

Building strength by coming together: Psychology, Nursing, and Midwifery



Anna Trace (a.trace@ucc.ie)

Bridie McCarthy, Moira O'Donovan, Caroline Brady-Nevin, Margaret Murphy, Maria O'Shea, Patricia O'Regan, Ann-Marie Martin & Joan McCarthy [School of Nursing and Midwifery, UCC]

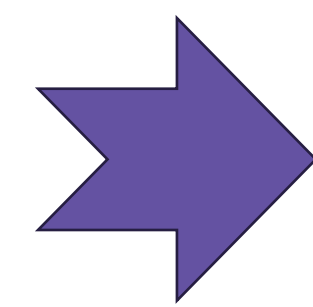
WHAT DID WE DO?

We collaborated to develop and implement interdisciplinary modules—*Therapeutic Communication* and *Psychology for Healthcare*—designed to support holistic nursing and midwifery practice. Our experiences were documented and published in a peer-reviewed article. Additionally, we designed and published a second article on creating a reflective, interdisciplinary assessment to support student learning and ethical awareness.

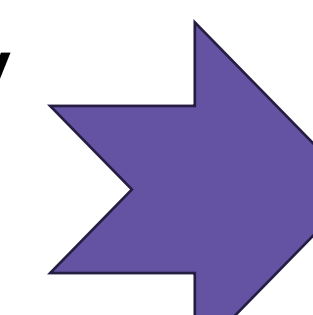
We conducted an integrative review of two key concepts—stress and coping—which informed the design and evaluation of a psycho-educational intervention, *Coping with Stressful Events*, aimed at undergraduate nursing and midwifery education.

We developed, analysed, and published a hybrid case study exploring how educators can respond to ethical issues emerging from students' reflective work.

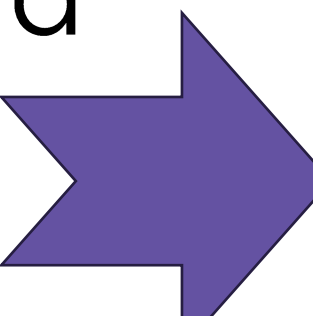
We devised and published a new therapeutic communication model (TAGEET) to support nurses in managing emotional and professional challenges during the COVID-19 pandemic.



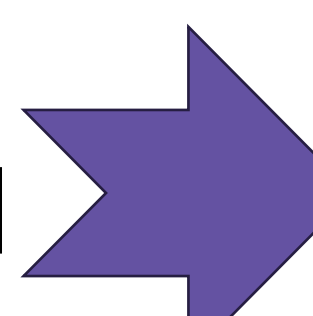
Provides insight into the integration of Psychological, Nursing, and Midwifery knowledge, and the development of interdisciplinary assessments that may stimulate further thinking, research, and innovation among healthcare educators.



Demonstrates an understanding of undergraduate nurses' and midwives' stress and coping mechanisms during their education, contributing to ongoing Nursing, Midwifery, and Healthcare research, education, and practice.



Proposes an ethical framework to guide nursing, midwifery, and healthcare educators in addressing ethical issues that arise in students' reflections.



Provides guidance and support to nurses on managing and regulating their own emotions while caring for others during COVID-19 or other challenging clinical environments.

Psychology

Midwifery

Nursing¹

¹Note: Nursing included branches i.e. General, Mental Health, Intellectual Disability and Children's Nursing.

SCAN FOR MORE INFO

