**SUPERVISION CONTRACT**

These topics can be helpful to discuss in the first few supervision meetings between a new supervisor and supervisee. In addressing and discussing these matters at the outset of the relationship, mismatches of expectations can be negotiated and resolved, which can prevent problems developing. Use of this contract is not mandated by the UCC DClinPsych course and does not need to be returned as part of the placement documentation.

Practicalities:

* Where?
* When – day, time, length, frequency?
* What will justify postponing a session?
* When and how to review the contract?
* Availability of other supervisors or team members in absence of named supervisor?

Boundaries:

* Confidentiality – when and how would confidentiality be broken, by whom?
* Approach to personal material being brought in?
* How will you address transference and counter-transference within the relationship?

Working Alliance:

* Objectives of the supervision sessions – supporting and evaluating and training – tensions between these roles.
* Expectations, hopes, and fears, about the relationship.
* Preferred styles of supervision.
* Ways to give feedback and challenge.
* How would either party raise concerns about the other?
* Working with difference and diversity within the dyad (e.g. gender, culture, social background, race, religion) – how can these reflections be brought in safely?
* How and when to review how supervision is working. Use of formal rating tools?
* What are the impacts of the developmental stage and learning style of the Supervisee and of the interpersonal styles of both Supervisor and Supervisee?

Session Format:

* How to structure time in sessions.
* How to set agenda? Expectations about preparation in advance?
* Methods to use – presentations? Recordings? Role plays?

Organisational and professional context:

* Keeping notes?
* Relevant codes of ethics and conduct you will abide by.
* Relevant supervision guidelines you will reference and abide by.
* Codes of conduct you will adhere to, including dress codes and workplace culture / expectations.
* Responsibilities to, and communication with, University / employer.