

Women's Digital Health: Applications across the lifespan



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RESEARCH TO DATE

Women's digital health refers to technologies designed to manage health and illness in women and people assigned female at birth. With the increased availability of personal and social health technologies, new experiences and interventions pertaining to women's health have emerged.

Research in the School of Applied Psychology has employed qualitative and co-design methods to examine the role of technology and design methods in contexts including menstrual health, pregnancy loss, fitness, abortion care, and chronic health conditions. This work aims to examine the how technologies influence health information seeking and healthcare interactions.



“Digital health technologies can improve women's health and promote equity.”

World Health Organisation

WHY IS IT IMPORTANT?

Our work highlights the socio-technical experiences of women's digital health, and calls for feminist, inclusive approaches to digital health innovation, that is informed by women's lived experience.

We highlight the work involved in health and illness management, and the role of technology in supporting management of health conditions.

We have identified important emerging issues regarding online safety, data privacy concerns, and the personal impact of navigating health care services.

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