**School of Applied Psychology**

**Doctor of Clinical Psychology**

**Personal & Professional Development Year 1 Semester 2**

**Course Tutor Meeting & Individual Learning Plan (ILP)**

**Trainee name:**

**Course tutor:**

**For Trainee to consider and partially complete in advance of Course Tutor Meeting**

1. **CLINICAL PRACTICE**
   1. Placements completed or in progress to date – comment on key learning experiences
   2. Any issues identified to date?
   3. Any current or historical specific PPD targets for development?
2. **ACADEMIC ASSIGNMENTS**
   1. Self-appraisal of grades/feedback received to date – comment on key learning experiences.
   2. Academic work-related PPD targets for development.
3. **RESEARCH**
   1. Self-appraisal of engagement with research and progress to date – comment on key learning experiences.
   2. Research-related PPD targets for development.
4. **PPD (offer prompts here e.g. managing relationships, conflict, power, self-care, blindspots)**
   1. Self-appraisal of personal and professional development to date outside of the above e.g. with class, services, supervisor, course team – comment on key learning experiences.
   2. Targets for development.

**Trainee signature:**

**Course tutor signature:**

**Date:**

**Examples of PPD topics**

* Relationship with self and others
* Self-care
* Preparation for placement
* Use of supervision
* Advocacy
* Cultural competence/diversity issues
* Legal frameworks for clinical work
* Service user perspectives
* Working with systems
* Power, teamwork and leadership.
* Managing conflict
* Interpersonal communication