**University College Cork**

**Doctor of Clinical Psychology**

**Observations of Clinical Skills**

Observations of trainee performance are required on every placement. A record of at least one observations should be included with end of placement forms. The form below is based on the Clinical Observation rating Scale (University of Leicester). Not all sections may apply. The scale should be used for formative assessment only, although conclusions may inform ratings on the ECC form. Other formal rating scales may be considered more appropriate (e.g. Cognitive Therapy Scale – Revised).

**Session (Brief Description of context): Trainee:**

**Date:**  **Supervisor:**

How would you evaluate the trainee performance in the session in each of the following areas? *A rating of 5 is ‘excellent’ , 4 highly competent’, 3 ‘competent’, 2* *‘not competent’ and 1 ‘very poor’. Note N/A if unable to rate item.*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **1** | **Demonstrating Professional Therapeutic Engagement** |  |  |  |  |  |
| 1a | Genuine, active listening, empathy | 1 | 2 | 3 | 4 | 5 |
| 1b | Non-verbal communication | 1 | 2 | 3 | 4 | 5 |
| 1c | Curious, open questioning | 1 | 2 | 3 | 4 | 5 |
| 1d | Appropriate use of reflection, summarising etc. | 1 | 2 | 3 | 4 | 5 |
| 1e | Responsive to the emotional state of client and non-verbal communication | 1 | 2 | 3 | 4 | 5 |
| 1f | Facilitates clients expressing their concerns and emotions | 1 | 2 | 3 | 4 | 5 |
| 1g | Other (define) |  |  |  |  |  |
|  | **Overall Rating** | **1** | **2** | **3** | **4** | **5** |
|  |  |  |  |  |  |  |
| **2** | **Creating a Secure base** |  |  |  |  |  |
| 2a | Creates a safe environment for the client | 1 | 2 | 3 | 4 | 5 |
| 2b | Appropriate use of disclosure | 1 | 2 | 3 | 4 | 5 |
| 2c | Appropriate pacing and structure in session | 1 | 2 | 3 | 4 | 5 |
| 2d | Appropriate use of silence | 1 | 2 | 3 | 4 | 5 |
| 2f | Other (define) | 1 | 2 | 3 | 4 | 5 |
|  | **Overall Rating** | **1** | **2** | **3** | **4** | **5** |
|  |  |  |  |  |  |  |
| **3** | **Formulation** |  |  |  |  |  |
| 3a | Offers hypotheses or interpretations appropriately | 1 | 2 | 3 | 4 | 5 |
| 3b | Notes Patterns and relevant connections | 1 | 2 | 3 | 4 | 5 |
| 3c | Other (define) | 1 | 2 | 3 | 4 | 5 |
|  | **Overall Rating** | 1 | 2 | 3 | 4 | 5 |
|  |  |  |  |  |  |  |
| **4** | **Facilitating Mutual Understanding** |  |  |  |  |  |
| 4a | Check the client understands | 1 | 2 | 3 | 4 | 5 |
| 4b | Facilitates disclosure | 1 | 2 | 3 | 4 | 5 |
| 4c | Summaries | 1 | 2 | 3 | 4 | 5 |
| 4d | Other (define) | 1 | 2 | 3 | 4 | 5 |
|  | **Overall Rating** | **1** | **2** | **3** | **4** | **5** |
|  |  |  |  |  |  |  |
| **5** | **Session Structure** |  |  |  |  |  |
| 5a | Explains role appropriately | 1 | 2 | 3 | 4 | 5 |
| 5b | Provides a framework for session | 1 | 2 | 3 | 4 | 5 |
| 5c | Observes timekeeping | 1 | 2 | 3 | 4 | 5 |
| 5d | Other (define) | 1 | 2 | 3 | 4 | 5 |
|  | **Overall Rating** | **1** | **2** | **3** | **4** | **5** |
|  |  |  |  |  |  |  |
| **6** | **Therapy Specific Skills and Techniques** |  |  |  |  |  |
| 6a | Uses therapy specific techniques (Socratic questioning) appropriately | 1 | 2 | 3 | 4 | 5 |
| 6b | Explains use of techniques appropriately | 1 | 2 | 3 | 4 | 5 |
| 6c | Chooses appropriate techniques |  |  |  |  |  |
| 6d | Other (define) | 1 | 2 | 3 | 4 | 5 |
|  | **Overall Rating** | **1** | **2** | **3** | **4** | **5** |
|  |  | | | | | |
| **Comments** | | | | | | |
|  | | | | | | |

|  |  |
| --- | --- |
| Supervisor’s Signature / Date |  |
| Trainee Signature / Date |  |