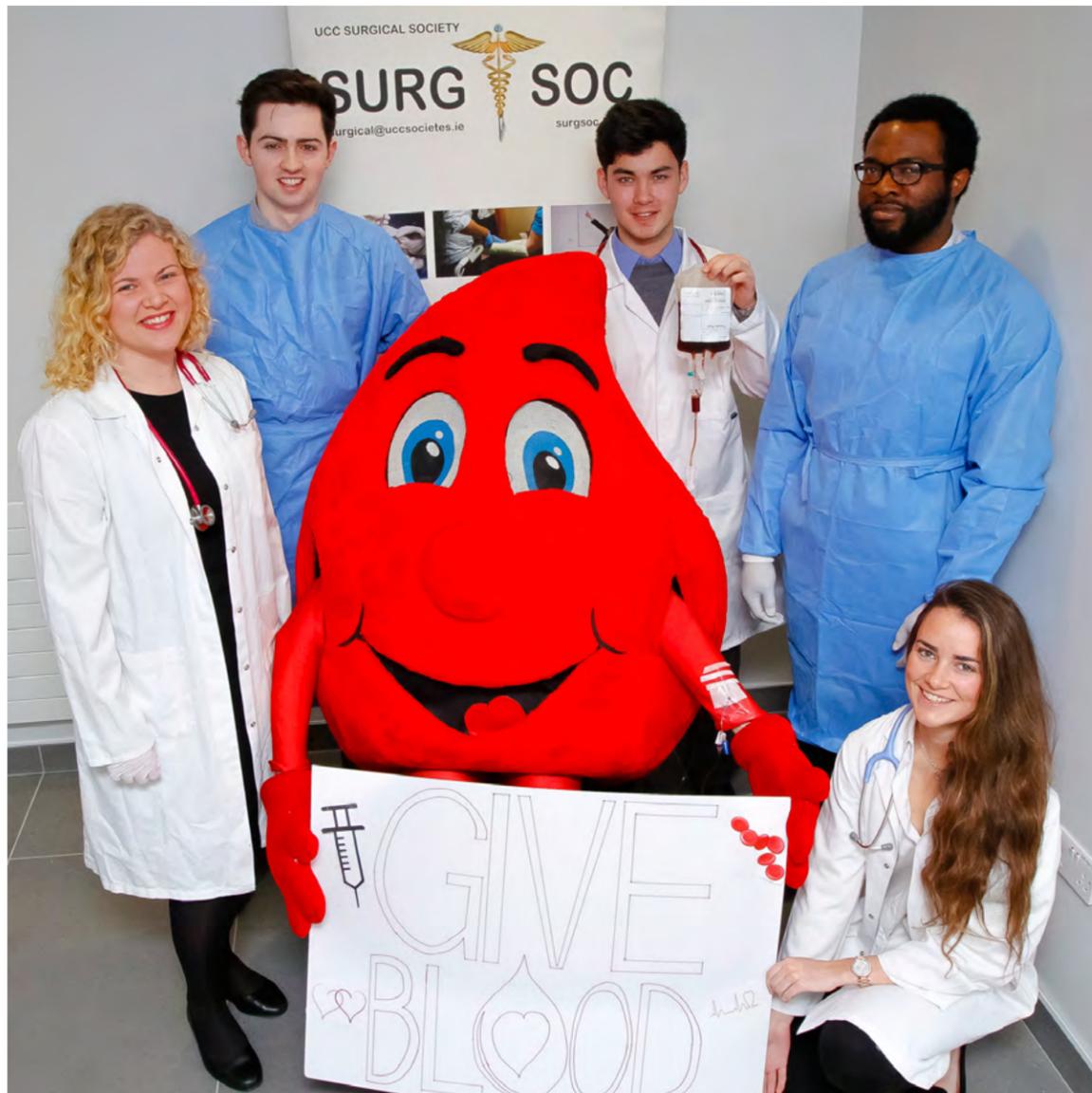
The emergency room (ER) at CUMH is a 24-hour service, and is the first point of access for the majority of women using the services of CUMH. In this department, staff regularly encounter women experiencing stillbirth or miscarriage and meet very ill women with a range of gynaecological problems. This is the only maternity hospital in Cork City and County, and there are over 17,000 women per annum seen in the ER. CUMH is also the regional centre for women's cancer services, and women may present with advanced cancer or with complications of treatment for admission through the ER.

The refurbishment project aimed to create private space and give dignity to all those attending the ER, through the creation of separate walled cubicles. The staff workstation was also improved so that staff can now view the entire facility from their base, with this set back from the rooms to allow for presentations or hand-over of care.

[www.cuh.hse.ie/News-and-Events/Newly-refurbished-emergency-room-at-CUMH.html](http://www.cuh.hse.ie/News-and-Events/Newly-refurbished-emergency-room-at-CUMH.html)

# UCC BLOOD DRIVE

Students from the Surgical Society, UCC, recently helped raise awareness of a blood donation clinic, which was running in the Aula Maxima, UCC on 16th - 17th November 2015. The clinic was open to staff, students and members of the public. For more information about donating blood, visit [www.giveblood.ie](http://www.giveblood.ie)



## VTS Workshop

A Visual Thinking Strategies (VTS) refresher workshop took place 16th - 17th November 2015 at Brookfield Health Sciences Complex, UCC. The workshop was organised by Ms Sioban Murphy, VTS Project Director at the College of Medicine and Health. The workshop was given by Ms Yoon Kang-O'Higgins, VTS Program Director, and it was attended by VTS facilitators from across all five Schools within the College of Medicine and Health.



## Mental Health Nursing Lecturers Attend the 4th European Conference on Mental Health in Latvia

Mental Health Nursing lecturers from the School of Nursing and Midwifery recently attended the 4th European Conference on Mental Health in Riga, Latvia. This interdisciplinary conference comprised delegates from 39 countries worldwide, and included topics such as Mental Health Service User Involvement, Adolescent Mental Health, Technology Enhanced Care, Depression and Suicide.

Pictured (l-r): Ms Moira O'Donovan, Dr Aine Horgan, and Dr Steve Bradley.



**Donna Ó Doibhlin**

Ms Donna Ó Doibhlin has recently been appointed as the new Librarian at the Brookfield Health Sciences Complex Library. Prior to this she was the Librarian for the Faculty of Education and Health Sciences at the University of Limerick, which included developing the library resources to support the new Graduate Entry Medical School, health sciences, teacher training, PESS and psychology.

Donna was a member of the Technology Enhanced Learning Unit in UL (a joint venture between the Centre for Teaching and Learning (CTL) the IT Division (ITD), Continuous Professional Education (CPE) and the Library and Information Services Division (LISD)). This unit sought to provide a co-ordinated and coherent approach by the divisions to stimulating and supporting academic staff in the generation of innovations using technology enhanced-learning potential.

Before this Donna was Deputy Institute Librarian in Dundalk IT, during which time she completed an MBA. She has worked as Librarian in several other specialist and HE libraries. Her interests include the development of information and research training programmes and investigating new resources and mobile technologies to enhance student learning and research.



## CORK GRADUATE SPECIALISES IN PAEDIATRIC DENTISTRY

Dr Siobhan Barry graduated from the Cork Dental School & Hospital, UCC in 2001. Her special interests are Dental Care for medically compromised children, in particular children with Autism Spectrum Disorder and Dental Trauma.

When Dr Barry graduated from Cork Dental School & Hospital she worked as a General Dental Surgeon with the HSE for a year providing dental care for children and adults with special needs. She then moved to the UK, where she worked as a Senior House Officer in Oral and Maxillofacial Surgery in both the University Hospital of North Staffordshire NHS Trust and the University Hospital of South Manchester NHS Trust. Returning to Ireland, Dr Barry then spent five years working as a General Dental Surgeon with the HSE before taking an 18 month post as Registrar in Paediatric Dentistry in Our Lady's Children's Hospital, Dublin, the largest Children's hospital in Ireland.

Dr Barry returned once more to the UK to Leeds Dental Institute in 2009, as a Specialist Registrar in Paediatric Dentistry and completed a Clinical Doctorate in Paediatric Dentistry through the University of Leeds, with a thesis titled 'Improving Access and Reducing Barriers to Dental Care for Children with Autism Spectrum Disorder'. She then completed an additional two year consultant training in the Leeds Dental Institute and was appointed as a Consultant in Paediatric Dentistry at the University Dental Hospital of Manchester in October 2014. Dr Barry is a visiting academic at the Dubai College of Dental Medicine. She has presented at national and international conferences and published widely in peer-reviewed journals.



## KIDDIES CHRISTMAS PARTY

The College of Medicine and Health's Kiddies Christmas Party took place on Friday 4th December 2015 at Brookfield Health Sciences Complex, UCC. Children of staff members had the opportunity to visit Santa, dance in the disco with Conor the Clown, and watch the latest kids' hit films. The day was a success, with everyone leaving the party full of Christmas spirit!

Pictured above: Professor Stephen Byrne, Head of School of Pharmacy, UCC, with his boys Mark, Rónan and Kieran.



## Graduate School Coffee Morning



A Coffee Morning for the 1st year postgraduate research students recently took place in the Jennings Gallery, Brookfield Health Sciences Complex, UCC. The event was an informal gathering that provided the students with an opportunity to catch up with each other.

# INKSPIRATIONS by Kaumal Baig



Kaumal Baig is a 4th Year Dental Student in UCC, who grew up in Cork with Asian roots.

Kaumal loves the precision that drawing with ink provides - the crisp, clear, permanent lines. Patterns are a noticeable component in the majority of Kaumal's drawings - little motifs collected in her mind over the years.

With no formal education in art, Kaumal went through life with a passion for Mathematics and the Sciences, which are portrayed through her artwork. Aptly described by the famous, Henry Ward Beecher - "Every artist dips his brush in his own soul, and paints his own nature into his pictures."

Photos from the opening night of the exhibition. (Photos: Gerard McCarthy)



### SNIPPETS FROM THE DIARY OF THE HEAD OF COLLEGE OF MEDICINE AND HEALTH

27 Nov 2015	JOGS, Four Provinces & RAMI Joint Meeting & Annual Dinner, Dublin
3 Dec 2015	RCPI Cork Office Launch, Brookfield Health Sciences Complex, UCC
3 Dec 2015	Tavistock Trust for Aphasia Prize Giving Ceremony, Brookfield Health Sciences Complex, UCC
3 Dec 2015	Undergraduate Quercus College Scholarship Ceremony, Brookfield Health Sciences Complex, UCC
4 Dec 2015	College of Medicine and Health Kiddies Christmas Party, Brookfield Health Sciences Complex, UCC
8 Dec 2015	Saving Lives, Improving Mothers' Care 2015 Report Launch, Royal College of Obstetricians and Gynaecologists London
16 Dec 2015	South/South West Hospital Group Strategic Engagement Meeting, UCC

